WOMAN'S BACK IS E MAINSPRING OF ER PHYSICAL

STEM. The Slightest Back-ache, if Neglected, is ole to Cause Years of Terrible woman can be strong and healthy

is the kidneys are well, and regular in action. When the kidneys are ill. whole body is ill, for the poisons which tidneys ought to have filtered out of blood are left in the system. e female constitution is naturally

rsubject to kidney disease than a s; and what is more, a women's work

ow many women have you heard say: , how my back aches!" Do you know backache is one of the first signs of ey trouble? It is, and should be ated to immediately. Other symptoms requent thirst, scanty, thick, cloudy ghly colored urine, burning sensation urinating, frequent urination, puffinder the eyes, swelling of the feet and es, floating specks before the eyes, etc. ese symptoms if not taken in time and d at once, will cause years of terrible ey suffering. All these symptoms, and t, these diseases may be cured by the

OAN'S KIDNEY PILLS

act directly on the kidneys, and e them strong and healthy. rs. Mary Galley, Auburn, N.S., writes: ne back and was unable to turn in bed out help. I was induced by a friend to Doan's Kidney Pills. After using twols of a box my back was as well as ever." ice 50 cents per box or three boxes for at all dealers, or sent direct on reof price. The Doan Kidney Pill Co.,

BOSSING Crests and Headings for Paper and Envelopes

Letter Heads

ides all classes of Letter Press ing from a card to a volume. IE WHIG, Kingston

UR BIG VENTORY ALE

swing. All winter goods have under the knife.

Great Snap For

Children me our way lately :-

dozen Heavy Ribbed, All-Wool lose, "Tough as Leather," designated thus because of their admirable wearing qualities. A full ange of sizes, from 6 to 10 inches. Prices in regular way range at Sc. to 30c. a pair. Saturday norning the small sizes go on sale it 15c., and the large sizes at 15c. pair. These make great Over-

Underwear

Wool Fleece Underwear, the est make, 39c. a garment on Sat

Gweed Suitings

ig range of Tweed Suitings at 81 and \$1.23 a yard, to clear at 6.0%

Dress Goods

WMAN & SHAW

HEATED

JAMES SWIFT & CO. Telephone 135.

Expectant Mothers

should take "Bu-Ju" during this trying time. The extra strain, weight and undue pressure on the delicate organs often irritate and inflame the kidneys. This not only increases the danger of childbirth, but places the health of the baby in jeopardy.

THE GENTLE KIDNEY PILL

keeps the kidneys strong and vigorous-acts as a mild tonic on all the female organs, and prevents constipation. A "Bu-Ju" pill at bedtime the best protection against Kid-

ney Trouble during pregnancy.

At all druggists, or direct on receipt of price, 50c per box.

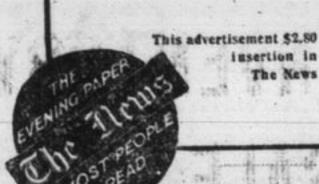
THE CLAFLIN CHEMICAL CO. LIMITED WINDSOR, ONT.

"TORONTO NEWS"

The Advertiser's Opportunity

is in Ontario. Through the medium of "The News," Toronto. Nowhere in Canada can you réach such à profitable field as Ontarioand in no paper can you get as large results for your

Do you want to prove it? "The News" will welcome your trial. The flat rate in "The News" enables you to run advertising at the lowest possible rate, and if it does not pay, you can discontinue at any time. The flat rate is 4 cents per line, 56 cents per inch.



How Is

Do you know that there is nothing dangerous as a neglected cold? Do you know that a neglected cold will turn into Chronic Bronchitis, Preumonia disgusting Catarrh and the most deadly of all, the "White Plague," Consumption. Many a life history would read different if, on the first appearance of a cough, it had been remedied with

Dr. Wood's Norway Pine Syrup

contains all those very pine principles which make the pine woods so valuable in the treatment of lung affections. Combined with this are Wild Cherry Bark and the soothing, healing and expectorant properties of other pectoral For Coughs, Colds, Bronchitis, Pain in

the Chest, Asthma, Croup, Whooping Cough, Hoarseness or any affection of the Throat or Lungs. You will find a sure cure in Dr. Wood's Norway Pine Syrup. Mrs. C. N. Loomer, Berwick, N.S., writes: "I have used Dr. Wood's Norway Pine Syrup for coughs and colds, and have always found it to give instant relief. I | ter, England, is credited with having also recommended it to one of my neigh- 'originated the phrase "the Grand Old

Dr. Wood's Norway Pine Syrup 25 cts. | necessary that detectives should fol wrapper, and three pine trees the trade protection, and as this likeral leader mark. Refuse substitutes. There is only lived at Hawarden, in Flintshire, that one Norway Pine Syrup and that one is



flagic Baking Powder. illett's Perfumed Lye. Imperial Baking Powder. Officit's Cream Tartar. Royal Yeast Cakes. Qillett's Ammoth Blue. Plagic Baking Soda. Gillett's Washing Crystal.

