A little Sunlight Soap will clean cut glass and other articles until they shine and sparkle. Sunlight Soap will wash other things than clothes. 4B

Was Unable to do any Work for Four or Five Months.

Was Weak and Miserable.

Thought She Would Die.

Doctor Could Do No Good.

Milburn's Heart and Nerve Pills

Effected a Complete Cure in the Case of MRS. CAROLINE NUTT, Morrisburg, Ont.

She says: "It affords me great pleasure to speak about what your Heart and Nerve Pills have done for me. About a year ago I was taken ill with heart trouble and got so bad that I was unable to do any work for four or five months. I got so weak and miserable that my friends thought I was going to die. The doctor attended me for some time but I continued to grow worse. At last I decided to try Milburn's Heart and Nerve Pills, and after taking two boxes they made me well and strong again. I cannot praise them too highly to those suffering from nervous weakness and heart troubles."

Milburn's Heart and Nerve Pills are 50 cents per box, or 3 for $1.25 at all dealers, or

THE T. MILBURN CO., Limited, TORONTO, ONT.

Butts Cannel AND Reynoldsville Lump For Open Grates.

JAMES SWIFT & CO. 'Phone 135.

Metropolitan Stock Exchange

Incorporated Under the Laws of Massachusetts

CAPITAL $100,000

FULLY PAID.

KINGSTON BRANCH

Clarence Chambers, Clarence St.

Opposite British American Hotel.

'Phone 462.

J. J. McKENNA, Manager.

Bonds, Stocks, Grain and Provisions bought on margin or for cash.

CORN AMERICAN AND CANADIAN CORN FOR SALE IN CAR LOTS.

Write or wire for prices, delivered your station.

T. A. WITZEL Board of Trade Bldg., Toronto.

COMMERCIAL.

MONTREAL STOCKS.

	April 1st. Buy.	Sell.
Canada Pacific Ry.	129	128¾
Toledo Ry.	32	30
Montreal Street Ry.	270	269
Toronto Street Ry.	109¼	109
Twin City Transit	110¼	110¼
Commercial Cable	165	151
Bell Telephone Co.	162	000
Montreal Cotton Co.	162	000
Dominion Cotton Co.	50	45
R. & O. Nav. Co.	104¼	94¼
Bank of Montreal	000	255
Ontario Bank	000	130
Merchants' Bank	170	000
Molson's Bank	209	000
Dominion Steel	27¼	27¼
Dominion Coal	108¼	108
Detroit United	82¼	81¼
Nova Scotia Steel	99¼	95
Montreal Power	96¼	95¼
Ogilvie Milling Co.	134¼	000

NEW YORK STOCKS.

From Metropolitan Stock Exchange.

	April 1st. OPEN	CLOSE.
Union Pacific	91¼	91¼
St. Paul	163¼	162¼
Manhattan	139¼	138¼
B. R. Transit	66¼	66
Sugar	124¼	124
People's Gas	102	101¾
U. S. Steel	36¼	36¼
U. S. Steel, Pfd.	85¼	86¼
Tenn. Coal & Iron	65¼	64¾
Miss. Pacific	108	107¼
Southern Pacific	60¼	59¼
Ont. & Western	30¼	30¼
Western Union	87¼	87¼
N. Y. C.	132¼	132¼
Atchison, Pfd.	97¼	97¼
Louis. & Nash.	119	118¼
Rock Island	44¾	44¼
Pennsylvania RR.	138¼	138¼
Texas & Pacific	36	36¼
Atchison	81¾	81¼
Col. I. & I.	64¼	64¼
American Loco.	28¼	28

FROM THE HUB.

WILL SOON BE GREATER AND LESSER BOSTON.

Soft Coal Goes, and Gala Dress Re-appears—Lectures of All Sorts Abound—Christian Science Parent of Thirty Similar Societies.

