HAPPY AND HEALTHY.

A Beautiful Canadian Girl Saved From Catarrh of the Lungs by Pe-ru-na.

MISS FLORENCE KENAH.

Miss Florence E. Kenah, 434 Maria street, Ottawa, Ont., writes:

"A few months ago I caught a severe cold, which settled on my lungs and remained there so persistently that I became alarmed. I took medicine without benefit, until my digestive organs became upset, and my head and back began to ache severely and frequently.

"I was advised to try Peruna, and although I had little faith I felt so sick that I was ready to try anything. It brought me blessed relief at once, and I felt that I had the right medicine at last. Within three weeks I was completely restored and have enjoyed perfect health since.

"I now have the greatest faith in Peruna." *F. E. KENAH.*

WOMEN should beware of contracting catarrh. The cold wind and rain, slush and mud of winter are especially conducive to catarrhal derangements. Few women escape.

Upon the first symptoms of catching cold Peruna should be taken. It fortifies the system against colds and catarrh.

The following letter gives one young woman's experience with Peruna:

Miss Rose Gerbing is a popular society woman of Crown Point, Ind., and she writes the following:

"Recently I took a long drive in the country, and being too thinly clad I caught a bad cold which settled on my lungs, and which I could not seem to shake off. I had heard a great deal of Peruna for colds and catarrh and I bought a bottle to try. I am pleased that I did, for it brought speedy relief. It only took about two bottles, and I considered this money well spent.

"You have a firm friend in me, and I not only advise its use to my friends, but have purchased several bottles to give to those without the means to buy, and have noticed without exception that it has brought about a speedy cure wherever it has been used."—Miss Rose Gerbing.

If you do not derive prompt and satisfactory results from the use of Peruna, write at once to Dr. Hartman, giving a full statement of your case and he will be pleased to give you his valuable advice gratis.

Address Dr. Hartman, President of The Hartman Sanitarium, Columbus, O.

ONTARIO'S NEW PREMIER.

Whitney Has Been in Legislature Since 1888.

A native of Dundas county and a resident therein ever since his birth, October 2nd, 1843, J. P. Whitney, who will doubtless be called upon by the lieutenant-governor to form a new government, was educated at the Cornwall Grammar School and called to the bar in 1876, since which time he has practised law in Morrisburg. The honor of K.C. came in 1890. Mr. Whitney, as a member of the volunteers, served for five months during the Fenian troubles in 1866, and is now a lieutenant-colonel of reserve. His political experience dates from 1886, when he contested Dundas for the legislature, but was defeated by Dr. T. F. Chamberlain. On the latter being unseated, Mr. Whitney was returned at a bye-election in 1888, and has been a member of the house ever since. On the resignation of Mr. Marter from the leadership of the opposition, Mr. Whitney was chosen for that position on April 2nd, 1896. As such he has made several extensive tours through the province in the conservative interest, and in the time he has had should have become fairly well known. His is a rather cold, austere temperament, not making for sociability or popularity in the ordinary sense. He prefers a quiet room, surrounded by books to the buffetings of the political caucus. His method of speaking is well known, is discursive, and includes great powers of denunciation and some gift of sarcasm. In religious matters he is a prominent Anglican.

A nice gift to mail to a relative or friend, the latest souvenir book, "Views of Kingston," containing nearly 100 views. Only 35c., at Wade's Drug Store.

3 cans blueberries 25c. Pie peaches 10c. can. Crawford's.

FASHION'S FORM.

One Of The Latest Styles Just Out.

Shown here is one of the latest modes of a cloth redingote suit. The material used is dark green broadcloth, trimmed with heavy black braid and black silk buttons. The skirt has pleats stitched flat to the knees and flares full toward the bottom.

That tormenting cold that made you wretched last winter will not come back if you take Allen's Lung Balsam when your throat is raw and sore, this admirable remedy is free from opium. Take it in time.

