Mrs. Sutherland thought she had

Serious Heart Trouble

"Fruit-a-tives" cured her when Doctors failed.

Hundreds of people suffer with Irritated Heart. Pain comes over the heart, especially after eating. Palpitation or fluttering—headaches—belching gas—indigestion and constipation follow. And the sufferer takes heart tonics and sees heart specialists, and steadily grows worse.

The heart is irritated by the stomach. The nerves of the heart and stomach are identical. When the stomach is distended by gas—when food sours or is not properly digested—the stomach nerves are irritated and this soreness extends to the heart. That causes pain which makes so many people think they have serious heart disease.

"Heart disease and Dyspepsia cured by Fruit-a-tives."

OTTAWA, July 14th, 1905.

To Fruit-a-tives Limited,

Gentlemen:—

I never gave a testimonial to any medicine before but I like "Fruit-a-tives" so much I will gladly do so. I had every symptom of heart disease and I had a very nasty pain over my heart. I tried purgatives and consulted several physicians but nothing did me any good. After taking "Fruit-a-tives" I am entirely well again. My digestion was very bad and I suffered from long standing constipation and now I am quite well from these complaints. I wish to say also that my complexion was very bad, sallow and muddy in the extreme, but now after taking "Fruit-a-tives" it is as fresh as ever. To any one suffering from constipation and bad digestion or liver complaint and to any one with a bad complexion, I can recommend "Fruit-a-tives" with every confidence.

(Signed)

MRS. S. SUTHERLAND.

"Fruit-a-tives" CURE IRRITATED HEART because they cure stomach, bowels, kidneys and skin. "Fruit-a-tives" set the gastric juices flowing—clean and sweeten the stomach—insure the perfect digestion of every meal. They make the liver give up more bile, move the bowels regularly every day, and strengthen and heal the kidneys, as well as act directly on the skin.

"Fruit-a-tives" are concentrated fruit juices, combined by a wonderful process which increases their medicinal action many times. Tonics and antiseptics are added and the whole made into tablets.

At all druggists or sent postpaid on receipt of price—50c. a box or 6 boxes for $2.50

Fruit-a-tives

or Fruit Liver Tablets.

Manufactured by FRUIT-A-TIVES LIMITED, Ottawa.

"AN EXCELLENT FOOD, *admirably adapted to the Wants of Infants.*"

SIR CHAS. A. CAMERON, C.B., M.D., *Professor of Chemistry, R.C.S.I., Ex-President of the Royal College of Surgeons, Ireland.*

Neave's Food

For Infants, Invalids, And The Aged.

GOLD MEDAL, WOMAN'S EXHIBITION, London, 1900.

DR. BARNARDO says:—

"We have already used Neave's Food in two of our Homes (Babies' Castle and the Village Home), and I have no hesitation in saying it has proved very satisfactory."—July 27th, 1901.

USED IN THE

Russian Imperial Nursery.

Manufacturers:—JOSIAH R. NEAVE & CO., Fordingbridge, England.

Wholesale Agents:—THE LYMAN BROS. & Co., Ltd., Toronto and Montreal.

GARDINER'S

Insurance and Real Estate.
Eight Companies at Lowest Rates.
Money to Loan on Real Estate.
151 Wellington Street.

"CANADIAN" RUBBERS

YOU'LL find foot-comfort in "Canadian" Rubbers. "The mark of quality" insures perfect fit, correct styles and long wear.

Look for it when buying rubbers.

KILLED IN PRIZE FIGHT.

Kid Goog Loses His Life in the Second Round.

New York, Jan. 20.—"Kid" Goog, a prize fighter, was killed Thursday, in the second round of a three-round bout in a place known as George McFadden's Club, in Third avenue. The man with whom he was fighting escaped and the police are looking for him. It is said that Goog's right name is Greenberg and that he is a resident of this city. Goog's opponent was known as "Kid" Sis. Both were boys eighteen years old. There were about 500 spectators present, and when Goog was found to be dying there was much excitement. Four arrests were made of men alleged to be connected with the affair.

Big Elevator Resumes Work.

