Aid" to the Bowels

Then he works them (through the nerves) till they get so strong from that Exercise that they don't need any more help to do their duty. But Dr. Cascaret wants to be right on the spot, in your Pocket or Purse, where he can regulate these Bowel-Muscles all the time, in health, and

Because; even the strongest Bowel-Muscles may be overworked.

Heavy dinners, late suppers, whiskey, wine, or beer drinking, nervous excitement, sudden exposure to cold or heat and a dozen other every day likelihoods tire the Bowel Muscles.

In such cases a little Cascaret in time is worth fifty dollars worth of Treatment discomfort, loss of Business Energy, and loss of Social Sunshine it saves.

Old Dr. Cascaret carried constantly in your Vest Pocket, or in "My Lady's" surance, and Happiness - Promotion, that ever happened.

Little thin enamel Cascaret Box, half as thick as your watch, round-cornered, smooth-edged, and shaped so you don't notice its presence.

Contains six Candy tablets-Price Ten Cents a Box at any Druggist's. Be sure you get the genuine, made only by the Sterling Remedy Company, and

never sold in bulk. Every tablet stampe Big box of tablets (to re-fill pocket-

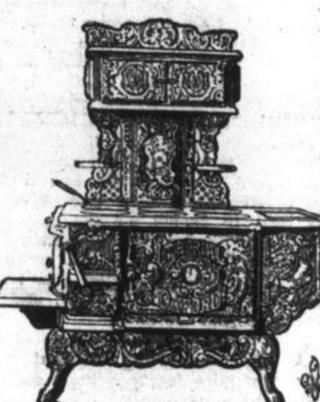
oox) at 50 cents. Carry Cascarets constantly in Vest Pocket, or Purse.

A sample and the famous booklet, "Curse of Constipation," Free for the asking. Adiress Sterling Remedy Company, Chicago or New York.

st important part of a range is the Any kind of a fire will boil potatoes, s an evenly distributed, dry heat to bread and flakey pastry.

perial Oxford Range is the result of rears of work along the lines of oven nt. When we had produced the n with the Imperial Oxford Diffusive rovements that make it the most on the market.

ford Range



at SIMMONS BROS.

Our greatest successes have been those who have ther treatments. This remedy is regularly used and German armies, and the soldiers in these models of strength and vitality. Write for ecurely called in plain wrapper,

P.O. Drawer L, 2341, Montreal

ear that stands the ort thrown in.

est to be had at the

send your boy to us.

PPER. ANTIMONY & TIN

co, TORONTO.

SHOE

Letter Heads

THE WHIG, Kingston.

SINS AND YOUR TROUBLES?

"The Perfect Food"

Now 10c.

Couldn't be made better there's none "just as good," there isn't a better food. Simply delicious. The grocer offering a food "just as good" as Malta-Vita has little respect for your judgment or health.

Have your hose

by your support-

ers? Save them by

using C.M.C. style.

instantly.

"It's all in the clasp."

No higher in price.

Every pair guaranteed.

Women's, Misses', Children's.

At all dealers. Ask for them.

C. H. Westwood & Co., Limited, Toronto.

afflicted come during the summer for treat-

ment. They cure skin and scalp affections of

all kinds, including pimples, blackbends and

blotches; treat corns and all foot troubles, etc.

GRAHAM DERMATOLOGICAL INSTITUTE

Dye

The English home dye. A cake of soap. Clean, quick, safe. Brilliant colors. Dyes to any shade. You can't wash the color out—it's fadeless. Dyes anything. The largest sale in the British Empire.

Made in England but sold everywhere.

roc. for Colors-15c. for Black.

The Food of Quality and Quantity.

