Malta-Vita

"The Perfect Food"

Now 10c.

Couldn't be made better—there's none "just as good," there isn't a better food.

Simply delicious. The grocer offering a food "just as good" as Malta-Vita has little respect for your judgment or health.

MONEY AND BUSINESS.

LIVERPOOL, LONDON AND GLOBE Fire Insurance Company. Available assets $61,187,518. In addition to which the policy holders have for security the unlimited liability of all the stockholders. Farm and city property insured at lowest possible rates. Before renewing old or giving new business get rates from Strange & Strange, Agents.

OUR POLICIES COVER MORE ON buildings and contents than any other company offers. Examine them at Godwin's Insurance Emporium, Market Square

See Window Display

THIS WEEK

.. OF ..

Fancy Parlor Furniture, the most artistic designs.

Fancy Mahogany Chairs and Rockers, upholstered in all shades, silks.

Fancy Mahogany Oval or Square Parlor Tables.

Fancy Parlor and China Cabinets, also Fancy Couches, Rug and Velour Parlor Sets.

Reduced Prices This Week at

JAMES REID'S

The Leading Undertaker.

The Polish that won't wear off.

Sold Only at Strachan's Hardware

EMBOSSING Crests and Headings for Paper and Envelopes

ENGRAVING Calling Cards and Letter Heads

Besides all classes of Letter Press Printing from a card to a volume.

THE WHIG, Kingston

"THERE IS A TIME FOR ALL THINGS."

Now, while prices are low, is the time to fill your coal bin with best quality SCRANTON COAL from

P. Walsh's Yard

BARRACK STREET.

Clean, Honest COAL

That is the kind we sell—The kind you should burn if you want a satisfaction fire.

We are filling orders now for winter supplies. Have you ordered yours yet? 'Phone No. 188.

BOOTH & CO.

C. H. POWELL

CARPENTER AND JOBBER,

130 Raglan Street.

DIGESTION AND TEMPER

AN EVEN TEMPER IS LARGELY A MATTER OF GOOD DIGESTION.

ORANGE MEAT

IS A BREAKFAST FOOD THAT IS EASILY DIGESTED AND UNLIKE MANY BREAKFAST FOODS IS PLEASANT TO THE TASTE.

"ALL THE MEAT THAT'S IN THE WHEAT"

IT IS JUST THE FOOD FOR GROWING SCHOOL-CHILDREN AND OTHERS WHOSE WORK ENTAILS BODILY AND MENTAL EXERTION.

INVALIDS ASK FOR IT.

HEALTHY PEOPLE INSIST ON HAVING IT.

LOOK FOR THE NEW PREMIUMS COUPONS IN EVERY 1/4 PACKAGE.

THE FRONTENAC CEREAL CO. LIMITED KINGSTON ONT.

CARTER'S LITTLE LIVER PILLS.

CURE

Sick Headache and relieve all the troubles incident to a bilious state of the system, such as Dizziness, Nausea, Drowsiness, Distress after eating, Pain in the Side, &c. While their most remarkable success has been shown in curing

SICK

Headache, yet Carter's Little Liver Pills are equally valuable in Constipation, curing and preventing this annoying complaint, while they also correct all disorders of the stomach, stimulate the liver and regulate the bowels. Even if they only cured

HEAD

Ache they would be almost priceless to those who suffer from this distressing complaint; but fortunately their goodness does not end here, and those who once try them will find these little pills valuable in so many ways that they will not be willing to do without them. But after all, sick head

ACHE

is the bane of so many lives that here is where we make our great boast. Our pills cure it while others do not.

Carter's Little Liver Pills are very small and very easy to take. One or two pills make a dose. They are strictly vegetable and do not gripe or purge, but by their gentle action please all who use them. In vials at 25 cents; five for $1. Sold by druggists everywhere, or sent by mail.

CARTER MEDICINE CO., New York.

Small Pill. Small Dose. Small Price.