St. Joseph, Mo., Jan. 20.—The big Harroun grain elevator at Elwood, Kas., on the other side of the river, was re-opened for business, to-day. It is operated by William Nash, of Chicago, and W. H. Ferguson, of Lincoln, Neb., two of the leading grain men of the west. The elevator has been rebuilt and improved machinery installed at a cost of $30,000. The elevator had been damaged by a severe storm in May of last year and had to be placed out of commission. It was found that it would be more advantageous to put in new and improved machinery than merely to have the old machinery repaired. The original cost of the structure was more than $100,000, and its capacity is over half a million bushels.

Hoping For Clemency.

Annapolis, Md., Jan. 20.—Recent events have caused something like a panic among the midshipmen at the Naval Academy, who have reason to fear to be disciplined for violating the rule against hazing. It is said that an effort has been made to intercede in behalf of the guilty middies and to induce the president to treat the offenders with clemency, when their conduct is officially investigated.

A man will read a book from beginning to end, but a woman would rather do it from end to beginning.

FLY IN THE AMBER

OF THE ENJOYMENT OF RUSSELL SAGE.

Deaths of Millionaires Point a Moral and Adorn a Tale—Wall Street's Double Sensation—A Skyscraper Church.

New York, Jan. 20.—There is a fly in the amber of the enjoyment of Russell Sage when he recalls the delicious thrill that passed through his soul as he once more counted the shekels of profit that poured in upon him on the eventful days when the brokers went borrowing and paid enormous rates for the money. Mr. Sage is reported to have loaned some $20,000,000 in that sharp action, and to have made some $70,000 on the deals. Perhaps Mr. Sage took the profits home and counted them over and over to tickle his ears that had not for some time listened to their entrancing chink-chink as one coin struck another, or the rustling of the crisp new bills as he lovingly pulled them through his hands. But the tax assessors have keen ears, too, for the notes that money gives out as it passes from hand to hand, and they said to each other wisely, "verily," this is that rich man who last year asked us to not require him to visit us in person to swear off his assessment, or some portion of it, and we did reduce the total at his request by letter. Well, we won't do it this time. If Russell Sage can run into town to bag a fortune in a few days, he can come to see us, and we will see if a man who can loan $20,000,000 from his pile of real money, cannot pay a tax on $2,000,000. So Mr. Sage will have to pay the full amount this year without a murmur. But it is only the master thought of his mind—to whittle down what is against him, and pile up what is for him. It does not really make any difference to him whether he pays taxes on $2,000,000 or on $1,000.

Dr. Samuel G. Tracey sounds a note of warning against the danger attending the excessive use of common table salt, using as his text the death of Charles T. Yerkes from Bright's disease. There is certainly one good resulting from death of prominent persons whose wealth makes a good talk in the world, if they die of diseases that reap a large harvest from poor humanity—they serve "to point a moral and adorn a tale." The prominence of Mr. Yerkes serves to bring the doctor's warning before many persons who would never otherwise have heard of it. As the mortality from kidney diseases is greatly on the increase, it is worth while for people to take heed to what the wise physician has to say. The late Dr. Millard, during his life a noted specialist on Bright's disease, once told the writer of this, that one cause, and a principal one, of Bright's disease was the exceedingly slow action of humid cold on the pores of the skin. He said the cold tended to close the pores, and thus more work was thrown on the kidneys, which evidently succumbed. The preventive, he said, was to expel all dampness from dwellings and business places. This cause operates in such a markes degree that a census enumerator in an interior city found that a small stream running through the place, with dwellings close to either bank, was fringed with deaths from Bright's disease and kindred ailments.

New York city, having swept away a lot of politicians, will, of course, immediately, take up another lot, and exalt them to the skies, obeying their slightest nod or whisper. We are now to have on the democratic side as the rulers for an indefinite period in New York city, and measurably in the state, a new triumvirate, composed of the Sage of Princeton, Grover Cleveland; the mergerer par excellence, Thomas F. Ryan; and Mayor McClellan, who has the handling of the city offices, and makes it clear that he will use them as seemeth well in his eyes, and in the eyes of his new partners. Cleveland has prestige, Ryan has millions, which are useful in their way, McClellan has only the joys, which also are useful in their way. Well, it's a powerful team and no mistake. It must make Murphy's eyes snap as he sees what is going on. And with one of the biggest jobs the city has ever had coming on, too. For here the debt-capacity of the city has been raised to such figures that it can build the new subways with its own money, without being dependent upon the Rothschilds and Tom Ryan, individually. Of course, the latter will come in for his share as one of the Big Three in Possession, but the new subways can go on independently of the Belmont syndicate, and it will be possible to ride a foot or two in this big city without Belmont drawing a dividend from it.

