CTUALLY DO THE WORK,

en Is Worthless Unless ed - Some Have Help.

ken into the stomach which ature of the food or the cophe stomach, is not digested can no food at all. This is a ment as far as it goes and a y dyspeptics go only this heir reasoning. They argue iselves that because their do no do the work given must be given less work: ords they must be starved be just as sensible for a an who is unable to do all ork to cut down his busiown capacity as it is for starve himself to relieve his The sensible business man lps and goes forward with s. Likewise the sensible will employ help for his

and give his body proper Dyspepsia Tablets actually k assigned to them. They and overburdened stomgreat portion of digestive ir component parts are idh those of the digestive secretions of the stomach imply take up the grind on the work just the same strong, healthy stomach

ccount Stuart's Dyspepsia perfectly natural in their effects. They do not cause ral or violent disturbance ach or bowels. They themthe food and supply the all the nourishment conat is eaten and carry out ns for the sustenance and of the body.

more sensible is this me that employed by many n weak stomachs. By this and brain get all the ious food they need and properly nourished and carry on his work and duties. He could not posproper working condition himself or employing angled, insufficient for ot contain enough nutriyear-old baby. A strong trong work must be prothis applies to the brain ne body.

spepsia Tablets, by re tomach of its work, en ecuperate and regain its h and strength. Nature forn and wasted tissues eals and knits the bone limb, which is of course ing the process of re-

spepsia Tablets are for ruggists at fifty cents a are the one article that loes not try to sell some place of that's "just as unqualified merit and re universal demand fer ed them within the reace



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Western Points and Pacific Coast

Until Nov. 30th, 1903, Coloniet Fares From KINGSTON, as follows:

Seattle, Victoria, Vancouver, Port- \$46.30 Rossland, Nelson, Trail, Robson, \$43.80 Could Not Lie On Her

Anaconda, Butte, Helena, Colcrido Springs, Denver, Pueblo, Salt \$43.30 San Francisco, Los Angeles \$48.05 For further information apply to

J. P. HANLEY, Agent, City Passenger Depot Kingston & Pembroke & Canadian Pacific Railways.

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Full particulars at K. & P. and C. P. R. Ticket Office, Ontario St. F. CONWAY, F. A. FOLGER, JR., Gen. Pass. Agt. Gen. Supt. THE BAY OF QUINTE RAILWAY NEW

SHORT LINE FOR Tweed, Napanes, Deseronto, and all local points. Train leaves City Hall Denot at 4 p.m. . F. CONWAY, Agent, 3. Q. Ry., Kingston.

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CHRISTMAS SAILINGS : "CANADA" from Portland, Nov. 28th "OAMBROMAN" from Portland, Dec. 5th "DOMINION" from Halifax, .. Dec. 9th X S.S. "CAMBROMAN" carries only second and third class passengers, second class having the same accommodation as was previously given first class. Rate

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with cable communication and equable winter temperature of 65 degrees, beautiful scenery and 100 miles of good roads, headquarters of the British North American Squadron, is unrivalled in its attractiveness, reached by the first-class fute security. Good reliable agents iron steamers TRINIDAD or PRETORIA in forty-eight hours from New York. Sailing fortnightly up to 1st January and every THURSDAY thereafter. The CRUZI, ST. KITTS, MARTINIQUE, ST LUCIA, BARBARDOES AND DEMER-ARA, also afford beautiful and interesting tours, all reached by steamship of the Quebec Steamship Company, sailing from New York about every 10 days. For descriptive pamphlets and dates of sailing apply to A. EMILIUS OUTER-BRIDGE & CO., Agents, 39 Broadway, New York; J. P. HANLEY or J. P. GILDERSLEEVE, Kingston, Ont. AR. THUR AHERN, Secretary, Quebec.

ALLAN LINE Liverpool and Londonderry.