Old eyes may be dim, but they see follies more quickly than those of the young.

Royal Baking Powder

45 CENTS a pound can AT ALL GROCERS

25 cents a half pound can

Royal Baking Powder is made from pure grape cream of tartar; is absolutely pure; has received the highest praise from all authorities on food at home and abroad; is used daily in millions of homes throughout the world.

Royal Baking Powder is the most economical thing in the kitchen.

HOCKEY WAYS

ONLY POSSIBLE IN A CANADIAN CLIMATE

For Meteoric Swiftness It Takes The Lead—Nothing Can Be Compared To It.

Those who have the ear of imagination can hear from all parts of Canada these days the ring of cold steel on crisp ice. It is the sound of the lightning hockeyist chasing the puck. There are games that call for speed, skill, endurance, coolness, quickness of judgment, and such like qualities, but for meteoric swiftness, and all that it implies, the best of them must yield to hockey. Lacrosse has been called the national game, and it has many claims to that title, for it was played in these latitudes long before Columbus happened on San Salvador. Whether it is so distinctively a national game as hockey is, however, open to argument. A team of lacrosse players might come from New Orleans, or Havana, or Rio Janeiro, and conquer Canada from Montreal to Vancouver. It never has been done, but it is not unthinkable. In the domain of hockey, on the other hand, it is outside the bounds of possibility that a team could be reared south of Mason and Dixon's line which would have a ghost of a show even against a parcel of boys taken at random from any Canadian public school.

Zeal may do much, but it cannot make skates without ice—unless it be of the roller variety. The mere thought of such a deprivation causes a feeling of deep pity in any sympathetic breast for those whose misfortune it is to be born in an iceless land. Just reflect on the wretched condition of the man who not only has never figured in a hockey match, but who has not even seen one played. No description can be a substitute, for how can a game be calmly described when nothing on the earth could serve as a comparison or a standard without being considered lumbering and slow. It is necessary to go to the heavens, with its lightning bolts, its shooting stars, and its northern lights, for images to truly set forth the flashing celerity and inconceivably swift changes of the game of hockey-on-the-ice.

Talk about the strenuous life! What does anybody in Washington, D.C., know about the strenuous life? asks The Globe. He alone knows what the strenuous life is who plays lacrosse all summer, football all fall, and the mercurial game of hockey all winter. Rowing and canoeing must be thrown in as side dishes. What a population must result from this Spartan life! If all the rules and regulations of the soldier's vade mecum were universally enforced they would not produce the unsubduable race that these sports of ours, which our youth pursue gladly, are rearing all over this keen and hearty land. Is there any other climate in the world to compare with this Canadian climate of ours? There may be spineless and nerveless persons who sigh for lands where it is always afternoon. But for the production of a race that will be heard of in the world and make other people listen to them, give us that land whose summer makes the blood generous and warm, and whose winter makes it sharp, tingling, and compelling—and that land is our own good Dominion.

A Skyline of Tanks.

Toronto, since the fire, has come to the conclusion that there is nothing so satisfactory for the business part of the city as a general use of sprinklers, says The Canadian Architect. That is agreed. But how about the tanks which crown the buildings thus equipped. The cooper's art is one of our few surviving handicrafts, and it is right we should exalt it—but abstractly. This elevation of a monstrous vat to roost on every building is grotesque; fine in its way, but not in the way in which the town aims at being fine. If we had mill design as well as mill construction the ensemble would be perfect, but we are in the grip of the Renaissance and must be Renaissance all through. Fortunately, though a Renaissance tank would tax the resources of Vignola, a Renaissance tower is easy, and, if clients require precedent for a tower on their buildings, there is one at home in the Canada Life Building. The low tower which is the making of that building has for its raison d'etre the elevation of a water tank to supply pressure to hydraulic elevators. The Canada Life tower was carried out on a scale beyond absolute requirement, but it suggests, on whatever scale, the architectonic solution, for, though, a sky line of tanks is absurd, a sky line of towers would be quite another thing.