A skyscraper church is to be New York's latest. The Westminster Presbyterian congregation, which has a dingy old church edifice on west 23rd street, which is never filled and has a hard time raising the necessary funds to prolong its existence, is about to branch out in a new style and put up a skyscraper building, in which it will reserve for itself a modest place of worship, occupying some portion of its building for church purposes, its auditorium to be placed in the rear, and offices for its benevolent and other work taking a few of the offices, while the others are devoted to the purpose of raising revenue for its outside work. A church in Chicago, it is reported, is about to do the same thing. These two churches about to go into the new style of church building are not the pioneers, by any means, for Rev. Dr. Judson, has a church of this kind already on Washington Square, his tall building—not a skyscraper, to be sure, being let to young men boarders. It is understood that enough profit comes from those young men to pay for all the activities of the church. It is very easy for a congregation, with its many agents to reach the public, to make a skyscraper pay, and pay well too. When the Westminster Presbyterians get their new enterprise under full headway, there will be no longer any anxious appeals for money to meet ordinary expenses, and the members can devote their contributions to the spiritual work of the church. The money may as well be brought in by business efforts, as from the profits of sociables, fairs and the like, in which the sanctuary is sometimes the principal factor of profit.

Wall street has experienced a double sensation, one probably restoring the equilibrium disturbed by the other. Old Sam Mills, one of the most notable figures Wall street ever had, has passed away, and Ferdinand Ward, Gen. Grant's bete noir, coming back, rolling up his sleeves, and picking up a big fortune. Sam Mills was once Jay Gould's man, handling the latter's millions, and making millions for himself. He controlled Wall street for a long time, and he turned over to Jay Gould when they split all the latter's big deposit in his hands without a quiver or flutter, and the millions were there to the last cent. Mills was prominent in the Union Pacific corner, and he went through the old panic and Black Friday with Gould, and was finally ruined by Gould. And now Ferdinand Ward, the evil genius of Ulysses S. Grant, the greatest of generals, and who nearly ruined the mighty but simple minded soldier, is back on the street which once shivered at his frown. He will probably make money there, as he is nimble-witted, and Wall street has no prejudice against Napoleons once dethroned who have come back to their old tramping ground. It is just as ready to try conclusions with the upright veteran of solid and staid ways as the returned prodigal. It will lose money to him as easily as to any others, and will pluck him clean as eagerly as though he were a tyro. But Wall street's loss from the retirement of Mills is not made up by a long shot by the return of Ward.

The appearance of H. H. Rogers in the character of a humorist at the Missouri investigating committee hearing, was certainly a great surprise. The Standard Oil people have been generally held to be the very quintessence of business, and yet before Mr. Rogers came to the front as one of the funny ones, John D. Rockefeller, was hailed by the newspaper men as one of the best fellows out and full of fun. Now Rogers proves to be the same, and we must conclude that the oil greases the ways for their jokes, so they come easily.—OLD TIMER.

THE SPORT REVIEW.

General Notes on the Sports of the Season.

Toronto is to have a motor boat club.

The speed skating championships are set for February 10th, on Verona Lake, N.Y.

The hockey match between Pembroke and Arnprior resulted in favor of Pembroke by a score of 2 to 1.

The Montreal Jockey Club claims the dates September 8th to September 22nd for the opening meeting.

The Crescent seven of Brooklyn met an unexpected defeat at the hands of N. Y. A. C., the score being 2 to 1.

Marks, left wing player of Brockville's Federal League team, was removed to St. Vincent de Paul Hospital, Thursday, a sufferer from appendicitis.

BERT MERRILL,

Of the St. Joseph's A. A. of Boston, is considered the most promising young all around athlete of the present day. Although he has just begun training for an athletic career, he has accomplished remarkable feats against the best athletes in various branches.

It took thirty minutes' extra time for the Smith's Falls Mic-Macs to win from the Perth team in the intermediate series of the O. H. A., by 5 to 4.

Kerr of Hamilton, claims to have a record of 9 4-5 seconds for the 100 yards. This would be a Canadian record if authenticated. As it is it does not appear in the C.A.A.U's books.

