PRIZES J. W. Geddes and P. D. M. Watson, whose picture is ...amous athletes in Canada. Mr. Geddes ...and walking champion, and Mr. Watson ...mpionship of Ontario.

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Mr. Geddes writes: "It is with much pleasure I recommend Shredded Wheat as a splendid ...ars and found it first-class while training. VERY NUTRITIOUS, EASILY DIGESTED, ...e maker. All my family use it daily."

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...texture. When ...es it clean again, ...peculiar wearing ...sale everywhere.

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...Do not gripe. Never ...st and most reli... Medicine known.

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...Diseased Men.

...are annually swept to a premature grave ...sses. Self abuse and Constitutional Blood ...of many a promising young man. Have ...ons and Despondent; Tired in Morning; ...gued; Excitable and Irritable; Eyes Blur; ...s at Night; Restless; Haggard Looking; ...Hair Loose; Pains in the Body; Bashful ...ful and Lack of Energy and Strength. ...will build you up mentally, physically ...Guaranteed or no Pay. ...IN DETROIT. BANK SECURITY. ...thout Written Consent. ...WRECK—A HAPPY LIFE. ...sson has a Narrow Escape. ...school I learned an early habit, which ...sexually and mentally. Family Doctors ...decline" (Consumption). Finally, "The ...(by Drs. Kennedy & Kergan fell into my ...and cause. Self abuse had sapped my ...and was cured. My friends think I was ...many patients, all of whom were cured. ...gor, Vitality and manhood."

...for Question Blank for Home Treatment.

...Kergan, 148 Shelby Street, Detroit, Mich.

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...Y RUPTURE ...show you ...cure yours FREE

...and bothersome for years from a bad rupture. No truss ...wait I would die if not operated upon. I tested ...myself by the Rice Method. I advise all ruptured ...method," writes Mr. Robt. Howard.

A Free Trial of this marvellous Method sent ...on all cases, giving description of their case. Thousands ...IT WILL CURE YOU. Write to-day.

...ice, 21 East Queen St. Block 561 Toronto, Ont.

Sunlight Soap

represents care, skill and scientific accuracy in its manufacture. That is why it does your washing without shrinking woolens, fraying linens or injuring your hands.

Equally good with hard or soft water.

No scrubbing, no boiling, more cleansing, less toiling.

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Your money back if not satisfied. 1106

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We have the best and cleanest building in Kingston for storage purposes. Specialty made of storing furniture, carriages, etc.

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Carriage Painter,

'Phone 596 :: :: :: 299 Queen St.

N.B.—We're ready now to paint that carriage of yours; you will want it soon.

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300 Candle Power Gas Burner for the rock bottom price, $1.25. Try one and you will try more.

It is distinctive, attractive, convincing. Buy from

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All orders promptly attended to. Estimates given on new work. Satisfaction guaranteed.

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Jobbing work solicited and promptly attended to.

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Superfluous Hair

Removed by the New Principle,

De Miracle

It is better than electricity, because it does not scar or produce a new growth. Better than X-ray, because it does not burn, scar or paralyze the tissue under the skin. Better than depilatories, because it is not poisonous; therefore it will not cause blood poisoning, or produce eczema, which is so common with depilatories, nor does it break off the hair, thereby increasing its growth.

Electrolysis, X-ray or depilatories are offered you on the bare word of the operators and manufacturers. De MIRACLE is not. It is the only method which is indorsed by physicians, surgeons, dermatologists, medical journals and prominent magazines.

De MIRACLE mailed sealed in plain wrapper on receipt of $1.00. Your money back without question (no red tape) if it fails to do all that is claimed for it. Booklet sent free in plain, sealed envelope, upon request. Write for it to-day to De MIRACLE CHEMICAL CO., 22 Queen St. West, Toronto. For sale by

THE ROBERT SIMPSON COMPANY, LIMITED. TORONTO, ONT.

7 Sutherland Sisters Hair Grower

GREW THIS HAIR

Testimonial No. 422.

MISS NORA GASTAGER 2106 Centre Ave., Pittsburg, Pa.

