

SYNOPSIS OF CANADIAN NORTH-WEST HOME-STEAD REGULATIONS

Any area of land in the Dominion of Canada... Any person who is the sole head of a family... Any person who is the sole head of a family...

"How's Your Stomach"

is the way people in China say "Good Morning." The greeting of almost every nation is an inquiry after health.

BEECHAM'S PILLS

to keep the stomach well, the liver active and the bowels regular. They dispel sickness and create health. Dyspepsia, Indigestion, Biliousness or Constipation cannot exist when Beecham's Pills are used.

IT WOULD NOT PAY TO MAKE HONEY FROM THE GRANULATED SUGAR.

Says Another Writer to the Whig—How to Test the Simon Pure Article—Why We Should Eat Honey.

Sydenham, Dec. 28.—(To the Editor) Mr. Bridge's letter, under date of December 26th, are you aware that large quantities of comb honey, sold in Kingston stores, are manufactured by bees from sugar?

FROM CAPE VINCENT.

Spectacle Man Needed After Moving Pictures.

Cape Vincent, Dec. 28.—A dance will be given by the sailors of this village on January 2nd. The Potodan Concert company gave an entertainment at this place Saturday evening.

At a stated convocation of Cape Vincent chapter, held Tuesday evening, the following officers were elected for the ensuing year: H. P. H. Allen; K. C. B. Wood; S. C. T. Sackett; treasurer, S. S. Block; secretary, W. S. Vincent; G. A. Potter, P. S. F. R. Gardner; R. A. C. F. Johnson; M. G. Y. H. B. Saunders; M. J. C. E. Bishop; M. J. V. C. Armstrong; sentinel, J. McCauley.

PIPING HOT BOVRIL. Try it with a dash of Tomato Catsup. Image of a BOVRIL mug.

Corticelli Skirt Protector. When soiled a sponge or brush makes it clean again and no damage done. Image of a woman and a cat. Home Needlework is a magazine that every lady should take.

SYNOPSIS OF CANADIAN NORTH-WEST MINING REGULATIONS

Coal—Coal lands may be purchased at \$10 per acre for soft coal and \$20 for anthracite. Not more than 200 acres can be acquired by one individual or company.

Snowy Bread Light Pastry Delicacies

come to every home that uses Beaver Flour. It's the greatest help any home-cook can have. Because it is always the same—always the best for all baking.

Beaver Flour

is a blend of Manitoba Spring Wheat and Ontario Fall Wheat. It combines the whiteness and lightness of winter wheat, with the strength and nourishing food properties of spring wheat.

The Late Mrs. A. Galbraith.

On December 23rd, at Crofton, there passed away one of our oldest and most esteemed ladies. Mrs. A. Galbraith, aged eighty-six years.

KNOWN IN KINGSTON.

His Embroidery Works at Newtownards, Ireland.

The embroidery works of T. R. Lavery, J.P., of Newtownards, England, whose frequent visits to Kingston have made him well known in this part of the country, are the subjects of a three column sketch in the North Down Herald, Bangor, England.

BIG VALUE FOR \$2.00. Ladies' Skating Boots at \$2.00. The best value that we have ever offered.

J. H. Sutherland & Bro. OUR JANUARY SALE! Our Annual January Discount Sale begins 2nd and will be continued throughout the whole month.

HOCKEY BOOTS. We have some of the best makes of Hockey Boots this season. The Lightning Hitch. Men's Box Kip and Horse Hide, \$2.50 and \$3.

MAGIC BAKING POWDER. PURE AND WHOLESOME. ONE POUND CAN 25c. E. W. GILLET COMPANY LIMITED TORONTO, ONT.

H. JENNINGS, King St. Price of Land \$25 per Acre Until January 1st, 1906.

EPPS'S COCOA. An admirable food, with all its natural qualities intact. This excellent Cocoa maintains the system in robust health, and enables it to resist winter's extreme cold.

COCOA. The Most Nutritious and Economical.

Clean, Honest COAL. Booth & Co. That is the kind we sell—the kind you should have if you want a satisfaction.

THE FRONTENAC LOAN & INVESTMENT SOCIETY. (ESTABLISHED 1863). President—Sir Richard Cartwright.

C. H. POWELL. CARPENTER AND JOINER. 103 Baglan Street.

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Some Quaint Superstitions.

"A man has been born with his nails on his hands. Cut them on Monday, cut them for health; cut them on Tuesday, cut them for wealth; cut them on Wednesday, cut them for love; cut them on Thursday, for a visit of new shoes; cut them on Friday, cut them for sorrow; cut them on Saturday, see your sweetheart tomorrow; cut them on Sunday, see your sweetheart the next day."

New York Neighbors.

The largest cheese board in the world, with 120 paying members, representing the dairy interests of Jefferson and Lewis counties, also representing 107,000 cows, giving an income last year of \$1,800,000 for milk, making \$1,800,000 for cheese, \$400,000 for butter and \$500,000 for milk, making an annual income from the dairy interests represented of about \$2,700,000.

A Guaranteed Cure For Piles.

Itching, blind, bleeding, protruding. Piles, Druggists are authorized to refund money if the Ointment fails to cure in 6 to 14 days, 50c.

Always Remember the Full Name Creative Bromo Quinine.

Cures a Cold in One Day, Grip in 2 Days. C. H. Powell, 103 Baglan Street.

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SUN. \$5000 Reward. LEVER BROTHERS LIMITED.

Your Money Refunded. Sunlight is the best. Sunlight. 5c. Buy it.

TRAVELLING. GRAND TRUNK RAILWAY. LOCAL BRANCH TIME TABLE. In Effect Oct. 8th, 1905.

KINGSTON & PEMBROKE RAILWAY. IN CONNECTION WITH CANADIAN PACIFIC RAILWAY.

TRAINS LEAVE KINGSTON. 12:30 p.m.—Express, for Ottawa, Quebec, St. John, Boston, Toronto, Chicago, Detroit, Saginaw, Ottawa, Quebec, Portland, Halifax, Boston and New York.

Q. S. S. COMPANY. BERMUDA. Reached in 48 hours from Kingston by the new Twin Screw "Hermudon", 5,500 tons.

ALLAN LINE LIVERPOOL. ROYAL MAIL STEAMERS. From St. John's, Newfoundland, Sat. Jan. 13, M. Numidian, Sat. Jan. 20, M. Christiania, Sat. Jan. 27, M. BOSTON TO GLASGOW.

EDW. J. B. Requests the support of all Lovers of Fair Play in his campaign for election to the Legislature.

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