



Health from Oxygen. Mountain air is pure air because it contains its full amount of oxygen.

made healthy; to be cured of germ produced diseases. Powley's Liquefied Oxygen increases the oxygen-carrying power of the blood.

Price 50c. and \$1.00 a bottle at all druggists. The Ozonite Co. of Toronto, Limited, Toronto and Chicago.

JEWELRY BY MAIL. If there is a post office in your neighborhood and you have a jewelry want of any kind, we can supply it almost as well as if you visited us personally.

RYRIE BROS., Toronto. We prepay all delivery charges, and if what we send does not please you in every particular, return it, and by next mail we will cheerfully refund your money.

The Dandy Shiner NICKEL PLATED. HOLDS SHOE RIDGE. FITS ANY SHOE. A HOUSEHOLD NECESSITY.

SEALED TENDERS ADDRESSED TO THE undersigned and endorsed "Tender for Heating - Residence, Royal Military College, Kingston, Ont.", will be received at this office until THURSDAY, Sept. 4th, inclusively.

Department of Public Works, 1902. Newspapers inserting this advertisement without authority from the department will not be paid for it.

FITS EPILEPSY. FREE SAMPLE OF LIEBIG'S FIT CURE. If you suffer from Epilepsy, Fits, Falling Sickness, St. Vitus Dance, or have children or relatives that do so, or know a friend that is afflicted, send for a free trial bottle with valuable Treatise, and try it.

WHAT IS THE BRITISH FLAG

ALL OVER EMPIRE ARE MIS-TAKES MADE IN FLYING.

A Puzzling Question Satisfactorily Settled—The National Flag—When and How it Should be Flown—Flag Lore That is Intensely Interesting.

The flag of England, of Britain, is flown all over the Empire, and yet in this flying there are many mistakes made.

For the average Londoner, alike in St. James' and St. Giles', appears to be in hopeless bewilderment as to the national flag.

First of all, there is a widespread misuse of a purely personal flag, the Royal Standard, which many other well-informed people suppose to be that of the nation.

The Royal Standard is the King of England's banner and denotes his actual presence as Sovereign where it is flown.

The national flag, the flag of the Kingdom and the Empire, is—to give it its popular name—the Union Jack.

Most of the flags imported from abroad, and many of those made in England, blunder about the right combination of the three crosses.

When General Baden-Powell designed a poster some years ago for a military tournament he made St. Andrew's cross into a mere even white border for St. Patrick's.

special signal flag. "I want a pilot," flown by ships nearing harbours.

As red, white, and blue are the colors in the Union Jack, there seems to be a vague impression in many quarters that any combination of these colors may be flown.

The advent of peace has set British journalists counting up the losses in the war.

Taking the killed and wounded together, the casualties work out at 30,120 men, or nearly 10 per cent. of the total forces.

The surrenders of armed men total 9,714, or about 3 per cent. of the fighting line.

The health of the Imperial army, in spite of the severe strain imposed, has been remarkable.

Deaths from accidental causes throughout the campaign number no fewer than 735.

Hard Lessons in Good Manners. School staff is wholesome in most cases, but it may crumple in small but not be crumpled.

When your camping ground is chosen, find two trees far enough apart to allow the tent between them.

Meers, Vian and Lachance, of Hull, have commenced work on their contract for the new Dominion Observatory, which is to be erected on the grounds of the Central Experimental Farm.

Co-operation in Canada. There are 747 co-operative cheese and butter factories in Canada.

To Cure a Bilious Headache. A teaspoonful of lemon juice in a small cupful of black coffee will almost certainly relieve a bilious headache.

MUSKOKA SEEN IN CANOE

POPULAR TRIP KNOWN AS THE CRANE LAKES.

Explicit Directions for Making it Without a Guide—What One Needs on Such a Trip and How to go to Work to Provide it.

There are two methods of making a canoe trip. The first and the one which I shall not here attempt to describe, is to hire guides.

Another, and perhaps still more important, reason why a canoe trip should not be carried on in this way is that it is too expensive for most people.

Now, as to the preparations for such a trip. From the outline given above it will readily be seen that it would be very unwise for one unfamiliar with this district to attempt the trip without a chart.

The writer does things in a manner perhaps primitive, but with satisfactory results. He lays in a good stock of bread, a considerable quantity of oatmeal, some cheese, some butter, sugar, coffee, salt, pepper, etc.

A party can quite easily carry provisions for a week. If it is intended to stay longer than that it would be better to arrange for your supplies in some other way.

The Canadian Venice. Muskoka the ideal—Muskoka the enchanted land, in whose waters one bathes and forgets the world without and its life incessant.

It is a common remark among Americans who visit the Muskoka region that it is not fully appreciated by the Canadians themselves.

From a business standpoint the Muskoka region is one of Canada's most valuable assets.

There are 747 co-operative cheese and butter factories in Canada, where the farmers erect and equip the factories, and the Government undertakes to manufacture a good article at a cost of 24 cents a pound to cover all expenses including marketing.

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WHAT SIR WILFRID SAID

Delivers Eulogy of His Country in London, Eng.

Sir Wilfrid Laurier, who was received with prolonged cheers, at the coronation banquet held at the Guildhall, London, on July 11, replied on behalf of the self-governing colonies.

Cheers. The British Empire, as all other creations of human effort, had been the cause of many conflicting sentiments. It had inspired, and perhaps more than ever would inspire, in the breasts of millions of men, a deep sense of enthusiastic attachment.

Canadians present could bear testimony to the truth of his assertion that Canada to-day was a free, prosperous and happy country.

It was not always so, but the granting of representative institutions had worked that miracle. Prosperity and contentment had followed in the path opened by freedom.

He did not say that the time might not come when they might have a Parliament assembled in London from all parts of the globe.

He is not fully appreciated by the Canadians themselves. Its beautiful lakes and picturesque scenery are not to be equalled anywhere on the continent.

There are no good reasons why millions of dollars should not be spent in Canada every summer by American tourists, but that means something different from ordinary slipshod methods and something better than the average hotel accommodations.

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Wash yourself with Infants' Delight Toilet Soap. Sold Everywhere. John Taylor & Co. Don't take a Substitute. Perfumers and Soap Makers. Toronto.

Corticelli Spool Silk. Too Strong to Break. Illustration of a woman sewing.

FOR dressmaking and family sewing Corticelli Silk is the best silk made. For hand or machine use it has no equal.

Prof. Dorenwend Coming. Baldness, Thin Hair and Discolored Hair, etc. He will be at British American Hotel, Kingston, ON FRIDAY, Aug. 29th, last day of the fair.

20 Per Cent. Discount 20. We Will Sell for the Balance of the Season the Following Goods at 20 Per Cent. Discount for Cash Only. ELLIOTT BROS., 77 PRINCESS STREET. PRESERVING KETTLES. SPECIAL SALE FOR ONE WEEK. DISCOUNT 20%. From Regular Prices, for CASH ONLY. All sizes from 2 to 18 quarts. Mckelvey & Birch, 69 and 71 Brock Street.