From Montreal: From Quebec: Parisian, Nov. 21, 7 a.m., Nov. 21, 3 p.n From St. Johns. From Halifax. Pretorian, -Nov. 30. Bavarian, Dec. 5. First Cabin.—Reduced winter rates, \$55, and upwards, according to steamer. Second Cabin.—Liverpool and London-derry, \$87.50 to \$40, according to stea-mer. London, \$2.50 extra.

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Don't wait to break down before you begin to build up.

forestalls the wear and tear on your liver and kidneys. At all Druggists. Price, Mc. and etc.

Left Side.

WAS TROUBLED WITH PAIN IN HER HEART FOR SIX YEARS.

Expected Her Friends Would Find Her Dead.

Mrs. C. Bondreau, Campbellton, N.B., was completely cured by

MILBURN'S Heart and Nerve Pills.

She tells of her experience in the following letter: "I was troubled with a pain in my heart and weakness for six years. Most of the time I could not lie on my left side. I consulted a doctor but got no relief and was completely discouraged. .I did not think I would live long and expect-

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An investment policy in this ideal company will yield you handsome cash P. GILDERSLEEVE, 42 Clarence St. results, if you live long enough, and The Deminion Line, Montreal & Port- give you, also, insurance during the in-

The North American Life Assurance company has unexcelled earning powers, THE NOW FAR FAMED BERMUDAS. the habit of saving, by taking a policy with cable communication and equable in the North American Life Assurance For full information apply to

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IMPORTANT

all Joslin, King Street, ralgia or weak spells again."

factory results. We don't brag, vitalizing properties than you can get from for suiting and overcoating. but perform the work. Nothing health and costs but 50c. for three sacrificed, but your best interest weeks' treatment, or six boxes for The Ferrozone company, Kingston, IW. J. MURRAY, The Auctioneer. Ont. Get a supply to-day.

BETTINC MEN DISLIKE SNAP-BACK SYSTEM.

To-Morrow-A Capture For Queen's Track Club-General Sporting Notes.

mage game, betting men oppose it to bet upon as the old system, and because of it. when betters are spoken of, one means those who make a scientific study of teams and rarely lose a wager.

It is claimed by them that under the snap-back system it is almost possible to name the winner by usual methods employed, when teams are nearly of the same strength. There must be a big difference in the playing ability before the winner could be safely "called." That view seems to be correct, judging from the O.R.F.U. junior series in west. No doubt this will be good news, for those who are trying to put down the gambling practice. But it is a fact that the eastern professional betting class will never look with favor upon the new Ontario rules, and will use their influence against them, which means that Ottawa and Montreal are likely to remain loyal supporters of the strenuous scrimmage.

The Limestone Match.

teresting, and it is to be hoped that the weather will be of such a nature as to allow it to be viewed by a large gathering of gridiron devotees. It is recognized that the winners of this contest will virtually be the O. R.F.U. junior champions, and hence ed my friends would find me dead. A both teams will exert themselves to friend brought me a box of Milburn's the utmost. Toronto has evidently a Heart and Nerve Pills and I took them to smart lot of players to have come please her, not thinking they would do me this far through the western fray to any good. I had not used half the box | wards the championship. Limestones when I commenced to feel myself getting are speedy and strong, and should better and by the time I had taken two make a splendid showing. As no gate Decrease of 16,603 The Past boxes I was completely cured and can re- fee can be secured at the cricket held, commend them to all sufferers from heart | the public should be prepared to show their appreciation of the Limestones Price 50 cts. per box or 3 for \$1.25, all |by a liberal display of coin when the hat is passed round.

Football.

It's hockey that should be in sea son now, instead of rugby. Union will be held on Saturday, De- numbering 22,949, and the births, 101, cember 12th.

during the Christmas holidays, Michigan will likely go west also terday on the Ottawa gridiron The most popular and progressive life the thermometer was below the zero crease in the population during the insurance company in Canada.

