TRAINS LEAVE KINGSTON:

12:40 p.m.—Express, for Ottawa, Montreal, Quebec, St. John, N.B.; Halifax, Boston, Toronto, Chicago, Denver, Renfrew, Sault Ste. Marie, Duluth, St. Paul, Winnipeg, Vancouver, Seattle, Portland, and San Francisco.

5:30 p.m.-Local for Sharbot Lake, meeting with C.P.R. east and west. 6:10 a.m.-Mixed, for Renfrew and inter

Passengers leaving Kingston at 12:40 p.m.; arrive in Ottawa at 5:00 p.m.; Peterboro, 5:10 p.m.; Toronto, 7:30 p.m.; Boston, 7:30 a.m.; St. John, N.B., 11:35 a.m.

THE BAY OF QUINTE RAILWAY NEW SHORT LINE FOR

Trains Leave the City Depot, Foot of Johnston Street: GOING EAST.

Eastern Flyer 12:53 P.1 1:17 P.M. 7:18 P.M. GOING WEST.

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NEW SERVICE Boston to the Mediterranean. New England -Midship, Saloon, Electric light, Spacious ptomenade decks.

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ALLAN LINE. CHRISTMAS IN ENGLAND.

Tunisian, from Halifax, Dec. 8th. From St. John. From Halifax Nov. 29. Dec. Corinthian, Dec. 13. Dec. 15, 10 p.m. Pretorian, Dec. 20. Dec. 22, 10 p.m. FIRST CABIN-Tunisian and Bavarian, \$60,

Parisian, \$55 and upwards. Peand Corinthian, \$50 and u SECOND CABIN-Tunisian and Bavarian Other steamers, \$37.50; Liverpoo Loadonderry or London.

Third (1.88-\$25 and \$26; Liverpool. Derry, Beifast, Glasgow, London. New York to Glasgow and Londonderry Sardinian, Nov. 27th; Laurentian, Dec Sardinian carries 2nd and 3rd class P. HANLEY, Agent, City Passenger

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THE NOW FAR-FAMED BERMUDAS, WIT able communication and equable winter temperature of 65 degrees, beautiful scenery and 100 miles of good roads, headquarters and 100 miles of good roads, headquarters of the British army and navy, is unrivalled in its attractiveness, reached by the first-class from steamers TRINIDAD or PRETORIA in forty-eight hours from New York, Sailing every SATURDAY this winter. The tropical islands, including SANTA CRUZ, ST. KITTS. MARTINIQUE, ST. LUCIA BARBARDOES AND DEMERARA, also afford beautiful and interesting tours, all reached by steamships of the Quebec Steamship Company from New York, SPECIAL CRUISE TO THE TROPICS PER SS. MADIANA, 7TH FEBRUARY, 1903. For descriptive pamphlets and ARY. 1903. For descriptive pamphlets and dates of sailing apply to A. EMILIUS OUT-ERBRIDGE & CO., Agents, 39 Broadway, New York; J. P. HANLEY or J. P. GILDER-SLEEVE, Kingston, Ont. ARTHUR AHERN, Secretary, Quebec.



MAYORALTY 1903

To the Electors of Kingston: LADIES AND GENTLEMEN :- As a can-didate for Mayor for 1903, I respectfully solicit your votes and influence to elect me. C. J. GRAHAM.



MAYORALTY 1903

To the Electors of Kingston :

LADIES AND GENTLEMEN :- I am a candidate for the mayoralty for the year 1903, and respectfully ask for your votes and in-fluence on my behalf. J. T. WHITE.



MAYORALTY 1903 To the Electors of Kingston:

fully solicit your votes and influence to elect

J. H. BELL. FURNISHED ROOMS WITH OR WITHOUT BOARD; ALSO TABLE board. Apply 168 King street West, Buar City Park

me as Mayor for 1908.

How the Body is Nourished.

Josh Billings once said, " It know so much that ain't so.' You can't help thinking of this when you inquire how the human body transforms food into blood, and blood into bone, flesh and living tissue.

Ask a class in physiology what happens to a simple meal of bread and butter when it arrives in the human stomach. You will get plenty of answers, but how many will be correct? How many will tell you that the bread, if it is made of bolted flour, contains about as much nourishment as a paper collar and that its principal good is to put the butter on.

