Beware of using imitations of our celebrated

BABY'S OWN SOAP

It stands at the top for purity. Most imitations are harmful for delicate skins.

Baby's Own Soap is made only by the ALBERT TOILET SOAP CO., MFRS. MONTREAL.

See our name on every box. 2-2


# HER FATHER WAS A DRUNKARD

## A Plucky Young Lady Takes on Herself to Cure Her Father of the Liquor Habit.

STORY OF HER SUCCESS.

A portion of her letter reads as follows: —"My father had often promised mother to stop drinking, and would do so for a time, but then returned to it stronger than ever. One day, after a terrible spree he said to us: 'It's no use. I can't stop drinking.' Our hearts seemed to turn to stone, and we decided to try the Tasteless Samaria Prescription, which we had read about in the papers. We gave him the remedy, entirely without his knowledge, in his tea, coffee, or food regularly, according to directions, and he never knew he was taking it. One package removed all his desire for liquor, and he says it is now distasteful to him. His health and appetite are also wonderfully improved, and no one would know him for the same man. It is now fifteen months since we gave it to him and we feel sure that the change is for good. Please send no one of your little books, as I want to give it to a friend."

FREE SAMPLE and pamphlet giving full particulars, testimonials and prices sent in plain sealed envelope. Correspondence strictly confidential. Enclose stamp for reply. Address THE SAMARIA REMEDY CO., 32 Jordan Street, Toronto, Canada.


Easy Home Dyeing

It is surprising how easy you can dye successfully at home with Maypole Soap, which washes clothes at one operation. "No mess, no trouble." Brilliant and fadeless colorings—you can dye to any tint with it.

Maypole Soap. Sold everywhere

20c. for Colors. 15c. for Black.


# TIMELY INSTRUCTIONS

## PREPARING CHEESE FOR THE UNITED KINGDOM.

### Co-operation in Production—Proper Cheese Boxes, Flavour and Body—Talk on Temperature—Improving Old Curing Rooms.

Professor Robertson, the dominion commissioner of agriculture and dairying, has frequently urged that there is not a department in the whole of our agricultural commerce in Canada where any marked improvement has been made, resulting in an increased production, and the development of our export trade, except along the lines of increasing the intelligence of the producer, of enlarging his practical ability for constructive productive work, and of bringing about co-operation between the operators in transportation and the producers. It is by the application of these fundamental principles to every class of agricultural work that paying results can be secured.

Dairymen throughout the dominion might with advantage take a leaf out of the book of their Prince Edward Island brethern in the matter of handling cheese. When we started in Prince Edward Island to make and ship cheese to the British market, the dairymen there were put on right lines from the beginning, and now less than three per cent. of the boxes which come from that province are broken when landed in the united kingdom, as against forty per cent. of breakage from some other parts of Canada. The boxes which are used in Prince Edward Island are made of birch instead of elm; and it makes a tougher and better box than elm. An enterprising man who will devise a really strong light box, easily adjusted to the exact size of the cheese to be carried in it, has a fortune awaiting him.

In handling cheese it is important to make the box fit the cheese. If this rule be ignored, boxes get broken and their contents damaged to the disparagement of Canadian credit in dairying.

Flavor and body are the two qualities which determine the relative market price of cheese, and the character of these qualities is largely determined by the process of curing. A fairly steady temperatute not over 60 degrees Fahrenheit in the curing room gives the best results. At that temperature loss in weight by the shrinkage of the cheese is considerably less than at higher points. A dry atmosphere causes the cheese to lose in weight by the evaporation of the moisture, and it may, also, cause small cracks on the surface, especially when the cheeses are new. Too high a temperature in the curing rooms of many Canadian cheese factories, causes many of the faults which are complained of by the cheese exporters as well as by the receivers of cheese in Great Britain. If the temperature rises as high as 70 degrees, or higher, the cheese buyers complain of a heated flavour, or reject it altogether as being "off-flavoured."

An old curing room of the ordinary open construction may be improved materially and beneficially by adopting the following method. Thoroughly cleanse the whole inside by a liberal use of boiling water, to ten pounds of which one pound of carbolic acid should be added. The place should then be whitewashed with fresh slaked lime. To make the old floor close, it will be necessary to put two thicknesses of building paper over it, and a new floor closely laid on the top of the paper. If the inside walls of the old curing room be of lumber or plaster, two thicknesses of building paper may be put on, and over them one thickness of matched lumber, dressed on at least one side. The ceiling should be made close in a similar way. The windows should be made close, and double doors and windows should be put on for use in summer, as well as during the late autumn and winter.

