Malta-Vita

"The Perfect Food"

A perfect breakfast is impossible without it and it's just as good three times a day. It gives you real nourishment and renewed vitality. For Malta-Vita is rich in nutrition—every nutritive element of the best white wheat and finest barley malt extract. The malt extract, mixed with the flaked wheat, converts the starch of the wheat into maltose, or malt sugar, makes it easy for even the weakest stomach to digest and adds a pleasing taste which cannot be found in grain foods sweetened with sugar, glucose or syrups. Try Malta-Vita with cream or fruit. All grocers, now 10c.

TRAVELLING.

GRAND TRUNK RAILWAY SYSTEM

LOCAL BRANCH TIME TABLE
In Effect Oct. 8th, 1905.

Trains will leave and arrive at City Depot, Foot of Johnston street.

GOING WEST

	Lve. City	Arr. City
No. 5 Mail	12.45 a.m.	1.15 a.m
" 3 Express ...	2.26 a.m.	3.05 a.m.
" 11 Local	9.15 a.m.	9.47 a.m.
" 1 Intern'l Ltd	12.16 noon	12.46 p.m
" 7 Mail	3.19 p.m.	3.51 p.m.
" 15 Local	7.03 p.m.	7.38 p.m.

GOING EAST

	Lve. City	Arr. City
No. 8 Mail	1.48 a.m.	2.22 a.m.
" 2 Fast Exp.	2.26 a.m.	3.05 a.m.
" 16 Local	8.16 a.m.	8.47 a.m.
" 6 Mail	12.16 noon	12.46 p.m.
" 4 Fast Exp.	1.00 p.m.	1.29 p.m
" 12 Local	7.03 p.m.	7.38 p.m.

Nos. 1, 2, 3, and 4 run daily. Nos. 5 and 6 run daily except Monday. All other trains daily except Sunday.

Direct route to Toronto, Peterboro, Hamilton, Buffalo, London, Detroit, Chicago, Bay City, Saginaw, Montreal, Ottawa, Quebec, Portland, St. John, Halifax, Boston and New York.

For Pullman Accommodation, Tickets, and all other information, apply to J. P. HANLEY, Agent, Cor. Johnston and Ontario streets, Kingston, Ont.

KINGSTON & PEMBROKE RAILWAY

IN CONNECTION WITH CANADIAN PACIFIC RAILWAY.

TRAINS LEAVE KINGSTON :—

12:30 p.m.—Express, for Ottawa, Montreal, Quebec, St. John, N.B.; Halifax, Boston, Toronto, Chicago, Denver, Renfrew, Sault Ste. Marie, Duluth, St. Paul, Winnipeg, Vancouver, Seattle, Portland, and San Francisco.

5 p.m.—Local for Sharbot Lake connecting with C.P.R. east and west.

9:10 a.m.—Mixed, for Renfrew and intermediate points.

Passengers leaving Kingston at 12:30 p.m., arrive in Ottawa at 5:00 p.m.; Peterboro, 5:12 p.m.; Toronto, 7:30 p.m.; Boston, 7:30 a.m.; St. John, N.B., 11:55 a.m.

Full particulars at K. & P. and C. P. R. Ticket Office, Ontario Street.

F. CONWAY, Gen. Pass. Agent. F. A. FOLGER, JR., Gen. Supt.

Bay of Quinte Railway

New short line for Tweed, Napanee Deseronto, and all local points. Trains leave City Hall Depot at 3:25 p.m. F CONWAY, Agent B. Q. Ry., Kingston.

ALLAN LINE LIVERPOOL and LONDONDERRY ROYAL MAIL STEAMERS.

From St. John From Halifax.
Parisian, Sat., Nov. 25 ... Mon., Nov. 27.
Sicilian, Sat., Dec. 2 ..... Mon., Dec. 4.
Virginian, Christmas Steamer Dec. 11.
From St. John. From Halifax.
Tunisian, Sat., Dec. 16 .. Mon., Dec. 18.

HALIFAX TO LONDON AND HAVE.
Sarmatian ..... Sat., Dec. 9.

BOSTON TO GLASGOW.
Mongolian ..... Dec. 16.

J. P. HANLEY, Agent, G.T.R. City Passenger Depot. J. F. GILDERSLEEVE, Clarence Street.

Lake Ontario and Bay of Quinte Steamboat Co., Limited.

STR. "ALETHA"

Leaves Kingston daily except Sunday at 3 p.m., for Picton and intermediate Bay of Quinte Ports.

Full information from J. P. Hanley, J. F. Gildersleeve, Jas. Swift & Co., Agents.

E. E. HORSEY, Traffic Manager.

"THERE IS A TIME FOR ALL THINGS."

