Ask yourself if Stomach, Liver and Bowels are in their best condition for the long winter. If not, you know what will put them right—and keep them right. A morning glass of

Abbey's Effervescent Salt

50c and 60c a bottle. At druggists everywhere

: Tonic :.
Hypophosphites

With the cold weather fast approaching, one needs to be prepared to withstand the chilling temperature. A person with plenty of good rich blood does not feel the cold like the one with thin, watery blood.

Prepare yourself now. There is nothing better to make new blood than

COMPOUND SYRUP OF HYPOPHOSPHITES.

We sell it in large pint bottles at

75 Cents.

Procure a bottle at once and be comfortable when the cold weather comes.

The Best Drug Store
W. L. T. BEST, Chemist and Optician
4 Princess Street. 'Phone 59.

TIME FOR WARMER CLOTHING!

Wool Toques, in White, Black, Navy, Cardinal and Fancy Colors, 25c, 35c. each.

Wool Gloves for chilly fingers, in self-colors or fancy designs, 15c. per pair and up.

Navy Wool Ribbed Hose, for Girls and Boys, all sizes, beginning at 15c. a pair and up.

A assortment of Underwear for Girls, in Fine Elastic Ribbed, Union and All-Wool, all sizes, and at very low prices.

Lined Union and Scotch Lambs Wool for Boys, the correct makes, in all sizes, 20c. up.

White Bear Skin Coats for "Wee Ladies," very warm and cosy, and at the same time durable. See our prices before buying and you'll be surprised at their littleness.

A large number of pairs of "King Edward" Blankets that have left the store lately proves conclusively that our values are the best in the city. Come and see.

New New Coats are Smart New York Patterns, to be seen here only.

Newman & Shaw

SWIFT'S SCRAN N COAL

MORE SOLD EVERY YEAR.

IS IT'S OWN SALESMAN

JAMES SWIFT & CO.

Mr. and Mrs. C. Bermingham are at Virginia Hot Springs for the benefit of Mrs. Bermingham's health.

TRAVELLING.

GRAND TRUNK RAILWAY SYSTEM

Thanksgiving Day
Thursday, Oct. 26th, 1905.

Round trip tickets will be sold to all points in Canada at SINGLE FIRST-CLASS FARE, On Wednesday and Thursday, Oct. 25th, and 26th, 1905. Valid returning from destination on or before Monday, Oct. 30th, 1905.

WESTERN EXCURSIONS, $46.30

Vancouver, Victoria, Seattle, Tacoma, Portland, Ore, second class from Kingston. Lower rates to several other points. Tickets on sale from Sept. 15th to Oct. 31st, 1905.

HUNTERS' RATES, SINGLE FARE

To points in Temagami on T. & N. O. Ry., to points Mattawa to Port Arthur and Sault Ste. Marie inclusive, via North Bay. Good going Oct. 10th, to Nov. 7th.

To Muskoka Lakes, Midland, Lake of Bays, Penetang, Magnetewan River, Lakefield, All Stations Aryle to Coboconk, Lindsay to Haliburton, Severn, North Bay, Points on N. N. Co. (Georgian Bay and Mackinaw Division). Good Going Oct. 26th to Nov. 7th.

All tickets valid returning until December 9th.

For further particulars, tickets and all other information apply to J. P. HANLEY, City Passenger Agent.

KINGSTON & PEMBROKE RAILWAY

IN CONNECTION WITH CANADIAN PACIFIC RAILWAY.

SINGLE FARE
—FOR—
THANKSGIVING DAY

Good going October 25th and 26th. Returning until October 30th.

$46.30
—TO—

Vancouver, Victoria, Seattle, Tacoma, Portland

Tickets on sale until Oct. 31st, 1905
SECOND CLASS FROM KINGSTON.

Very Low Rates to many other Western Points.

Full particulars at K. & P. and C. P. R. Ticket Office, Ontario Street.

F. CONWAY, Gen. Pass. Agent. F. A. FOLGER, JR. Gen. Supt.

Bay of Quinte Railway

New short line for Tweed, Napanee Deseronto, and all local points. Trains leave City Hall Depot at 3:25 p.m. F CONWAY, Agent B. Q. Ry., Kingston

Lake Ontario and Bay of Quinte Steamboat Co., Limited.

STR. "ALETHA"

Leaves Kingston daily except Sunday at 3 p.m., for Picton and intermediate Bay of Quinte Ports.