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SYNOPSIS OF CANADIAN NORTH-WEST. HOMESTEAD REGULATIONS

Any even numbered section of Dominwest Provinces, excepting 8 and 26, not eserved, may be homesteaded upon by any person who is the sole head of a family or any male over 18 years of age, to the extent of one-quarter section, of 160 acres, more or less. Entry may be made personally at the ocal land office for the district in which the land to be taken is situated, or if the homesteader desires, he may, on application to the Minister of the Interior. Ottawa, the Commissioner of Immigration, Winnipeg, or the local agent for the district in which the land is situate. receive authority for some one to make HOMESTEAD DUTIES : A settler who has been granted an entry for a homestead is required to perform the conditions connected therewith under one (1) At least six months residence upon and cultivation of the land in each year during the term of three years. (2) If the father (or mother, if the father is deceased) of any person who is eligible to make a homestead entry un-

der the provisions of this Act, resides upon a farm in the vicinity of the land entered for by such person as a homestead, the requirements of this Act as t residence prior to obtaining patent may be satisfied by ich person residing with (8) If the settler has his permanent residence upon farming land owned by him in the vicinity of ms homestead, the requirements of this Act as to residence may be satisfied by residence upon the

APPLICATION FOR PATENT should be made at the end of three years, be fore the Local Agent, Sub-Agent or the Before making application for patent the settler must give six months' notice writing to the Commissioner of Do minion Lands at Ottawa, of his intention

WEST MINING REGULATIONS. Coal.-Coal lands may be purchased s \$10 per acre for soft coal and \$20 for anthracite. Not more than 320 acres car he acquired by one individual or company. Royalty at the rate of ten cents ter ton of 2,000 pounds shall be collected Quartz.-A free miner's certificate

granted upon payment in advance of \$7.50 per annum for an individual, and from \$50 to \$100 per annum for a company according to capital. place, may locate a claim 1,500x

The see for recording a claim is \$5. corder in lieu thereof. When \$500 has been expended or paid, the locator may having a survey made, and upon complying with other requirements, purthe patent provides for the payment of a royalty of 24 per cent on the sales. PLACER mining claims generally are 100 feet square; entry fee \$5, renewable

A free miner may obtain two leases to dredge for gold of five miles each for a term of twenty years, renewable at the The lessee shall have a dredge in operation within one season from the date of the lease for each five miles. Rental. \$10 per annum for each mile of river leased. Royalty at the rate of 24 per cent collected.

Maypole

We will be pleased to furnish

cement walk. Satisfaction guaranteed.

Vouglas & McIlquham, 15 Nelson Street. S. C. McGill, Managing Director. Office, 97 Clarence Street, Kingston

Besides all classes of Letter Pres

COME TO WM. MURRAY, The Auctioneer Canadian plant at Fort William. WAS A VERY GREAT SUCCESS

Things Point to Opening of tained. Quiet Wedding-Lennox and

and Napanee fall fairs proved attractions for a large number of our ing crowded public meetings can procitizens last week. The Sunday school perly appreciate. rally in the Methodist church on A friend recently asked him how he Sunday, was a decided success. weather was fine, and the attendance bear up physically so well under this large. The various Sunday schools of Istrain the circuit assembled in the basement, and marched to the auditorium vivalist, the characteristic smile lightof the church, where they were assign- ing up his whole face. "The strain has ed special places, the Switzerville told and does tell upon me, as it does school occupying the western side, the Newburgh and Strathcona schools the centre, and the Wesley school the eastern side. The church was beautifully decorated with flowers, and the large auditorium was filled by Sunday school scholars and parents, besides many visitors from the Presbyterian school, D. A. Nesbitt, C. W. Neville, Byron Rose, and Andrew Price, superintendents of their respective schools; Rev. T. A. Dumwoody, superintendent of the Presbyterian Sunday school, Rev. J. F. Mears and Rev. J. H. Chant had seats in the enclosure and took part in the service. John Farley, out in full strength, rendered an an them: "I Love to Tell the Story."

F. G. Millar and Harold Ryan were in your stocking. No loop to pinch the stocking. Just a plain, protected clasp that cannot possibly tear, wear or slip. Clasps to hose and corset

> Ernest Gandier, of this village, was quietly married, on Wednesday,

PATRONIZE CANADA'S LEADING DERMA-TOLOGISTS AT THE GRAHAM INSTITUTE They guarantee satisfactory results with their method of Electrolysis in every case of Superfluous Hair, Moles, Warts, etc. 1

Two Althorpe Deaths. Althorpe, Sept. 25 .- Vincent Menzie is needed to make this woman underleft to-day for Port Arthur, Miss Cas- stand that we like to talk about Galvin, who died Monday, September

well, and died in a few minutes, eral took place on Wednesday ofter noon, and a large concourse of friends

"Three Swallows." Money leaned on City and Farm over a century. Of highest standard of purity. Distillers to His Majesty Deposits received and interest allowed the King.