AN UNSIGHTLY BLEMISH

Of any kind—Moles, Warts, Ruptured Veins, Birthmarks—causes extreme annoyance to a sensitive woman, but no disfigurement on the face is so troublesome or annoying as

SUPERFLUOUS HAIR

We make a specialty of this work for nearly fourteen years and guarantee satisfaction in every case. Electrolysis is positively the only cure—our method is superior to others. If afflicted don't use depilatories, but come during the summer and have our reliable operators treat you and avoid scars and pain.

PIMPLES AND BLOTCHES

unless given attention leave behind a coarse and scarred complexion. We have a home treatment that never fails to cure. Write for full information and booklet "E."

GRAHAM DERMATOLOGICAL INSTITUTE

608 Church St., Toronto Estab. 1892

BIG G CURES in 1 to 5 days. Guaranteed not to stricture. Prevents Contagion. EVANS CHEMICAL CO. CINCINNATI, O. U.S.A.

MEN AND WOMEN

Use Big G for unnatural discharges, inflammations, irritations or ulcerations of mucous membranes. Painless, and not astringent or poisonous. Sold by Druggists, or sent in plain wrapper, by express, prepaid, for $1.00, or 3 bottles $2.75. Circular sent on request.

Try Myers' for Fine COOKED MEATS.

THE STAFF OF LIFE

IS FITTING NAME FOR HARD BREAD OF SWEDEN.

Seen in Every Cottage Suspended From Poles—With Sour Milk and Dried Fish it is Nation's Daily Food.

The Cleveland Leader.

Hard bread, or "hardt brod," is truly the staff of life in Sweden. Without it no meal would be complete. With sour milk and dried fish, it forms the daily food of the peasants, while those who can afford the white bread and rich cakes and pastries still call for the hard bread of their forefathers.

In every cottage and farmhouse in Sweden may be seen a long pole stretching across the kitchen near the fireplace and suspended from the ceiling by ropes hung from two large hooks. This pole is weighted down by what looks like thin wooden wheels, but which are really "loaves" of bread, which are thus kept dry and brittle from the large fireplace.

The Swedes are extremely neat about their kitchens. The floor is kept scoured and sanded. The family washing is done in a separate room or building; never in the kitchen. The fireplace, when cooking is going on, is covered by a smoke apron which lets no smoke or odor escape into the room. The freshness and neatness of the peasant kitchen makes even the hard bread appetizing.

The bread is made by a very simple recipe. Rye flour and water and yeast—these are the only necessary ingredients and anise seed.

The dough is made very stiff and rolled out like piecrust, not more than a quarter of an inch thick. It is then cut into large circles, about twice the size of an ordinary pie "tin." A hole is cut in the middle of each circle with—what do you think?—part of a cow's horn!

The bread bakes quickly, but as the usual oven does not hold more than five or six loaves, and dozens of loaves must be baked at one "sitting," baking day sometimes lasts through two or three calendar days.

The Goose That Flew.

Philadelphia Record.

Representative Smith, of Pennsylvania, was recently in one of the departments at Washington "looking after" one of his constituents. "I wrote you a letter," said the representative, "and I am reminded of what happened in my state from a letter of introduction.

"A rich old farmer who lived near Philadelphia got tangled up in a money matter with one of his neighbors. Mr. Alston, for that was his name, sought an attorney, who gave him a letter of introduction to a brother lawyer in Philadelphia, at which place it was necessary to enter suit. The letter was delivered to the lawyer, and while he was reading it he was called out of the room, leaving the letter on his desk. Mr. Alston let curiosity get the best of him and picked the letter up and read it. The letter closed, 'Mr. Alston is a fat goose; pluck him heavy.

"That was enough for the rich old farmer, and seizing a pen, he wrote: "'P. S.—The goose has flown, feathers and all.'

"It took him about three seconds to amble down the stairs and into the street, and he has not had anything to do with lawyers from that day to this, preferring to pluck his own geese."