Big Bridge Nearing Completion.

The bridge over the east branch of the Winnipeg at Rat Portage will probably be completed, if the weather permits, by March 1. It is 400 feet long and has tow piers, besides the abutments, and is constructed of steel. It is close above the falls, which are expected to supply the power for the possession of which the Hudson Bay and Keewatin Companies and the town are disputing. The bridge is eight feet above the water level.

Brakes Refused To Work.

Napanee Beaver.

Quite a smash-up occurred on the B. of Q. Junction line, at Napanee, on Wednesday afternoon. The coach was standing at its platform, and when the engine and a couple of cars were backed down to it, the brakes refused to work, and the coach was crashed into, carrying it off its trucks and against Williams' bus, the side of which was damaged. The force of the concussion must have been considerable, a large oak block more than a foot square and braced by an iron rail, was snapped off level with its setting in a bed of cement. A large G.T.R. engine was used to separate the wreck, and it was midnight before everything was cleared away. The passenger coach was badly wrecked.

3 cans blueberries 25c. Pie peaches 10c. can. Crawford's.

TOLD IN THE TWILIGHT.

(Continued from page 3.)

About eighteen little tots accepted Mrs. W. Patterson's invitation to a children's party, given in honor of her daughter, Wilma's third birthday. The small hostess, assisted by her aunt, Miss McCormick, entertained her guests playing hide and seek, and other romping games. Tea was served, and needless to say ample justice was done to the good things provided. After enjoying four hours' fun and frolic, the tiny ladies and gentlemen were taken home tired and sleepy too.

* * * *

Mrs. Henry F. Wilmot, Frontenac street, entertained over a score of young girl friends of her daughter, Miss Mildred, on Friday night, and a bright, happy time they had.

* * * *

Mr. J. Workman left on Friday for Sudbury.

Miss Ethel Robinson left yesterday for New York, to pay her brothers a visit.

Miss Flaws has been appointed superintendent in the Butterworth Hospital, at Grand Rapids, Mich. The institution is nicely situated, it, and the nurses home, facing Crescent park.

Mr. and Mrs. Charles Livingston leave on Monday for Denver on a visit for six weeks.

Mrs. Percheron, who has been visiting her daughter, Mrs. Laidlaw, for some time, left to-day for her home in Champlain, N.Y.

* * * *

The Rev. Hugh Spencer came up from Winchester, on Thursday, and will remain till the first of the week, when he will take Mrs. Spencer home.

Mrs. A. H. Spencer with her children, will go back to Winchester next week, with the Rev. Hugh and Mrs. Spencer.

Miss Burn, of New York, is the guest of Mrs. Ellis, "Tintern Place."

Miss Belle Craig, who has been visiting friends in Brockville, since Christmas, returned home to-day.

Miss Jean Craig has been visiting friends in Trenton since Christmas, and returned home yesterday.

* * * *

Major Rathbun, M.P.P.-elect, left on Thursday morning for Boston to accompany Mrs. Rathbun that far on her way to spend the rest of the winter in Spain. She sailed from Boston on Friday.

SYDENHAM CARNIVAL.

A Gay Winter Night Spent Upon The Ice.

Sydenham, Jan. 27.—For some weeks the young people of Sydenham have been preparing for a fancy dress carnival, which materialized on Monday last. It is five years since Sydenham indulged in such a thing, and it is no wonder that everyone looked forward to a jolly good time and helped to bring it to a happy realization. Sydenham is favored for winter sport by having a beautiful sheet of water, which transforms itself into an equally beautiful sheet of ice. A large portion of this surface is, every winter, turned into a very comfortable rink by some of the young enthusiasts. This year the proprietors are Messrs. Godfrey and Wartman, and they are giving a service second to none and are popular with everybody. The carnival was a great success and everyone who could skate undertook a character, and for the most of the day kept themselves busy borrowing and buying, fitting and shaping until the early part of the evening, when they emerged on the village streets, some beautiful indeed, and other picturesque for their ugliness. The rink at seven o'clock was a blaze of light and at seven thirty when the Sydenham band struck up some popular airs, it did not take long to swarm with skaters. The night was very cold, but clear and only incited the merry crowd to move faster. Every spectator was a participant and the flashing costumes, the jingle of tinsel and graceful movements of the skaters made a very pretty picture which lasted until nearly midnight.