A syndicate of members of the Royal St. Lawrence Yacht Club will build a new racing yacht this season which will be patterned on a basis heretofore unknown on this side of the Atlantic.

Boxing is not a success financially in England, and only small purses are offered. The National Sporting Club offered Jimmy Walsh a $750 purse and $250 for expenses to box Owen Moran in a championship match.

There are now only eleven days left in this month, and it will be a hard thing to get the scheduled matches played off between now and the first of February. It means that clubs will have to play games nearly every evening.

Sunlight soap is better than other soaps, but it is best when used in the Sunlight way. Buy Sunlight Soap and follow directions.

AN ODESSAN TRAVELS

And Writes Home of His Experiences.

The Shakespearian club, Odessa, received an interesting letter from Phil Oswald, of Odessa, who is at Kingston, Jamaica, to improve in health. The following is a part:

Port Antonio, Jamaica, Dec., 23rd, 1905.—Leaving New York you embark upon a wintry sea, swept by a keen and biting wind. Within twenty-four hours, you are at the edge of the gulf stream, and from there onward, the temperature becomes milder, until on the third day you sight Wathings Island, better known as San Salvador, the first landing place of Columbus. On the fourth day the steamer passes Cape Maise, after running within plain sight of Castle and Fortune Islands, while passing through the Crooked Island Passage. A few hours of further sailing brings the Island of Jamaica into view. At first a low-lying insignificant mass of clouds upon the horizon, gradually growing in size, and increasing in color, until suddenly the grandeur of the mountains break upon the view, almost in unexpected reality. If the pilot come abroad, the steamer rounds Tally Point and makes her way into the beautiful harbor of Port Antonio, which is almost without an equal on the entire coast.

You will find an island about one hundred and forty-four miles long, the fairest the sun ever shone on, and where living is one long phantasm of delight. The island and the scenery seem almost theatrical. By chance you may approach your destination in a tropical shower, so thick that it fills the purpose of a drop curtain. Suddenly the rain stops, nature raises the veil, you hold your breath with amazement. The stage is set and the play is on. Overhead you get no paper sky, nothing but nature. Grand, rolling, ever-shirting, cumulus clouds, now rising to reveal the mountains, reaching six and seven thousand feet into the blue, and flanked as side scenes, by the richest, greenest and most gorgeous foot-hills the eyes of man ever looked upon, and the broad expanse of the blue Carribean Sea, rolling against the coral cliffs and throwing the spray in great white masses high in the air, against the dark green of the cocoanut and palms. To stop on this wondrous island, to meet the inhabitants, to talk with them, to become as it were a native, to lie down at night and be lulled to sleep by tropic odors, by the mysterious night sounds of birds and insects so peculiar to the island, to rise at daylight and bathe in nature's own bath tub with the water at eighty-five degrees, to indulge in all tropical fruits such as, banana, grape fruit, mangoes, oranges, plucked fresh from the trees, what more could the heart desire!

Kingston is the capital of the island and the principal city. The fine harbor in the foreground, the stretch of the city itself, with its low roofs gleaming in the sunlight, and the back ground of mountains, form an attractive picture, and create first impressions which are decidedly favorable. Kingston is the commercial metropolis of a region abundantly rich in the choicest of tropical fruits and vegetation. Orange groves, banana and coffee plantations, and sugar estates abound on the island. The railway is under government management, and the laws, language, religion and politics are strictly English, since the island is under British sovereignty.

Neither space nor time will permit me to go into details regarding the funny people who inhabit the island. Their occupation is chiefly making and selling curios to tourists. Some time later I hope to be able to give you a letter on these people. I shall conclude now by thanking you again and wishing you all a Merry Christmas and warmer weather.

Their Rheumatism Vanished.

In the long period during which Dr. Hall's Rheumatic Cure has been made it has thoroughly cured thousands of cases. These cases have been of every variety and degree of severity. The treatment has been effective because it strikes at the root of the disease.

It deserves a thorough trial by every rheumatic sufferer. Its actions in any case must be beneficial because it purifies and enriches the blood and builds up vitality and energy. Its actions is prompt and benefit is progressive until the cure results. Price 50c. Sold only at Wade's drug store. This is the preparation that cured Henry Hasler, Clinton, Ont.