Hinchinbrooke Council.

Parham, Oct. 21.—Members all present. On motion of Jeffrey-Hamilton, $50 was granted to repair a road across a swamp west of F. Vanvolkenburgh's, the road to be raised on a level with the bridge, Councillor Duffy to inspect the work when done, and report. On motion, Duffy-Dwire, the caretakers of Parham cemetery not to allow wooden railings put up or trees planted without permission from caretakers. Voted for work on roads: T. Reynolds, $3.25, A. Reynolds 50c., F. Moore $5, James Jeffrey $3, O. R. Clow $2, G. A. Smith $10, A. Kinahon, $3, J. McMahon $7, A. Kinahon $1.50, H. Riley $3.50, W. Kennedy $1, C. B. Godfrey $11, R. A. Hamilton $11, D. J. Howes $10, J. Moran $8, William Swerbrick $2.50, R. Hamilton $5, William Cousins $4.75, F. Haddock 50c., E. Cox $2; Thomas Howes $2; Joseph Jeffrey, on south boundary $51.56. Resolved that no action be taken on bill of J. Hamilton for timber cut by J. Gordon. Adjourned to meet at Piccadilly on October 9th.

Girl Didn't Count.

This tale comes from New Caledonia where a ship was loading up with natives to work in Australia: "There was a man and a girl, a young couple, they seemed. She had a youngster that began yelling at the sight of a boat. 'Can't take that youngster!' the boss shouted. The woman said she wanted to come, too. 'No, we can't ship the squealing little beast. Leave him with his auntie.' There was no auntie in sight. So the Kanaka man, after taking a look around, caught the kiddie by the heels, and dashed her head against a tree. 'She was only a girl anyway,' he said, and slung the body into the scrub. Then both hopped into the boat and were shipped aboard."

Mercantile News.

Philadelphia Record.

Newspapers exist because there is a universal demand for news.

Advertising exists for a like reason.

Aside from the question of income, a newspaper could no more get along without advertising than it could without reports of current events.

To cut out the sporting news, or the telegraphic news, or even the local news, would make less serious inroads on a paper's circulation than to cut out advertising.

Consumers want to know what's on the market, and they read the newspapers to find out. Merchants who refuse to enlighten them get little of their trade.

Estimations on hot air, or hot water heating kindly given at Yellow Hardware Store.

Bathers at borough private baths in London, Eng., last year numbered 3,104,383; at the swimming baths, 2,568,302.

SILENCE OF UPPER AIR.

Awesome Feature of Voyage in Balloon.

The recent balloon voyage of two Englishmen in Vivienne III., when they won a race in the air from Liege, Belgium, was one of the highest on record. "It was dry when we started," said one of the aeronauts, "but when we had reached 3,000 feet rain fell heavily sounding like a rattle of ballets on the case of the balloon. At 9,000 feet we got above the clouds and out of the rain. Here the velocity of the wind was much greater, and the higher we ascended the greater was the wind force, until at our highest point—three miles which was reached after the sacrifice of a great deal of ballast—it was blowing nearly fifty miles an hour. The effect of the clouds below as we ascended in the brilliant sunshine was marvellous. They stretched as far as the eye could see a striking panorama of snow-white billows. Far above, us again, was another stratum of clouds, of soft, fleecy appearance."

As the balloon passed from one fierce current of wind into the opposite, the shock was such that the balloon swayed violently, and it seemed as though the car must be overturned. "As we were rushing along, the silence was intense," continued Mr. Spencer, "but as we passed over the iron works districts of Belgium and Germany we could distinctly hear the peculiar roar of the blast furnaces, and the clanging of the steam hammers, although we were three miles above them. For the first time in the history of ballooning, we were able to enjoy hot food and drinks on this trip. We took up tins of prepared coffee, soups and meats, which by a chemical preparation in tins, can be heated simply by admitting the air through holes made in an outer case."