In a curing room thirty feet by twenty-eight feet, these improvements would only cost between $125 and $200 for material and labor, according to the condition of the room, the price of lumber, the cost of labor, and the like, in the locality. At a factory turning out about 300 large cheeses per month, such a curing room might be so used as to avoid some of the shrinkage in weight which would occur in an ordinary curing room where the thermometer fluctuated between seventy and ninety degrees. The saving might be one pound per cheese. The injury to the flavour and body of the cheese from over-heating might in a great measure also be prevented. The extra value which might be realized out of the cheese from diminished shrinkage and superior quality would, in a factory of the size mentioned, probably be not less than $450 during the season. Above all else, great and lasting benefit would result to the cheese trade if all the cheeses of Canada were cured in a proper manner. The demand from the consumers in Great Britain would be increased, and the risk of loss to the merchants would be decreased.

### When A Feller Has Reached His Last Cent.

E. A. Brininstool, in Los Angeles Times.

It's a tough proposition to be up against
When a feller has reached his last cent.
The chances of livin' are drawn mighty slim
When a feller has reached his last cent.
The friends you had reckoned on bein' true blue,
Will tell you a frosty and final adieu,
And nary a mortal will help pull you through
When a feller has reached his last cent.

Ain't a break in the clouds of unrest and despair,
When a feller has reached his last cent.
There's nothing but bankruptcy loose in the air,
When a feller has reached his last cent.
Ain't a place in the world that a feller can fill,
Yer just a duck number on life's circus bill,
And it's mighty hard gettin' a person's good will,
When a feller has reached his last cent.

It's tough to be told you're a hobo or tramp
When a feller has reached his last cent.
Yet people will class you along with that stamp,
When a feller has reached his last cent.
No matter how handsome or cultured you are,
Your nerves will receive an uncomfortable jar,
And you never, no never, can be popular
When a feller has reached his last cent.

The landlord will call without missin' a day,
When a feller has reached his last cent.
And he'll kick when you tell him you haven't pay,
When a feller has reached his last cent.
The grocer and butcher you'll meet face to face,
The doctor calls 'round to look into your case,
And the coal man forever will hang 'round the place,
When a feller has reached his last cent.

Now, what in the deuce is there left to be done,
When a feller has reached his last cent.
But to sample the pills in a six-shooter gun,
When a feller has reached his last cent.
A feller might better be under the sod,
Than to be trampled on when he's tryin' to plod,
For it's mighty tough business goin' slip-shod,
When a feller has reached his last cent.

### The Wanderer.

C. W. C., in South Side Sayings.

My home is not the hall of kings;
No princely guerdon buys my song;
I heed alone a voice that sings
And guides my wandering steps along.
By night and day, the untrod way, through forest dim, o'er hill and moor;
With lilting lay, unknown I stray, a blithe and errant troubadour.

The watchers in some castle lone
Oft hear sweet music in the night,
As if the wild breeze maketh moan—
'Tis I that sing with heart full light,
With gladsome heart I ply my art, with the midnight wind alone to hear;
In kingly halls my spirit falls, on desert heaths I have no fear.

My ways from others lead apart;
I shun the seekers of renown;
Nor kith nor kin to bind my heart;
I have a love in every town.
So light of heart and light of love I wend my way o'er mount and moor;
My song's the spirit of romance, and I a wandering troubadour.

### To Entertain Cuba's Head.

New York, April 12.—The local Cuban colony has arranged for a dinner to president-elect Palma at the Union Square hotel to-night. The affair will be in the nature of a farewell demonstration, as Gen. Palma has definitely fixed April 17th as the date for his departure for Cuba. It has been the aim of the committee in charge of the dinner to bring together Cubans representing all the political elements of Cuba, and their efforts have been successful.

# THE SPRING DEPRESSION.

## PEOPLE FEEL WEAK, EASILY TIRED AND OUT OF SORTS.

### You Must Assist Nature in Overcoming This Feeling Before the Hot Weather Months Arrive.

It is important that you should be healthy in the spring. The hot summer is coming on and you need strength, vigor and vitality to resist it. The feeling of weakness, depression and feebleness which you suffer from in spring is debilitating and dangerous. You have been indoors a good deal through the winter months, haven't taken the usual amount of exercise perhaps, your blood is sluggish and impure and you need a thorough renovation of the entire system. In other words you need a thorough course of Dr. Williams' Pink Pills. If you try them you will be surprised to note how vigorous you begin to feel, how the dull lassitude disappears, your step becomes elastic, the eye brightens and a feeling of new strength takes the place of all previous feelings. Thousands have proved the truth of these words and found renewed health through the use of these pills in spring time. One of the many is Miss Cassie Way, of Picton, Ont., who says:—"A few years ago I was cured of a very severe and prolonged attack of Dyspepsia through the use of Dr. Williams' Pink Pills, after all other medicines I had tried failed. Since that time I have used the pills in the spring as a tonic and blood builder and find them the best medicine I know of for this purpose. People who feel run down at this time of the year will make no mistake in using Dr. Williams' Pink Pills.