This Is A Rank 'Un ! A new magistrate has been appointed for Napanee, Now Premier Whitney

can have his "Scotch" in comfort.

Value Of "Ozone." The value of "Ozone" (it is really liquid oxygen) is well known to medi cal science. It kills the germs of internal disorders. If taken in concentrated form (and that means "Solu sixteen ounces of "Solution of Ozone" | tion I have, ain't you?" for fifty cents, and if you insist on

BELIEVES IN PRAYER Revivalist Roberts Has Great

Cardiff, Sept. 26 .- One of the most puzzling secrets of the career of Evan Roberts, the Welsh evangelist, is the way in which his strength is main-

For ten months past he has been almost incessantly engaged in public work under most trying conditions. Addington Teachers Convene. He has been subjected to a great phy-Newburgh, Sept. 26.-The Tamworth | sical as well as mental strain, which none but those accustomed to address-

accounted for his having been able to

"I will tell you," said the young reing after an unusually trying meeting the previous day too weak and

"I am physically utterly broken down. Then, lying on my back in bed. I pray to my Father for strength to perform the work on that day only. "And never yet has my prayer gone unanswered. No sooner have I prayed in my heart than I feel some mysterious power, energy, strength, being, as it were, poured into me. "The sensation is somewhat like



We Know Her. We all know the woman who insists ciation in Napanee on Saturday. Miss entertains us with her gossip, and longer she will make her story. She preach in the Methodist church here, a good listener. Very often it may town is crowded with visitors, and the be necessary to do the talking in order to drown the other woman's trou- i utmost. bles. A great deal of tact and patience

Won't Dance. He is willing to cut up a goose with anybody. He is becoming so selfish that he will not even play cards with amateurs.

Portable Schools

The city of Boston has ninety-two portable school houses, which are used for kindergartens, primary grades, manual training and cooking. hey are used in the outlying school districts, and have seating capacity for over 5,000 pupils. These little one-storey wooden buildings are capable of being picked to pieces out together again quickly for transport. They are regarded merely as convenient but cheap makeshifts until Boston catches up with the demand for schools of permanent construction. Physicians prescribe it and hundreds to accommodate all the children

Haunts Of Fish And Game. The above caption is the title of a concise, interesting and instructive shoulder braces, 50c. New York Dress book, issued by the Grand Trunk railway system and contains valuable formation regarding the hunting fishing territory reached by their lines. It is handsomely illustrated with half tones reproduced from direct force in the different states and provinces, contains maps and all information desired by the hunter. The publication is sent free on application to J. Quinlan, district passenger agent, Bonaventure Station, Mon-

HAVE YOU ANYTHING

To sill of Tside of Your

This stringent remedy needs with it a tonic laxative to secure the best re
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This stringent remedy needs with it a tonic laxative to secure the best re
This stringent remedy needs with it a tonic laxative to secure the best re
Thought, the youngster exclaimed.

implement companies may establish a package of "Celery King." The Pub- Marlborough to remove a slight deaflic Prug Company, Bridgeburg, Ont. ness.

An Established Success—as good to-day as ever

"LORD TENNYSON"

Peer of 10c. Cigars

S. DAVIS & SONS Montreal.

RETURNS TO OLD FAITH.

After Ten Years As a Worker. Baltimore, Md., Sept. 27 .- A letter received by Mrs. E. B. Stevens, cor-

responding secretary of the Woman's Foreign Missionary Society of the that of water being showered on the Methodist Episcopal church, from Miss Grace Stephens, in charge of the "I feel it poured on my head. It mission at Madras, contains the in Miss Young, presided at the organ. Hows a vivifying stream through my formation that Sooboonagan Ammal, "Dot" Mears, Louise Beeman and whole body and into every limb. I the high caste Hindoo woman who Bird" Madden sang "Jesus Wants jump out of hed in full physical vigor, made her home with Miss Stephens and assisted her in her work in Ma dras, under the auspices of the Woman's Foreign Missionary Society, had not after all been abducted, as

at first believed. Her disappearance from the home of her co-workers in Madras was the line of occasion of much anxiety and it was thought that her family, which is a rich and powerful one, had taken steps to have her removed from the society of the Christians. It now appears that she has returned to her people and her faith after ten years of indefatigable work as a Christian among the women of her race, She was the first really high caste