SUBMARINE IN THE NETS.

Towed a Five-Ton Fishing Boat Backwards.

London, Oct. 24.—An extraordinary tale of the sea has just come to light. A five-ton boat recently put out from Brixham, in Devonshire, and the captain lowered his trawl net of eight feet beam.

Soon, with the wind behind him, he was making a steady course, when suddenly the boat stopped, the sails flapped and before the amazed captain could realize what was happening the boat began to move astern at a good pace.

Utterly at a loss to comprehend the reason for this extraordinary turn of events, and thinking he had caught a whale, which might possibly drag the boat under water, he rushed aft and cut the rope. At once the boat stopped, and the captain put about to see what would happen. In a few moments the dark, slimy back of a sea monster appeared above the surface.

A submarine which was manoeuvring in the bay had become entangled in his trawl. The crew of the submarine gravely returned the captain his trawl, and with mutual apologies and much laughter the incident was closed.

LEAVES NAPANEE.

A Courteous Bank Manager Goes to Toronto.

Napanee, Oct. 25.—Thomas S. Hill, manager of the Dominion Bank, leaves to-day for Toronto. Mr. Hill was a courteous manager and made many warm friends while in Napanee. Both he and Mrs. Hill will be much missed in society circles.

Miss Florence M. Henry carried off a scholarship at the recent examinations at the Conservatory of Music, Toronto, where she was studying.

M. O. Fraser arrived home from Methven, Man., where he spent the past three months. J. S. Ross and daughter, Miss M. J. Ross, returned last week from a six weeks' trip to the west, visiting Winnipeg, Regina, Moosejaw, Vancouver and Victoria, thoroughly enjoying the trip.

A Guaranteed Cure For Piles.

Itching, blind, bleeding, protruding, piles. Druggists are authorized to refund money if Pazo Ointment fails to cure in 6 to 14 days. 50c.

Bantam chickens came from Bantam, a town in Japan.

Free Gifts of Toilet Soaps

Use SUNLIGHT SOAP and SAVE THE COUPONS.

The Coupons are the same as cash because they can be exchanged for Toilet Soaps for which you have to pay out money every week.

Users of SUNLIGHT and CHEERFUL SOAPS can get their TOILET SOAPS for nothing.

Ask your grocer for particulars or write us for Premium List.

A gift is of little value if it consists of something you have no use for.

In exchange for Sunlight Soap Coupons you can get something you need and use every day.

LEVER BROTHERS LIMITED, TORONTO, CANADA.

"INVICTUS"

SEE THAT "DRY SOX" IS ON THE SHANK

SHOES

KEEP YOUR FEET DRY

FOR SALE BY W. A. SAWYER, Princess St.

NEWBURGH'S PRIDE

In the New Postmaster-General Great.

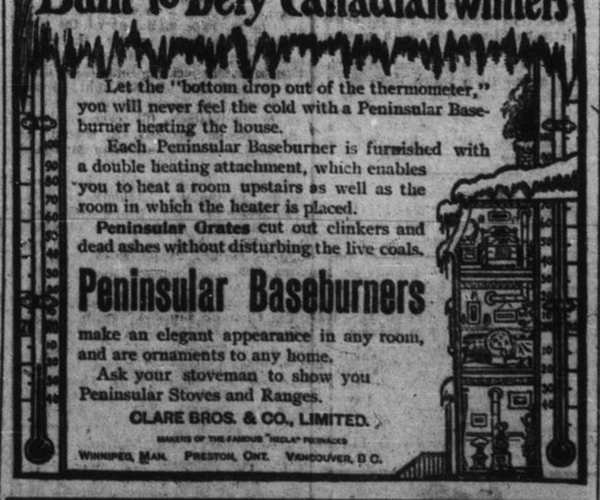
Newburgh, Oct. 24.—The annual union thanksgiving service will be held in the Presbyterian church on Thursday, at 10:30 a.m. Rev. J. F. Mears will preach. Rev. Mr. Down, of the bay circuit, will preach in the Methodist church on Sunday evening. The heavy rains on Wednesday prevented the Napanee and Newburgh teams from playing football last week.