MADE FOR OVER 50 YEARS. (ESTABLISHED 1852)

E.W. GILLETT COMPANY TORONTO. ONT.

Clarence Street, Opposite Cab Stand Removed from B. A. Hotel ALL THE LATEST MAGA Phone 490

OLD GUY CURTIS IS STILL AT HOCKEY.

the Unrivalled Referee of the Rural Matches-Sporting Fields.

Berlin won from 'Varsity by a store The fight between -Young Coroett and Herrera was postponed for two

ern Ontario Basketball League by s

score of nine goals to three. -

Brooklyn (lub team,

cams around the hamlet of Delta. The inducements offered eastern ty-live dollars a week. Thirteen Cana- the consumer, and it cannot be ex dian players are attached to the posed to a high temperature one hour,

Old country football enthusiasts of shortening its life, or in other words, Toronto, decided to call their organi- the period during which it will be it zation the Anglo-Canadian Rughy Cootball Club. Mayor Coatsworth was elected honorary-president. Varsity hockey team has arranged

with the Pittsburg rink officials to play two games there on January 19th and 20th, with the Carnezie In stitute and Technical School. The New York Hockey League he taken drastic measures to prevent the importation of Canadian players by barring them all out. The embargo is expected to keep the game clear of Superior passing on the part of the

Rochester five, gave the contest at the Rochester Y.M.C.A. gymnasium to the anadian team, by the score of 28 to There will be no hockey in Hamil- kept below forty degrees. ton this winter. Even the executive of the Wholesalers' League was not 1

Hamilton Y. M. C.A. bas'cetball team

and the unsteady playing of

will have to go to Crimsby to see but they forget that it is not The Kansas City Jockey (lub say that owing to the repeal of the Preeders' Law at the last session of the state legislature the officials of the that he has no further interest Hub say there is no possibility of the matter. It is not so with club during the year 1906. At Buffalo, in an exciting finish Alec-

Samuelson, the big Swede from the who is meeting all comers there this week, displayed some of his old time form, and showed conclusively that he is entitled to meet any man in his

The greatest slugging feat in the history of baseball was that of the late Edward Telehanty, of Adon's Terry, on the West Side grounds, in Chicago. The feat is historic, but there are so many enquires concern-Your Cold? ing it that it is worth while giving the facts. It was a game between Philadelphia and Chicago ore afternoon in 1896. Terry was a it him in rare form, and, in the lauguage of the game, he "had every bing." The first time up Delehanty cracked the ball high over the right field fence, not far inside the foul line rethans about forty feet -for a home run. The second time up he drove a liner over short. Dahlen got his hands on the ball, but it tore through them and rolled clear out to left feld. The third time up he lifted the ball over

clubhouses in centre for his third home run. In the ninth inning he came up again. Lange played back between the two clubhouses, and the other outfielders retreated to the fences. Delehanty hit the ball straight to centre, It struck the top of one clubhouse, bounded to the top of the other, and rolled back up the field. and the big fellow made the circuit again, making a total of four home runs and a three-bagger for five times at bat. Yet Philadelphia got only eight hits off Terry in the game, counting Pel's five, and was beaten-

Inventing A Phrase. Rev. Edward Lloyd Jones, Manches

bors and she was more that pleased with Man, as applied to Mr. Gladstone. During the Irish agitation it became per bottle at all dealers. Put up in yellow low Mr. Gladstone for the purpose of county, then governed by quarter sessions, was asked to pay the bill. The magistrates, nearly all tories in those lays, objected. Whereupon Lloyd Jones, who was then a minister at Rhyl, premptly called an imagnation meeting. He asked a lawyer who was present to state whether, if the life teet him. The lawyer said that unubtedly, it was. "Then," shouted country to protect the beggar at our doors, are we going to allow the preious life of that grand old man Hawarden to go unprotected?" That meeting settled the quarter sessions' objections, and the title stuck.

