

Skirt Binding Economy Should Interest Every Woman

There is no economy in rebinding a skirt several times when it can be avoided by paying a few cents more for S. H. & M. Bias Velveteen. You will be delighted with the splendid wear and stylish and elegant appearance of S. H. & M. Redfern. It won't lose its color, it won't become ragged. The trade mark S. H. & M. on the back of every yard guarantees it. Look for that trade mark when you buy skirt bindings.

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OUR NEW FURNISHED ROOMS, WITH BATH, AND ALL MODERN CONVENIENCES, AT 191 University Avenue.
THE HANDSOME SPARE LATELY COMPLETED BY THE H. B. PENSE, 101 Queen Street, and 191 University Avenue.
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THE SHOP WITH PLATE GLASS FRONT, on Wellington Street, near Prince of Wales, opposite the old site of GILBERT BLETCHER & KIRKPATRICK, Clean Street.
ON THE 1st OF MAY, THAT VERY DESIRABLE HOME, 117 BROADWAY, corner of Gore, over the Park. Large airy rooms, all modern conveniences, large lobby and water basement. Apply to Felix Shaw, 111 Regent Street.
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NAIL YOUR FAITH
BURDOCK BLOOD BITTERS.
As a spring medicine it has no equal.

It purifies and enriches the blood. Acts on the Kidneys, Liver, Stomach and Bowels. Cleanses and invigorates the entire system from the crown of the head to the soles of the feet.

Don't be sick, weak, tired, worn and weary.

THIS SPRING TAKE Burdock Blood Bitters AND KEEP WELL.
Maypole Soap
Is an English Home Dye that saves time, patience, soap and water. An easy dye. Made in England by the Washes and Dyes Co., Ltd., London, England.

Come, Let Us Reason Together.

You will readily acknowledge the fact that defects and derangements of digestion are amongst the most common of human ailments. These digestive derangements not only complicate almost every form of disease, but they constitute by themselves serious symptoms to a vast number of otherwise healthy people.

Provincial Election. FOR MEMBER FOR KINGSTON, EDW. J. B. PENSE.
For Good Government, Building up of Ontario, and Kingston's best interests.

FIT'S EPILEPSY
FREE SAMPLE OF LIEBIG'S FIT CURE.

IT MAKES THE BEST LOAF

THE SUPERIORITY OF CANADIAN FLOUR.

Trials in England—Is Not Adulterated—How to Raise Crops—Ten Years' Tests—Time For Sewing—Invitation to Farmers.

From Agriculture Department.
Canadian flour of the best sort contains by actual analysis about one-tenth more of albuminoids than the best quality of Hungarian flour; and the albuminoids or gluten being more tenacious yield a dough which rises better and holds its position in the baked loaf. Let the press proclaim this, and the news will be followed by a demand for Canadian flour in the old country, where people know a good thing when they see it, and will have the best that can be procured.

For some time past Canadian flour has been steadily gaining ground in the European markets, and it is becoming better known as flour from which bakers can make not only the best quality of bread, but also the largest quantity per barrel. The English bakers make up their sponge from seven or eight brands of flour, because this enables them to have a continuity of quality in the market. Each using 100 pounds of flour, they obtained in the first instance 132 pounds of bread, 152 pounds of bread in the second, and 151 pounds of bread in the third case. Each test was made with strong Canadian flour.

It is noteworthy that adulteration of Canadian flour with inferior flour, or other cheaper and inferior substances, is entirely unknown. For sweetness, whiteness and strength Canadian flour is unsurpassed.

To meet the increased demand in England for hard wheats to mix with the home-grown and softer wheats, F. T. Shutt, M.A., of the central experimental farm at Ottawa, made a comparative examination between Canadian best patents and the best grades of Hungarian flour. The foreign samples had been procured by the honorable minister of agriculture. The result of these experiments proved the superiority of the Canadian flour for bread making purposes. The percentage of albuminoids or protein, the most important part from a nutritive standpoint, were, Canadian, best patents, 12.50 per cent; Hungarian, best grade, 11.37 per cent. The percentage of gluten in the Canadian was, also, in favor of Canadian flour, namely, Canadian, best patents, wet gluten, 34.22, dry gluten, 12.33; Hungarian, best grade, wet gluten, 26.17, dry gluten, 9.78.

Clover is grown in all the eastern provinces of Canada and in the coast climate of British Columbia, to advantage, with all cereal crops, without lessening the grain crop for the current year, for the green crop is cut, the clover grows luxuriantly, acting as a catch crop during the latter part of the season.