Boston, Mass., March 31.—The perennial bill for the formation of greater Boston is once more before our legislature. It is to take in all cities and towns within a radius of ten miles. Lesser Boston has about 560,000 people, but adjoining it are twenty-six cities and towns which have more or less autonomy. Lesser Boston is democratic and foreign. Whereas the aforementioned suburbs are Yankee, Puritan and republican. A great deal of red tape is necessary when any public improvement is to be made which concerns lesser Boston and any of her children. The Bostonian whose food, like Caesar's gaul, is divided into three quarters, baked beans, brown bread, and codfish, prides himself as being apart from the foreigner. Hence this yearly fight against greater Boston, but all the same its realization is close at hand. The business portion of Boston is contracted, over three thousand street cars are necessary to carry the suburban people to and from business daily. Add to this the fact that twenty six hundred freight and passenger trains daily arrive and depart from the north and south stations, and you will have some idea of the rush. The south station is the largest steam terminal and the Sullivan square the largest (electric) and most complete in the world.

During the coal famine all kinds of soft coal and even slate were brought and the atmosphere over the city was full of soot, and in short we thought we were in London. Ladies complained of soiled and blackened garments in vain. On April 1st the authorities banish all soft coal. The ladies will then come out in gala dress and Easter bonnets. Our shops carry the most bewitching goods and if you have a long purse you can gratify every whim, but the ultra-fashionable state, Boston, is about a year behind New York in the correct thing. Black is our conservative garb, and we claim the Boston bag which nearly every woman here invariably carries as our distinctive badge.

The milk dealers have fixed for the coming summer the price of our lacteal fluid at seven cents a quart.

For the past school year we have paid thirty-one and a quarter dollars for every school child. We ought to state that throughout Massachusetts the state furnishes all school supplies, i.e., books, etc.

Lent has been generally kept here. Even the Protestant denominations, outside of the Episcopalians, have their daily noon addresses for busy men and women.

Society busies itself in attending lectures, and some few the opera and theatre. All lectures are given under the auspices of some society of fashionable patronesses. You can attend free lectures on any educational subject, or buy a ticket to hear some eminent man or woman tell you what you don't know about Buddha or the North Pole. As for societies, legion is nowhere. If your cat is sick, you can send it to a free hospital, and so on through the whole category of animals and reptiles. If anyone of them has not its distinctive home, then the society with the long name takes care of it. Yet every one of these have patrons and patronesses, and raise money at least in part, by lecture courses. No Bostonian need die of ennui. We will close this idea with another illustration of our versatile mental pabulum. It is said that there are thirty societies which have originated from Christian Science. They all have their distinctive names. Whilst these give readings, etc., yet neither they, nor Christian Science support any hospital.

Boston Common is being sown with oats and top dressed with the best nitrates. Many of the oldest English elms, which like Dean Swift have become bald atop, are being cut down. Superintendent Doogue has been authorized to spend $10,000 in fertilizing, draining, and beautifying our forty-acre cow pasture. He has an all-summer job, and is most competent for the task.

The Lowell strike has come, and 20,000 girls are idle, but many times that number may be, as other mills will sooner or later be involved. It costs six cents to manufacture a yard of cotton in New England, but only four in the southern states. The owners claim they cannot afford a ten per cent. advance in wages. Cotton manufacturing in New England dates from 1820, when Yankee employees did the work. They were succeeded by Irish and English operatives, mainly girls. Then came the French from Quebec. About 1890, Syrians, Italians, Armenians, Greeks and Portuguese, were first seen in the streets of Lowell. Of all these the Quebec French are by far the most numerous and most skilled. In fact, without them, many departments, especially the highest, would have to close down, at least for a time. Little Canada, their home, a Lowell suburb, has a population of fully twenty thousand. Officials say only French girls have the quickness of hands and eyes and the peculiar deftness necessary to turn out the finest quality of goods, especially where the machinery, as in the finest of threads, must run fast. Their sobriety, frugality and industry are proverbial. They have attended the night textile schools, and earn weekly from twelve to thirty dollars a piece. Most of these girls will now return to Quebec, as the opinion is that the mills will remain closed for an indefinite period. This is no ordinary strike, but a struggle for supremacy of all the northern New England mills. Most of the stockholders in the Lowell mills are financially interested in all the other mills.