Full information from J. P. Hanley, J. P. Gildersleeve, Jas. Swift & Co., Agents.

E. B. HORSEY, Traffic Manager.

ALLAN LINE LIVERPOOL and LONDONDERRY
ROYAL MAIL STEAMERS.

From Montreal. From Quebec.
Tunisian, Fri., Oct. 20, 5 a.m. 20, 6 p.m.
Parisian, Fri., Oct. 27, 5 a.m. 27, 12 p.m.
Bavarian, Fri., Nov. 3, 6 a.m. 3, 6 p.m.
Virginian, Fri., Nov. 10, 6 a.m. 10, 11 p.m.

MONTREAL TO GLASGOW, DIRECT.
Sicilian ..... Thurs., Oct. 26, (daylight).

MONTREAL TO LONDON.
Sarmatian, Oct. 28. Pomeranian, Nov. 11
J. P. HANLEY, Agent, G.T.R. City Passenger Depot. J. P. GILDERSLEEVE, Clarence Street.

ARCHITECTS.

WM. NEWLANDS, ARCHITECT, Office, second floor over Mahood's drug store, corner Princess and Bagot streets. Entrance on Bagot street. Telephone 608.

ARTHUR ELLIS ARCHITECT, Office site of New Drill Hall, near corner of Queen and Montreal Streets.

POWER & SON ARCHITECT, Merchant's Bank Building, corner Brock and Wellington streets. 'Phone 212.

HENRY P. SMITH, ARCHITECT, etc., Anchor Building, Market Square. 'Phone, 345.

MONEY AND BUSINESS.

LIVERPOOL, LONDON AND GLOBE Fire Insurance Company. Available assets $61,187,215 in addition to which the policy holders have for security the unlimited liability of all the stockholders. Farm and city property insured at lowest possible rates. Before renewing old or giving new business get rates from Strange & Strange, Agents.

YOUR POLICIES COVER MORE ON buildings and contents than any other company offers. Examine them at Godwin's Insurance Emporium, Market Square

"THERE IS A TIME FOR ALL THINGS."

Now, while prices are low, is the time to fill your coal bin with best quality SCRANTON COAL from

P. Walsh's Yard
BARRACK STREET.

Clean, Honest COAL

That is the kind we sell—The kind you should burn if you want a satisfaction fire.

We are filling orders now for winter supplies. Have you ordered yours yet? 'Phone No. 133.

BOOTH & CO.

Try Myers' for Fine COOKED MEATS.

It Makes Your Mouth Water

Appetizer, Bracer and Digestive That's

Armour's Extract of Beef

It's Highly Concentrated

One-quarter teaspoonful is sufficient for a cup of bouillon, a plate of soup, or a dish of vegetables, etc. Sold by all druggists and grocers.

ARMOUR LIMITED, Toronto

Savoy Condensed Soups

12 Varieties. Delicious, wholesome and appetizing. One tin will make 6 portions. Sold by all grocers.

Perrin Kid Gloves

are famed for their cut and fit as well as for their uniform excellence of material. Whether for yourself or for a gift, you know you have the best if you buy

"Perrin" Kid Gloves.

Sold by leading dealers everywhere.

IF YOU HAVE SUPERFLUOUS HAIR NOTE THE FOLLOWING ADVICE

Don't cut, pull or burn the hairs.

Don't use any kind of a depilatory or a pumice stone. The results will be disastrous.

Don't try the X-Rays treatment, it is equally as bad.

Don't allow inexperienced operators to treat you with Electrolysis. Scars and a return of the hairs result.

PATRONIZE CANADA'S LEADING DERMATOLOGISTS AT THE GRAHAM INSTITUTE

They guaranteed satisfactory results with their method of Electrolysis in every case of Superfluous Hair, Moles, Warts, etc. If afflicted some during the summer for treatment. They cure skin and scalp affections of all kinds, including pimples, blackheads and blotches; treat corns and all foot troubles, etc. Send stamps for booklet "K."

GRAHAM DERMATOLOGICAL INSTITUTE
502 Church St., Toronto Estab. 1892

Watch This Space For Saturday Bargains n Friday's Issue!

JAMES JOHNSTON
180 WELLINGTON ST.

WESTERN COUNTRY

SKETCH OF THE LAND BY A KINGSTONIAN.

