

Then he works them (through the nerves) till they get so strong from that Exercise that they don't need any more help to do their duty.

Old Dr. Cascaret carried constantly in your Vest Pocket, or in "My Lady's" Purse is the cheapest kind of Health-Insurance, and Happiness - Promotion, that ever happened.

Most important part of a range is the Any kind of a fire will boil potatoes, as an evenly distributed, dry heat to bread and flakey pastry.

perial Oxford Range is the result of years of work along the lines of over heat. When we had produced the new with the Imperial Oxford Diffusive improvements that make it the most on the market.

HELP FOR MEN The only really effective cure for gonorrhea is the German Remedy discovered by Dr. Jules Kober...

ool Shoes Dear that stands the test thrown in. up to \$2.50

SHOE STORE Besides all classes of Letter Press Printing from a card to a volume.

PPER, ANTIMONY & TIN CO., TORONTO.

Malta-Vita 'The Perfect Food' Now 10c. Couldn't be made better - there's none "just as good," there isn't a better food.

Have your hose ever been torn by your supporters? Save them by using C.M.C. style.

SYNOPSIS OF CANADIAN NORTH-WEST HOMESTEAD REGULATIONS. Any even numbered section of Dominion Lands in Manitoba or the Northwest Provinces...

IF YOU HAVE SUPERFLUOUS HAIR NOTE THE FOLLOWING ADVICE. Don't eat, pull or burn the hair. Don't try the X-ray treatments. It is equally as bad.

Two Althorpe Deaths. Althorpe, Sept. 25.-Vincent Menzie left to-day for Fort Thib. Miss Cassidy, of Ottawa, attended the funeral of her brother-in-law here, Timothy Galvin, who died Monday, September 18th.

Maypole Soap Dye The English home dye. A sack of soap. Clean, quick, safe. Brilliant colors. Dyes to any shade. Dye can't wash the color out - it's fast.

CANADA FLAKES The Food of Quality and Quantity. THE FRONTENAC LOAN & INVESTMENT SOCIETY. (ESTABLISHED 1883.)

Dr. Brock's Celebrated English Fenel's Pink Pills for Pale People. Dr. Brock's Celebrated English Fenel's Pink Pills for Pale People.

THE WHIG, Kingston. HAVE YOU ANYTHING TO SELL OUTSIDE OF YOUR SINS AND YOUR TROUBLES? COME TO WM. MURRAY, The Auctioneer

THE SUNDAY RALLY BELIEVES IN PRAYER. Revivalist Roberts Has Great Faith. Cardiff, Sept. 26.-One of the most puzzling secrets of the career of Evan Roberts, the Welsh evangelist, is the way in which his strength is maintained.

Things Point to Opening of Branch of Dominion Bank - A Quiet Wedding - Lennox and Addington Teachers Convene. Newburgh, Sept. 25.-The Tenworth and Napane fall fairs proved attractions for a large number of our citizens last week.

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COMMANDER LUCIEN YOUNG, U.S.N. who is being court-martialed on the charge of having been rescued from the explosion of the boilers of the cruiser Bennington at San Diego.

WANT DANCE. Chicago Chronicle. Young men of the New York swell set are in the city and the girls are frantic over the situation.

Portable Schools. The city of Boston has ninety-two portable school houses, which are used for kindergartens, primary grades, manual training and cooking.

Haunts of Fish and Game. The above caption is the title of a concise, interesting and instructive book, issued by the Grand Trunk Railway.

Value of "Ozone." The value of "Ozone" (it is really liquid oxygen) is well known to medical science. It kills the germs of internal disorders.

Brooklyn Life. For the first time in his life little Ned heard the expression "blood relation." It kept buzzing through his head and finally he was compelled to ask his mother for an explanation.

Operation performed on Duchess of Marlborough to remove a slight deafness.

"LORD TENNYSON" Peer of 10c. Cigars. S. DAVIS & SONS Montreal. An Established Success - as good to-day as ever.

Heywood Shoe for Men "Heywood Shoes Wear." We are now showing a complete line of Heywood Shoes. In the latest American styles, Wax Calf, Box Calf, Patent Colt and Norwegian Tan Calf.

Price, \$5. J. H. Sutherland & Bro. SOLE AGENTS. Handsome Hats.

New Goods Just Received Fall Suitings Mantle Cloths Jackets Skirts. Ever so pretty and prices moderate.

CRUMLEY BROS. A PERFECT DRINK. Highly nourishing; aids digestion, fit to repair wasted strength and preserve the health.

JAS. McPARLAND, AGENT. 339 and 341 King St. CHOCOLATES! Ganong's Cathian Chocolates - AT - A. J. REES', Princess St.

Physically Exhausted. Lacking in courage - out of joint with everything - scarcely on speaking terms with even fair health. Such low spirits are pitiable. Your brain is fagged, vitality so exhausted your constitution is well nigh ruined.