Smart Canadians ought to employ some of these French carpet, cotton, and hosiery loom weavers. Without such skilled labor your mills cannot hope to compete in your own market to say nothing of the world's. At first the Lowell mills were handicapped by our variable climate, but by a judicious use of steam, they soon learned to keep the necessary moisture and temperature about their spindles. But this is only one of the many obstacles which they have overcome, so that today they can weave carpets equal to the best Oriental makes, or cotton superior to the best Egyptian web.

VICTORIAN NURSES.

Monthly Meeting of the Committee Held Tuesday Afternoon.

The monthly meeting of the above committee was held in the mayor's office yesterday. There was a good attendance. Miss Baker, the nurse, was unable to be present owing to the many calls made upon her time. The secretary, after reading the minutes of the annual meeting, read the reports of Miss Baker for February and March; by the latter report there appears to be a great increase in the sickness prevailing, and the visits made have been the largest for any month since the work began. The following is a synopsis of the report:

Number of new cases, 15; cases nursed during the month, 22; average hours on duty, 9.31; for week days, and 2.27 hours for Sunday; total number of visits made, nursing, 193; casual, 8; physicians in attendance, 13. The denominations of the patients were as follows: Anglican, 8; Methodist, 7; Roman Catholic, 6; Presbyterian, 2. Amount collected in fees, $18.80. Donations were thankfully received from Mrs. Holt, Mrs. Wade, Mrs. and Miss McCormack, Mrs. Mahood and Mrs. W. King.

It was decided by the committee, if Miss Baker is willing, to engage her for another year at the same salary, $475, with uniform and car tickets extra. The public are kindly asked to contribute either in money or in comforts, as the work is extending so greatly that it may be necessary to provide an assistant for Miss Baker, whose time is at present fully taken up.

HERO OF NOVEL.

Bannon of "Calumet K." Born at Kingston.

Toronto Mail and Empire.

James C. Stewart is "Charlie Bannon," of "Calumet K." Anyone who has read the fine story by Merwin-Webster and knows something of the history of the great engineer and manager, must be struck with the resemblance between the hero of the book and the man of flesh and blood. The feats formed by the dog have been equalled and even surpassed by the other. It would be a most remarkable coincidence of the joint authors of "Calumet K" have not studied Stewart's career when preparing their book. In that case, instead of being identical, the men would only be doubles. A brief biography of Mr. Stewart should be doubly interesting to Canadians, for he was born at Kingston, and his mother, also a native of that district, resides there at present. Mr. Stewart's father was born in Scotland in 1820, emigrated to this country at the age of eighteen, and lived here for twenty-seven years. In 1865, when James was comparatively young, the family removed to St. Louis. The United States is proud to claim him as her own, and in England, where his latest triumphs have been won, he has been called "Yankee." As a matter of fact he is composite Scotch, Canadian, Missourian, and a type of success.

Glenburnie's New Church.

Contracts for the erection of the new Presbyterian church at Glenburnie have been awarded as follows: Carpenter work, David Stoness, Sunbury; metal work, Elliott Bros.; mason work and plastering, Watts & Morley; painting and glazing, Thomas W. Milo, Kingston. The work of excavation has already commenced. The building will be a small, neat one, costing in the neighborhood of $1,500. E. M. Storey supplied the plans, and is the supervising architect.

"Hunting For Hawkins."

The merry comedy, "Hunting For Hawkins," will be offered at the Grand on Thursday next, and should prove a strong "drawing card." Aside from the fact that the farce itself has made a most substantial "hit," and is conceded to be one of the cleverest that has been produced in recent years, the entire company engaged for its presentation is unusually well-balanced and capable, which assures an entirely enjoyable performance.

New Sunday School Choir.

