REASON Nº 7 WHY YOU SHOULD USE

Red Rose

Because it is put up in sealed packages.

These packages protect the flavor of the tea and protest you in weight and guarantee of quality.

No article of food is so easily tainted as tea-it absorbs the flavor of everything it comes in contact with. Place an orange beside some tea for an hour, and then taste or smell the tea -- orange too.

Very few tea bins are tight enough to prevent tea from absorbing the odors of fruit, vegetables, cheese, etc., etc., usually mixed together in a grocery-and the ordinary tea chest is very little protection. The Red Rose Tea sealed lead package preserves

all the original flavor and freshness of the tea-open a package and smell its fresh fragrant aroma. Packages of Red Rose Tea are always full weight

and/uniform in quality. T. H. ESTABROOKS, St. John, N. B. BRANCHES: TORONTO, WINNIPEG.

This Month

irent clearing sale of Scotch Twast

Bargains In Cutters!

a good cutter now is the time to buy and save money.

390 PRINCESS STREET.



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Plumbing and Heating Engineer



W. MACK, II NING ST. W. TORONTO

a healthful beginning of every dinner.

For the Balance of A GRAND SPECIAL OFFER



We do this to make known the wonderful merits of this noble remedy. You inha's free illustrations alouds of braing vapor into every sir passage of the note and throat, braining the membrane and radically laring Catarrib, whether of one or twenty years standing. Cures a cold in a day. Cures Catarrib in a few weeks. To those who cannot call at the drug store, Dr. Jenner's Inhaler, with medicine complete, will be mailed, post paid, on receipt of ten cents (allver). Address —

at above special price for a limited time only by

Gives strength Makes new blood **Builds** up the system Throws off all weakness

Sold by all medicine dealers. lavie & Lawrence Co., Ltd., Montreal.

and walls are of stone, and on the eastern side there is a manger, looking through the bars of which one sees the scenes of the Nativity, with the towers of castles and palaces in the distance. In the foreground the virgin sits by the manger, holding the infant Saviour, with St. Joseph leaning over her and the wise men offering sheep, oxen and various projects.

It was the universal spring and fall.

It was the universal spring and fall "blood purifier," tonic and cureall, and mind you, this old-fashioned remedy was not without merit.

The idea was good, but the remedy was crude and unpalatable, and a large quantity had to be taken to get any effect.

Nowadays we get all the transfer for the great motor.

Nowadays we get all the transfer for the programme arranged for the occasion and the many proposition. ing sheep, oxen and various precious gifts. In this chapel worshippers remanger is the only window in the edi-fice, so that the first rays of the

Chamberlain's Cough Remedy Absolutely Harmless

The fault of giving children medicine tirely forgotten. isease from which they are suffering. sale by all druggists.

Character determines condition.

Armour's Extract of Beef

excites the gastric juice this

insures an appetite and good ligestion. When the meats,

regetables and dessert follow.

this excess of gastric juice aids

quick and complete digestion. without overtaxing the system.

Armour's Extract of Beef

pleases the palate with its rich

flavor of roast beef roasting-

tones and stimulates the system

n the natural, healthful way

An additional relish to soups, sauces,

gravies, and creations of the chafing dish.

nour's Extract of Beef

NOR LIMITED, Sale Packers and Shippers for Canada, TORGETO.

Start Dinner Right

Bouillon, or Beef Soup, made with Armour's Extract of Beef.

CHRISTIAN SCIENTIST.

CHURCH WORK.

Calls Extended To Various How can we get rid of them? If wo In Royal Household.

sointed auxiliary bishop, to assist some sort are at the bottom

A Roman Catholic church is to



mory of the Catholic soldiers who fell in the British service in the Boer war. Rev. W. D. Reid, of Taylor Presby-terian church, Montreal, has received an invitation to the pastorate of the Reid Memorial church, Baltimore, Md. The Methodist Episcopal church at Cape Vincent, N.Y., has been remodelled and improved at a cost of \$3,600, all of which has been met, save \$500. At a meeting of the congregation of Knox church, Lancaster, Ont., it was decided to call to the vacant pastorate Rev. R. McKay, of Sher-

Taylor Drug Co., 124 Princess St., City Roman Catholic has been appointed ter, and the remedies that tend to to any office of trust in the royal eliminate uric acid. The main things

In spite of the stirring war spirit much pure air as possible, sleep well, there has been an increase of eleven and take all the exercise practicable Christian Endeavor societies in Japan within a year, making 126 in all.