Now, while prices are low, is the time to fill your coal bin with best quality SCRANTON COAL from

P. Walsh's Yard
BARRACK STREET.

The Polish that won't wear off.
Sold Only at Strachan's Hardware

C. H. POWELL
CARPENTER AND JOBBER
103 Raglan Street.

HER OWN ORGAN.

She Runs the Paper and is Business Manager.

MRS. IRMA TILDEN.

San Francisco, Nov. 25.—Because none of the San Francisco papers would give space to her very individual thoughts, Mrs. Irma Tilden, a handsome young woman, started her own organ under the name of "Daily Sunset Herald." She is her own editor and also looks after the business end of the paper.

Quaint English Custom.

Among the lost customs of merry England is the milkmaids' procession, a May day observance. They borrowed a great quantity of silver plate—not sham plate, real gold plate—dishes, butter boats, cream jugs, tankards, etc. They built up the plate round an obelisk, crowning the whole with a tea urn. They arranged the most showy flowers between and about the silver. This obelisk was carried by two chairmen in gold laced hats and followed by a troop of milkmaids dressed in pink and blue gowns, "drawn through flat "Woffington hats" covered with ribbons. A fiddler went first in a sky blue coat and hat adorned with ribbons. The procession stopped before the "pocket holes," whatever that means, with high heeled shoes, mob caps, lappets of lace on their shoulders, nosegays in their bosoms and milkmaids danced.

A Decaying Church.

An artist was asked to paint a picture of a decaying church. Instead of putting on the canvas an old, tottering ruin, he painted a stately edifice, of modern grandeur. Back of the open portals could be seen the richly carved pulpit, the magnificent organ, and beautiful stained windows. Just inside of the grand entrance, guarded on either side by a "pillar of the church," in spotless apparel and glittering jewels, was an artistic shelf containing a plate of goodly workmanship for the offerings of the fashionable worshippers. Directly above the the plate, hung a simple, square box, bearing the legend, "Collection for Foreign Missions." But right over the slot through which contributions ought to have gone he had painted a huge cobweb. The church that has not missionary life is dead, though not conscious of it.

Celebrating First Jew Settlement.

New York, Nov. 25.—The Jews in all parts of the United States began today, the celebration of 250th anniversary of the first Jewish settlement in this country. Wherever there are Jewish committees this memorable day will be celebrated in an appropriate manner, by religious services in the synagogues and public meetings, in which prominent Jews will review the history of the Jewish race in the United States and speak of the importance of that memorable day in the history of the race.

Must Have Another Form.

New York, Nov. 25.—There seems to be little doubt that there will be a sharp and decisive campaign against the present form of ballot, and that the legislature will order another form to be used. The present ballot would seem to have been conceived for the sole purpose of putting in the honest citizen's vote at risk, not only but also putting all possible obstacles in the way of his casting his ballot properly. It is the most absurd ballot that has ever been used by voters anywhere.

In borrowing money, my friend,
The fact often strikes me as funny.
That the people most willing to lend
Are the people who haven't the money.

If you forget to be affectionate with a woman she will be mad with you so you will have to kiss her to make it up.—New York Press.

BROADBRIM'S

Letter From Greater New York.

WAS TALL THEIVING

AMONGST THE BIG LIFE INSURANCE MEN.

Nemesis Hughes Making Them Disgorge Their Illgotten Gains—The Great Horse Show Called Out the Four Hundred.

Special Correspondence Letter, No. 1,489

New York, Nov. 24.—The life insurance investigation which has been progressing during the past week, as reported in extensio, by the daily press has not been pleasant reading. Men who for years have occupied the highest places of honor and trust that it was in the power of an over confiding people to bestow have come out of the ordeal with reputations clouded and smirched, and with characters very little above the moral ethics of a common thief.

Two men were in evidence this week who have occupied positons of the most important public trust. They had accumulated colossal fortunes and were rated in the temples of finance as among the most unquestioned of our multi-millionaires, yet upon a simple question of fact, not involving a large amount of money, each of these financial giants sat in the witness box, and committed as rank perjury as ever sent a burglar or highway robber to state's prison. From out the chaos of crime, gloom and sin, come visions of rare and golden promise, as long as an independent and fearless press holds the tribune entrenched and screne defending the rights of the people. There is a never failing hope, even in the darkest and most trying hours that as long as one avenging Nemesis like Charles E. Hughes remains alive this world of ours will not be such a bad place to live in, but, good or bad, it is the only one of which we have any present knowledge; statistics,, I think, will warrant me in asserting that there are more averagely decent people on the globe, than there are roughs, toughs and criminals; the man who is too weak to do his own fighting can generally find a champion to fight his battles, and he need not fear annihilation no matter how strenuous the power against him as long as the earth holds a majority of "God and one." A distressing and shameful feature of these life insurance investigations has been the utter absence of anything like conscience among these pious robbers when Nemesis Hughes compells them to make restitution of their ill-gotten gains; one disgorges a hundred thousand dollars, another financial scoundrel planks down a quarter of a million, and it now looks as if life insurance thievery would scarcely reach the high water mark till some conscience-seared life insurance sinner, appalled at his own villainy shall add a million dollars or more to the glittering pile of stolen loot, exclaiming in the agony of his soul, like the first murderer, "Almighty God forgive me, my punishment is more than I can bear." If the money which was paid back to the conscience fund by any of the life insurance criminals was honestly theirs they should have kept it and no power on earth could have justly deprived them of it, and any party who compelled them to give up that which was rightly theirs by preying on their fears with threats of exposure and prosecution, would have landed in state's prison instead of the victims they were endeavoring to destroy.