A choir has been organized in St. George's cathedral Sunday school, by Fred. Tighe, who has fortunately been able to take over the duties of organist for the school. The first practice was held on Tuesday night, when about thirty boys turned up. After practising some Easter music. Mr. Tighe, assisted by Mr. Dunbar, and Charlie Dalton, gave the boys a feed of fruit and taffy.

His Foot Amputated.

J. A. Macdonald, formerly weights and measures' inspector here, is in an Ottawa hospital, where his right foot was amputated above the ankle. Some time ago Mr. Macdonald sprained his ankle, and serious complications followed, rendering amputation necessary. His Kingston friends heard of his misfortune with great regret, and hope that his recovery will soon follow.

To-day's Police Court.

At the police court this morning William Blake pleaded guilty to the theft of a suit of clothes from William Duffy, and was sent to Central prison for six months.

Andrew Palmer, charged with the theft of two finger rings from Miss Constance Hora, pleaded guilty, and was allowed out on suspended sentence.

Local Customs Collections.

Collections at the inland revenue office for March, 1903:

Spirits, $5,743.95; malt, $1,321.50; tobacco and cigars, $2,584.73; bonded factory (vinegar), $68.38; Methy. spirits, $62; other receipts, $34; total, $9,814.56.

Customs receipts for March were $17,342.97.

Dr. John M. Stewart, the defeated liberal candidate in Centre Bruce has filed a protest against the election of Hugh Clark. The petition is filed in Walkerton.

DAIRY MEETING.

CHEESE INSTRUCTORS FOR THIS DISTRICT

Addressed By Messrs. Hart, Derbyshire, Murphy and Publow—Valuable Advice Given.

A meeting was held at the Dairy School, Wednesday morning, of the instructors to be employed by the Eastern Ontario Dairymen's Association to work among the cheese factories. Superintendent Hart spoke about the relation of the instructors to cheese making and the factory patrons, and outlined their duties. He also spoke about the large attendance at the Dairy School, and the necessity for better accommodation.

D. Derbyshire, president of the Eastern Ontario Dairymen's Association, spoke of the demand for instructors, and said that the association wished to meet this demand as far as was possible. With the limited appropriation, instructors could not be paid what they were worth. The men who took hold of the work in the right spirit and accomplished something would be recognized at a later stage, and that should be an incentive to them to do their best. Mr. Derbyshire spoke about the necessity of holding meetings among the patrons and getting them interested in the work of improvements and the benefits accruing in the way of up-to-date factories and qualified makers. In taking a course in the school, the object was to get the best ideas and put them into practice. It was really distressing, he said, to find that the association's funds were so limited for the amount of work to be done. In allotting the territory to instructors the association would try and put instructors in the districts where they would do the best work. In some cases, some of the instructors had been interested in factories, and it was therefore advisable to give them a territory free from all friction which might arise on account of competition for milk. Mr. Derbyshire took the stand that while makers should be qualified to test milk, the instructors should not neglect this important matter. The instructors must stand shoulder to shoulder to uphold and improve the quality of Canadian cheese.

R. G. Murphy, secretary of the association, spoke about the great responsibility that makers had in factories, and the greater responsibility the instructors would have. Canada's cheese exports are now valued at about $21,000,000, and the work of keeping up the quality of the cheese rests largely upon the men who are instructors. An instructor can build up or destroy the work of a factory. He must not only be a good cheese-maker, but he must be a man of tact, good judgment and have a still tongue. Mr. Murphy encouraged the instructors to work to secure the best results in each of their syndicates or districts, so that the great reputation Canadian cheese had would be still further enhanced. If they stood by the association, the benefits would be theirs.