When the scalp throws off either dandruff or a gummy substance, it is an evidence of scalp disease, and no time should be lost in correcting it. You certainly would not hesitate to take treatment were you to look at this matter through a magnifying glass. When highly magnified it resembles a working mass of insects. These creatures absorb the nutriment or life-sap of the scalp causing the scalp to become dry and feverish, resulting in the loss of hair and finally baldness. Seven Sutherland Sisters' Hair Grower and Scalp Cleaner works wonders in all such cases. It thoroughly eradicates all trace of scalp bacteria and makes the hair grow unusually long, strong and beautiful. One 50 cent bottle is enough to show you that it will do all this and even more. NOW at all druggists, two sizes, 50c. and $1.00 per bottle.

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Dyeing with Soap!

Maypole Soap is the Household Dye that washes and dyes with one operation. Used almost exclusively in England. Yields fast, brilliant colors. Dyes to any shade. No streaks. And above all—*CLEANLY, SAFE, SURE.*

Maypole Soap — Made in England — Sold Everywhere

10c. for Colors — 12c. for Black.

DR. WEAVER'S TREATMENT.

WEAVER'S SYRUP For Humors, Salt Rheum, Scrofulous Swellings, etc.

WEAVER'S CERATE Cleanses the Skin, Beautifies the Complexion.

Combined, these preparations act powerfully upon the system, completely eradicating the Poison in the blood.

Davis & Lawrence Co., Ltd., Montreal.

$2.50 CANARY FREE!

Sell Bird Bread and get a lovely singing canary free by sending us your Bird Bread yellow wrappers before Jan. 1, 1902. Bird Bread is a new pure, wholesome food for all cages. If dealer has none send his address and 25 cents and cash or stamps for pkge. wanted, and we will send you the bird and Bird Bread.

BIRD BREAD (Avoid imitations which are worthless.) Makes cage birds healthy and makes them sing. Free trial in 1 lb. Cottam Bird Seed pkge., the finest food on sale everywhere. Keep your baby in bird troubles free for eighty stamps. Address exactly

COTTAM BIRD SEED, 31 St. London, Ont.

The Rule Was Too Short.

Lippincott's Magazine.

Pat was busily engaged laying bricks one day when the foreman came to him and said:

"Pat, go back to the end of the building and measure the length of the foundation for me."

Pat vanished, and after a stay of some duration returned.

"Well, Pat," said the foreman, "did you measure it?"

"Oi did," answered Pat.

"How long was it?" was the question.

"Altogether," answered Pat, "'twas as long as me rule, me arm, an' two bricks."

A man can lose more money through one hole in his pocket than eighteen holes in a golf course.

YOU CAN REMODEL

LAST YEAR'S FROCKS AND BE IN FASHION.

Tucked Skirt Needs Little Alteration—Braid a Great Helper—Be Careful to Stick to Harmonizing Colors.

Special to the Whig.

New York, March 25.—It is an easy matter to remodel last year's frocks if one knows how to go about it. The skirt of last year made with clusters of tucks or inverted plaits at each gore needs but little alteration. It is the plain seven or five-gored skirt that is taxing the ingenuity of home dressmakers and seamstresses. A nine or eleven-gored skirt may be made to look very well by simply opening each seam and inserting silk strips. This is an easy method for increasing the width of a skirt, provided the material is set between the gores, whether braid or silk, is never more than two inches wide, at the very utmost.

The extra fullness of the waist caused by the introduction of the trimming may be taken up in pin-tucks or merely fitted into the skirt and made to fall gently into the fullness at the bottom. If there is not enough left over material from a scant skirt to put a plaiting about twenty or twenty-five inches deep on the bottom, then the gores should be cut of different lengths, say the middle one about eight inches from the bottom, the ones on each side about fifteen, the ones next these twelve, and so on. The additional material may be used as a shaped flounce, set under the ends of the gores, which should be either scalloped or set in points. Plaited or tucked skirts from last year should merely have the stitching ripped to within a few inches of the waist line, from seven to nine inches from it in the front and about five inches in the back.

The coat, with bloused front and short sleeves, may very easily be made into a pretty bolero by simply cutting it short and fitting it in a bit at the waist line. For the coat sleeve the best thing to do is to make it into an elbow sleeve by cutting it into the shape of a half circle, as wide as its shape will permit, and putting four or five ruffles of lace or plaited mull or batiste, lace edged at the end of it. This will make a very pretty covering for the arm, dainty in the extreme, and, while it will not give much warmth, it will accord perfectly with the bolero effect of the jacket, and, with the sleeve of the shirt waist coming from under it, it will not give the arm an undressed look. The ruffles must be very full and finely plaited, overlapping one another closely, and the first one merely peeping out from the edge of the sleeve.