Those conspicuous for fancy costumes were: Myrtle Switzer, daughter of John Switzer, as "Queen of Hearts," took the first prize on the ladies' side. J. L. Willis, jeweler, as "Happy Hooligan," also took first prize among the gentlemen. Ethel Woodruff, "University Student;" Lulu Boyce, "Hockeyist;" Harry Woodruff, "Tramp;" Bert Kennedy, "Dude;" Florence Knapp, "Topsy;" Jennie Ludlook, "Winter;" May Daniels, "Snowshoe Girl;" Rose Granger, "Stars and Stripes;" Beatrice Grant, "Queen of the Night;" Florence Rutledge, "Scotch Lassie;" a beautiful costume and deserved a prize; Mrs. McConnell, "Ghost;" Mrs. Graham, "University Student;" Bert Daniels, "South African Hero;" Clemont Woodruff, "South African Hero;" Willie Godfrey, "Darkey Barber;" Gertrude Laidley, "Red Cross Nurse;" Harry Leitch, "Clown;" Helen Rutledge, "Christmas Tree;" Edward Boyle, "Bicyclist;" Harold Boyce, "Farmer;" Lydia Roberts, "Stars and Stripes;" Anah Griffith, "Gypsy."

Mr. and Mrs. Sidney Hicks, entertained a large number of their friends to tea on Monday evening, after which games were indulged in. On Tuesday evening Mr. and Mrs. Timothy Lawrence were at "Home" to a number of friends. Mrs. Lawrence and daughter gave a few musical selections, assisted by Mrs. Stewart Joyner. Mrs. Rutledge and daughter, of Manitoba, are here on a visit to their friends. A load of young people purpose driving to the home of Harry Guess, this evening. Miss Annie Shibley is visiting friends here. The parlor social at Sidney Wood's last Thursday evening in aid of the English church, was a grand success. The house was filled to overflowing, and proceeds amounted to $11.

The Power Of Self-Support.

The training given in the new Frontenac Business College, corner Barrie and Clergy streets, is broad in scope and substantial in character. It is pre-eminent in quantity, quality and power. It possesses all the forces required to produce the skilled stenographer and the finished business worker. It imparts self-confidence, self-reliance, and the greatest of all blessings—the power of self-support. Day and evening sessions. Get particulars and reduced rates. T. N. Stockdale, principal. 'Phone 680.

Bargains in corsets, every description. New York Dress Reform.

SPECIAL PRICES

On Ladies', Boys' and Misses'

WINTER HOSE!

Before stock-taking we want to clear out all lines of Winter Hosiery. With two months of winter and likely to be very cold ones, you'll need good warm stockings. We keep only the best lines, and at the special cut prices you ought to be interested at once.

Ladies' Black Cashmere Hose at 25c., 35c. and the 50c. kind at 37½c.

Ladies' Ribbed Overstockings, all wool, very elastic, regular 40c. kind, at 25c.

Boys' Heavy Overstockings, sizes from 7 to 7½, special at 18c.

Boys' Ribbed Stockings, all wool, sizes 8 to 10, special at 25c.

Misses' Stockings, both plain and ribbed, all fine wool, at special prices, from 15c. to 40c.

... Steacy & Steacy ...

ANY SCHEME

WILL HAVE TO BE SUBMITTED TO PEOPLE.

Premier Balfour At Manchester—In Addressing Constituents Spoke Of Importance Of Thinking Imperially.