> to be held in Madison Square Garden, is kept. New York, for the week of December 13th to 19th. Next year the O.R.F.U. will have to

this kind of weather. money to go to Toronto for the final re-building of the paper mill, team that represents their city with All are glad the mill is going up. Be

Ottawa Rough Riders are not to ronto 'Varsity had ample warning,

Hockey.

challenge for the Stanley cup. A bank league will probably be formed in the Ingersoll-London district. bid for both the intermediate and

We have all Styles, all year's Sault Ste. Marie team, is attending the Toronto School of Phar. a flying visit among friends here to macy, and will line up with 'Varsity few days ago. hockey team this winter.

in the O.H.A. the association will lose the best officer and the most faithis an old Queen's man, and was secretary of the O.H.A. for many years. Canadian girls for a hockey team.

ALWAYS SICK,

CONSTANTLY TIRED

Nerves on Edge, Appetite Poor, Sleep Disturbed-You Need

The benefit I derived from Ferro-

zone," writes Al. P. Whitehead, from Moncton, 'is really marvellous. For two years I didn't have one day's freedom from headache and pains in the back and side. I consulted docand has made me strong, so that I | the young people. don't expect to be bothered with neu-The cures of Ferrozone are lasting

because it does its work thoroughly. It is a specific for all forms of skin \$2.50. At druggists, or by mail from

promised. In Montreal, 'tis said that efforts are being made to form a club of girls, who would be willing to travel and meet all comers on the

Toronto Globe: Rev. C. W. Gordon "Rainh Connor) has been elected pre-The Limestone-Toronto II. Match | sident of the Rover Hockey club, of Winnipeg. The prototype of the central figure in his well-known North-West story, "The Sky Filot" has a more While the eastern clubs oppose the winter sport. The character was snap-back system of rugby because drawn from Rev. Hugh Grant, who they think it inferior to the scrim- is captain of the Pincher Creek hockey team. Mr. Grant learned his hockey for a much different reason. They de- in Kingston, and is a stronger and clare that it is not as safe a game more useful man in any community

General Sport.

Queen's track club has decided appoint a captain. The officers are to

the Alma Mater Society. The position of leading rider on the English turf will hardly be settled unlast mail left W. Lane had ridden 140 and O. Madden 137 winners.

"Rube" Waaddelli the eccentric pitcher, has severed his connection with "The Stain of Guilt" theatrical company, after a row with the manager. The match to-morrow afternoon on He will dispense drinks for Sammy the cricket field between Limestones Nicolls, the old Western Association and Toronto II should prove very in player, who runs a Wheeling, Va., sa-

The gates seem pretty effectively sent to Secretary Farrell, and, ac not be an easy matter to get it off.

London, Nov. 26.-Ireland is a country which still loses thousands of its natural increase of population by emigration, in which more boys are born than girls, and the most fatal epidemic is influenza.

The population of Ireland in 1902, according to the registrar-general's re-The annual meeting of the Ontario | turn, was 4,432,274. The marriages, 863, show a slight increase on the

The excess of births over deaths be-An indoor baseball tournament is gration there was, of which no record

Rebuilding Paper Mills. Strathcona, Nov. 24.-Through this get its junior matches played off section it has been very difficult for earlier. It's almost criminal to ask farmers to accomplish their fall players to get out on the gridiron in ploughing on account of dry weather, very little rain having fallen since The Limestones will be in need of harvest. Mr. Fenley is rushing the match if they defeat Toronto II here friends and neighbors are rendering to-morrow. The people should help a him every assistance in their power. cause of a small debt against the public library, "the powers that be" plame for refusing to play a match were going to remove it to Marlbank for the Canadian championship. To- The board of directors thought otherwise and intend to raise the debt and and agreed to the Ottawas' terms too retain the library. They are preparing late. But Hogtown will be Hogtown! a concert to raise some of the funds. It would be a pity to allow it to be taken from here. R.Cooper has Toronto Wellingtons will probably returned from visiting his people vel, being done in waves. The shawl whom he has not seen for years in collar is done in the same way. The the vicinity of Stratford, Ont. Morgan, overseer in the Mud mill here, It will be no easy matter for Queen's has been removed to the cement works to fill the position of "Dick" Wilson. at Marlbank, as the works here, ex-Barrie is going to make a strong cept the grinding mill, are closed. F. Cummings and R. Lott took a trip junior O.H.A. championships this win- through the back country to Cloyne R. Pybers has a situation at Deseron R. Easson, the point player of last to; he was formerly engaged in the cement works here. Mrs. Neely made