To Remove Grease Spots. The following recipe for removing grease spots will, the Boston Post says, never fail, and will not injure the most delicate fabric, and will remove from a carpet a pint of oil with out leaving a trace behind. Rub much dry buckwheat flour upon oil or grease spot as it will take, surrounding and covering it entirely; let it remain a few days, then brush off. A second application is seldem need

Exports This Year.

Nash's News Depot In 1904 the United States were practically out of the business of export among to the shorters in Tolstoi. ing wheat, owing to the shortage in erop. It is, however, estimated by the Crop Reporter, an official publication of the United States department Atlanta Journal. of agriculture, that the United States A drought is reported from New will have nearly two hundred million Jersey. Why not let the suffering peobushels of wheat for export from the ple have the water in those New Jer-

AMPLE ICE SUPPLY.

Its Importance at Creameries Pointed Out. By J. A. Ruddick, Dairy Commissioner.

The season is now at hand when the creameries must lay in a stock of ice for use next summer. The reports of C. E. Mortureux, F.

A. Knowlton and other members of the dairy commissioner's staff, show Paragraphs From Many that many creameries have in the past been out of ice before the season is finished. No creamery has a right to solicit the support of milk producers unless they are prepared to take proper care of the butter by keeping it at a sufficiently low temperature to Berlin defeated London in the West- prevent undue deterioration in quality. The age of butter is to be calculated more by the temperature at which it Montreal defeated Shamrocks in the is kept than by the number of days naugural game . of the Eastern Can- that may have elapsed since it was ada Amateur Hockey Association by a made. Creamery men must get rid of the idea that no harm results from Old Guy Curtis has again arisen a high temperature, say fifty degrees, rom the dead, and has become the when the butter is held only for a few official referee for the rural hockey days. If the butter was consumed in ant, but it is weeks after the butter is players to go to New York was twen- shipped before the bulk of it reaches

> its best condition. When the writer was in England last the Beast," an art calendar printed lied man in our islands is prepared to summer he was continually reminded in Elizabeth, N.J., is commanding play the part of the strong man armhat one of the weakest points of Canadian butter is that it does not keep well. Too high a temperature at the creamery is one of the principal reasons for this very serious defect. But ter, unlike cheese, is at its best when newly, made, Any further fermentation tends towards rancidity, staleness other object onable flavors. Fermenta tion is checked by reducing the tem perature. The temperature in

creamery cold storage should be kept below forty degrees the lower better and the patrons have a right to know if this matter is being tended to, Our records show that very few of the creamery cold storages are

Creamery owners are sometimes sat isfied with results if the buyer of the butter finds no fault with the tem able to make terms for a place to play. Hamilton lovers of the gave perature at which it has been kept. business of the buyer to point these things. It is his business purchase the butter and to sell again at a profit. When he has done agent threatened arrest and offered to any racing under the auspices of the creamery owner or the patrons whose the agent went out to buy up the conreal interest in the butter does not jes that had been given away. People rease until it is finally consumed, be are holding on to them, and few who cause the condition of the butter at possess the picture will admit steel plant, was thrown in elecent that time will determine whether the minutes by Dan McLeod, McLeod, demand for it will be increased or not and demand for any article on account of its superior quality is most important factor in determining

the price that will be paid for it. These words are written with the object of inducing creamery owners to make sure of having an ample supply of ice for all purposes during the sea-

A 'WOODEN' WEDDING. An Accurate Account, Brief. Blithe and Blunt.

By W. W. W., the officiating clergyman, Twas Christmas day, and yule logs To mark the birthday of the Saviour The birthday of the bridegroom, too That gave an added interest to the day Great joy, good will and peace were it And all rejoiced with the rejoicing pair house was filled with guests from And nothing their enjoyment seemed t the right field fence again, this time The popular young tride, so good, so fair far down in right centre. The next Full many gifts received, both rich and license had been bought, the bond was signed ; the minister was asked t

In holy bonds the happy groom and ongratulations then came pouring in came the marriage feast, by all With social mirth and pleasure unal-

bride and groom and waiters sign ed their names To sundry records, as hy-law required. That really nothing left to be desired. But, hold; that's where the wooden For now, instead of handing out the tin The groom said to the parson, "Som I'll call, and-O, your Reverence, by the

so we close this casual episode. (Post-Script.)

