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How many lives of beautiful young girls have been sacrificed just as they were ripening into womanhood! How many irregularities or displacements have been developed at this important period, resulting in years of suffering!



Girls' modesty and oversensitiveness often puzzle their mothers and baffle physicians, because they withhold their confidence at this critical period.

A mother should come to her child's aid and remember that Lydia E. Pinkham's Vegetable Compound will at this time prepare the system for the coming change and start the menstrual period in a young girl's life without pain or irregularities.

Dear Mrs. Pinkham— I want to tell you that I am enjoying better health than I have for years and I owe it all to Lydia E. Pinkham's Vegetable Compound.

When fourteen years of age I suffered almost constant pain, and for two or three years I had soreness and pain in my side, headache and was dainty and nervous, and doctors all failed to help me.

Lydia E. Pinkham's Vegetable Compound was recommended, and after taking it my health began to improve rapidly, and I think I saved my life. I sincerely hope my experience will be a help to other girls who are passing from girlhood to womanhood.

If you know of any young girl who is sick and needs motherly advice ask her to write Mrs. Pinkham, Lynn, Mass., and she will receive free advice which will put her on the right road to strong, healthy and happy womanhood.

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Gold in the Twilight

Mrs. Bates gave an old-fashioned Christmas dinner for her family and its branches at Hales Cottages, yesterday, and in the evening a few close friends came for a few hours.

The record has been broken, it is fairly safe to say. One enthusiastic collector of postal cards received fifty-seven yesterday.

The engagement is announced of Miss Minnie M. Switzer, eldest daughter of the late Mr. P. Switzer and Mrs. Arthur B. McGill, of Lindsay.

The marriage of Miss Naomi Temple, daughter of Mr. and Mrs. Temple, to Mr. James Edward McMullen, will take place on Wednesday, January 24th.

The announcement is made of the marriage of Miss Grace Duggan, Toronto, to Miss Grayce Ballou, of Chicago, to take place December 27th in Chicago.

Incidents of the Day. Newsy Paragraphs Picked Up By Reporters on Their Roundups.

Police court today. B. W. Folger has returned from his business trip to Fort William.

Arthur Rontley, Toronto, was in town over Christmas, at his home, 115 James Street, Toronto.

Abbey Salt cures sick headache. It's fresh at Gibson's Red Cross Drug Store.

The Kingston rink was opened yesterday and was thronged all day. The skating was good.

F. J. Geoghegan returned this afternoon to North Bay, after spending Christmas at his home here.

P. L. O'Gorman, Scranton, Pa., is home for a week with his mother, 5 Victoria Terrace, Montreal street.

Mrs. John Givens, Centre street, sang in fine voice "The Holy Child" in the Church of the Good Thief on Monday evening.

The Wolfe Island council may be elected by acclamation. It is said that Thomas Fawcett may retire from the contest for reeve.

The office of the coroner was restricted to the royal family and its connections abroad, but was conferred upon the late Archbishop of Canterbury on the occasion of the coronation of King Edward.

Mr. Balfour's strange sounding honor of the Windsor uniform is a much coveted distinction. It consists of a double-breasted blue coat with a scarlet collar and cuffs and buttons bearing the royal crown.

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BOVRIL is a great thing for cold days—nourishing and strengthening while it cheers and comforts. A cup of BOVRIL will ward off cold. All the flavor, essence, nutriment and all that's food in prime beef is concentrated in BOVRIL.

MELCHERS RED CROSS CANADIAN GIN

Holiday Week BARGAINS. GIRLS' WINTER SKIRTS—Lengths 24 to 31, in Oxford and self-trimmed with tabs, buttons, raised seams and stitching, regular price \$2.25. This week for \$1.25.

HOLIDAY SPECIALS. Roman Chairs, \$4.50, in Silk. Children's Chairs, from 50c, up.

JAMES REID, Phone 147. SECOND-HAND STOVES HEATING AND COOK. We have about twenty of these. They have all been put through our repair shop, and are guaranteed in good order and perfect workers.

McKELVEY & BIRCH, 69 and 71 Brock Street, Kingston. PIG LEAD: For Immediate Shipment. THE CANADA METAL CO., Toronto, Ont.

FINANCE AND INSURANCE. G. A. BATEMAN Insurance Broker. ALL KINDS OF FIRE INSURANCE AT LOWEST RATES. District Agent Sun Life Assurance Company of Canada.

GRAND TRUNK RAILWAY SYSTEM. Christmas and New Year's Holidays 1905-1906. Return tickets will be issued at First Class SINGLE FARE.

KINGSTON & PEMBROKE RAILWAY. IN CONNECTION WITH CANADIAN PACIFIC RAILWAY. Christmas and New Years SINGLE FARE.

Bay of Quinte Railway. New short line for Tweed, Napawa, Deseronto, and all local points. Trains leave City Hall Depot at 9:25 p.m.

Q. S. S. COMPANY. BERMUDA Reached in 48 hours from New York by the new Twin Screw Steamship "Hermudian," 5,500 tons.

ALLAN LINE LIVERPOOL and LONDON. ROYAL MAIL STEAMERS. From St. John from Halifax.

STR. "ALETHA" Leaves Kingston daily except Sundays at 8 p.m., for Picton and intermediate Bay of Quinte Ports.

Clean, Honest COAL. That is the kind we sell—The kind you should burn if you want satisfaction here.

"THERE IS A TIME FOR ALL THINGS." Now, while prices are low, is the time to fill your coal bin with best quality SCRANTON COAL from P. Walsh's Yard BARRACK STREET.

UNIVERSAL MEAT CHOPPERS, Carvers in Sets, The New, Easy Washing Machine, Claus's Shears and Razors all guaranteed at Strachan's Hardware Store.

TAKE LOOK AT OUR NEW PERCOATS. SWELL IDEAS IN NEW FABRICATIONS.

to Clothe You Winter!

Men's, Boys or Children's in our Haberdashery or what we shall have the pleasure you are ready.

Boys' Suits, Boys' Reefers, Boys' Overcoats, Boys' Sweaters, Boys' Caps.

Suits at \$12.50, Suits at \$10 and \$12, at 75c, \$1 and \$1.25.

BIBBY CO. Wear Store.

THE INFANT DIED. The Mother and Daughter Were Badly Bounced.

Ah! How She Toiled. This week's story. A ladies' committee, desirous of collecting money for a good object, asked all its members to earn shillings.

High class comedy, McCookey's and Huxley's, only at Gibson's Red Cross Drug Store.

Have It In The House. There is nothing else you can have in your house worth so much that costs so little as a bottle of Smith's White Liniment.

Sixty choirs, containing over 1,000 voices, took part in the thirty-second annual festival at St. Paul's, London.

at the picture is the old Federal at New York, on the site of the building the continental congress hid the fact that a tablet was buried.