If A. H. Beaton retires from office Dean O'Connor's Golden Jubilee. Marysville, Tyendinaga, Nov. 25. The sudden death of E. W. Rathbun, ful worker it ever had. Mr. Beaton Deseronto, has cast a gloom over the neighborhood. Mrs. Joseph Farrell and daughter Bessie, Amherst Island, re A Buffalo, N.Y., syndicate is seeking cently visited friends here. James Meagher arrived home on Wednesday after spending the summer in Bow manville, Miss Annie McAlpine accompanied by her cousin, Miss Aggie Doyle, have gone to spend several weeks' visit with friends at Ernest town and Amherst Island. Michael Harpell, Napanee, passed through here recently. Miss Phoebe Berry, Slash Road, spent last week the guest of Miss Stella Campbell. Miss Hannah Shechan, Westbrooke, is the guest of her sister, Mrs. J. C. Meagher Messrs. John Conigan and Patrick McAlpine are going their rounds collecting for the Rev. Dean O'Connor's golden jubi-

Latimer Locals. Latimer, Nov. 24.-Many of the farm ers are drawing their milk to a Glentors in Montreal, but wasn't helped. | burnie factory. Rev. Mr. Service, Sec-I used Ferrozone, and am glad to say ley's Bay, preached an interesting mismy health is better to day than for sionary sermon in this church Sunmany years. I weigh ten pounds day. Miss Sadie Sherman is spending A colored servant girl carried be more and look and feel stronger. Fer- a few days in the city. Mrs. J. Bruce wond her station on the Pennsylvania rozone is the best tonic I ever used." is visiting friends in the city. Messrs. RR., refused to leave the train and Mrs. Duncan W. Dunham, of Port- Melvin Hughson, Charlie Ennis and finally a special had to be secured to No Photos taken at night unless ap- land, writes: "Last winter I was at. Miss Louisa Hughson, Opinicon, re- carry her back to her destination. tacked by neuralgia and was run' cently visited at J. Naylor's. Miss She showed marked joy over having Persons busy during the day time will down in health. I used all sorts of Luella Traves, Sydenham, spent Sun brought the railroad officials to terms. and ladies in evening dress may be pho- medicines, but found Ferrozone the day at home. A sugar party will be tographed previous to attending balls best, It brought back my appetite held at James Sherman's to-night by

\$18 To \$20.

Prevost at the New York clothing

Sold only at Abernethy's. A new American church was dedicated at Berlin.

Antoine Wendling, Brockville, has sold one of his string of trotters, Red Pat, 2:291, to J. Brosseau, of Mon-

be chosen at this evening's meeting of

Western curiers are delighted to hear that George Gooderham, of Toronto, will take a rink to the Winnipeg bonspiel this winter, to show the westerners a thing or two about the roarin'