The recent National Christian En-

The recent National Christian Endeavor convention in that country is said to have been the most spiritual and successful ever held.

Mr. Conger, U. S. minister to China, and his wife claim to have brought the Dowager Empress of China to a belief in Christian Science. Both Mr. and Mrs. Conger are ardent scientists. If they have converted the empress to that form of Christianity they have accomplished much.

The China Inland Mission recently sent out thirty-six recruits to its dan-

sent out thirty-six recruits to its dangerous fields, removed as many of church in which the people ports. This undenominational entervorship only on Christmas Eve. Ex-ternally it looks like a stable; floor 199 fields scattered through fifteen of

church, light cigarettes and begin their festivities.

John Wesley on his way to Cornwall. The property was purchased by John Lee, and rebuilt by his son, Frederick tion of the Methodist meeting house established by John Wesley in the town, whose whereabout has been en-

Father Ignatius.

The life of Father Ignatius is described as the most remarkable biography that has seen the light of day.

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The life of Father Ignatius is described as the most remarkable biography that has seen the light of day. miracles do not seem to have had any merciful use. During his first curacy at Plymouth he visited punishment uponess De Bertouch, who is responsible for the biography, "the avenger which loosed the plagues upon gorgeous Egypt and wrote the flaming message on Belshazzar's wall swooped down and smote the first born in that shabby little house." It is hard for a re-

cinders, men carry guttering candles and boys receive stripes at the altar for attending a local dance in a hall that once belonged to a monastic order in mediaeval times.

Boston Herald.

The season of colds and coughs is at. hand. What can we do about them? if we let them run on, they may lead Rev.C. N. Tyndall, Cape Vincent, N.Y., has been transferred to Washwrong with our system. Climatic con-Monsignor Zotique Racicot, vicar-ditions are largely responsible, but there are other factors. Microbes of the trouble. We are always exposed to

these more or less, but if the system prected at Aldershot, England, in me is in proper condition it resists their As the autumn advances street wa

tering ceases, the dust blows in clouds and there is less sunlight to kill the microbes that the dust carries. The air is colder and more humid, our pores are congested, the function of the skin in excreting waste matter from the system is diminished. Consequently, more work is thrown upon other or gans; they are likely to prove unequal to it; more toxic matter, therefore, is carried through the system by the blood and with it disease is generated in the most susceptible parts. We also get less fresh air, there is less ventilation in sleeping rooms and in offices, than in summer. But oxygen is needed to keep the blood in the right state. Meanwhile in the cold weather time we are exposed to the assaults of mil-lions of additional microbes which we are not in good condition to resist. At

first we feel a sort of soreness in the nasal cavity. Perhaps if we at once take proper measures we may be all BISHOP CAMILLUS P. MAES, OF chial tubes. A cough follows, and this coxington, KY., may persist definitely. The chill humimay persist definitely. The chill humi-Who will celebrate the twentieth anni-versary of his consecration on January checks the respiration of the skin and aggravates the disorder, Nothing could be worse than to obey the proverbial injunction: "Feed a cold and starve a fever." A cold means congestion; if we stuff ourselves, if we drink whiskey or other alcoholic beverages, we simply add fuel to the flame. We need to kill the germs, to clear out the waste, to tone up the system. Gersent in the bill for the work in the following form: "To one preaching tub. fifty rupees."

Care should be taken about the local fit should be wholesome; not excessive nor too nitrogenous. Since the excess of toxic products in the blood that Care should be taken about the food Queen Wilhelmina, of Holland, has just appointed a Roman Catholic, the Jokherr Van Green, to be her private secretary. This is the first time since the days of the Reformation that a property of toxic products in the blood that causes rheumatism also causes the congestion which we call a "cold" the same things that help the former are also good for the latter, particularly the drinking of an abundance of water, and the remedies that tond to

The church will some day quit try-ing to feed the hungry through their

For The Human Body In Health And Disease.