The Writer Speaks of Omaha and Its Beauty—Was Glad When He Saw the Glowing Tints of Our Canadian Autumn.

Denver having been left at 4:35 on the 19th September, we wended our way back to Omaha through Colorado and Nebraska, where we found another large hustling and progressive city, where over a fortnight was spent. While not so uniformly complete and grand as the former city, it has some beautiful sections which even excel those presented by Denver. It covers a wide area and is rapidly growing, having extensive manufacturing industries, especially those required in the handling of minerals, smelting, meat packing, increasing railway growth, and in many other ways too numerous to mention. Every one here appears to be unusually busy, having plenty of money, and every one rides on the street cars which is not to be wondered at, as like Denver, in this matter also, it is a place of magnificent distances, which sucks the blood out of the patrons of the cars as nothing else can. One needs to be a millionaire, almost, in order to keep up with this demand, which cannot be avoided owing to the long distances which people have to travel, who are engaged at places far from their homes. Many of the smaller houses and shops in various sections of the city have got into a rather ramshackle condition for the want of being regularly titivated up and repaired, and having the necessary paint applied to them. Most of these are frame residential and shop properties, in the older sections of the city, but the down-town commercial properties and places of business are very fine, costly and heavy. At the same time Omaha has very many beautiful residential sections, much of which is of a very picturesque and varying character, where the ground is undulating, abounding in valleys, hills, many large and wooded parts, and boulevards and, beautiful flowing streams. It is a much cheaper place to live in than is Denver, house rent alone being somewhat excessive, but even this is lower than that of the latter place. On the whole this is also a grand city.

Like all such large and rapidly growing places, it, too, has its unfavorable features, it being over-run by saloons and taverns, for which $1,000 license has to be paid. It, too, has grand public buildings and its water supply, for all purposes required in the city, is superb and complete. This is owned, like all the other public utilities of most of the western cities, by a private company, which has complete and powerful machinery, out at the neat and pretty village of Florence. It brings the water from the Missouri river, which is emptied into a series of five basins, running from the upper one, into which it is first brought, and allowed to run by a system of sluices to each succeeding basin, until it has run through the whole series, in order to rarify and cleanse it, and thence through the machinery at the pump house, until it is fit to be forced into the city for the various uses for which it is required, no less than four engines being required for all these purposes. The tubes through which the water runs are immensely large, everything being kept scrupulously clean and in first-class working order. The premises, which are neat and complete, are kept in like good order and reliability. The whole concern is simply immense. The grand, delicate and massive machinery was made by Messrs. Chalmers & Co., Chicago, and Milwaukee, Illinois, and are capable of keeping the city constantly supplied, if need be, with 20,000,000 gallons of water. A most competent staff of engineers are regularly employed to conduct this business, and everything, as massive as it is, runs as regularly and easily as clockwork.

This village is seven miles from the city, to which a friend of mine and myself walked. There are hundreds of other things in the city of which much might be written, but time and space forbid it, and, therefore, the story must be curtailed. It might be said, however, that as many large buildings and stores as there are in the city, there is one now in course of enlargement, called the Boston store, which is to be extended to premises nearby, half a block in extent, which has been excavated twenty feet deep to receive additional walls, which, as well as those already built, are to be erected sufficiently high for eight storeys in all sections of it, so as to be large enough to enable the proprietors to perform their extensive business, much of which is to be done under the ordinary level of the ground as well as above it. The upper storeys will be used as offices and the other portions of five or six storeys and basements utilized for department store business.

We left our friends at this great city of Omaha on the evening of October 7th, and proceeded to Chicago, another immense and most important city, where we spent about twelve hours going westward and ten hours only on our return, on which many hours might be spent in giving an account, so vast and important is everything to be met with there, especially its public official buildings, state and municipal, and its beautiful parks; but this must not, and will not be attempted. All its streets are squarely laid out, and lie parallel to each other; by which means the best results are attained. Toronto was reached at 7.30 on Monday morning, and was left at fifteen minutes to two in the afternoon. This beautiful city of our own, deserves lengthened and favorable comment, such a lovely place is it, but for the same reason, it must be passed by in silence. While we made our way to sedate and orderly old Kingston, which we reached at 7.30 on Monday night, all the trains from Denver to Kingston, 1,750 miles of a stretch, having been strictly on time at all the places called at, which is a wonderful if not unparalleled record; and the vast country through which they passed being none other than the garden of the world, so productive and prolific is it in whatever man prepares it for, and decides to plant in it, excelled by none excepting perhaps our own great North-West. Our variegated and beautifully tinted foliage was missed until we came to Pickering, this side of Toronto, when the scarlets, crome yellows and other beautiful colors for which the foliage of our lovely eastern Canada is noted, conspicuously loomed up, and increased in volume as we proceeded further east, and forcibly reminded us of home. Stoney ground, until we touched Guelph, was also conspicuous by its absence throughout the whole journey, no stones whatever having been seen, except in the Rocky Mountain region. This reminded us of what may be witnessed out on the K. & P. railroad, not far from our own Limestone City.