Green clover turned under is especially valuable to the land, because while growing it absorbs the nitrogen of the air, and which is stored up in its tissues. A heavy mat of growth is produced by the autumn, which, when ploughed under, adds considerably to the available nitrogen in the soil, as well as to the store of humus. The proportion of nitrogen thus added to the land is equal to that obtained from a dressing of ten tons of barnyard manure to the acre.

The tests carried on at the experimental farms for ten years have fully demonstrated that increased crops result from early sowing. Sowing at the earliest possible time and then sowing a second series a week later, then four or five weeks later, and so on, showed that the best crops have been had from the second sowings made just one week after it was possible to sow the seed.

Thought It Was Her Right.
A woman of the Scotch Bush settlement of Grattan was fined \$5 and costs by magistrate McDonald, on Friday last, for being committed by beating a girl from one of the orphan homes who was given to her care. The costs were heavy as woman refused to answer summons on the first occasion, thinking she had committed no offence, and that she had a right to chastise the girl, even to the length of using the strap, as she was the girl's legitimate guardian. A warrant was then issued for her arrest and the chief had to go after her on Friday.

MEDICINES IN ANNAM.

Respiratory Remedies Used by Native Physicians.

London Letter.
According to a writer in the Archives de Medicin Navale for January no native of Annam is allowed to practice the use of surgery unless he has studied under a recognized master for at least ten years; but notwithstanding this prolonged curriculum the results, measured by western standards, are simply deplorable. It is not that the Mongoloid medical students are accused of abnormal idleness or of excessive stupidity, for, on the contrary, they are said to be very industrious, and, according to their lights, by no means devoid of intelligence. From their earliest days, however, they become imbued with the grossest superstition, complicated by a firm belief in astrology, and naturally it is next to impossible for genuine knowledge to attain to any useful dimensions in the midst of such exorbitant weeds.

The Annamese pharmacopoeia is made up of an immense number of exceedingly complex formulas, and before the simplest of the medicaments can be prepared the compounder has to perform the most perplexing ceremonies in order to insure its efficacy. Among metals gold, silver, and iron are in high repute as remedies, but do not enter into the mode of their administration. Iron, he tells us, is used for wounds caused by cutting instruments. In the same connection it may also be noted that zinc is employed for combating colic as well as for assisting parturition. In the latter case, however, the attendant nails the metal to the threshold of the patient's room.

Earth is freely administered in many diseases. When freshly stirred up by rain, it is believed to cure paralysis, cramps, and beri-beri, and it is likewise thought capable of preventing the crying of infants in utero. As a comestible, earth is freely consumed by well-to-do people throughout the country, but its votaries acknowledge that it has no taste or nourishing properties whatever. Habit, they say, is responsible for the practice, but pregnant women have been known to declare that the "little made" earth tiles, as the earth tablets are called, have as good flavor as pig's liver.

The Annamese do not hesitate to consume the flesh of cattle that have died from infectious diseases, and also those that have died from cholera or diphtheria. Hydrophobia in Annamese estimation can be communicated to a human being if a mad dog should bite his shadow, but happily the liver of the animal is a powerful antidote. The "stercoraceous" remedies used by the Annamese are more repulsive, if possible, than those of the Hon. Robert Poyle, but, on the other hand, it is pleasant to find that strawberries, for the five or six years of the circulation, cure consumption, and restore youth to old people.

TEETHING TIME.
Is the Critical Age in the Life of All Little Ones.

During the teething period great care should be taken of baby's health. The little one suffers greatly, the gums are hard and inflamed and any disorder of the stomach or bowels increases the perviousness of the child and often fatal results follow. Mother's greatest aid at this period is Baby's Own Tablets—the surest and most reliable in curing the minor ailments of children. Among the many mothers who testify to the value of these Tablets is Mrs. R. B. Rickford, Glen Station, Que., who says: "My little baby came out with teething and indigestion. I procured a box of Baby's Own Tablets and it worked wonders in baby's condition—in fact I believe it saved my little one's life. I sincerely believe that where now many a child is saddened through death of a little one, joy would be supreme if these Tablets had been used. I consider them baby's best doctor and would not be without them."

Pin Making.
In the United States no effort at pin making was made until the war of 1812, when the interruption of commerce had raised the price of these useful articles to \$1 per paper. Meanwhile Samuel W. Wright, of Massachusetts, invented machinery to cheapen the manufacture of pins. He did not succeed in introducing the machinery in the United States, so he went to London, Eng., and there obtained a patent in 1831. The first machines did not succeed, but by improvement they were perfected, and solid-headed pins were placed on the market in 1833. In 1832 machines were made by John I. Howe, in New York, and were patented in the United States. These were the first self-acting machines that really succeeded. At first they made the wire hand, but by improvement they made the solid head.