How many can explain why they are so fond of butterwith other things, but never them will remember that the stomach can do almost nothing whatever with butter except pass it along to be digested further on?

Ask what the liver does to it. How many will tell you that the liver gives it special treatment and that all fat gets into the blood in a different way and by a shorter cut than ordinary food? How many in the class or out of it have any fair idea of what fat is really good for in the human body?

Many people imagine that fat foods are good only to make heavy and useless flesh. Few realize that fat is one of the chief elements in sustaining the nerve centers and brain and supplying the fuel for muscular power and vitality. This is one reason why Scott's Emulsion is so effective in restoring not only the fleshy tissues but active strength and mental as well as bodily vigor.

It combines the nourishing properties of the whole cod liver oil, emulsified, with hypophosphites of lime and soda, which makes the oil easy to digest and at the same time greatly increases and re-inforces its good effect.

Scott's Emulsion is known to be one of the richest preparations (food product or medicine) in the materials most needed to make good blood and repair living tissue.

, It is agreeable to the taste and the stomach, puts almost no work on the digestive powers and enters the blood with great readiness. It builds up the body tissues rapidly and is a true food

where nourishment is needed. Its value has been well proven in 25 years' experience by the public and the doctors and it is widely recommended by the medical profession

throughout the world. Shall we send you a small sample

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Incipient illness is checked and vigorous health maintained by drinking the MAGI Caledonia Waters. Sold by best dealers everywhere.

LADIES AND GENTLEMEN:-I respect Auction Sales.

SAVE MONEY BY EMPLOYING ALLEN & BROWN, Auctioneers.

TWO

QUEEN'S II ARE INTERMED-IATE CHAMPIONS

is better to know less than to Of the Intercollegiate Rugby Union -Limestones Administer to Wellesleys.

> Queen's II are intermediate champions of the Canadian Intercollegiate Rugby Union. Un Saturday afternoon spare, Hay. they defeated McGi.l II by 10 to 5, and having won in Montreal a week ago by 7 to 0, the score on the round stands: Queen's II, 17; McGill II, 5. Saturday's match was played on wet ground and with a variable wind. In the first half, Queen's were suppos ed to have the breeze, but it shifted so after that McGill had no difficulty many times in kicking for big gains. The play was confined chiefly to the Montreal collegians' territory. Queen's ly win the O.R.F.U. junior champion scored but one, Pannell making his ship. way over for a try when Queen's had chan's try at goal missed the poles by in February. only a short distance. McDonald, the when he came from behind his posts, eluded several Queen's wings, and kicked into touch forty yards out, when a score seemed inevitable. Half

time : Queen's, 5; McGil!, 0. McGill's touch after ten minutes' play in the second half was rather farcical. Andrews' kicked over full back Millar's head, and the latter though he had a good start, and plenty of time to fall on the ball, became nervous. Grey succeeded in getting possession of the ball, and a try

Queen's, 5; McGill's, 5. Eleven minutes before time Queen's had the play near McGill goal line, and Murphy put them again in the Queen's, 10; McGill, 5. The Montreal team tried hard to score at the close, \$16. and brought the play ,near to Queen't goal line, but all their efforts we futile. A few minutes before match concluded, Inkstetter, one McGil's sc. immagers, was accidentally kicked on the back of the neck

The injury was so severe that he had to be carried off the field to the dressing car. He recovered afterwards, Mil. lar went off to even up. "Queen's easily had the best of th play all through. They are without doubt the best intermediate team that ever appeared in Queen's uniform, and

are well worthy the championship. It is very doubtful if Peterboro's O.R.F. U. husky team could win from them. This is the second time in the five years' history of the Intercollegiate Rugby League that Queen's II have been champions.

Queen's H-Full-back, Millar; hal backs, Smith, Strachan, Crothers: quarter, Pannell: scrimmage, Thompson, Gi lies, Malloch; wings, Harpel Patterson, Bailey, Ferguson, Mahood Malone, Murphy. McGill II -Full-back, McDonal h

half-backs, McDougall, Andrews, Saage; quarter, Taylor, scrimmage, Crosby, Inkstetter, Dowler; wings, Hammond, Muckleston, Wilson, Cam eron, Sullivan, Sharpe, Grey.