The mention of sulphur will recall

Nowadays we get all the beneficial effects of sulphur in a palatable, conver street, Bideford, have disclosed an is far more effective than a table-spoonful of the crude sulphur. In recent years, research and experiment have proven that the best sulphur for medicinal use is that ob-

tained fram calcium (calcium Sulphide) and sold in drug stores under the name of Stuart's Calcium Wafers. They are small chocolate-coated pellets and contain the active medicinal principle of sulphur in a highly concentrated, effective form.

It would seem as if the father had been selected as an habitual worker of miracles, though in many cases the they dosed us with sulphur and mothey dosed us with sulphur and mo-lasses every spring and fall, but the crudity and impurity of ordinary flowers of sulphur were often worse on innocent offenders which appeared rather excessive. A woman had turned the curate from her door with strong language. "Then," to quote the Baroness De Bertouch, who is responsible for the biograph. edly the best and most widely used

At any rate people who are tired of pills, catharties and so-called blood "purifiers," will find in Stuart's Cal-

Live Temporately, Breathe Fresh Paralysis and Locomotor Ataxia

Clergymen-Improved a Church are duly vigorous they will probably I The most dreaded results of neglected nervous diseases-Study this chart and the symptoms stated here to learn if you are in danger DR. CHASE'S NERVE FOOD will cure you.

> To understand paralysis and locomotor ataxia, which is paralysis of the limbs, and their causes, it is well to remember that every movement of the body or its members is due to the contraction of muscle, which

can only take place under the influence of nerve force. As this all-important nerve force is created in the nerve centres of the brain and spinal cord, and conducted along wirelike nerve fibres to the various parts of the body, any carangement of the brain, Spinal cord, or nerve fibres may result in paralysis or loss of the power of movement. Paralysis, then, is the natural result

of all neglected nervous diseases. If you find yourself nervous and irritable, oversensitive to light, sound and motion, addicted to continual movement or tapping of the fingers, twitching of the muscles, sudden startings and jerkings of the limbs during sleep'; if you have ner-

vous headaches or dyspepsia, are unable to sleep

or rest, feel down-hearted and discouraged, and unfit to fight the battles of life; if your nerves are weak and exhausted, and your blood thin and watery, you have every reason to fear paralysis of at least some part of the body, and consequent suffering and help-

Paralysis can always be prevented and partial paralysis actually cured by the timely use of Dr. Chase's Nerve Food. The time to begin treatment is when any of the above-mentioned symptons become apparent. These are indications of a degeneration of the nerve cells, and when nerve force becomes exhausted paralysis is bound to follow.

Dr. Chase's Nerve Food

acts on the system in an entirely different way to ordinary medicines. It is neither a stimulant to whip tired nerves to renewed activity, nor a narcotic, nor opiate, to deaden the nerves. On the contrary, it is a food cure, which forms new, red corpuscles in the blood, and creates new nerve cells. Every day it is bringing back health, strength and vitality to scores and hundreds who have become discouraged through the failure of doctors and other treatments to cure them. Write for symptom blank and further particulars regarding this great food cure. Dr. Chase's Nerve Food 50 cents a box, 6 boxes for \$2.50. At all dealers, or EDMANSON. BATES & CO., Toronto.



Map showing official course of the automobile races to take place on the Ormond-Daytone Beach, Fla., beginning January 23rd.

A .- The Cere-

of intelligence and

B .- The Cerebel

C. -The Medulla

F. - Sciatic

known as sciatica

the success of the meeting, which will be the third held over the famous Ormond-Daytona Beach course.

Record breaking trials by the famtournament, and there is considerable speculation as to just how far the present records will be reduced. During the first tournament Winton covered was practically forgotten last year when William K. Vanderbilt. markable time of thirty-nine seconds Nothing short of a mile in thirty second would electrify public now who seem to have become accustomed to these marvellous miles of speed Experts firmly believe the two miles

during the coming week by some of the high power cars.

A MUSICAL PRODIGY. Forced On Too Early, Now Rarely Heard.

Special to the Whig. New York, Jan. 21.-A musical prodigy has recently returned to New York, but even the persons who used and smote the first born in that shab-by little house." It is hard for a religious person to tolerate such shook and travesty on true religion. It can deceive only the most credulous.