While I can speak only in the highest terms of all that the railroad people did to make every one comfortable and safe, and took their live cargoes speedily to their destination, I would suggest that trunk manufacturers make their wares more durable, reliable, substantial, and satisfactory, instead of in the flimsy manner that they do, in order that they may bear the rough usage, wear and tear, which the trainmen and baggage smashers, in the hurry which they are compelled of necessity to adopt in order to get the goods they have to handle to their destination in time, and to train managers to see that due precaution be exercised to preserve those goods from unduly rough handling so that they be better preserved from wilful and shameful molestation and wreckage, which is shameful and unnecessary.

(To be continued).

THE HISTORIANS MEET

And Hear a Talk By Dr. Walkem.

The first meeting for the season of the Kingston Historical Society was held in St. George's hall, on Tuesday evening, the second vice-president, Miss Gildersleeve, in the chair. A new member, William Allen, the Brock street historian, was introduced, and took his seat.

The first item of business was the passing of a resolution of deep regret at the loss the society has sustained in the death of the late president, Col. Twitchell. Dr. Walkem, in moving the resolution, touched on Col. Twitchell's great abilities, and his vast fund of information, which was always at the service of others. The charm of his personality was great, and the mover of the resolution also spoke of the cheery and pleasant greeting with which the late president always met his friends in spite of the sorrows and difficulties with which his life had been filled.

Prof. Ferguson, in seconding the resolution, paid an eloquent tribute to Col. Twitchell, both as a man and an official.

An informal discussion took place over ways and means for increasing interest in the society, and all the members promised to do their best to further its interests. Dr. Walkem said he considered it a disgrace that a city so full of historical interest as is Kingston, should have so little heed paid to its Historical Society.

The committee drafted to prepare work for the winter, composed of Prof. Ferguson, Dr. Walkem and James MacArthur, has been greatly strengthened by the addition of the Dean of Ontario.

After business was finished, Dr. Walkem gave a most interesting talk on Australia, illustrating it with a capital map of the country. He touched on matters of deep interest, not usually noted in books or papers, treating them in the graphic way only possible to an eye-witness, and his audience listened with the attention which is always given the traveller returned from foreign lands. The doctor was warmly thanked by Prof. Ferguson, who moved the vote of thanks at the close of the address.

Tidings From Stella.

Stella, Oct. 17.—Two deaths took place here lately. Allen, only child of Mr. and Mrs. D. Caughey, Jr., after a lingering illness, passed away on Sunday, the 8th. The funeral was conducted by Rev. J. Cumberland. The infant son of Mr. and Mrs. J. Sanders passed away after a short illness, on the 3rd. The funeral was conducted by Rev. J. Craig. Appendicitis seems to be on the increase. Three cases have gone to the hospitals in Kingston in the last six weeks. All are recovering. Threshing is nearly completed. J. McFern has started to dress clover. A. Rankin is putting on a small boat to carry grist from here to Collins Bay, which will be a great convenience to the islanders. A quiet wedding took place on Tuesday at the residence of Miss Rachel Howard, Emerald, when Miss Martin, Campbellford, and R. Bonnycastle, were united in marriage by Rev. R. S. Wilkinson. J. S. Nelson and Mrs. R. Caughey took in the excursion to New York. Mr. and Mrs. W. H. Moutray, paid Rev. J. E. Lindsay a visit last week. G. Patterson arrived home on Thursday from the upper lakes.

Has A Library.