Referee-A. B. Wright, Toronto un versity; umpire, A. H. Britton, Queen's: timers, Dr. Haig and W. 1

Easy Victory For Limestones.

Limestones found it as easy to overcome the much-lauded Toronto-Wellesleys as the proverbial Humpty-Dumpty found it unnecessary of ex ertion to fall off the king's wall. The match was the semi final of the O.R F.U. junior series, and was played in the cricket field before a very large rowd. The spectators were remarkably well behaved, considering th fact that a great many small boy: were present and the only means of keeping them in subjection were the to 13 in favor of Hamilton, Why was presence of two policemen. The audience was a model one in point of pro-

The visitors entered the arena with a half gale supporting them, but de spite this fact, play was strong against them. They took the centr of activity into Limestones' quarter several times on long kicks, but the fleetness of Walsh, at full-back, kept hem from scoring. One punt, how ever, went too far behind the goal line for Walsh to recover in time, and Limestones yielded up a rouge. worked up steadily by clever bucking by Moxley, a touch was scor-

in favor of the home team.

and Moxley showed up conspicuously. Cataraqui, where her early days were were features. Hiscock did some respots proved himself a gamey player. Limestone's trio of scrimmagers proved themselves in the advanced class, compared with which the Wellesleys are mere kindergarteners. The Linestones possess the swiftest junior ag gregation that every came down the

Kingston pike since the days of the champion junior Granites. The painstaking officials were R. H

Colds

How will your cold be tonight? Worse, probably. It's first a cold, then a cough, then bronchitis. Colds always tend downward. Stop them quickly with Ayer's Cherry Pectoral.

25c., 50c., \$1.00. __ L & AYER CO., Lovel, Mant.

Britton, referee, and Cadet Constan UNION

One man only-a Limestone-was laid off and his offence was trivial. Limestones - Back, Walsh; halves, Hiscock, Betts, Bearance, captain; quarter, Moxley; scrimmage, Page, Hamilton, Patterson; wings, Hebert, Crozier, Williams, Varney, O'Brien, Pavies, O'Leary; spare, Noyes. Wellesleys — Back, Tyner; halves, Crushing Defeat to the Toron- Tooze, Hewitt, captain; Harcourt; quarter, Brown; scrimmage, Purse

> General Notes On Sports. Peterboro ladies will form a curling

Harris, Cooke; wings, Marshall, Hunt

Dale, Miller, Bretz, Sharpe, Suckling;

Yale defeated Harvard on Saturday

Beatty has been elected captain of Varsity senior rugby team. The Scotch curlers will remain Canada for thirty-two days. Weliesleys say Limestones will easi-

The pacer Creceus will take part in the play near the McGill goal. Stra- the ice races at Ottawa and Montreal

One unfortunate young Toronto man McGill full-back, made a pretty play lost \$60 on a wager that Wellesleys would defeat Limestones. Peterboro won the O.R.F.U. inter-

mediate championship by defeating London on Saturday, 12 to 0. 'Varsity are senior rugby champions of Toronto. On Saturday they defeated Argonauts by 30 to 5, win-

ning both matches. An English association football team purposes a visit to South Africa, New Zealand, and Canada. The latter is asked for a guarantee of \$2,500.

coming season, and will make a bold intermediate series. bid for the senior championship. lead by getting over for a touch. \$50 on a guarantee, the home team intermediate series, McGil II, Lennox-

> Toronto University hockeyists will not risk their amateur standing by playing the Houghton, Mich., importations. They have declined the invi-

> So far this season the Limestones have an unbroken record of success. Only eight points have been scored against them to 125 they have captured from their opponents. It seems there is nothing in the Ca-

nadian Rugby Union sensation, originated in Toronto. Secretary McMurrich states that the arrangements for the final match were perfectly satis factory Herb. Reyner will return to Pitts-

burg this week. He has been spending a couple of months holidays at home. The P. A. C. hockey team will again have the benefit of his services Six of the Wellesleys are Toronto newspaper men, viz., Have Hewitt.