Braid is a great helper in altering and making larger any part of street gown where there is a real or apparent lack of material. A very wide Hercules braid will answer as a yoke to lengthen a skirt, or it will do to form the cuff of a sleeve that is too short, and it may also be used to lengthen a bolero or Eton jacket.

The wide braids are rather expensive, but the effect produced by them in remodelling a suit is so far better in every way than when a different material is used that there should be no hesitation in going to the extra expense. Besides good braids may be used again and again, so long as there is a thread of them left.

The altering of gowns of soft, transparent textures is never a very difficult thing to accomplish successfully, but the main thing is to keep the harmony of coloring intact. A tan gown, for instance, is far prettier when trimmed with the same color or a cream lace, than it is with anything else, and will always be found more becoming. Its charm lies in its neutral tint, and when that is used as a background to a stronger color, it loses its character at once. The same thing is true of brown, with the exception that the shades of brown which have green in them are generally more effective when different shades of the same color are combined. Patches of color such as rosettes, belts, etc., on a plain, cool surface, invariably destroy the beauty of the whole garment. Belts should always be of the same color as the gown or waist they are worn with, so that the division between waist and skirt may be as little noticeable as possible.

One of the prettiest of the many ways to modernize a shirtwaist, whether silk or cotton, is to turn the sleeves upside down and cut off the top part. This will very materially shorten the sleeve, and to give it the necessary length a long cuff will be required. To make this, tuck some batiste, white if for a muslin waist, cream if for a silk one, having the tucks running horizontally. Cut the cuff out so that the part where the hand goes through is so close that the cuff must be buttoned each time it is put on or off, and then sew all around it a lace-edged ruffle. Attach the cuff to the sleeve in a manner that will permit its being taken off to be laundered without disturbing the finish of the sleeve. Make a stock for the neck in exactly the same way, with buttons or loops at the back to fasten it. For convenience there is no easier or more attractive fashion for furnishing up an old-style shirt-waist.

For changing very thin frocks and gowns to the prevailing mode a dozen different ways will suggest themselves. Materials of this description can almost always be matched perfectly, lace and embroidery, both of which can be used profusely, can be introduced with good effect in almost any gown, especially the all-over embroidery, which is more beautiful this year than ever before.

One tan embroidered batiste has been made over altogether by adding to it plaited flounces of plain batiste of the same color. The skirt has been made much fuller by drawing it up at the waist, where the fulness is taken up by lengthwise tucks. The sleeves are entirely of a succession of plaited ruffles, like those on the skirt, and the waist has bands of plain batiste stitched on in circles and discs. The effect is lovely, and the frock prettier than ever before.

High treason is a low crime.

DIFFER RADICALLY

In Opinion of Reception to Negro Collector.

Special to the Whig.

New York, March 25.—Politicians and others who have expressed their views on the subject, differ radically as to the reception that Charles W. Anderson, the negro appointed to the internal revenue collectorship for the Second New York district, will receive when he takes up his new duties. Prejudice against the negro is very strong in New York. No theatre, first-class hotel or restaurant will accept negro patronage. Two cases resulting from such discrimination are pending in the courts now. The negro is no nearer recognition in New York as a social equal than he is in a southern city. As to Anderson, his enemies are digging up unpleasant incidents in his record, and it is declared in certain quarters that a fight that threatens to assume the proportions of that made against President Roosevelt's famous Crum appointment is to be waged by local republicans against the appointment. There is no doubt that many people do not like the appointment, but there is a question as to whether the opposition will develop openly. Officials of the internal revenue office say that he will be warmly welcomed by his staff, the members of which remember him as a competent officer during his four years' service with them as gauger.

THE VALUE OF CHARCOAL.

Few People Know How Useful It Is In Preserving Health And Beauty.

Nearly everybody knows that charcoal is the safest and most efficient disinfectant and purifier in nature, but few realize its value when taken into the human system for the same cleansing purpose.

Charcoal is a remedy that the more you take of it the better; it is not a drug at all, but simply absorbs the gases and impurities always present in the stomach and intestines and carries them out of the system.

Charcoal sweetens the breath after smoking, drinking or after eating onions and other odorous vegetables.

Charcoal effectually clears and improves the complexion, it whitens the teeth and further acts as a natural and eminently safe cathartic.

