

The only true resistance you can offer to cold and pneumonia is a strong, thoroughly nourished body.

BOVRIL gives you the sinewy strength and the bodily healthfulness to ward off the disease attacks of winter.

Take a hot cup of BOVRIL at any time with the knowledge that the best body-briding elements of much prime beef is contained in every cup.

BOVRIL

NOTICE TO CONTRACTORS

SEALED TENDERS, ADDRESSING TO the undersigned, must be received at the office of the Commission...

The Wornout Nerves, The Weak Heart, The Tired Brain, The Wasted Strength.

What a multitude of women there are who feel that these words exactly fit their case. From early morn until late at night...

MILBURN'S HEART AND NERVE PILLS

They are the women's friend in every sense of the word. They will strengthen the weak heart...

ROYAL YEAST CAKES MOST PERFECT MADE. SOLD AND USED EVERYWHERE. E.W. GILLETT COMPANY LIMITED

Waggons Buggies As there has not been much of the beautiful snow this season, Waggons will be more used. If you are in need of a Wagon or buggy of any special design...

JAS. LATURNEY The Carriage Maker 390 Princess Street, Kingston

An Honest Guarantee We guarantee OUR milk to be ABSOLUTELY pure; put up in sterilized bottles. It is the best. Try it.

Kingston Milk Depot Cor. Brook and Bagot Sts. Phone 567.

A Light Subject The best gas lights on the market for \$1 and \$1.25, giving a light of marvellous brilliancy, can be regulated by a child to suit any gas pressure...

DAVID HALL 68 Brook Street. Phone 335.

A. E. HEROD A POINT FOR YOUR CONSIDERATION Our facilities were never better for having your work DONE ON TIME. 354 PRINCESS STREET.

A YANKEE WEAKNESS AMERICANS ARE STRONG ON FANTASTIC RELIGIONS.

Plenty of Graft in Starting New Sects—A Trenchant Pen Deals with the Subject—Some of the Cults. America has had a weakness for fantastic religions, remarks Louis Paul Kirby...

It is not this time a woman should look after herself. If she does not, serious female disorders may set in and often cause weary months and years of helplessness and miserable suffering.

Mr. Kirby sketches the histories of some of the most conspicuous of the novel sects. He outlines the development of Christian Science and then follows the story of John Alexander Dowrie...

The Sun Worshipers may be called a metropolitan cult, because little head-quarters has been made in proselyting outside of New York.

The Holy Ghost and Us Society at Shiloh, Me., which has gained much notoriety, was founded by Frank W. Sanford, its present head.

REMARKABLE CASES IN TRENTON Mr. George Young, Proprietor of the "Courier" and Many Others Have Made a Valuable Discovery.

Trenton, Ont., Feb. 20th, Mr. Young has discovered a valuable remedy which cures cold in the head in a few moments without the use of drugs or disagreeable medicine.

DAVID HALL 68 Brook Street. Phone 335.

A. E. HEROD A POINT FOR YOUR CONSIDERATION Our facilities were never better for having your work DONE ON TIME. 354 PRINCESS STREET.

The story of the "Economic Society," whose wealth, admitted to be \$3,000,000, and by some to be nearer \$30,000,000, has passed practically into the hands of one man, John Dues, is told as follows:

Religious enthusiasts and fanatics are found in great numbers among the agricultural classes, and as they, as a rule, possess property of value, the inventors of religions and cults...

London's Oldest Church in St. John's the Evangelist. Few of the vast number of London churches date from a period earlier than the great fire of 1666.

Noteworthy personages captive in the White Tower held Mass in the chapel of St. John, Ralph Flambard, Bishop of Durham, who descended the fortress walls by means of a rope ladder conveyed in a wine jar...

Cured of Drunkenness How a Montreal lady cured her husband of drunkenness with a secret home remedy.

Free Package and pamphlet containing particulars, testimonials and price sent in plain sealed envelope. Correspondence strictly confidential.

Habe You Read THE SCRAP BOOK The Greatest Magazine. No matter how many magazines you read, you must read THE SCRAP BOOK—the biggest monthly magazine ever published.

LINKS WITH THE PAST.

London's Oldest Church in St. John's the Evangelist. Few of the vast number of London churches date from a period earlier than the great fire of 1666.

Noteworthy personages captive in the White Tower held Mass in the chapel of St. John, Ralph Flambard, Bishop of Durham, who descended the fortress walls by means of a rope ladder conveyed in a wine jar...

Cured of Drunkenness How a Montreal lady cured her husband of drunkenness with a secret home remedy.

Free Package and pamphlet containing particulars, testimonials and price sent in plain sealed envelope. Correspondence strictly confidential.

E. B. EDDY'S Rising Star Parlor Match. In neat attractive boxes containing about 750 MATCHES. Ask Your Grocer For Them. It will cost you only 5c. to try them.

Here Are a Few Snaps. We have just finished taking stock and find everything in first-class condition. We have no old or shop-worn goods to advertise at big discounts, but we find a few broken sizes of a few lines which we have decided to clear out.

Abernethy's Shoe Store. The Little Beauty Night Lamp. Will stand or hang. A perfect lamp for halls, bath rooms, bedrooms, etc. Burns ordinary kerosene without odor or smoke.

Mckelvey & Birch, 69 and 71 Brock St., Kingston. Will stand or hang. A perfect lamp for halls, bath rooms, bedrooms, etc. Burns ordinary kerosene without odor or smoke. A half pint of oil will burn for 40 hours. Price, 60c.

TRAVELLING, KINGSTON & PEMBROKE RAILWAY GOING WEST. Special reduced rates on sale Feb. 15 to April 1. \$46.30 to \$43.80 FROM KINGSTON.

Bay of Quinte Railway. New short line for Tweed, N. Ontario, and all local points. \$4.00 for 1st class ticket.

Grand Trunk Railway. Will issue second class Colonist tickets. Going West.

Bermuda. Reached in 48 hours from N. York by the new Bermuda Star. For full particulars apply to agents.

ALLAN LINE Royal Mail Steamship Co. TO LIVERPOOL. From St. John from Victoria, B.C., on Feb. 17.

MONEY AND BUSINESS. LIVERPOOL, LONDON AND Fire Insurance Company.

ARCHITECTS. WM. NEWLANDS, ARCHT. 82, second door over Mahoney's corner, Prince's Ave.

EMBOSSING ENGRAVING. THE FRONTENAC LOAN & INVESTMENT CO. (ESTABLISHED 1863).