

A Short Cut to Health

If you want to enjoy vigorous health take



They are a veritable short cut to lasting and perfect health.

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INSURANCE.

G. A. BATEMAN ISSUER OF MARRIAGE LICENSES, LIFE AND FIRE INSURANCE BROKER.

GARDINER'S Insurance and Real Estate. Right Companies at Lowest Rates. Money to Loan on Real Estate.

FOR REAL ESTATE OR INSURANCE Consult with Geo. Cliff before buying at 95 Clarence Street.

IF YOU WANT A HOME OR INSURANCE. Have a Talk With

GEORGE ZEIGLER, Real Estate Broker, Insurance Agent, 97 Brook Street.

Strawberries and Cream

The finest, richest cream is required for such a delicious dish.

Kingston Milk Depot Cor. Brock and Bagot Streets.

Auction Sale of Valuable Free-Hold Property.

UNDER AND BY VIRTUE OF THE power contained in a certain Mortgage...

SANITARY PLUMBING! When you are in need of plumbing...

A. J. JAMIESON, PHONE 287.

DENTAL DR. A. E. KNAPP, B.A., L.D.S., D.D.S.

HAVE YOU ANYTHING TO SELL OUTSIDE OF YOUR SINS AND YOUR TROUBLES?

W.M. MURRAY, The Auctioneer

TRISQUIT

The rich, shredded whole-wheat wafer full of nourishment—and it's tasty.

Makes toothsome toast

FOR THE FARMER

NEWS OF INTEREST TO THE AGRICULTURIST.

A Curiosity in the Form of a Double Egg—Shade Required for Chickens—Sale Pure-Bred Cattle—Fruit Trees Damaged.

J. L. Perrin, West Thompson, Conn., has a remarkable curiosity in eggs.

Trees make the best shade, of course, but if there are no trees...

Pure bred cattle are not bringing very high figures at auctions in the United States just now.

Four-fifths of the fruit trees in the vicinity of Bridgeport, Conn., have been ruined by the San Jose scale.

Some evidence of caterpillars is seen in peach sections of Michigan...

A number of co-operative canning companies have been organized in New England during the past year or two.

A Good Crop. Kepler, July 5.—Farmers have commenced haying and report a good crop.

Spending Vacation Time. Denbigh, July 4.—Miss Florence Lane has returned home from Blackhead...

Muskoka. Do you know the place? If not, your pleasure has suffered. Take a trip.

Destroyed All The Roots. Not sufficient to saw a corn—you must cure it for all time.

Great Commercial Wit. Kansas City Times.

Visitors At Marysville. Marysville, July 6.—Mrs. Garber and son have returned to their home...

THE DUPLIGRAPH Complete Cabinet with three tablets...

WORKMAN & SPRANG, Sole Manufacturers, 22 Yonge Street Arcade, Toronto, Canada.

USE "MAPLE LEAF" THE BEST CANNED SALMON PACKED

SEAWATER CURE. Patients Recovered Through the Treatment.

Paris, July 8.—The medical world has been startled by the results obtained by Drs. Robert Simon and Ross Quinton with salt water as a cure for tuberculosis.

Hypodermic injections of this liquid are given the patient every three or four days in doses of fifty to 200 cubic centimetres.

Of the eighteen patients under treatment at present, Drs. Simon and Quinton have every hope of fifteen cures.

FROM THE COUNTRYSIDE

A Sudden Call. Boisvain, Mass., July 3.—Herbert Heppenstall, a barber, thirty-two years of age...

School Teacher Resigned. Elginburg, July 6.—J. Lake is enlarging his outbuildings. Mrs. Porter has returned from Watertown...

Married At Rockport. Rockport, July 5.—A pretty wedding took place in the Roman Catholic church, June 27th...

Portland, July 6.—Tourists are arriving daily and report the bass fishing excellent.

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Good tea must be grown under proper conditions

Low, damp or swampy lands in a warm, humid climate produce tea of rank, rapid growth, coarse in texture, woody fibred, rudely flavored—makes a cup heavy, murky in color, rough-tasting—it is poor tea.

But the Indian and Ceylon teas used to make the Red Rose brand are grown on the high lands of India and the mountain sides of Ceylon.

These teas are grown in clear dry sunshine, they mature slowly, the leaves of the Ceylon teas are tender, delicate, finely flavored, but not strong.

The Indian teas thus grown are full bodied, richly flavored, smooth in texture, strong.

Such Indian and Ceylon teas combined in Red Rose Tea produce a cup of a rich rosy brown, strong and smooth—all the richness and strength of Indian, all the delicacy and fragrance of Ceylon teas—that "rich, fruity flavor" which belongs alone to Red Rose Tea—more qualities of tea excellence than any Indian or brand of Ceylon alone can possess.

Red Rose Tea is good Tea T. H. Estabrooks St. John, N.B., Toronto, Winnipeg

PUBLIC CONFIDENCE

SANITARY PLUMBING STEAMERS FITTING WE have been striving to win the public's confidence for a long time.

ELLIOTT BROS.

The Canadian North-West

ANY even numbered section of Dominion Lands in Manitoba or the North-West Territories, excepting 8 and 26, which has not been homesteaded, or reserved...

NEW WOMAN'S HOSPITAL Opposite St. John's Cathedral Soon To Open

LIQUOR AND TOBACCO HABITS A. McTAGGART, M.D., C.M.

"THERE IS A TIME FOR ALL THINGS." Now, while prices are low, is the time to fill your coal bin with best quality SCRANTON COAL from P. Walsh's Yard

YEAR 72. M. E. P. Jenkins Cloth... SPECIAL... Paddling Jersey... Long Sleeve Jersey... Caps to Match... New York Shirts... Underwear... TENDER... WE DO REPAIRING... WEAR "ALLER... PUBLIC CONFIDENCE... ELLIOTT BROS... THE CANADIAN NORTH-WEST... LIQUOR AND TOBACCO HABITS... P. WALSH'S YARD... DENTIST... HAVE YOU ANYTHING TO SELL OUTSIDE OF YOUR SINS AND YOUR TROUBLES?... TRISQUIT... W.M. MURRAY, The Auctioneer... FOR SALE... FARM OF 160 ACRES... A COIN STICK PIN ON SALE