And he who coolly offers such a tee Will be kept warm throughout eternity. (Private Post-Script, for ladies only) wife, who also was an honored

men the writer knows the

Not In Any Danger

It is told of Winston Churchill, the newly appointed under-secretary for the colonies, that he recently had occasion to take into dinner a very haughty lady. Winston, it seems, is be ginning to cultivate a moustache, that unlike his father's, will always be small. The lady was not very gracious to her partner, and at the finish said: "Mr. Churchill, I loathe your politics and I do not like your moustache." not trouble yourself, madam,' was the quick reply. "You are never likely to be brought into contact with

Tolstoi In Torment. In the church of Tasow, in the gov ernment of Kursk, Russia, the altar piece is a painting of the Last Judgment, the foreground being a vivid representation of Hades. Conspicuous

Material For Irrigation.

sey corporation stocks?



15c. per box.

IN BUTCHER'S "AD."

cabinet photograph prices and more notwithstanding it bears the advertise nent of Haudenshield & Co., butchers. t may involve the publishers in lamage suit, because the "Beauty" recognized as Mrs. Florence Evelyn Thaw, former' model and show girl wife of Harry Kendall Thaw, Pitts burg millionaire.

The calendar shows a beautiful gir eclining on the skin of a polar bear The head of the "Beast" remains at tached to the pelt, and the check o the pretty woman is pressed against the jowl of the brute. There seems to have been no design

on the part of the butcher to mak capital of the Thaw social sensation. for he confessed that he was at a le to know why his calendar became popular the first day that he coul was all explained when the Thaw family called At first the butcher refused and was inclined to be defiant. But when the in pay a good price for all that were left

The Ever-Popular Sailor Dress.



There is hardly anything so popular in the catalogue of dress for the wee ated in Canada, was constructed unfolks of the nursery as is the sailor der his immediate supervision. He from all the guests, including kith and design. Not only for the little mand, is now proprietor of the Ross Rifle and easy and eminently picturesque the new Canadian militia rifle. It is blouse meets with enthusiastic ac said by military experts to be the ceptance. In the picture it is of white best rifle in the world, and it is the sicilienne, a material that does not invention of Sir Charles Ross. The or flannel when it passes through the live hundred hands, and is in operacleansing tub of the laundress. The tion day and night. blouse follows the regulation lines, being of the Peter Thompson persuasion. Collar and shield are attached perdeep collar serving to hold it in tee first-class fit. place; while the elastic band that is ed with a plain stitched hem. The em- | England. as is also the sailor tie that knots Gibson's Red Cross Cough Syrup cur

HIS PATRIOTIC SCHEME. to say nothing of days, without Girl May Sue for Use of Her To Be a Nation of Expert Rifle-

> Pittsburg, Jan. 5.- 'The Beauty and London, Jan. 5.- 'If every able-bod his own and his country's goods will remain at peace. . . Such is the proposition which Lord

Roberts makes as the keynote of his campaign in favor of universal military training, to carry on which he cently resigned his membership of the imperial defence committee, His irst speech after his resignation was delivered to the members of the Newcastle Chamber of Commerce, and once! more he emphasized the danger to the country arising from the present con-

"I have no hesitation in saying," he declared, "that, in case of invasion, very Briton should be liable to serve person against the enemy. That bligation ought to be recognized and enforced by law, But readiness to fight is not the same thing as ability to fight. In order to take any seful part against the highly organized troops of other nations a man must be able to use his rifle with kill, and he must have received a ertain amount of training and miliary discipline.

His proposals did not mean concrintion, continued Lord Rober's. By the system I propose," he said, 'no actual service would be demanded i anyone except for home defence in he event of a great national .emer-

Petailing his proposals, Lord Robrt said they included the deliberate ostering of a spirit of patriotism among school children, the inclusion of military training in the curriculum of all public schools, the formation of adet corps in connection with all olleges and secondary schools, and the compulsory attachment of all lads miler eighteen years of age to the cadet cores which should be formed broughout the country, under state apervision. . The training in the ca let corps should be followed by a fur ther training for adults varying ength according to the result of the preliminary training.