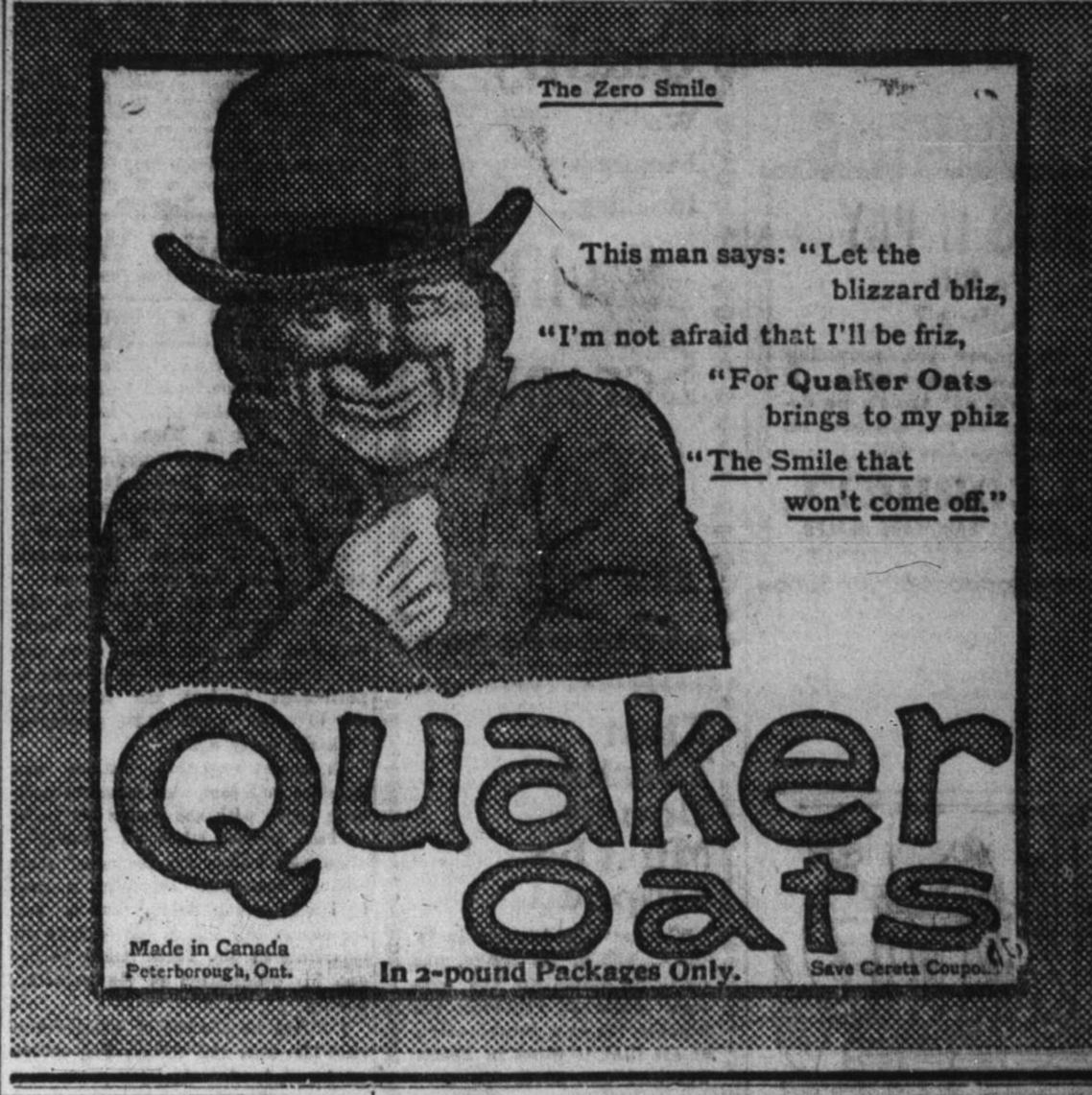
locked against Frank Bonner, the former Wilkesbarre baseball player, at every league ground in the National Association. The Toronto management has placed his name on the reserve list cording to present indications, it will IRELAND LOSES IN RESIDENTS

Columbia will play on the coast average of ten years; the deaths, 77, and | 676, were a triffe below the average. There were five inches of snow yes- ing 24,187, and the loss by emigration and amounting to 40,190, there was a deyear of 16,003, less whatever immi-

Your Choice For \$15 Only. Worth

diseases, kidney, liver, and stomach store, Brock street, will make to or-SALE trouble. It cures headache and lan- der a suit or overcoat for \$15, guarguid feeling in a short time. Ferro- anteed first class fit and good trim-And I will guarantee you satis- zone contains more nourishment and mings, large assortment to choose Kant Krack Rubbers

are weak and your blood is thin, then begin to take the good old standard family medicine, Ayer's Sarsaparilla. A splendid tonic.