It is with a feeling of supreme satisfaction and relief that I turn from our criminal courts with their dark records of shame and sin, to the horse show, where the gilded sons and daughters of fashion have held high carnival during the week just passed. It was a grand exhibition, and for once, the carpers and critics were compelled to hide their claws and the horse show of 1905 was greeted by all our great journals with whole columns of unstricted praise; there was no claptrap or nonsense about it, from beginning to end it was conducted on plain business principles and wherever the blue ribbons fell or the gold and silver medals were awarded, in every instance they were the mead of just deserts.

The visit of Prince Battenburg to the horse show was one of the great events of the week and although it was not set down in the programme of marked entertainments, it was, nevertheless one of dazzling splendor and a scene that will not soon be forgotten by those who were present to enjoy it. There is no denying it, the annual horse exhibition is one of society's choicest and most treasured lads. The leading ladies of the association have adopted a special dress or uniform, which, while not exactly horsey in its character, is unlike any of their other costumes. On the prince's visit the "four hundred" turned out in full force, the army, the navy and the diplomatic corps had each a marked representation and the army of beautiful women was second to none of the grand functions given so far this holiday season. The reason for this preference is plain; the horse is the aristocrat of the animal creation, representing pure blue blood and pedigree as it is represented by no other creature among the living or the dead. He is man's natural and inseparable companion, one of the truest, best and most constant of his animal friends.

The fair of this year has been the most successful in the history of the association; financially and socially, and in its personal it left nothing to be desired; at no time was favoritism seen in the rendering of the awards; a very gratifying feature was the large representation of ladies on the different committees and the entries made by them were among the very best stock in the exhibition. The day of judgment for the horse as man's useful aid and companion has not yet come. You may multiply your automobile which sweeps over the ground at the brake-neck rate of sixty, seventy or perhaps one hundred miles an hour, but when the last automobile in a desperate trial of speed shall have dashed out whatever brains remain in a future generation, the horse will still remain with unshaken hold on our affections even though perfected balloons should be realized in aerial locomotion.

Trouble multiplies in Europe and Asia and not only is Russia in desperate straits but Turkey finds its rule in peril when the united fleets of Europe may be thundering on Constantinople. Fresh stories of Jewish massacre horrify the hearts of the civilized world and not only the Jews in the United States but also those of England, France and Germany have poured forth their wealth to assist the Jewish population of Russia in escaping the murderous mobs; it looks as if the only real and permanent benefit to those who are now in such deadly peril will be to escape from the government which holds forth no help to them here or hereafter.

It is impossible at the present time to cast a horoscope for Russia; if the army is united in defence of the czar it will be a murderous menace to the people; the strikers represent several hundred thousand which are hopelessly divided as to how to win their demands; there is an immense body of anarchists who want no law whatever, whose hope of existence is in riot and carnage; they may be shot down by thousands by the murderous Cossacks or sabred till the streets are flowing with their blood, but they cannot be annihilated, and their plots are a constant fear. Poland is ripe for rebellion but she fears the intervention of William of Germany, whom she hates with a greater detestation than she feels for her Austrian conquerors. One of the most vital questions at the present time is finance. Money will not be loaned where there is no positive security, and this Russia, at the present moment, is not prepared to give. Prime Minister Witte, who figured so conspicuously in the Portsmouth peace conference, has now been granted almost dictatorial power; the army hates him, the ancient aristocracy detests him, and the tenure which he holds may be ended at any moment. The United States can do nothing but watch and wait, and out of the trouble there is no hope or guide, but in Him who marketh the sparrow's fall and who holdeth the sea in the hollow of His hand.

—BROADBRIM.

SUE SMITH.

Employed as a saleswoman by a Brooklyn florist, has been offered a munificent salary to sing on the Vaudeville stage and made a decided hit upon her first appearance. She has a fine voice and it was the latter which attracted the attention of a theatrical manager, who bought a bouquet in the florist's shop, where Miss Smith was employed.

A Miniature Parish.