Wilmur, Oct. 11.—Those who attended the fair at Odessa report a good time. Mrs. Aykroyd and Mrs. Stoness, Perth road, spent a few days last week visiting friends at Westport. Wilson Silver lost a valuable cow last week. We are pleased to learn that a public school library has been placed in our school. T. Wood has purchased a new organ. Visitors: Mr. and Mrs. B. Sears, Kingston, at S. Sears'; C. Stoness and sister, Battersea, at Mrs. Aykroyd's. I. Orser, who has rented Mr. Vankoughnet's farm moved his family last week. Chancey Simpkins, Merrickville, paid us a short visit.

Churchmen of every communion can attend with profit and interest the great federation conference in New York, to open November 15th. Twenty religious bodies will be represented by five hundred delegates. There will be fourteen sessions, besides auxiliary meetings and receptions. The ablest men of the churches, including the Anglican, will speak. Should a permanent organization be formed, it will be the greatest aggregation of Protestant Christians in the world.

Henry Cunningham, piano tuner from Chickerings. Orders received at McAuley's book store, Princess street.

House Work

Need Not Wear Her Out

The drudgery of house work seems never ending to tired-out, dispirited women who suffer from female complaints or irregularities. Inflammation and ulceration of the womb and ovaries cause fearful bearing down pains which are aggravated by much standing on the feet, and lifting necessary in house work.

But let no woman despair of relief from this torture. That famous tonic reconstructor of diseased or disordered female organism,

Lydia E. Pinkham's Vegetable Compound

has cured more than five hundred thousand American Women, and it will cure you. When monthly periods are painful or irregular, when backaches and headaches drive out all ambition, Lydia E. Pinkham's Vegetable Compound will bring back health, strength, and happiness.

It Made Me a Well Woman

Dear Mrs. Pinkham:—Lydia E. Pinkham's Vegetable Compound has done more for me than doctors or medicines. I suffered for four months with suppression of monthly periods. Headaches were a daily occurrence. Pains in my back and limbs made it hard for me to attend to my domestic duties.

The medicines I had taken did not help me, and I was in misery and despair until one day I read an account of your Vegetable Compound, and decided to try it, and I thank God that I did so, for it not only regulated my monthly periods, but made me a well woman.

MADAME CAROLINE MARTINEAU, 22 La Chapelle St., Quebec, Que.

Do not let disease make headway. Write at once to Mrs. Pinkham, Lynn, Mass. Her advice is free and will contain information of great value to you.

Lydia E. Pinkham's Vegetable Compound Cures Where Others Fail

POET SEEKS DIVORCE TO WED.

Attentions to a Rich Widow Cause Scandal.

Rome, Oct. 18.—A new scandal here is causing much comment. One of the principals is Italy's famous and most brilliant poet, Gabriele d'Annunzio. Some months ago it was said that he wished to marry Signora Carlotti, the widowed daughter of the great ex-minister Rudini.

The couple spent such great sums of money that the relatives of Signora Carlotti's dead husband demanded a declaration by law of her irresponsibility, and had her children's fortune put under an administrator. It is now stated that Signor d'Annunzio has gone to Switzerland, and adopted Swiss nationality, as he desires to divorce his wife, which he cannot do as an Italian.

Roman society is much excited over the romance, and anxious to see how it will end.

The church has won again in a bitter campaign. The Plainfield, N.J., Country Club proposed to introduce Sunday golf, for the enjoyment of six hundred members, chiefly New York bankers and professional men. Thirty Protestant clergymen protested to the club and impressed upon the people the evil effect of an open Sunday. The result of the agitation was defeat of the proposal by a shortage of twenty-five on a two-thirds vote. But the club has a godless majority clearly.

The monument to Gladstone in London will be unveiled October 21st.

DANCER ENTERS CONVENT.

Mystery Regarding Disappearance of Woman.

Berlin, Oct. 18.—In theatrical and artistic circles in Warsaw, and generally throughout Poland, a sensation was recently caused by the mysterious disappearance of Mlle. Marie Siera Rocoska, principal danseuse at the Royal Opera, Warsaw, who was regarded as one of the most beautiful women in Europe. It now transpires that she has fled to Galicia, in Austria, where she has taken the veil in a convent of the most austere order of nuns. Her motive for this step is unknown.

NOW 10¢.

Same big package you have always bought
Same High Quality

When you buy Malta-Vita "The Perfect Food" you will do just what thousands of the best judges of good foods do—buy it again. Try it to-day.

It is delicious, just the best you ever tasted