Mr. Publow, who will be at the head of the whole system, stated that one great necessity was uniformity in quality, in size and in style of cheese. He mentioned different things that instructors would be called upon to do. Blanks would be furnished, and they would be expected to make a report to him of every visit paid to each factory. Then he could keep in close touch with the work. He expected to visit each factory himself. It was his intention to hold meetings of the patrons in central places. The instructors, he said, should not find fault with factories. It was their duty to report facts, and to quietly advise the maker of things that were not satisfactory. Their report to the head instructor could be dealt with. No information that would injure a factory should be given to those not concerned. Mr. Publow told the instructors to keep in touch with buyers, and act upon their suggestions. In reporting the quality of the cheese, he advised them to report on the conditions surrounding the factory as well.

Mr. Derbyshire emphasized the fact that instructors should not hesitate to get rid of poor makers who are a curse to the cheese industry. The factories can now afford to have only good men.

A vote of thanks was tendered to Messrs. Derbyshire and Murphy for the service they have rendered the cheese industry in eastern Ontario.

The Hippo—I don't see why you can't take a joke like me! Now, I'm not thin-skinned.

Wish To Return.

A large percentage of the German machinists who recently left the employment of the Locomotive works company for "pastures new," where fields were supposed to be verdant, have since been out of work, and are pleading with the local company to take them back. They have found out that they made a mistake in leaving Kingston, and desire to return. The company will not hold out any inducement for them to come back.

Gone To Poplar Hill.

Rev. E. J. Bridgeman, B.A., pastor of the Second Baptist church, Union street, left with his family on Wednesday for Poplar Hill, Ont., near London, where he assumes the pastorate of the church there. A student from McMaster College, Toronto, will take charge of the work here.

Over 10,000 immigrants arrived in Winnipeg during March.

COLONIAL HOUSE, Montreal.

DEPARTMENTAL STORE

36 Different Departments, and a Full Line in Each

NEW ILLUSTRATED CATALOGUE FREE TO ANY ADDRESS

Samples sent as often as desired, and special attention given to Mail Orders.

HENRY MORGAN & COMPANY, MONTREAL.

INCIDENTS OF THE DAY.

Newsy Paragraphs Picked up by Reporters On Their Rounds.

Hon. E. J. Davis is expected in the city to-morrow.

P. Harty, lighthouse inspector, Ottawa, is in the city.

See our special 50c. corset all steel filled. New York Dress Reform.

Very little ice is left in the harbor. Most of what has not melted has floated down the river.

Hon. Mr. Harty voted for Costigan's home rule resolution and M. Avery against it.

The local exchange of the Bell Telephone company has issued a new directory of subscribers.

Sir John Boyd, presiding at the high court session here is to be the associate judge to investigate the Gamey charges.

A three days' retreat for men of the congregation opens in St. Mary's cathedral to-night. Rev. Fr. Kehoe has charge of the retreat.

R. W. Allen yesterday disposed of the household effects of W. Kirby, Stuart street. The sale was well attended and good prices ruled.

Dust clouds filled the streets yesterday and to-day, to the annoyance of citizens. A visit from the sprinkling carts would not be out of place, though the season is a trifle early.

The case heard at the assize court to-day was that of Selby and Youlden, Kingston, vs. Mitchell & Wilson, Gananoque. Plaintiffs are suing to recover $633.80 for installing an engine and boiler in a boat owned by the defendants.

It was rumored on the street today that Capt. Gaskin had purchased the Whig. The captain, when approached about the matter, admitted the correctness of the report, and said he had been a purchaser for many years, paying therefor two cents a copy for each day's issue.

Lieut. Bruce Carruthers, the hero of Hart's River, writes a plaintive letter to Secretary Brace, Toronto, regretting his inability to be present at the re-union of the boys. He is at Saranac, in the Adirondacks, in New York State. He is under the doctor's care and is still suffering from those awful experiences.

Fire Department Tested.

Inspector Howe, Toronto, acting for the non-tariff insurance companies, which have accepted risks on city property, visited the city yesterday and summoned the fire department to box 42, located near the fair grounds. The summons was unexpected and was intended as a test of the ability of the department. In less than three minutes the Brock street section had reached the spot and had a stream flowing from the chemical engine. The Ontario street section were on hand in five minutes. Inspector Howe expressed his complete satisfaction with the good time made by the department, which showed remarkable efficiency.

