

It Is So Easy to Cure Yourself of CONSTIPATION

Fruit-a-tives will do it—surely and quickly. We say so—as do people you may know who have been cured of biliousness, headaches and constipation. Here is the experience of one who tried these wonderful Fruit Liver Tablets:

"Fruit-a-tives are perfect for constipated persons. They are easy and mild in action and leave no unpleasant after-effects. I have recommended them to my friends."

Mrs. A. NOBB, Amherst, N.S.



Cook's Cotton Root Compound.
The only safe effective monthly medicine on which women can depend. Sold in two degrees of strength. No. 1, 20 degrees; No. 2, 30 degrees. Price per box: No. 2, 10 cents stronger for Special Cases, 35 per cent. Ask for Cook's Cotton Root Compound; take no substitute. Windsor, Ontario.

USE
FERROVIM
TRADE MARK
A Splendid Tonic
Builds up the System
Strengthens the Muscles
Gives New Life
Sold by all medicine dealers.
Davis & Lawrence Co., Ltd., Montreal.

LIFE OF A SOLDIER.

Taste Adventures and Freedom of
the Colonies.

London, April 26.—The Morning Standard, in giving details of the adjustment of the Canadian army, describes it as a tempting service. The demand for recruits, consequent on the taking up of the defence of Halifax and Esquimalt, it says, offers an exceptional opportunity to healthy young Englishmen with a spirit of adventure in their patriotism and some desire for the freedom of colonial life. Apart from anything else, if not looked upon in the light of a career, it affords a really good chance of getting permanently away from the monotony of none of the usual risk of hard times or lack of suitable occupation for the new-comer.

For A Weak Digestion.

No medicine can replace food but Chamberlain's Stomach and Liver Tablets will help you to digest your food. It is not the quantity of food that gives strength and vigor to the system, but the amount digested and assimilated. If troubled with a weak digestion, don't fail to give these tablets a trial. Thousands have been benefited by their use. They only cost a quarter. For sale by all druggists.

A Bishop's Prayer.

The late Bishop McLaren prepared a prayer at sea, while viewing the sunset, one that is touching and beautiful:

"Speed me, O' Lord, on the journey of life, and what time the stillness of evening begins to settle upon my way and the sunset's glories tell of more glorious day to come, may I lie down to sleep in Thee, and sleeping peacefully, awake in the light of the morn that shall have no end. Amen."

The French steamer Racine ran down an unknown schooner in Bristol Channel. The schooner was cut in two and sank immediately without a trace as to her identity. It is supposed that crew were all drowned.

BREEDERS TO BLAME.

Kingston District Farmers Lost Between \$25,000 and \$30,000.

If further evidence is required, in addition to what has already been said, about the need of raising the standard of horses in this district, it is only necessary to refer to the refusal of a Kingston dealer of a commission to select 150 animals for the British war office for army purposes. The horses of "A" and "B" field batteries were shown Col. Benson, British mount officer in Canada, and he expressed his delight with their quality for the work they are intended for. He gave an order, at once for 150 from this district, and asked a local dealer to fill the same, for the British service, but the dealer refused point blank to accept the commission. In the first place, he said, it was impossible to secure anything like that number of the type of horse in this district; an odd one only might be picked up here and there. In the second place, every horse of the required standard is worth in the farm yard at least \$200, and as the price set was not to exceed that figure, and the limit was to be paid only for extra stallions, he said that it would be impossible to carry out the order, so refused to accept it.

As to the fault, the blame lies entirely with farmers and breeders.

Standard stallions are available, but because the cost is a dollar or two above that of a low, undesirable type of horse, the breeder will not pay the price, preferring the cheaper animal.

Had breeders shown the judgment they should have exercised,

from \$25,000 to \$30,000 would have been distributed among them this spring. It is not too late to rectify the mistake; begin breeding now to stock for which there is a demand at prices which will make the investment profitable one.

Former Chief of Police Joseph P. Cleary, Rochester, N.Y., is dead, after a lingering illness. He joined the Rochester police force in 1865, and became chief in 1885, which position he held until March last.

Was Blinded
By Eczema.

Suffered Intensely For Three Years and Was

Horribly Disfigured

Skin Now as Smooth as a Baby's

Thanks to

Dr. Chase's Ointment.

Such cures as the one described below are what have given Dr. Chase's Ointment a world-wide reputation as the standard ointment and the most satisfactory treatment ever devised as a cure for itching skin diseases.

Mrs. Robert Clendening, Welland Station, Ont., writes:

"For three years my daughter, Fanny, was afflicted with eczema in an intense and persistent form, and for nine days she was totally blind. The burning, itching, and disfiguring was terrible, her entire face being completely raw for months, and the distress so great that she could not sleep."