In latter years, to quote another instance of the miracle working powers of Father Ignatius, a woman who had cursed his bald head suffered a miraculous dispensation which caused the hair of her boy to fall off at her feet. "I have been emphatically assured," says the Baroness, "that in the twinkling of an eye the lad had become absolutely hairless."

Father Ignatius was a stern disciplinarian. The book tells how he made ladies of his church lie down in cinders, men carry guttering candles and boys receive stripes at the altar for attending a local dance in a hall that once belonged to a monastic order in mediaeval times.

At any rate people who are tired of the superimenting with sulphur remedies soon found that the sulphur remedies soon found that the superimenting with sulphur remedies soon found that the superimenting with sulphur remedies soon found that the sulphur remedies soon fo

It is what we do, not what others cium Wafers, a far safer, more palado that matters,

table and effective preparation.

when a man leets he has been offend;
table and effective preparation.

when a man leets he has been offend;
table and effective preparation.

Consult with Geo. Cliff before
is in him.

PURE AND WHOLESOME.

ONE POUND CAN 250 E.W. GILLETT COMPANY TORONTO.ONT.

MARVELOUS

The Secret of Certainty in Recollection PLAINLY STATED; SIMPLY TAUGHT, Personally or by Correspondence.
W. T. Stead, "Review of Reviews," says: "I conder Pelman a Benefactor of the human race." PELMAN SCHOOL OF MEMORY.

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Mr. Pelman's book "MEMORY And What Can
Be Done To Improve It."

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AND METAL CLEANER COMBINED The only Patented Polish in the World No Dust, No Dirt, No Smoke, No Smell.
Contains no benzine or other explosives.
PULVO makes more polish and lasts longer than any other. PRICE 10c. AT ALL GROCERS

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Standard Telephone FOR SALE

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But in Good Order.

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To Any Local Manager of the Bell Telephone Co. of Canada.

At Kirkpatrick's Art Gallery Choice Water Colors Most Suitable for

Christmas Presents Go and see them.

For Purity, Str It is Superio

CEYLON NATU more delicious. 1 DA" Black is to th Sold only in Given the Highest A

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Ontar Provin Electic

Round trip tickets will 1 Single First Cla

Good going by all tra Valid returning until Ja For Pullman accommode and all other information Corner Johnston and O

KINGSTON& PEMBROKE PACIFIC RAILW

> Ontario Provinc Election

Good going January 24th a returning until Januar Full particulars at K. & P.R. Ticket Office, Ontario F. CONWAY. F. A. FOLO QUINTE R

Descropto, and all local po-leave City Hall Depot at 3 CCNWAY, Agent B. Q. Ry., FOR THE WIN-

Frost unknown, malaria From New York, 48 hours new twin screw steamship " Sailings overy 10 days during Every five days during Febrand April, 1905. FOR WINTER CRUISES

Special cruises to Berm Rico, Windward Islands and Pretoria, January 4th, Fo March 22nd, 1905. For furlars apply to A. E. OUTEI CO., Agents, for Quebec S Broadway, New York; AHERN, Secretary, Q J. P. HANLEY, and to J. SLEEVE, Ticket Agents, K.

Royal Mail Steam From St. John, Fr Sat. Jan. 21. Mor Sat. Jan. 28. Mo Sat. Feb 4: M Sat. Feb. 11. M RATES OF PASSAGE-I erpool and Londonderry, \$ and \$35; London \$2.50 ex Class, \$15, superior acco Liverpool, Derry, Belfast, Gla NEW YORK TO GLAS .Thurs., Fel Mongolian Thurs., Fel First Cabin, \$40 and up—S in \$27.50—Third Class, \$15. For further particulars, app J. P. HANLEY, Agent, O Passenger Depot. J. P. SIEEVE. Clarence Street.

OFFICES TO LET THE OFFICES, 196 ONTA lately vacated by K.P. & Railway Co. Apply to F Rogers & Nickle, 194 Onta

Soap That Dye "Maypole" !-that's the name cake of seep that makes successful, as thome cleanly, successful, as tolors are fast and brilliant. It any shade. No streaks. No Maypole trouble. Give ye real pleasant tree Soap cleanly "Maypole" Soap

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