Concrete Floor In Jail.

James McGrath has begun the work of placing a concrete floor in the jail, recommended by Inspector Chamberlain and grand juries. The jail had become very damp and unhealthy as the flagstones were cracking.

"IRON-OX TABLETS

are by far the most attractively put up remedy I have ever seen, and the immediate favor they have found with my customers surpasses anything in my experience. I can also speak most highly of the medicine itself.

I heartily wish you the success which I am sure you will have."—WM. H. GARDNER, Druggist, Bridgeport, Conn.

They Cure Constipation and Indigestion. 50 Tablets, 25 Cents.

NOW ON SALE IN TWO LOTS

Those Sample Children's Shoes bought at a snap in Toronto are now on sale.

Sizes, 2 to 7½.

49c. and 69c.

Red, Chocolate and Black Colors, Laced and Button.

Don't Miss This Chance.

J. H. SUTHERLAND & BRO. SEE OUR WINDOW.

HARD AT WORK.

Canada is Coming to the Front Quite Rapidly.

Syracuse, N.Y., Post-Standard.

Most of us without making investigation, are inclined to assume that a new transcontinental railway running parallel with and three or four hundred miles north of the present Canadian Pacific must be well up among the icebergs of the Arctic. But as shown in the new despatches of yesterday, it will cut through the heart of the famous though as yet only meagrely developed Canadian wheat belt; for ours is a continent of magnificent distances, and of equally magnificent possibilities.

The fact that this proposed northernmost line will shorten the distance between the Orient and the Western Atlantic seaboard by something more than one thousand miles is due to the distinguishing circumference of the the earth on far northern parallels of latitude. The nearer the pole, obviously, the shorter the distance around the earth.

The new and signally courageous enterprise of an extreme northerly railway line across the continent is characteristic of the commercial spirit that has been at work in the Dominion of Canada during recent years. It indicates anew the fixed purpose of Canadian ports along the Atlantic seaboard to compete with principal United States ports, New York and Boston and Philadelphia, for the through traffic from the west and North-West which increases tremendously in volume with every passing year.

Our boasted United States sea ports as unrivaled gateways for all principal shipments from the west to Europe have need to look to their laurels.

Little Needs At Little Cost.

3 lbs. fine apricots, 25c.; 1 lb. best feather strip cocoanut, 20c., at Mullin's.

W. McClyment's tender for the market fees for the Picton market, being the highest, $491, was accepted. W. R. Elsworth tendered $488.

We make a specialty of corsets. Call and examine stock; over fifty different kinds to choose from. New York Dress Reform.

George E. Fraser, Picton, has entered the wholesale house of Farwell & Co., Chicago.

Household Ammonia, 10c. per bottle. McLeod's Drug store.

Gold Seal EXPORT LAGER.

Sold by dealers in Good Goods and at places where Gentlemen Drink

The Sleeman B. & M. Co. Limited Guelph, Canada

FREE ADVICE.

One cannot afford to be without heat and warmth now any more than in mid-winter. Do not let the fire out till the frost leaves the ground. We have lots of

GOOD COAL.

S. ANGLIN & COMPANY.

MME. E. ELDER

LATE OF NEW YORK, FASHIONable Dressmaker and Ladies' Tailor. All orders will receive prompt attention. Perfect fit guaranteed. Cutting and fitting by measure a specialty. 215 Princess street, opposite Opera House.

ICE CUSTOMERS.

PLEASE NOTICE ICE WILL BE DELIVERED from now on as often as required. No orders will be filled for those in arrears for previous years after April 1st. JOHN GLEASON.

FOR SALE OR TO RENT.

FURNISHED CUT STONE HOUSE, No. 57 George Street. Immediate possession. Apply to Mrs. W. Leslie, 212 King street.

TO RENT.

A NEW YORK SQUARE PIANO, $2 per month. Apply at this office.