

ACTUALLY DO THE WORK. Is Worthless Unless Some Stomachs Have Help.

Stomach into the stomach which, nature of the food, or the stomach, is not digested, ban no food at all. This is a ment as far as it goes and a y dyspeptics go only this. reasoning. They argue do no do the work given must be given less work. words they must be starved. is just as sensible for a an who is unable to do all work to cut down his own capacity as it is for starve himself to relieve his. The sensible business man alps and goes forward with as. Likewise the sensible will employ help for his and give his body proper.

Dyspepsia Tablets actually k assigned to them. They k and overburdened stomach-great portion of digestive air component parts and h those of the digestive secretions of the stomach imply take up the grind on the work just the same strong, healthy stomach.

account Stuart's Dyspepsia perfectly natural in their effects. They do not cause al or violent disturbance ach or bowels. They them- the food and supply the all the nourishment com- is eaten and carry out ns for the sustenance and of the body. more sensible is this me- that employed by many n weak stomachs. By this k and brain get all the ous food they need and properly nourished and carry on his work and duties. He could not pos- proper working condition himself or employing angled, insufficient food of contain enough nutri- year-old baby. A strong strong work must be pro- this applies to the brain e body.

Dyspepsia Tablets, by re- stomach of its work, en- supercharge and regain its h and strength. Natura- rns and wastes tissues eals and knits the bow- limb, which is of course the process of re-

Dyspepsia Tablets are for oughs at fifty cents a are the one article that does not try to sell some- place of that's "just an unqualified merit and e universal demand for ed them within the realm.

ing of buying a Piano? buy the best? Don't money on a poor instru- e of a small difference in the unexcelled MASON NO. 1. Head office and King St. West, Toronto. Full particulars, free. Co., 121 Princess St.

UMS! roc. to 75c. k Albums, p Albums, raph Albums, etc.

SBET or Book Store. nkenness and y Drug using Over 300,000 CURES

THE TIME USE Syrup, ver Honey, ardsburg Table Syrup. et them at the

GROCERY CKERING Thos. Co.

TRAVELLING. GRAND TRUNK RAILWAY SYSTEM. EXCURSIONS. Western Points and Pacific Coast. Until Nov. 30th, 1908, Colonist Fares From KINGSTON, as follows:

REDUCED FARES. PACIFIC POINTS. Until Nov. 30th, 1908, Colonist Fares From KINGSTON TO: Seattle, Victoria, Vancouver, Portland, etc.

THE BAY OF QUINTE RAILWAY NEW SHORT LINE FOR. Tweed, Napane, Deseronto, and all local points.

DOMINION LINE STEAMSHIPS. PORTLAND-HALIFAX-LIVERPOOL. Cheap Trip to Europe. CHRISTMAS SAILINGS:

BERMUDA. THE NOW FAMOUS BERMUDAS, with cable communication and equable winter temperature of 65 degrees.

ALLAN LINE. Liverpool and Londonderry. From Montreal: From Quebec: Parisian, Nov. 21, 7 a.m., Nov. 21, 3 p.m.

JAMES REID. The Leading Undertaker. Open day and night.

See Our Window Display of Parlor Sets and Couches. These Are Only Samples:

JAMES REID. Special lines of heavy Velour Couches, fringed all around, only \$6.50, and heavy Velour five-piece Parlor Suite only \$25.

Don't wait to break down before you begin to build up. Abbey's Effervescent Salt forestalls the wear and tear on your liver and kidneys.

Could Not Lie On Her Left Side. WAS TROUBLED WITH PAIN IN HER HEART FOR SIX YEARS.

Expected Her Friends Would Find Her Dead. Mrs. C. Bondreau, Campbellton, N.B., was completely cured by MILBURN'S Heart and Nerve Pills.

She tells of her experience in the following letter: "I was troubled with a pain in my heart and weakness for six years.

THE T. MILBURN CO., Limited, TORONTO, ONT.

The Best is What You Want. Insure in the North American Life Assurance Co.

We're Ready. To execute your every wish that you may have in regard to your New Winter Suit or Overcoat.

Overcoats - \$5 to \$18. Suits - \$4.50 to \$15. Correct Furnishings, Boots, Shoes and Rubbers.

LOUIS ABRAMSON. The Up-town Clothier. 336 Princess Street.

Night Photography. SPECIAL NOTICE. I have, after a number of experiments, succeeded in perfecting an apparatus for taking Photographs at NIGHT.

IMPORTANT. No Photos taken at night unless appointment made previously.

Joslin, King Street. Successor to Sheldon & Davis. PRICES 15 PER DOZEN UP.

LET ME HAVE YOUR SALE. And I will guarantee you satisfactory results. We don't brag, but perform the work. Nothing sacrificed, but your best interest studied.

SPORT REVIEW. BETTING MEN DISLIKE SNAP-BACK SYSTEM.

The Limestone-Toronto II. Match To-Morrow-A Capture For Queen's Track Club-General Sporting Notes.

With the eastern clubs oppose the snap-back system of rugby because they think it inferior to the scrum game, betting men oppose it for a much different reason. They declare that it is not as safe a game to bet upon as the old system, and when betters are spoken of, one means those who make a scientific study of teams and rarely lose a wager.