Hunt, Marshall and Bretz and Purse. It is needless to say that they are more successful in newspaper arens han in the sporting arena. "Bike" Young has been located

somewhere in the eastern fastnesses of Ontario and will come out of the woods this week to take a trip south for the benefit of his health. Incident ally in order that he may not become rusty on the fine points of the game, he will play hockey with the Pitts burg Athletic Club's team. L. E. Marsh and G. D. Hunt, Tor

onto Star reporters, played on the Wellesley team against Limestones They spoke of the contemplated pro test, but were of opinion that it would be dropped on account of Limestones' decisive victory. The Toronto team, they said, had no idea of meeting such a strong fifteen as Kingston put on the field.

The semi-final O.R.F.U. junior match in Galt, between Hamilton and Galt, was called ten minutes before time on street. account of darkness with the score 15 the match not started in time? There You Can Test is altogether too much ridiculous de lay. Are the Limestones to be kept waiting till the snow comes, before they play of the final? If the Galt Hamilton match is to be played again. it should be called for Thursday. as to allow the series to be finished next Saturday.

Died In California.

Mrs. Allan Miller, a former minutes later, the ball having being known and highly respected resident line of Newburgh, died at the residence of her son-in-law, John A. Percy, Alaed by that sturdy little quarter, who media, Cal., on September 14th, at squirmed through the scrimmage, the the ripe age of eighty years. She and length of himself and captured four her husband spent their early days in points for his team Pearance failed Newburgh, where their children were to convert. This ended the scoring in mostly born and raised. They were prominent and active members of the In the second half Limestones scored Methodist church, in the days of the almost at wil. Bearance thrice went old Ebenezer camp meeting so success over the line, each time after a leng fully conducted for years near Violet sprint, outdistancing his pursuers and and Switzerville more than forty years executing some remarkable dodging. ago. They were looked up to because The fifth touch was made by Moxley, of their zeal and usefulness in Chriswho went through the line from a tian work. Later on they moved to scrimmage near the goal. Of the five California, where both lived and touches made Bearance converted died. The Salinas, California, Index, three, making the final score 26 to writing of her last days, said: "She did not dread the mystery" of death For the victors the work of His- and awaited with Christian patience cock, Walsh, Betts, Bearance, Williams her summons to go. She was a native The long well-placed punts of Betts spent. She reared a large family and among the surviving ones are Mrs. clude that your kidneys are out of ormarkable sprinting and in danger Robert B. Hope, Newburgh; Mrs. John der begin at once to use Dr. Chase's A. Percy, Salinas, Cal.; Mrs. W. J. Kidney-Liver Pills. They will bring Black, Salinas; Mrs. Job Wood, Sac- prompt relief and thoroughly cure you. They are Black, Salinas; Mrs. Job Wood, Sacramento, Mrs. C. E. Palmer, also of California. Her husband, who became a successful local preacher, pre-deceas- Pills cure ailments of the kidneys when ed her many years.

Christmas Gifts.

complete, a small part of it fills our lower window. Taylor, 124 Princess

A rather unusual event will place at the home of Dr. and Mrs. which had also effected my general File, Ameliasburg, next month. Invitations are out for the marriage of their two daughters. On December through my body. I have used Dr. 2nd, their daughter, Miss Mabel Chase's Kidney Liver Pills for my Franklin DeLong, and the following commending them for all forms of joined in wedlock to Burton Adams. | wonderfully beneficial in my case,

Ask for a sample of the great Cacasilla skin soap. McLeod's drug store. Taylor sells purest drugs.

INTER-COLLEGIATE HOCKEY IS DECIDED UPON.

College Representatives Met Saturday Evening-Elected Officers and Decided Upon Rules.

A Canadian Intercollegiate Hockey Union has at last become a thing of the present. The place of its birth was a third-storey room in the Britith-Ameri an hotel, and the time Saturday evening, November 22nd. These university and college representatives were present: A. B. Wright, Toronto 'Varsity; G. C. McDonald, McGill; J. L. McDowall, C. W. Knight and W. A. McInnes, Queen's; Cadet Porteous, representing Bishop's College, Lennoxville; Cadet B. Carr-Harris, Royal Military College.

Mr. McInnes was appointed chairman pro tem, and Mr. Wright, secretary. On motion of Cadet Carr-Harris, seconded by Mr. McDonald, it was decided that an Intercollegiate Hockey Union be formed.