London, Jan. 28.—Mr. Balfour again addressing his constituents at Manchester, congratulated the workingmen on their imperial sentiments and said if they begin to think of their special particular interests, to the exclusion of those wider objects, those greater responsibilities, which their position as citizens of the empire thrusts on them, then there will be the beginning of decay in the great fabric and those daughter communities, who share their freedom, culture and civilization, will feel they can no further look to this island as the centre of the empire, as the true origin and fount of imperial ideas, which ought to animate the whole. They in their turn will consider their separate particular interests rather than the good of that great whole of which they are a part. They could not doubt that if once particularism began in an empire so loosely constituted, then the moment of dissolution was not far removed.

Referring to the colonial conference he said, that any scheme decided upon will have to be referred not only to the electorate of the self-governing colonies, but to the electorate of Great Britain, because unless there were some such appeal he doubted whether the people of the colonies and Great Britain would leave their representatives at the conference entirely unfettered. He hoped the decision of the empire, when it came, would be a decision from which no single part would ever be tempted to withdraw, which would remain for all time to mark a step in the further consolidation of the king's dominions, without which it was quite impossible that the vast collection of different communities should bear a full share in carrying forward the civilization and freedom of humanity.

KING EDWARD VII. Scotch Whisky

is both the physician and the hosts'

First Choice

because of its superior quality, purity and great age.

Greenless Brothers

Distillers, Argyleshire.

MANY OPENINGS

Found For Graduates Of The Kingston Business College.

R. Playfair, a student, has been appointed to a position in the Crown bank.

Miss Mabel Nobes has secured a position as stenographer with the Frontenac Cereal Co., Kingston.

Miss L. Mills is doing duty as stenographer in the office of A. Cunningham, barrister, city.

W. Playfair, of the shorthand department, has an excellent position on the staff of the Weekly Herald, Montreal.

Miss Alice Sands has accepted a position as stenographer with the Fron-H. Skinner & Co., wholesale druggists, city.

Miss Flora McKay and Miss Gertrude Perrin left for Montreal on Tuesday to accept positions in that city.

Two students of the college have been appointed to positions with the Canada Atlantic Railway Co.

W. J. Smith, of the commercial department, has accepted an excellent position with the International Harvester Co.

Evening classes are being well attended.

LETTERS TO THE EDITOR.

Was Not On Any Committee.

Kingston, Jan. 28.—(To the Editor): In last night's News and Times I am reported to have been on a committee which helped to pull down Mr. Pense's majority. I wish to emphatically deny this statement. I was not on any committee of Mr. McIntyre's, nor did I do any work for him.—GEORGE BONNY.

Scotch Organizer Here.

A number of Scotchmen of the city met at the Windsor hotel last evening and were entertained by John Burns, of Whitney, grand organizer of the Sons of Scotland, with many of the auld Scotch songs, and stories. Robert Carswell also contributed some songs. Mr. Burns is a good Scotch vocalist, and wears the tartan of the old Stewart. Sir William Wallace Camp of the Sons of Scotland, are giving an open meeting on Tuesday evening in the hall over the Mechanics' institute, corner of Princess and Montreal streets. All Scotchmen and their lady friends and bairns, are cordially invited to hae a real Scotch nicht, with Mr. Burns.

Practical Knowledge And Skill Always In Demand.

Throughout the length and breadth of our land are thousands of young persons who realize the importance of a practical business education, and who are resolved to secure it. They know that their value and power will be doubled, yes, quadrupled, by this means. It is capital of the best kind for young people starting in life. It is permanent and always in demand. Call, write or 'phone 680, for particulars and reduced rates. You may enter at any time in either the day or evening classes. New classes are starting each week. T. N. Stockdale, principal.

Mining Institute Meeting.

The eastern section of the Canadian Mining Institute will hold a meeting in the chemistry lecture room, School of Mines, on Monday, at 8 p.m., when the following papers will be read: "Notes on Mining in Rossland," by G. C. Bateman; "Prospecting and Initial Development in Canada," D. D. Cairnes.