It absorbs the injurious gases which collect in the stomach and bowels; it disinfects the mouth and throat from the poison of catarrh.

All druggists sell charcoal in one form or another, but probably the best charcoal and the most for the money is in Stuart's Charcoal Lozenges; they are composed of the finest powdered Willow charcoal, and other harmless antiseptics in tablet form or rather in the form of large, pleasant tasting lozenges, the charcoal being mixed with honey.

The daily use of these lozenges will soon tell in a much improved condition of the general health, better complexion, sweeter breath and purer blood, and the beauty of it is, that no possible harm can result from their continued use, but on the contrary, great benefit.

A Buffalo physician in speaking of the benefits of charcoal, says: "I advise Stuart's Charcoal Lozenges to all patients suffering from gas in stomach and bowels, and to clear the complexion and purify the breath, mouth and throat; I also believe the liver is greatly benefited by the daily use of them; they cost but twenty-five cents a box at drug stores, and although in some sense a patent preparation, yet I believe I get more and better charcoal in Stuart's Charcoal Lozenges than in any of the ordinary charcoal tablets."

Czarina And The Dowager.

The present czarina and the dowager empress do not merely look askance at one another. They have been at open war for years. The latter found it very hard to surrender first place among the women of the empire, but of course had to do so. This was especially irritating to the imperious dowager, inasmuch as the woman who displayed her hates everything in the way of display, cares naught for court intrigue and is almost painfully shy.

When you hear of people who fairly blaze with diamonds you may rest assured that they will never set the world on fire.

USED ROUND THE WORLD

Walter Baker & Co.'s Chocolate and Cocoa

LOOK FOR THIS TRADE-MARK

The Leader for 124 Years

Grand Prize World's Fair St. Louis

Walter Baker & Co. Ltd. Established 1780 DORCHESTER, MASS.

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Branch House: 12 and 14 St. John St., Montreal, P.Q.

They act like Exercise.

Cascarets -for the Bowels

Ten Cents 650 All Druggists

No Argument Will Convince a Women

that a flour is all right, if she can't make good bread with it. The one argument that wins every woman in favor of ROYAL HOUSEHOLD FLOUR is, that it never fails to turn out the most beautiful Bread and Cake and the most crisp and delicious Pastry when used according to the very simple "Royal Household" recipes. That one fact outweighs all the theories of two thousand years.

No other flour has ever made so many intimate friends among Canadian women in so short a time.—Perhaps it's because "Royal Household" is made by the new electrical process—that makes a wonderful difference in flour.

Your grocer sells "ROYAL HOUSEHOLD" and you can have the recipes by simply sending your name and address to The Ogilvie Flour Mills Co., Limited, Montreal, and *mentioning the name of this paper.*

SPRAY ALL THE TREES.

Macoun and Brown Talk to Fruit Growers.

St. Catharines, Ont., March 21.—Profitable addresses on subjects relating to fruit-growing were given here at a large meeting of fruit-growers in Standard Hall. All the previous week meetings had been held in the district under the auspices of the Niagara Peninsula Fruit-Growers' Association, and they were addressed by A. N. Brown, a prominent fruit man of the state of Delaware; W. T. Macoun, of the Central Experimental Farm, Ottawa, and Prof. Lochead, of the Ontario Agricultural College, Guelph.

The speakers were Mr. Brown and Mr. Macoun. Mr. Macoun spoke on grape disease and said that unless stern measures were taken by the fruit-growers to curb the progress of the disease soon there would be no vineyards left in the Niagara fruit belt. The diseases affecting the grapes are black rot, brown rot and powdery mildew. These diseases may be cured by diligent spraying, and Mr. Macoun counseled spraying the grape vines once a week during the growing season. Bordeaux mixture was the solution to use.

Mr. Brown spoke on spraying and of the necessity of spraying. Shade trees as well as fruit trees should be sprayed because they are by no means immune from the San Jose scale. The fruit-growing business on this continent is being threatened to-day as never before. Diseases and insects beset fruit trees. The San Jose scale can be killed by proper spraying with lime, sulphur and salt wash, the solution being made up on this basis: 25 lbs. lime, 20 lbs. sulphur, 15 lbs. salt and 40 gallons of water. It needs cooking only 20 or 25 minutes, and should be sprayed on the trees in a fog-like vapor, with a pump of from 80 to 100 lbs. pressure. Mr. Brown advised spraying trees whether they are infected with the scale or not. It not only keeps the scale off, but makes the tree healthier. He also advised the spraying of trees in the parks of cities, otherwise the trees would die.