Brahmin woman who ever became convert to the Christian religion and forsook her faith, her home and family, to work among the lowly. Her defection, it is believed, will be serious blow to the evangelical cause

Opening The Dominion Exhibition New Westminster, B.C., Sept. 27 .-The great Dominion exhibition was opened here to-day, in the presence of thousands of visitors from all parts of the Dominion, Earl Grey, governor general of Canada and his staff, ar rived here yesterday, and will attend the formal opening of the fair this af ternoon, Nearly 12,000 Indians from different parts of the province have James Davy. John Benn, Richmond, on telling us her troubles every time come here to see the governor-general spent Sunday with his grandmother, we meet her. She is a general nuise and pay him their respects. The exhi spent last week at H. M. Deroche's, gav always try to avoid her. This wo- Among the special attractions will be a big lacrosse tournament, a baseball river. Stansbury who recently defeated Towns for the single sculling championship of the world and his defeated opponent have been invited for a race which promises to attract many visitors from all parts of the country. It is probable that Scholes, the crack oarsman of Canada, will also take part in some of the racing events. The

Bryan Off For The Orient.

capacity of the hotels is taxed to the

San Francisco, Cal., Sept. 27.-William Jennings Bryan, Mrs. Bryan, Orient. They will stop for a time will also make an extensive tour in tainly be kept busy for many weeks to come. the Philippines. It is probable that from there I shall go to Australia and New Zealand, In India I have planned to make an investigation of the English methods of dealing with colonies When we leave there we shall go up the Nile to the Holy Land. Then intend to make a thorough tour of the European continent. I intend to stay for some time in every country. The entire journey will take about one

A Big Cargo.

Montreal, Sept. 27,-One of the largest grain cargoes ever sent out from Canada will be shipped from this port early in November. The cargo will consist of 250,000 bushels of heavy grain, wheat and corn, and will be put on board the steamship Hero. The Hero is now on her way to this port from Java with a cargo

of people recommend Red Cross cough | way. syrup. They know it cures coughs, 20 cents, Gibson's Red Cross Drug Store. Special hose supporters, 20c.

Sergeant Walker, Halifax, N.S., has received a telegram stating that his at Boston. It was rumored that she was the unfortunate young woman photographs, gives the game laws in whose dismembered trunk was found in a dress suit-case at Boston,

> Physically Exhausted. Lacking in courage-out of

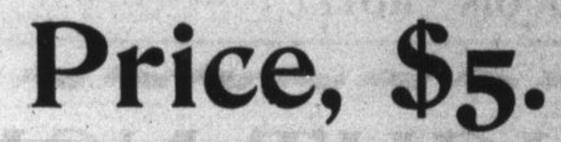
with everything-scarcely on speaking terms with even fair health. Such low spirits are pitiable. Your brain is fagged, vitality so exhausted your constitution is well nigh ruined. What you need is Ferrozone, that great pressed. Be manly, ruddy-colored-cast aside weakness and enter the happy life that comes from using Ferrozone. Fifty cents buy a box in any drug store.

Heywood Shoes Wear."

We are now showing a complete

In the latest American styles, Wax Calf, Box Calf, Patent Colt and Norwegian Tan Calf.

If you want a Shoe that will wear equal to a custom-made Shoe buy HEYWOOD'S.



H. Sutherland & SOLE AGENTS.



Handsome Hats



Sizes 6, 8, 10, 12 years,

Kingston ladies by the score viewed with pleasure and satisfactheir son and their youngest daughter tion one of the prettiest exhibits of smart and up-to-date FOREIGN sailed to-day on the Manchuria for the AND DOMESTIC MILLINERY ever shown by us or any other fir.n in Central Canada. If pleased expressions and flattering remarks health failed and his doctor advised set no longer dance, and the girls reach Yokohama about October 15th. mean orders when desired, our artistic milliners, under the management of Mrs. Adams, so well and favorably known in our city, will cer-

New Goods Just Received

Fall Suitings Jackets

wasted strength and preserve the health.

Mantle Cloths Skirts.

Ever so pretty and prices moderate.

CRUMLEY BROS.

Highly nourishing; aids digestion, fit'ed to repair

It is not carbonated, but mature in the natural

This is why LABATT'S should be selected in preference to any other brand.