Newburgh is proud that one of her sons has been made postmaster-general, and the career of the new minister will be watched with interest by his many friends in his native village. Mrs. C. Hilton, Finkle entertained on Wednesday afternoon. Guests were present from Yarker, Camden East, Napanee and Newburgh. Mrs. Ernest Gandier received at the home of Rev. J. Gandier on Tuesday and Wednesday last. Miss Clara Shorey is visiting her brother, J. E. Shorey, Canifton. Mrs. Sharpe entertained the choir of the Methodist church on Saturday evening. Mr. Kenney, Napanee, is loading cattle here to-day.

King Oscar Of Regal Mien.

King Oscar of Sweden is a tall, broad-shouldered man with a head of the leonine type. But although of regal appearance he is of comparatively humble descent, being the grandson of Bernadotte, Nepoleon's famous general, who was born a peasant. The king has been a frequent contributor of essays and poems to the Swedish magazines.

Built to Defy Canadian Winters



Let the "bottom drop out of the thermometer," you will never feel the cold with a Peninsular Baseburner heating the house.

Each Peninsular Baseburner is furnished with a double heating attachment, which enables you to heat a room upstairs as well as the room in which the heater is placed.

Peninsular Grates cut out clinkers and dead ashes without disturbing the live coals.

Peninsular Baseburners

make an elegant appearance in any room, and are ornaments to any home.

Ask your stoveman to show you Peninsular Stoves and Ranges.

CLARE BROS. & CO., LIMITED.

MAKERS OF THE FAMOUS "HECLA" FURNACES

WINNIPEG, MAN. PRESTON, ONT. VANCOUVER, B.C.

NOTHING FINER THAN

GANONG'S G. B. CHOCOLATES

ALWAYS FRESH.

100 boxes just arrived for Thanksgiving.

A. J. REES, Princess St.

FALL CARPETS!

Buying Time Almost Here

And the dollars that have been saved for NEW CARPETS will go far if spent here. New and choice designs in Hemp, Union, All-wool and Tapestry.

Tapestry Carpets—30c., 35c., 40c., 50c., 55c., 60c., 65c., 75c. yard.

Tapestry Stair Carpets—45c., 50c., 60c., 75c. yard.

Union and All Wool Carpets—35c., 40c., 45c., 50c., 60c., 75c., $1 yard.

Hemp Carpets and Stair—10c., 12½c., 15c., 20c., 25c. yard.

Tapestry Floor Rugs—3x3, 3x3½, x4, new patterns.

Stair Oil Cloth—10c., 12½c., 15c., 17c., 20c., 25c. yard.

Floor Oilcloth and Linoleum—25c., 35c., 40c., 45c., 50c., 60c., $1 yard.

Floor Matting from China and Japan, in many prices.

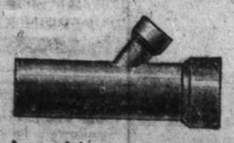
Tapestry Carpets Sewn Without Charge.

Inspect our stock. We are sure to please.

Discount Coupons on All Cash Sales.

CRUMLEY BROS.

Drain Pipes



We have arriving this week a car of Drain Pipes.

Sixes, 4, 6 and 9 in.

Special Prices for Delivery Direct From the Car

McKelvey & Birch,

69 and 71 Brock Street.

Labatt's London Ale and Porter

Are universal favorites. Unlike the majority of beverages, they are ABSOLUTELY FREE from carbonic acid gas, being made from the purest of Malt and Hops. They are positively guaranteed. Just what you need, and a trial will prove it

JAS. McPARLAND, AGENT.

339 and 341 King St.

'Phone 274.