At the end of 1905 China is expected to have an army of more than 400,000 men, all regular troops and in ten years' time it will be able to raise 1,200,000 trained soldiers.

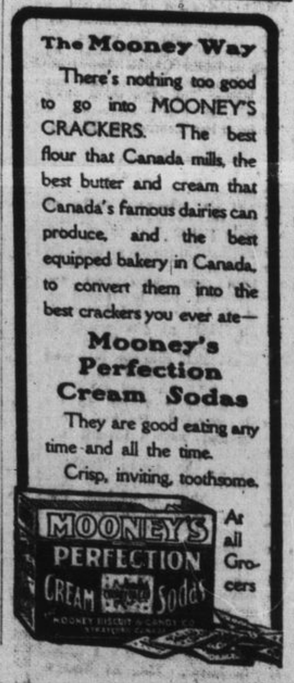
The Mooney Way

There's nothing too good to go into MOONEY'S CRACKERS. The best flour that Canada mills, the best butter and cream that Canada's famous dairies can produce, and the best equipped bakery in Canada, to convert them into the best crackers you ever ate—

Mooney's Perfection Cream Sodas

They are good eating any time and all the time.

Crisp, inviting, toothsome.



At all Grocers

DONT'S FOR PEOPLE WHO COUGH

DON'T COUGH UNTIL YOUR HEAD FEELS LOOSE—your throat torn to pieces. Mathieu's Syrup can quickly cure you.

DON'T LET YOUR LIFE BE MADE MISERABLE by a persistent hacking and coughing. Get a bottle of Mathieu's Syrup and find delicious relief. It's only 35 cents.

DON'T SPOIL YOUR REST O' NIGHTS by a restless wakeful cough. Mathieu's Syrup will ease it and cure you.

DON'T DISTURB OTHER PEOPLE in your home, at church, or anywhere else. Keep some Mathieu's Syrup in the house. It's a fine thing to take.

DON'T KEEP A COUGH ANY LONGER THAN YOU NEED—give it away. Mathieu's Syrup will take it away for 35 cents.

DON'T COURT PNEUMONIA—Bronchitis, Asthma, etc., by neglecting that chill or cough. It's a dangerous game to play. Take Mathieu's Syrup in time—it will prevent complications.

DON'T SEEK CONSUMPTION by harboring a cough with a low state of health. Mathieu's Syrup is a fine cure and just as fine a tonic. It makes health.

DON'T LOSE YOUR HEALTH—it's worth a lot more than 35 cents, and this amount will cure that cough which is undermining it.

DON'T KEEP MATHIEU'S SYRUP OUT OF THE CHILDREN'S WAY—Why, bless you, it's harmless—a good food tonic for them—builds up bone and flesh.

DON'T FAIL TO TAKE MATHIEU'S SYRUP when you feel a bit chilly; it saves money to take a few doses then.

DON'T FAIL TO TELL YOUR FRIENDS what Mathieu's Syrup has done for you.

MATHIEU'S SYRUP

OF TAR AND COD LIVER OIL

The finest Cough Cure and Tonic that any ailing one can take.

THE J. L. MATHIEU COMPANY, Proprietors, Sherbrooke, Quebec.

NOTICE

NOTICE IS HEREBY GIVEN THAT the Municipal Council of the Corporation of the City of Kingston, in pursuance of the provision of the Municipal Act in that behalf, and the amendments thereto, intends to undertake and carry out the local improvement works set out in the schedule hereunder, and to assess the final cost thereof upon the real property immediately benefited by the several works according to the frontages of the same respectively, and to pass the necessary By-Laws and to take all other steps necessary and proper in the premises.

A statement showing the lands liable to pay said assessment, and the frontages thereof, so far as they can be ascertained from the last revised assessment roll or otherwise, and the estimated cost of the said several works, and the proportion of said cost chargeable against the said several properties liable to pay, is now filed in the office of the City Clerk of the said Municipality, and is open for your inspection during office hours.

