

**BUSINESS PEOPLE on the GO**



"People are realizing that behaviour change really starts with the mind, and that's why they choose hypnotherapy," say the partners in Newmarket's new National Hypnotherapy Centres Inc. (NHC).

Stephanie Dennis and Diane Killoran, like many of us, tried some of the fad diets, exercise or smoking cessation programs, and realized something was missing: the harnessing of the mind to effectively overcome long-standing habits and behaviours.

Both of them tried hypnosis as a solution, and both of them became convinced of its power. So they became certified hypnotherapists themselves, through the National Guild of Hypnotists, and assembled an experienced and expert staff to offer hypnotherapy to York Region.

We are pleased to announce we have already expanded our business. We now have a location in Barrie, offering the same service to Simcoe County. "We help overcome problem habits like smoking, overeating or insomnia. We begin to alleviate phobias, or traits like shyness, anger or depression. And we help bring about self-confidence and positive results in areas like sports, public speaking or business management."

"We start with a free consultation, in which clients learn about the potential of our programs," says Diane. "Then we tailor a program just for them, which in addition to targeted sessions of hypnotherapy, can include personal coaching, nutritional counselling, fitness counselling, even self-hypnosis. We carefully monitor their progress as the program proceeds, and can modify it as needed."

"And although some insurance plans include hypnotherapy as optional coverage, it is not included in OHIP, so we'll tailor the program to you and your needs."

For the first step toward the lifestyle change you've been looking for call or drop in today.

**NHC**

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# ATTIC TREASURES... by Rob Reid

Snow and sun bring December fun! I welcome inquiries about any objects that you may have and look forward to seeing and perhaps writing about them. Please forward a photo and a description to me through Whitchurch Stouffville this Month, drop it off at Reid's Antiques, 6397 Main St. Stouffville during regular business hours or via email at robert.reid5@sympatico.ca.

We have a nice group of crystal pieces made by three different companies from the British Isles. Crystal is glass that has been made with a lead content in the mix. The addition of up to 10% lead gives crystal its characteristic brilliance, clarity and bright ring when tapped gently on the rim. Cut crystal is both hand blown and hand cut, expensive processes that make it a luxury product.

One of the best known names in crystal is Waterford. This is a high quality flint glass that is often decorated with heavy cuttings. The original factory was in Waterford, Ireland and opened in 1729. This location closed in 1852 and about 100 years later Waterford reopened and is still in production today.

Identification of the manufacturer of early crystal can be difficult as the makers did not sign basic pieces such as glasses or decanters. Identifying the pattern

often leads to who made the item. All modern pieces now include the makers name and often the pattern on the bottom. Recently the Waterford Company has expanded their manufacturing to include items made in the Czech Republic (centre for production of Bohemian Crystal). These items (usually decorative pieces) bear the Waterford Stamp, but their paper label indicates the place of manufacture. Waterford continues to make all their stemware in Ireland.

The piece on the left is a Perfume bottle (6 inch) with an elongated stopper made and signed by the Waterford Crystal company. It has a simple cross cut design and would have been made in the 1940s or 50s, perhaps as part of a lady's dresser set.

The vase is made by Stuart Crystal of Scotland, another well known and prolific manufacturer of both cut crystal stemware, bowls and serving pieces. This piece is approximately 6.5 inches high and has a somewhat organic pattern combined with a traditional cross-hatched banding.

The tumblers on the right were produced by a third company - Webb Corbett of England. The large glass is a pattern called Heritage while the pattern of the two smaller glasses is Portland. While it is difficult to see a differ-



ence in the photo, facets on the large glass are frosted, while the smaller two are polished finish.

Due to its fragile nature all glass and crystal must be scrupulously free of chips, cracks and waterstains for resale and collectible value. Even so, crystal is highly undervalued as a collectible in North America, as compared to pressed glass from the first half of the 20th century. This may be in part due to the lack of a major crystal manufacturing industry.

Modern crystal holds its value best when signed (usually an etched signature on the base). Small decorative items such as the perfume bottle and vase would be priced in the range of \$50 to \$100. Stemware such as the tumblers ranges from \$15-\$50 per glass, according to the popularity of the pattern and the function of the piece.

Rob Reid is the owner of Reid's Antiques and Consignment on Stouffville's Main St.

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