Mr. Brown urged upon the fruit men the great necessity of honest packing of fruit if they want to make their business profitable.

The association passed resolution, thanking the new minister of agriculture at Toronto for his kindness in aiding the association in arranging the meetings.

A Chicago Alderman Owes His Election to Chamberlain's Cough Remedy.

"I can heartily and conscientiously recommend Chamberlain's Cough Remedy for affections of the throat and lungs," says Hon. John Shenick, 228 So. Peoria street, Chicago. "Two years ago during a political campaign, I caught cold after being overheated, which irritated my throat and I was finally compelled to stop, as I could not speak aloud. In my extremity a friend advised me to use Chamberlain's Cough Remedy. I took two doses that afternoon and could not believe my senses when I found the next morning the inflammation had largely subsided. I took several doses that day, kept right on talking through the campaign, and I thank this medicine that I won my seat in the Council." This remedy is for sale by all druggists.

The Czar No Coward.

A lady who has seen a good deal of the home life of the czar tells the British Weekly that she does not believe that his failure to meet his people face to face was due to cowardice. At the time of the Servian murders it was rumored in the palace at St. Petersburg that one of the ministers had been so overwhelmed with terror that he ran away and hid himself in a dressing room. The czar spoke with contempt of the Servian's supposed timidity. "I cannot understand," he said, "how any one who fills a public post could hide himself from fear of death. I should not go so far as the next room to escape death."

Lack Of Thoughtfulness.

Kansas City Star.

A man recently began swearing in an Atchison saloon. "Look here," the proprietor said, "you will have to cut out that profanity. Suppose a lady were to come in after a drink, how would your swearing sound?"

It's an awful nice surprise to try to kiss a girl on the cheek and miss it because her lips are in the way.

Three applications of Peck's Corn salve will cure hard or soft corns, 15c. at Wade's drug store.

COAL OIL! COAL OIL!

We will deliver to any part of the city Coal Oil in any quantity.

We carry the following grades:—

Canadian, Brilliant, Peneoline, American Safety, Pratt's Astral

SPECIAL PRICE IN 5 GALLON LOTS.

Brilliant and Peneoline are the best oils made.

.. ELLIOTT BROS ..

'Phone 35.

GOLD MEDAL AWARDED, WOMAN'S EXHIBITION, LONDON, 1900.

Neave's Food

For Infants, Invalids, And The Aged.

Nearly 80 Years' Established Reputation.

DR. BARNARDO says:—"We have already used Neave's Food in two of our Homes (Babies' Castle and the Village Home), and I have no hesitation in saying it has proved very satisfactory." July 27th, 1901.

Manufacturers: JOSIAH R. NEAVE & CO., FORDINGBRIDGE, ENGLAND.

Wholesale Agents:—THE LYMAN BROS. & Co., Ltd., Toronto & Montreal.

FANCY GOODS, TOYS, ETC.

Baby Carriages, Go Carts, Express Waggons, Carts, Rowing Waggons.

Card Games, Flinch, Trix Cards, Pitt, Loss Heir, Sherlock Holmes, Kan U Katch, Checkers, Dominoes, Cribbage Boards.

Fancy China Cups and Saucers, Jardiniers, Bon-Bon Dishes, Bread and Butter Plates, Vases, Salads, Rose Bowls, Tea, Sugar and Cream Sets, Celery Dishes, Marmalade Sets, etc.

Fancy White China for Decorating

Oranges, Lemons, Grapes, Bananas, Pine-apples, Apples and Confectionery.

J. HISCOCK.

Good Looks

are characteristic of the TRULY GOOD, even though in form and feature one might border somewhat on the homely.

Church's Cold Water ALABASTINE

on the walls of any home will do more to enhance good looks IN HOME SURROUNDINGS than anything else that can be used.

ALABASTINE IS GOOD, looks rich, and is healthful. Wall-paper, with its arsenical coloring matter, and moulding paste, gives a room a stuffy smell and impregnates the air with disease germs. Save money in decorations and doctors' bills by using ALABASTINE. Write us for booklet.

Alabastine is for sale by Hardware and Paint Dealers everywhere. Never sold in bulk. Address

The Alabastine Co. Limited, Paris, Ont.