The Limestone Match. The match to-morrow afternoon on the cricket field between Limestone and Toronto II should prove very interesting, and it is to be hoped that the weather will be of such a nature as to allow it to be viewed by a large gathering of gridiron devotees.

Football. It's hockey that should be in season now, instead of rugby. The annual meeting of the Ontario Union will be held on Saturday, December 12th.

An indoor baseball tournament is to be held in Madison Square Garden, New York, for the week of December 13th to 19th.

Rebuilding Paper Mills. Strathcona, Nov. 24.—Through this section it has been very difficult for farmers to accomplish their fall ploughing on account of dry weather, very little rain having fallen since harvest.

Dean O'Connor's Golden Jubilee. Marysville, Tyndinaga, Nov. 25.—The sudden death of E. W. Rathbun, Deseronto, has cast a gloom over the neighborhood.

Always Sick, Constantly Tired. Nerves on Edge, Appetite Poor, Sleep Disturbed—You Need FERROZONE.

"The benefit I derived from Ferrozone," writes Al P. Whitehead, from Moncton, "is really marvelous. For two years I didn't have one day's freedom from headache and pains in the back and side.

Your Choice For \$15 Only. Worth \$18 To \$20. Prevost at the New York clothing store, Brock street, will make to order a suit or overcoat for \$15.

Kant Krack Rubbers. Sold only at Abernethy's. A new American church was dedicated at Berlin.

Good wages and good treatment are promised. In Montreal, the said that efforts are being made to form a club of girls, who would be willing to travel and meet all comers on the ice.

General Sport. Antoine Wendling, Brockville, has sold one of his string of trotters, Red Pat, 2:29, to J. Brosseau, of Montreal.

Queen's track club has decided to appoint a captain. The officers are to be chosen at this evening's meeting of the Alma Mater Society.

The position of leading rider on the English turf will hardly be settled until the close of the season. When the last mail left, W. Lane had ridden 140 and O. Madden 137 winners.

Western curlers are delighted to hear that George Gooderhan, of Toronto, will take a rink to the Winnipeg bonspiel this winter, to show the westerners a thing or two about the roarin' game.

Decrease of 16,603 The Past Year. London, Nov. 26.—Ireland is a country which still loses thousands of its natural increase of population by emigration, in which more boys are born than girls, and the most fatal epidemic is influenza.

The population of Ireland in 1902, according to the registrar-general's return, was 4,432,274. The marriages, numbering 22,949, and the births, 101,863, show a slight increase on the year of 1901.

Rebuilding Paper Mills. Strathcona, Nov. 24.—Through this section it has been very difficult for farmers to accomplish their fall ploughing on account of dry weather, very little rain having fallen since harvest.

Dean O'Connor's Golden Jubilee. Marysville, Tyndinaga, Nov. 25.—The sudden death of E. W. Rathbun, Deseronto, has cast a gloom over the neighborhood.

Always Sick, Constantly Tired. Nerves on Edge, Appetite Poor, Sleep Disturbed—You Need FERROZONE.

"The benefit I derived from Ferrozone," writes Al P. Whitehead, from Moncton, "is really marvelous. For two years I didn't have one day's freedom from headache and pains in the back and side.

Your Choice For \$15 Only. Worth \$18 To \$20. Prevost at the New York clothing store, Brock street, will make to order a suit or overcoat for \$15.

Kant Krack Rubbers. Sold only at Abernethy's. A new American church was dedicated at Berlin.

The Zero Smile. This man says: "Let the blizzard bliz, 'I'm not afraid that I'll be friz, 'For Quaker Oats brings to my phiz 'The Smile that won't come off." Quaker Oats. Made in Canada. Peterborough, Ont. In 2-pound Packages Only. Save Quaker Coupons.

FASHION'S FORM. A Smart, Yet Inexpensive Evening Wrap. Smart Shoes For Men. ALL SOLID LEATHER. Sutherland's Shoe Store. This is a very good design for an evening wrap, and is not expensive to make, as there is no trimming but stitching and silk cord. It can be made of any pale-colored broadcloth—pale tan, blue or white are about the prettiest.

DR. WOOD'S NORWAY PINE SYRUP. Coughs, Colds, Bronchitis, Pain in the Chest, Croup, Hoarseness, Sore Throat, Asthma, Whooping Cough, Quinsey, and all Throat and Lung Troubles. It is pleasant to take and is soothing and healing to the lungs. There is nothing to equal it for stopping that tickling sensation in the throat, and the persistent cough that keeps you awake at night.

IT HURTS. Us far more than you if we make assertions about the "HAPPY THOUGHT" RANGE. That we can't bear out, we say however, without fear of contradiction, that there are more "Happy Thought" ranges sold in Kingston than all other makes. Good housekeepers demand it. Makes home cooking best of all.

Half-Sick. If you feel run down, are easily tired, if your nerves are weak and your blood is thin, then begin to take the good old standard family medicine, Ayer's Sarsaparilla. A splendid tonic. THE CANADA METAL CO., TORONTO, ONT.