Concrete Walks on the Following Streets:

Arch St., East side from Union to Stuart St.
Arch St., West side from Union St. to Medical College Gate.
Albert St., West side from Princess to Mack St.
Bagot St., East side from Earl to William St.
Bagot St., West side from Queen to Princess St.
Bagot St., West side from Queen to Princess St.
Barrack St., South side from King to Wellington St.
Barrie St., West side from Queen to Colborne St.
Barrie St., East side from Queen to Colborne St.
Barrie St., East side from Colborne to North St.
Barrie St., West side from Colborne to North St.
Barrie St., East side from North to York St.
Bay St., North side from Bagot to Rideau St.
Brock St., South side from Clergy St. Easterly 444' 6."
Clergy St., East side from Queen to Colborne St.
Centre St., West side from Union to King St.
Charles St., North side from Rideau to Bagot St.
Chatham St., West side from Elm to Fifth St.
Clergy St., West side from Queen to Colborne St.
Colborne St., North side from Clergy to Barrie St.
Colborne St., South side from Barrie to Chapman St.
Deacon St., South side from Barrie to Arch St.
Division St., West side from Earl to Clergy St. West.
Division St., East side from Princess to Queen St.
Division St., East side from Queen to Colborne St.
Dufferin St., North side from Rideau to Bagot St.
Earl St., North side from Division St. to University Ave.
Earl St., South side from Division St. to University Ave.
Earl St., North side from Frontenac to Albert St.
Elm St., North side from Alfred to Chatham St.
Earl St., South side from Clergy to Barrie St., thence South to Clergy St.
Frontenac St., West side from Earl to Johnston St.
Frontenac St., East side from Johnston to Brock St.
Frontenac St., West side from Johnston to Brock St.
Frontenac St., West side from Princess to Mack St.
Gore St., South side from Wellington to Bagot St.
Johnston St., South side from Bagot to King St.
Johnston St., North side from Bagot to Wellington St.
Johnston St., South side from Barrie to Division St.
Johnston St., North side from Alfred to Albert St.
Johnston St., South side from Frontenac to Albert St.
King St., West side from Collingwood to Beverly St.
King St., North side from Ellerbeck St. Easterly 470 ft.
King St., West side from Queen to Princess St.
King St., East side from Place D'Armes to Barrack St.
King St., West side from Place D'Armes to Barrack St.
Livingston Avenue, East side from a point 125 feet South of Union St. Southerly 848 feet.
Montreal St., East side from James to John St.
North St., South side from Barrie to Ordnance St.
O'Kill St., South side from Barrie to George St.
Ordnance St., North side from Wellington to Rideau St.
Ordnance St., South side from North to Clergy St.
Ordnance St., South side from Sydenham to Montreal St.
Ontario St., West side from Princess to Brock St.
Princess St., North side from Division St. Easterly 536 ft.
Princess St., South side from Division to Barrie St.
Queen St., South side from King to Wellington St.
Queen St., South side from Barrie to Chapman St.
Queen St., North side from Clergy to Sydenham St.
Raglan Road, South side from Bagot to Montreal St.
Rideau St., West side from Dufferin to Cataraqui St.
Stuart St., North side from St. Lawrence Avenue to University Ave.
Stuart St., South side from St. Lawrence Ave. to Albert St.
Sydenham St., East side from Ordnance to Queen St.
Sydenham St., West side from Ordnance to Colborne St.
University Avenue, East side from Earl to Johnston St.
Wellington St., West side from Gore to Union St.
Wellington St., East side from Queen to Princess St.
West St., East side from Sydenham St. South 141 feet.
West St., East side from Earl to Sydenham St.
William St., North side from King to Ontario St.
William St., South side from Bagot to Sydenham St.
Wellington St., West side from Union St. Southerly to West St., thence North to Union St., thence East to Wellington St. at point of start.
York St., North side from Cherry to Division St.
York St., South side from Division to Chatham St.

Asphalt Walks on the Following Streets:

Bagot St., East side from William to Johnston St.
King St., West side from Barrack St. South 183 feet.
Place D'Armes St., South side from King to Ontario St.
Victoria St., West side from Princess St. North 447 feet.
Victoria St., East side from Princess St. North 754 feet.
William St., North side from Bagot St. East 246 feet.
Wellington St., East side from Place D'Armes St. North 190 feet.

Persons desiring to petition the said Council against undertaking any of the said proposed works must do so within one month after the date of the first publication of the notice in this newspaper which date is the 20th day of January, A.D., 1906.

L. W. SHANNON, City Clerk.

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J. B. McKAY, President. H. F. METCALFE, Principal.