These officers were elected; Honorary president-Dr. - C. Clarke, Kingston. President-W. A. McInnes, Queen's.

Vice-president-G. C. McDonald, Mc-Secretary - treaturer-A. B. Wright, Each club entering the union will be

asked to elect a representative to the A constitution was adopted similar to that of the Canadian Intercol-

legiate Rugby Union. Entrance fees were fixed at \$10 for senior, \$8 for The Toronto St. George's hockey intermediate and \$5 for junior. At like it by itself? Who of resulted. The goal was missed team will be stronger than ever the present there will be only senior and The clubs signifying their intention

The "gate" vielded the Limestones of entering the union are: Senior \$34. As the Wellesleys had to receive series, McGill. Queen's and 'Varsity, had to go down in their "dip" for ville, Queen's II, Royal Military College, 'Varsity II, Osgoode and Mc-

> There was a long discussion as to whether only undergraduates be permitted to play. It was finally agreed that graduates of not more than one year be allowed, as it done in the Intercollegiate Rugby Union. In the senior series a win will count two points, and a tie one point. The intermediate series will be played off in groups. The teams may agree upon a referee themselves, but if not, the executive will choose one from board of referees to be named.

The playing rules were made more specific than those of the Ontario and Quebec unions. For instance, it was decided that the goal line between the posts be plainly marked, and that a goal was scored by the puck passing completely over that goal line, from the ice surface to the top of the posts.

The Quebec off-side rule was adopted in preference to that of the Ontario Hockey Association. In the latter a player by passing the puck ahead to one of his own team, can put the latter on side by skating ahead of him. By the Quebec rule, a player of one team is on side only when the puck has struck a player of the opposing team. The Quebec rule is also the Canadian championship rule, and used in the maritime provinces, Manitoba and in the United States. The Ontario rule makes the game faster, but it causes too much "loafing. Both Queen's and 'Varsity were quite in favor of the Quebec system.

Mr. McDonald, of McGill, pointed out that if the Ontario Hockey Union ever expected to win the Stanley cup they must adopt the Canadian off-side

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It is not necessary for you to consult a specialist on kidney disease to find out if you are a victim of this dreadful derangement. You can test your kidneys at home, and satisfy vourself on this point.

Allow some urific to stand in glass for twenty-four hours, and if at the end of that time you find sediment in the bottom of the vessel you can be sure that your kidneys are diseased. Pains in the small of the back, and smarting when urinating, frequent desire to urinate, especially at night. loss of flesh and strength, are other

marked symptoms which indicate kil-nev disorders. Make this test for yourself. Consider whether you have any of these symptoms, and if you con-On account of their direct action on the kidneys Dr. Chase's Kidney-Liver ordinary kidney medines fail. They have proven their efficacy in many thousands of cases, and are endorsed Our stock of Christmas perfumes is by more people than any other kidney medicine extant.

Mrs. William Pipe, dressmaker, 333 Queen street, Kingston, Ont., states : "For years I have been troubled with a severe form of kidney disease health, so that I was run down, suf-Louise, will be married to Henry trouble and bave no hesitation in reday Miss Catharine Maude will be kidney disease as they have proven The doctor is a native of North Fred. | consider Dr. Chase's Kidney-Liver Pills ericksburgh, a son of the late John a most valuable medicine and keep them on hand at all times." Dr. Chase's Kidney-Liver Pills; one pill a dose, 25 cents a box, at all dealers, or Edmanson, Bates & Co., Tor-



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MALTA-VITA is the original and only perfectly cooked, thoroughly malted, flaked, and toasted whole wheat food. MALTA-VITA is the perfect food: perfect in taste, perfectly cooked and malted; perfect because MALTA-VITA contains all of the elements

necessary to sustain life and invigorate mind and body. Perfect health, sound, restful sleep, clear complexion, bright eyes, clean, white teeth, sweet breath are the blessings that follow a regular diet of MALTA-

A week's trial of MALTA-VITA as a diet for breakfast and supper will convince the most skeptical of the superior merits of MALTA-VITA Beware of imitations. Insist on getting MALTA-VITA, "The Perfect Food." Requires no cooking, always ready to eat.

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