"The best efforts of two eminent physicians failed to even mitigate her awful suffering. One day when I was low-spirited over my daughter's condition Dr. Chase's Ointment was recommended to me and to our surprise Fanny was helped with the first box and she has since been entirely cured by this treatment."

"Her face is now as smooth as a baby's and she is in splendid health. The credit for this cure is entirely due to Dr. Chase's Ointment, and I cheerfully give you permission to state my daughter's case, hoping that it will lead many others to secure the same good results."

Dr. Chase's Ointment is recommended and sold by all dealers at 60 cents a box or sent post paid on receipt of price by Edmundson, Bates & Co., Toronto.

A WONDERFUL CURE OF RHEUMATISM

THE CAUSE An excess of uric acid and ureates are deposited in the tissues of the body and joints, causing aches and pains which are called rheumatic.

All the various causes of rheumatism, such as the acute, articular, muscular and gout, have the same common cause—**Uric Acid**.

To effect a satisfactory cure the uric acid must be removed. This can only be done by introducing into the circulation a remedy which will dissolve the uric acid and stimulate the action of the excretory organs.

No Case That Ferrozone Can't Cure

The remarkable success of Ferrozone is due to the fact that it attacks the disease in the blood. It goes right to the root and cause of the trouble.

Ferrozone is a perfect solvent for uric acid and quickly destroys its evil effect. It stimulates and quickens the sluggish circulation and drives every trace of rheumatic poison out of the system.

Rheumatism Can't Last if FERROZONE is Used.

We have conclusive proof of this. The strongest possible endorsements from people who have been cured after all else failed. If you suffer from rheumatism yourself, or in case you have a friend or relative subject to this disease, read the following—they tell their own tale.

LIFE-LONG CRIPPLE CURED

Mr. Louis Noll, 15 Fulton street, New York, N.Y., writes: "Ever since boyhood I have been a sufferer from rheumatism. My joints were twisted and swollen, and the pain at times was really intense. I used gallons of liniments, vapor baths, and other treatments, but was first noticeably relieved by Ferrozone. It cured me perfectly after taking twelve boxes."

Mr. Harry Heer, Pharmacist, 23 Eldridge Ave., New York, writes for Mr. Noll's absolute cure. He says: "Mr. Noll has been cured from chronic rheumatism by Ferrozone. For years he has not been so well, and today shows no signs of rheumatic trouble. It is a pleasure to recommend Ferrozone."

The BEST remedy for rheumatism that science has produced is Ferrozone—it is unquestionably the only sure and lasting cure. Sold everywhere by druggists. Price 50c per box or six boxes for \$2.50—by mail to any address if price is forwarded to N. C. POLSON & CO., Kingston, Ont., and Hartford, Conn., U.S.A.

FERROZONE, THE ONE SURE CURE.

THE BOUNDARIES.

S. J. JACKSON BEFORE WESTERN CONSTITUENTS.

Affects West and Ontario—Saskatchewan, Manitoba and Ontario to Have Posts on Hudson's Bay.

Winnipeg, April 24.—From a despatch received from Belmont, in Mountain constituency, it would appear that Manitoba's boundary has been settled. In a speech at that place on Friday night, S. J. Jackson, M.P. for Selkirk, announced the new boundary lines. The following is an extract from the despatch:

"Mr. Jackson is the first of the dominant parliament members to take part in the campaign in Mountain, and he informed the electors that before the Roblin government took action for the boundary extension, Manitoba, Saskatchewan and Ontario members had discussed the matter, and arrived at a general informal understanding, which, though not definite, is basis of settlement by which the matter will be arranged. The enlarged province will then have a greater area than the new province of Alberta. The new province of Saskatchewan is to be increased in area by adding territory between the 107th parallel of latitude, and the Churchill river. With this addition its area will be about 275,000 square miles, and that of Manitoba will be about the same."

"Manitoba's western boundary will be fixed, except that it will continue straight north until the Churchill river is reached. The boundary will follow the course of that stream to its mouth, and continue south along the coast line of Hudson's Bay until the mouth of the Wabasca river is reached. It will ascend that stream through Lansdowne lake to Fishing Lake, which is on the boundary of Ontario, and which is to be the junction of the two provinces.

Manitoba will reach the forty-ninth parallel, and be bounded on the east by the boundary award, Kewatin, lying between Wabasca river and James Bay, to be given to Ontario, and that will thus have a deepwater port on Hudson's Bay. By this arrangement, Saskatchewan will have a Hudson's Bay port at Fort Churchill, and Manitoba will also have use of this, the boundary line being the middle line of the river. In addition to this the new province will include Manitoba's territory, and several other harbors south and east of this, while Ontario will get what that province has so long desired, a deep water port on Hudson's Bay. "This arrangement is satisfactory to all parties," said Mr. Jackson, "and as soon as the autonomy bills are disposed of, and the matter taken up by the dominion government, this will be the settlement arrived at."

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