The proof of its superiority is made in the numerdaughter Blanche, was alive and well ous awards of Medals and Testimonials.

> CONNOISSEURS: PRONOUNCE IT TO BE THE BEST. McPARLAND, AGENT. 339 and 341 King St.

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LOAN & INVESTMENT SOCIETY. President-Sir Richard Cartwright

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THE SUNDAY RALLY IN NEWBURGH.

Branch of Dominion Bank-A

former superintendent of the Newburgh Sunday school, also had a seat inside the rails. Mrs. Courtney and Me For a Sunbeam" in their usual as supple and nimble of limb as a pleasing way and the choir which was The service was most inspiring and helpful, to all interested in Sunday school work. Rev. J. F. Mears, D. A. Neshitt and T. A. Dunwoody took part in the Sunday school convention at Yarker yesterday. The Epworth League in the Methodist church was withdrawn last evening, and a load of Leaguers attended the evening session of the convention at Yarker.

in Kingston, on Tuesday evening, to hear Mine, Schumann-Heink, M. Ryan has had the cellar of the vacant lot No post to make a round hole by the Pharmacy, cleaned up and will move the Tea House there. While nothing definite has been given out regarding the new bank, everything points toward the village having a branch of the Dominion Bank es-

> Miss Katheryn Forsyth, Wilton, After a short wedding trip Mr. and Mrs. Gandier will take up their residence here. Miss Geneva Burdette leaves this morning, for Toronto to take a explosion of the boilers of the cruiser course in domestic science. Mrs. Em- Bennington at San Diego. bury, Wesley, is visiting her mother, Mrs. Youmans. Prof. and Mrs. Matheson, Kingston, are visiting her father, Mrs. S. Shorey. Miss Clara Shorey ance, and those who are happy and bition will close on October 7th Napance, D. A. Nesbitt and P. D. man who always tells us the troubles Shorey attended a meeting of the exe- she has with the butcher, baker, and cutive of the L. & A. teachers' asso- candle-stick maker imagines that she

Aletha Paul spent Sunday at her | the more attentively we listen the The rally service in the Presbyterian is a good little woman at heart, and Sunday school on Sunday evening we do not want to lose her friendship was largely attended. Rev. Dr. Chown. but we would like to change the topic Toronto, general secretary of moral of conversation when we meet her. reform of the Methodist church, will Probably it is not always well to be

on Sunday evening, October 8th.

sidy, of Ottawa, attended the funeral something else occasionally, of her brother-in-law here, Timothy 18th. Mr. and Mrs. Galvin, formerly Chicago Chronicle. lived in Ottawa, but Mr. Galvin's Young men of the New York swell | the Hawaiian Islands and expect him to go to the country. Mr. and are frantic over the situation. When Just before sailing Mr. Bryan said Mrs. Galvin came to reside with his a youth is invited to a social affair, "I may stay some time in Japan, and brother-in-law. Mr. Harrington in of any kind he makes careful enquir-July, and remained up to the time of lies about the dancing end of the his death. The remains were taken for game. When he finds out that this is burial to Renfrew, where his parents to be a feature he says "Good-bye!"

The death of Mrs. A. Menzie occur. sit out in the open air and red on Monday. September 18th, at songs or even go to the show, but this place. Mrs. Menzie went to visit be'll be dog goned if he will dance her daughter, Mrs. Forrester, Westport. There she took suddenly ill three weeks ago. For a time her illness was considered dangerous, but a change for the better took place and she was progressing favorably with her daughter London Free Press. nursing her. She was preparing to return home on the following Saturday, but between eight and nine o'clock deceased complained of not feeling ceased's maiden name was Mary E. Norris, and she was seventy-two years of age. A family of seven is left, four girls and three boys: Mrs. J. Dowdail n Portland, Oregon; Misses Lizzie and Annie at home; Mrs. R. Forrester, Westport: James of Westport: and foseph and Thomas at home. The fun-

Sir John Power and Son's "Three Swallows" Irish Whiskey, famous for

may feel assured that in future he

A Blood Relative.

Ned heard the expression "blood rela- vitalizer and nutritive tonic. It's by sults. Your druggist will give you f "Gee, ma, you're the bloodiest rela-

One of the largest American farm the coupon Lind will guarantee a free Operation performed on Duchess of