"Frenzied finance" was the coinage of Mr. Lawson of copper fame. In resenting the many vile things which have been said about him he gives away, in paper and magazine, some of great stock manipulators. He hints that the great life insurance companies had better take care or with a slump they will have less money to the good.

John Jackson, Deseronto, a Bishop's College student, died in Sherbrooke hospital, a few hours after an operation had been performed. Deceased was but twenty, and intended entering the ministry.

Mrs. Samuel Booth, formerly of Deseronto, but lately of Napanee, is dead. She is survived by her husband and one son.

A girl is very clever to act as if she didn't have such things when anybody happens to mention a leg.

A Healthy Woman

Is a Beautiful Woman.

A healthy woman looks young at fifty. An unhealthy woman, with the bloom faded from the cheek, the lustre from the eye and the elasticity from the step, looks old at twenty-five.

Yet the only difference between the young woman at fifty and the old womar at twenty-five, is the difference of womanly health upon which depends woman's appearance and disposition.

Dr. Hugo's Health Tablets For WOMEN Make HEALTHY WOMEN

My husband read one of your advertisements and bought me three boxes of Dr. Hugo's Health Tablets for Women. I took them as directed, I gained twelve pounds and got back the color I used to have. My husband says I look ten years younger. I tell him that I feel twenty-five years younger and that Dr. Hugo and his medicine should have the credit. Mrs. H. S. Morgan, Montreal.

50c. at dealers, or by mail postpaid.

B. N. ROBINSON & CO., Coaticook, Que.

STOCK MARKETS.

Telegraphed specially to the Whig by Norman Bannore, Manager Hartshorne, Bogert & Battelle, Members New York Stock Exchange, 151 St. James Street, Montreal.

NEW YORK STOCKS.

	Jan. 28th. 11.30 a.m.
Amalgamated Copper	72¼
American Locomotive	37
American Smelting & Refining	86¼
American Sugar Refining	141½
Atchison	87¼
Baltimore & Ohio	102½
Brooklyn Rapid Transit	60¾
Chesapeake & Ohio	48¼
Chic., Mil. & St. Paul	175
Col. Fuel & Iron	45¼
Erie, com.	44½
Erie, 1st pref	81¼
Louisville & Nashville	137¼
Metropolitan Street Ry	116½
Missouri Pacific	106½
New York Central	144½
Pennsylvania	137
Reading	87½
Rock Island	35¼
Southern Pacific	37
Southern Railway	34½
Twin City Rapid Transit	106½
Union Pacific	119¾
U.S. Leather	13¼
U.S. Steel, com	39¼
U.S. Steel, pref	95

MONTREAL STOCKS.

Montreal Street Ry	213
Dominion Iron Bonds	81
Dominion Coal, com	60

NEW YORK STOCK MARKETS.

	Jan. 28th.
Atchison	87¼ 87¼
Amal. Copper	72¼ 72
Baltimore & Ohio	102 102¼
Brooklyn Rapid Transit	60¾ 61
Canadian Pacific	133½ 133¾
Erie	43½ 44½
Illinois Central	158¾ 158¾
Louisville & Nashville	137¼ 137¼
Metropolitan	116¾ 116¾
Missouri Pacific	109 109¼
New York Central	144¼ 145¼
Pennsylvania	136¾ 137¼
Rock Island	35 35¼
Reading	87¼ 87¼
St. Paul	175 176¼
Sugar	142 142½
Twin City	106¾ 107¼
Union Pacific	119¾ 121¼
U.S. Steel	39¼ 39
U.S. Steel, pref	94¼ 94¼
Wheat—	
May	115¾ 116¼
July	98¾ 98¾
Corn—	
May	45¼ 45
July	45¼ 45¼

The lucky man puts his best foot forward instead of depending on the left hind foot of a rabbit.