MUST BE MUSICIANS.
Melody Plays Important Part in Examination for Position.
London Advertiser.
The city health officer here enjoys a sinecure compared to those who fill the same positions in a part of New York state, where I have been visiting for some time," said a Londoner. "Over there an ordinance has been passed relating to the quality of bells peddlers may ring on their rounds, and candidates for positions as health inspectors will have to answer, in their examinations, as to qualifications, questions on their knowledge of the Gregorian chant, or the difference between an aris and the whirl of an electric car, on notes and tones and the same as distinguished from the falsetto, and especially on the difference between a cow bell and any other kind of bell."

Smith's White Lintment is the most penetrating liniment known, and a positive cure for sprains, swellings, inflammation, neuralgia, rheumatism, and lumbago. In bottles, 25c., at Wad's drug stores.

Three applications of Peck's Corn Salve will cure hard or soft corns. In big boxes, 15c., at Wad's drug stores.

VICTORIA AS A FRIEND

REMINISCENCES BY LORD RONALD GOWER.

Letters of Condolence on the Death of Intimate—Visit of Her Majesty to a Chamber of Death.

The mother of Lord Ronald Gower was that beautiful duchess of Sutherland, who was mistress of the robes to Queen Victoria. In his recently published volume of reminiscences Lord Ronald Gower gives some interesting examples of their friendship. One of them is the letter written by her majesty to the duchess of Argyll upon the death of her mother, the duchess of Sutherland, in 1868, from which this extract is taken:

"Few were so beloved and looked up to as she was, few held such a high position in society (there is no one to replace her in those sadly altered days), and few had more friends. For thirty-one years she had been my dear and valued friend; she saw me begin life, was with me in all the happiest and most eventful moments of my life, as well as in the saddest. She was with me in that chamber of death in December, 1861. All these recollections are treasured up in my heart, and never, never will be forgotten."

In 1858 the late duchess of Sutherland, the successor of Queen Victoria's old friend, died, and her majesty came with the empress Frederick to visit the death chamber at Stafford House. Lord Ronald Gower thus describes the incident:

"The dear queen, most kind and sympathetic, and full of the deepest feeling, which one knows is genuine, for she was truly fond of Annie, and appreciated her deep loyalty to her and here. The empress, a pathetic little figure in her deep mourning, all crumpled from her head to her feet, and wearing a kind of Mary Stuart shaped black cap. When she lifted her veil, the plain, kindly little face seemed to me but lit altered from what I remember it some years ago. They went up-stairs at once, the empress talking very feelingly of old times, and of recollections of my parents lives, and alluded to a little baby sister of mine (Alexandra), who died in 1849. I was surprised the empress could remember so far back, but royalties are blessed with marvelous memories. The queen only entered half-way into the room, and turned and looked at me with a piteous look, shaking her head. 'But she looks as though she would speak,' she said. Then, giving a beautiful cross of white lilies to my nephew to place on the bed, we returned down-stairs to the green library, where the ladies formed a kind of circle. Here they remained about twenty minutes. The empress told me she remembered my father leading her and the prince of Wales, when they were children, by either hand in these rooms. She then spoke of our many and irreparable losses through death. 'And dear Constance gone, too! 'Yes, I said 'all are gone. And then she burst out crying. 'I, too,' the empress said, 'have lost all I hold most dear in the world. When I ventured to say that she still had her daughter to comfort her, she answered, 'Oh, but what is that to him I have lost?' but added, when we were passing through the entrance hall, when the queen was having her cloak put on: 'We shall meet again, and that knowledge sustains me here.'"

Some years later Lord Ronald was ill in the hospital at Aix-la-Chapelle, and he tells this little story of the kindness shown to him by the queen at the time:

"Just before coming into the hospital I sent off to Lorne a little pocket bible that I have had by me some time, and asked him to beg the queen to write in it her favorite text. I knew the queen's favorite hymn was 'Lead, Kindly Light,' and was curious to know what her favorite text or chapter might be. In a short time I got the little book back with a letter from the queen, dated, Osborne, August 2nd. In it he writes: 'I asked the queen before chapel to put something in your book, and she said what she liked best was the text about 'Charity or Love'; this was just as we were walking toward the church.'"

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