The death of Rev. Bartholomew Blenkiron, for sixty-two years vicar of Coates Parva, in the diocese of Lincoln, England, occurred October 27th. The living was worth $370 a year gross, the population of the parish being sixty, and the church accommodating fifty-eight.

Had Enough.

"Have you ever read 'Our Mutual Friend?'"

"No," thundered the irascible citizen, "nor do I propose to. I have no desire to read anything further about any life insurance people."

COD LIVER OIL.

It almost makes you sick to think of it, but it isn't nearly as bad as it used to be. The improved method of refining it makes it much easier to take, and when made into Scott's Emulsion almost every one can take it. Most children like it and all children that are not robust are benefited by it. When the doctor says "Take cod liver oil," he generally means Scott's Emulsion; ask him if he doesn't. They know it is more easily-digested and better than the plain oil.

SCOTT & BOWNE, Toronto, Ont.

"Red Feather" Tea

Quoth Jack Canuck, "I proud to be
Behind this here Red Feather Tea;
So rich and fragrant in the cup,
So free from dust, so well put up,
It holds Dominion over me,
And always will, I'll guaran-tea.

A Treat from Ceylon

One Price—40 Cents.

Write for Sample—Red Feather Tea Co., Toronto.

SOUVENIR RANGES

Once the fire is started in the fire box, it will keep going with very little attention

The SOUVENIR RANGE is so simple in construction that there is no uncertainty as to how it will act during cooking time

USED IN THOUSANDS OF CANADIAN HOMES

You LIGHT THE FIRE
We DO THE REST

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Our personal guarantee as well as that of the makers goes with every stove. Call and see the Souvenir Ranges.

S. J. HORSEY, Kingston, Ontario.

THE PICK OF CANADA'S ENORMOUS WHEAT CROP IS BY SPECIAL PROCESS CONVERTED INTO THE MOST PALATABLE OF BREAKFAST CEREALS

ORANGE MEAT

BY THIS PROCESS EVERY LIFE-GIVING ELEMENT OF THE GRAIN IS UTILIZED ORANGE MEAT NOURISHES THE INVALID AND KEEPS IN GOOD TRIM STRONG MINDS AND BODIES EASILY DIGESTED

LOOK FOR THE NEW PREMIUMS. COUPONS IN EVERY 15c. PACKAGE.

THE FRONTENAC CEREAL CO. LIMITED, KINGSTON, ONT.

THE UPS AND DOWNS

Of An Elevator Boy's Life—One Boy's Success.

New York, Nov. 25.—There are many up and downs, to be sure, in an elevator boy's life, but sometimes he strikes it rich. Joseph Goss was above the common sort, as he was educated for the priesthood in Ireland, but found it expedient to come to this country to earn his living as an elevator boy in the Waldorf-Astoria Hotel. As most elevator boys, and some other boys, do, he fell in love with pretty May Reifly, who also was in the employ of the Astoria, having been a checker in the Hotel Sstor. When they came to marry, Joe's pockets were bulging with gifts that patrons of the hotel showered upon him. John F. Gates carried two hundred shares of Rock Island stock for him, and Charles M. Schwab agreed to carry twenty-five shares of any stock he cared to buy. He had two gold watches and one silver one to tell him the time set for the ceremony, with orders for almost every conceivable thing, besides gold, silver, currency and cheques. The young couple numbered among their personal friends titled men and millionaires from all parts of the world.

Bishop Gailor, of Tennessee, has spoken out to his people strongly on divorce and the purity of the home. Bishop Potter has condemned the book, "What God Hath (Not) Joined," by Orr Kenyon, on this subject.

Cured of Drunkenness

How a Montreal lady cured her husband of drunkenness with a secret home remedy.

"I want to tell you that tasteless Samaria Prescription has entirely cured my husband of drunkenness so quickly and simply that I am astonished. How glad I am that I confided in you and wrote for your free sample package. The sample tablets I got from you checked his drinking, and before I had used the full treatment he was permanently cured. I gave him the remedy in his tea, and as it had no taste or smell, he never knew he was taking it. I want others to know; so you can use this letter, but please not my name yet. I may say that my husband's health is better in every way than for years."

Free Package and pamphlet giving full particulars, testimonials and price sent in plain sealed envelope. Correspondence sacredly confidential. Address THE SAMARIA REMEDY CO., 15 Jordan Chambers, Jordan St., Toronto, Canada.

Also for sale, by Henry Wade.

KEEP HIM AWAY

Do not let King Frost worry you this winter. Get a FAMOUS HEATER

And keep him away. It is the most powerful and economical heater on the market. It has two air flues on it, which takes the cold air from the floor and distributes it heated around the house through the top of the stove.

Call and let us explain this heater to you.

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GOLD MEDAL and other awards of its purity guarantee the quality to be the best. When ordering ask for LABATT'S.

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