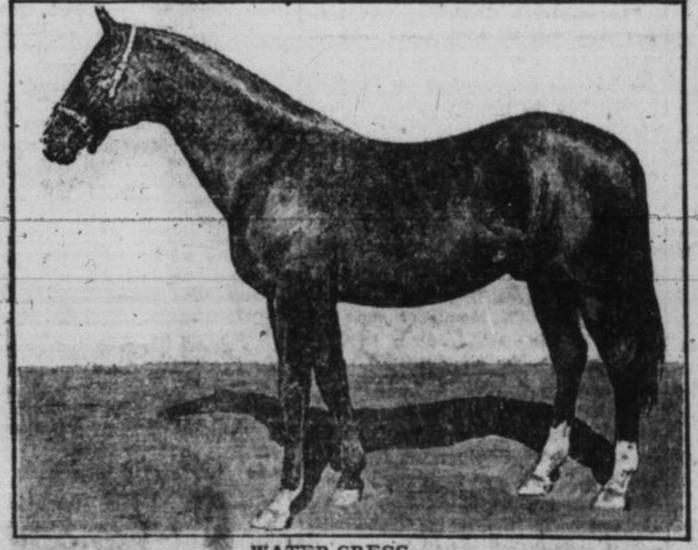
Was Not The First.

The Earl of Rosslyn, who a short time ago visited Nova Scotia for two weeks to inspect the submarine coal areas at North Atlantic collieres, of Marien, C.B., was not the frat baroet of Nova Scotia to participate the development of Canada, Sir harles Ross, of Balnagown, Scotland personally founded the West Kootenay Power company, B.C., and the first long distance transmission line oper but for her brother as well, this loose Factory at Quebec, which is supplying display the shrinking qualities of serge | factory gives employment to over

Great Value In Clothing.

Prevost, Brock street, will sell for manently to the body lining, upon balance of this season, at the follow which the skirt is likewise hung; and ing low prices: Splendid suiting made the blouse itself is drawn on over the to order, \$13.50; pants to order, \$4 head, buttons on the body lining and overcoats to order, \$13.50 splendid asbutton-holes concealed beneath the sortment to choose from, We guaran

run in the hem serves to adjust the! Patrick Sullivan, Pembroke, is me visions bright of steaming fullness around the waist. The skirt is ! dead, after a few days' illness of merely full widths of the sicilienne quinky, leaving eight small children. shirred to the body lining, and finish- He was a member of the Church of broideries on the shield are in scarlet "Making new friends everywhere."



WATER CRESS. The great thoroughbred stalli on of racing fame, which belonged

to the famous Rancho del Paso s tud, has been sold to James B. Haggins for \$71,000 and will be used for stud purposes. It is the fourth highest price ever paid for a thoroughbred stallion at

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The Montreal Bankrupt Stock Company wish to inform the public that they

at their NEW PREMISES

Selling the balance of their

Between Redden's and Crawford's Groceries. We hope that our friends who patronized us so liberally since our first opening, September 16th, will continue to do so. In return we shall endeavor to give them

More Bargains Than Ever

LOOK OUT FUR THE SIGN OF THE RED FLAG.

COUSINEAU, GENERAL MANAGER.

gency. But every able-bodied man, whatever his birth, or position, would be obliged to acquire a knowledge of military duties sufficient to fit him for taking his part in the defence of

Always a Big Day At This Store

. This Saturday more than ever the January sale is in progress, and many bargains are here that should bring you many miles to share. The sale only lasts till the Fifteenth, so don't procrastinate. Come early Saturday morning. Below is a few of the many special

25c. Hose, 19c. 50c. Underwear, 371/2c. \$1.25 Natural Wool Underwear, 621/2c., for Ladies. goc, Blankets, 69c. \$1.10 Blankets, 8gc.

\$1.25 Gloves, 89c. 15c. Flannelettes, 1oc. \$4 Wool Blankets, \$2.69. \$5 Children's White Coats, \$2.50. \$1.25 Men's Underwear, 78c. Suit.

65c. Linen Tabling, 39c. yard.

The James Johnston Store 180 Wellington Street.

ABRAMSON'S

Is now in full swing. Everything in our big store at

30 Per Cent. Off

The regular marked prices. Clothing, Gents' Furnishings, Hats and Caps, Furs, Boots and Shoes.

NOTHING RESERVED.

LOUIS ABRAMSON, the Up-Town Clothier 336 Princess Street.

This is Stock-taking Time Turn your old Dross, Stereos, Electros, Type, Brass, Copper and other metals into money. Ship same to us and we will allow you Highest

Market Prices. THE CANADA METAL CO, TORONTO, ONT.