A Smart, Yet Inexpensive Evening

FASHION'S FORM



evening wrap, and is not expensive to make, as there is no trimming but stitching and silk cord. It can be made of any pale-colored broadclothpale tan, blue or white are about the

The yoke is cut and stitched (rawedged) on. The stitching is rather nosleeves are tucked at the top and bottom, leaving a pretty fullness at the

The little crescents are cut from the broadcloth and stitched on after first fastening the silk cord loops under them. There is a crescept on each end of the loops. From a crescent on each end of the collar there is a cluster of the cords hanging loose and knotted on the ends. The wrap comes just about to the knees.

Dropsy Is One Positive Sign O

Kidney Disease. Have you any of these unmistakable signs? Puffiness under the eyes? Swollen_ limbs? Smothering feeling? Change of the character of the urine Exhaustion after least exertion? I you have there's dropsical tendency and you shouldn't delay an hour in putting yourself under the great South American Kidney Cure. Sold by Henry Wade and H. B. Taylor .-

Cheese Markets. Picton, Ont., Nov. 25 .- To-day eight, factories boarded 711 boxes highest bid, 91c.; 235 boxes sold Board adjourned to meet the last Thursday in April, 1904. Woodstock, Ont., Nov. 25.-To-day there were offered 3,110 boxes colored and 3,350 boxes white cheese. There

was bid 10c.; no sales. Kant Krack Rubbers. Sold only at Abernethy's,

Prompt service best and most per-

If you feel run down, are easily tired, if your nerves SL All dreggiste Jan. J. C. AYER CO., Lowell, Hear.



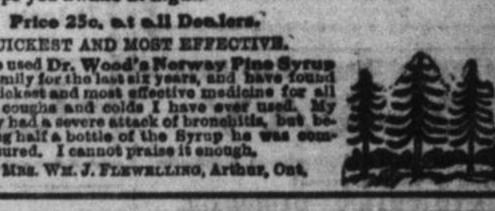
Sutherland's Shoe Store

DR. WOOD'S

Coughs, Colds, Bronchitis, Pain in the Chest, Croup, Hoarseness, Sore Throat, Asthma, Whooping Cough, Quinsey. all Throat and Lung Troubles.

It is pleasant to take and is soothing and healing to the lungs. There is nothing to equal it for stopping that tickling sensation in the throat, and the

persistent cough that keeps you awake at night. Price 25c, at all Dealers. QUICKEST AND MOST EFFECTIVE. I have used Dr. Wood's Norway Pin my family for the last six years, and ha the quickest and most effective medicin kinds of coughs and colds I have ever used. My little boy had a severe attack of bronchitis, but be fore using half a bottle of the Syrup he was com pletely cured. I cannot praise it enough,





HURTS Us far more than you if we make assertions about the

RANGE

" Happy Thought " ranges sold in Kingston than all other makes. Good housekeepers demand it.

Makes home cooking best of all.

That we can't bear out, we say

however, without fear of contra-

diction, that there are more

69 and 71 Brock Street, Kingston. Imperial Babbit -- A Canadian Metal for Canadians

Once used always used, because better than any other kind used.

Lead Pipe, Battery Zinc, Fu se Wire, Phosfor Tin, Pig Tin, Antimony Lead, and all White Metal mixtures. THE CANADA METAL CO., TORONTO, ONT.