These pills are not a purgative medicine and do not weaken as all purgatives do. They are tonic in their nature and strengthen from first dose to last. They are the best medicine in the world for rheumatism, sciatica, nervous troubles, neuralgia, indigestion, anaemia, heart troubles, scrotula and humours in the blood, etc. The genuine are sold only in boxes, the wrapper around which bears the full name "Dr. Williams' Pink Pills for Pale People." Sold by all dealers in medicine or sent post paid at 50 cents a box or six boxes for $2.50 by addressing the Dr. Williams' Medicine Co., Brockville, Ont.

### The Big-Fisted Man.

S. W. Gillilan, in Los Angeles Herald.

Oh, here's to the man with a hand like a ham,
And a fist just as big as his heart;
To the big, manly chap, be he banker or drummer,
Owning railroads or driving a cart;
To the man who looks steadily straight in your eyes
And gives you a grip like a vise—
Such men as decided long since, once for all,
That they'd rather be men than be mice.

He may have a skull like the crust of the earth,
And a jaw like the Terrible Turk;
His hands may have spread on the helve of a pick,
Or at some other menial work,
But his heart you'll find good as a nugget of gold,
And 'twill always be faithful to you—
Then here's to the man with a hand like a ham
And a soul that is loyal and true.

He may not be versed in the dining-room's ways,
He may never have donned a dress suit,
But he will stand fast while you're true to your trust;
Your honor he'll never dispute,
For he's just the friend that will fight to the end,
Till there's no further use to resist—
God bless him, this man with the hand like a ham,
And a heart just as big as his fist.

### Cycle Racing Season to Open.

New York, April 12.—The cycle fans are ready to hail the opening of the racing season for 1902, which will be inaugurated to-morrow at the well-known Vailsburg track. In former years the opening of the season has rarely taken place before the first of May, but the prospects of an early summer led the management of the Vailsburg track to decide on an earlier date. Many prominent professional riders are now training in this vicinity and those interested in the sport are gratified over the outlook for a successful season.

### THE FATE OF THE APOSTLES.

#### What Tradition Says Was Their Final End.

With the exception of John, none of the apostles, it is believed, escaped martyrdom. Matthew was slain in Ethiopia by sword-stroke. James (son of Zebedee)—was beheaded at Jerusalem. James (the brother of the Lord) was thrown from a pinnacle of the temple, and then beaten to death with a fuller's club. Philip was hanged against a pillar of Hieropolis, a city of Phrygia. Bartholomew was flayed alive at Albanopolis in Armenia. Andrew perished on a cross at Patre, in Achain. Thomas was run through the body with a lance at Coamandel, in the East Indies. Thaddeus was shot to death with arrows. Simon Zelotes found a cross in Persia. Peter was crucified, head downwards, in the Neronian persecution at Rome; while Paul, as a Civis Romanus, enjoyed the privilege of being beheaded. Matthias was first stoned and then beheaded. Judas Iscariot, after the betrayal of the Master, in a frenzy of remorse, hanged himself.

### Dr. Osler's Little Joke.

Philadelphia Record.

At the meeting of the county medical society stories were told, and among them the following by Dr. Bryan: "When I was a student at the university," he said, "Dr. Osler one day called a lot of us to the clinic room and asked us to examine and diagnose the case of a patient. The man was stripped to the waist and his body was completely covered with red blotches. Every student was admitted singly and required to write his diagnosis in a room by himself. The diagnoses, when they appeared, embraced everything from scarlet fever to cerebro-spinal meningitis. Mine was 'I give it up.' When Dr. Osler's comments came out in the monthly paper we found it was [illegible] a bad case of 'red flannel,' and [illegible] laugh was on us."

### Would Be The Seventh City.

A union of Owen Sound and Brooke would place that community in the position that its population and commercial importance deserves. Should incorporation follow the union, Owen Sound would take her place as the seventh city in the province. She would be exceeded in population only by Toronto, Ottawa, Hamilton, London, Brantford and Kingston. She would surpass Belleville, Guelph, Woodstock, Stratford, St. Catherines, St. Thomas, Chatham and Windsor. Owen Sound's position has never been recognized, says the Times, and a much advertised neighbor is to-day regarded by fifty per cent. of the population of Canada, as a more populous and more important centre.

### Cause To Rejoice.

The earth was not made in a day, neither is rheumatism cured in a day. Mrs. Jacob Dairmaid, Black River Bridge, Prince Edward County, Ont., suffered intense pain in both limbs for a year and a half, and two physicians were unable to give her relief. Half a bottle of Dr. Hall's Rheumatic Cure gave her ease and five bottles, with the Climax Iron Tonic Pills, affected a permanent cure. Her many friends are rejoiced at her recovery. This great blood purifier is put up in bottles containing ten days treatment. Price 50 cents at Wade's drug store.

### Successful Advertisements.

Philadelphia Record.

The man who talks in his advertisements much as he would talk to a customer over the counter will not make a mistake. His announcements will be read and will be as convincing as his direct talks.

This is the judgment of a successful merchant who continues to supervise his own newspaper advertisements which he employs a man to write.

### By The Skin Of His Teeth.

"If there is one man in the world I hate it is that fellow behind me."

"Do you know, sir, that he's my husband?"

"Oh, really! W—w—why, of course, that's why I hate him."


# Rebinding a Skirt

involves time, labor, bother and expense, which is unnecessary. If your skirt is bound with S. H. & M. Bias Velveteen there will be no necessity for rebinding, and you may rest assured that your skirt edge will always look neat and clean. S. H. & M. Redfern, a bias corded velvet, not only protects the skirt but adds to the beauty of it. You may be sure you are getting the best skirt binding if the letters S. H. & M. are on the back of every yard.

If the letters S. H. & M. are on the back of any skirt bindings you use, you may rest content.

S·H·&M· REGISTERED TRADE MARK SKIRT BINDINGS



# FREE CURE FOR WEAK MEN

## A FREE TRIAL TO ALL.

Not one cent to pay until you are entirely cured. I say "free trial," and that is just what I mean. If you are afflicted with Varicocele, Rheumatism, Indigestion, Weak Back, Nervousness, Losses or other trouble, I am now prepared to send you ABSOLUTELY FREE on FAIR TRIAL my splendid improved No. 6 Electric Belt, the STRONGEST non-burning, non-vinegar BELT IN THE WORLD. Drop me a postal card, state what you want it for, so I can arrange it properly, and I will send you my famous Belt complete, with all attachments. You wear it three months, then if entirely cured, you can pay me for it. If not cured, you send me back the Belt, and it will be all right. I have perfected the most perfect and complete Electric Belt ever invented. It is far superior to the over-advertised and common vinegar belts. It is never out of order. It never uses vinegar, and never burns. There are very great advantages. It is fully guaranteed for three years. It has cured Rheumatism and weak men's troubles after all other remedies failed. It is a positive cure, and, best of all, can now be had by any honest man or woman for the asking. Why pay for that which can be had free?

### I WILL ALSO SEND FREE

My beautifully Illustrated New Medical Book, which describes mine and all other belts and treatments. This enlarged edition has just been published. It is a handsome standard medical work, and will be sent as

### A FREE GIFT

To each person writing me. This valuable work should be in the hands of every man in Canada. This offer I now make is the greatest and most generous one ever made in order to place a really good article within the reach of every body, and in order to develop a business. If you have never tried an electric belt, hesitate no longer, but write to me at once. Electricity is the modern treatment. I apply it in the best and most improved manner. I know I can cure weak men and have confidence in them to pay me when cured. So write me to-day. Delay no longer. Remember, I positively guarantee to cure any curable case of Rheumatism, Varicocele, Indigestion, Losses, Weak Back, Kidney and Debilitating Troubles. My method cannot possibly fail. It is a certain cure and is now to be had for the asking. Let me hear from you.

DR. J. A. MACDONALD ELECTRIC CO.,
2239 St. Catherine St., Montreal, Que.



# Kitchen (er) Reports.

That trouble and mules should never be approached from the rear.

You are approaching all kinds of trouble when you buy cheap "POISONOUS" Enamel Ware. Try a single piece of "STRANSKY" for a sample. To be had only at

ELLIOTT BROS.,
75 AND 77 PRINCESS ST.

The best is the cheapest.

Money refunded within 30 days if not as guaranteed.



# YOU NEED A SPRING MEDICINE

## GET YOURSELF INTO SHAPE FOR THE SUMMER

After the hard work of the winter, the eating of rich and heavy foods, the system becomes clogged up with waste and poisonous matter, . . . . . .

## The Blood Becomes Thick, Heavy and Sluggish

causing that tired, weary listless, all-gone feeling so prevalent at this time of the year. It is necessary for you to take a blood medicine. Nothing is so good for this purpose as . . . . . .

# BURDOCK BLOOD BITTERS

It has been used by thousands for over a quarter of a century and we have yet to receive a complaint as to its efficacy.

Get a bottle and see if it will not do for you what it has done for others