

# Community Policing to hold Safety Open House

The Stouffville Community Policing Centre (SCPC) is holding a Community Safety Open House at the Lebovic Leisure Centre Sept. 10 from 7 to 9 p.m.

Representatives from the SCPC, York Regional Police, the Town of Whitchurch-Stouffville and York Region Public Health will attend the event. Parents can have their children fingerprinted, a service

which will be continued at the SCPC office at the train station throughout the year. Members of the public can also pick up forms to register their bicycles with York Regional Police, to provide a record of ownership in the event of loss or theft.

A by-law enforcement officer will be available to answer questions, and representatives from York Region Public Health will

provide information on car seat safety and healthy lifestyles. Various units from York Regional Police will be represented including Recruiting, Auxiliary, Traffic Services, Drugs and Vice, and Major Fraud. Visitors can also learn more about Victim Services of York Region.

Everyone is welcome to attend. For further details call 905-640-4248 or e-mail scpc@look.ca.

## Stephanie Hutchison named first soloist at National Ballet of Canada

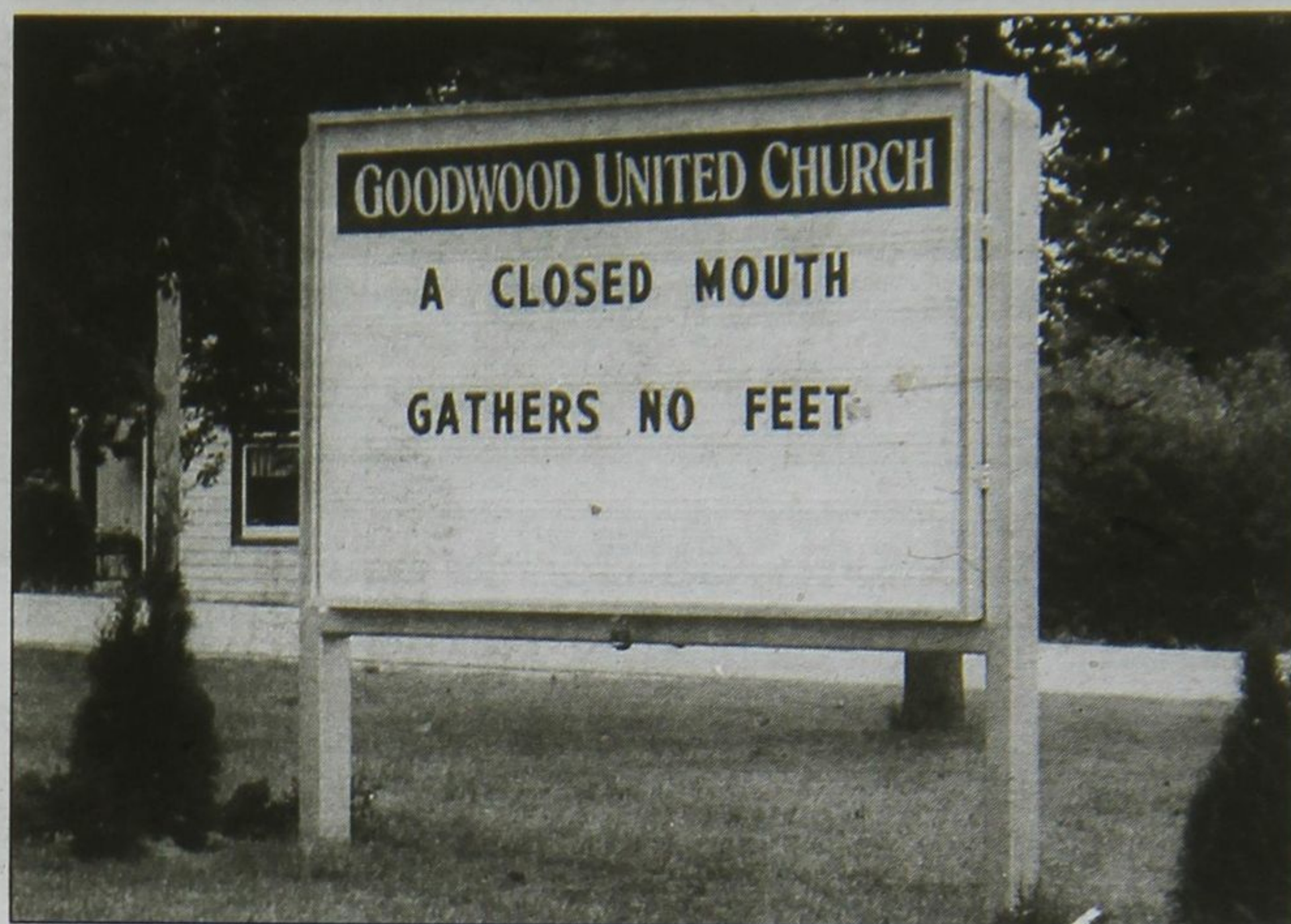
James Kudelka, artistic director of the National Ballet of Canada, recently announced the promotion of Stephanie Hutchison to first soloist.

Ms. Hutchison, a former resident of Stouffville whose family still lives in the community, graduated from the National Ballet School in 1989. She danced with the Ottawa Ballet from 1989 to 1993, and Ballet British Columbia from 1993 to 1997, and was a guest artist with the National Ballet during the 1996/97 season.

In 1997 she became a member of the company's corps de ballet, and was promoted to second soloist in 2000. Earlier this year, Ms. Hutchison created

the role of Brangaene in the world premiere of *Tristan and Isolde*, choreographed by John Alleyne. She danced the principal role of Eva in Mr. Kudelka's *The Contract* in 2002.

Other credits include Queen of the Willis in *Giselle*, the Snow Queen in *The Nutcracker* and Kate in *Madame Butterfly*. Of her debut as Dark Angel in *Serenade* in 2001, a review in the National Post noted, "It was hard to take one's eyes off second soloist Stephanie Hutchison making her debut. What bearing. What daring. What sumptuous authority. My skin tingled. A Balanchine ballerina through and through."



Sign of the times: this wise and witty quotation was featured on the outdoor sign at Goodwood United Church during the summer. Minister Elaine Lush said she is always on the lookout for nifty quotes, and we think this is one of the best we've seen anywhere. If you spot a sign that makes you smile, take a photo or make a note of it, and send it to us so that we can share the fun with our readers.

### The Oral Health Corner Periodontal Disease: Keeping Your Teeth for Life!

The majority of us are familiar with the term Gingivitis. Essentially, gingivitis is a localized inflammation of the gums brought about by the presence of a foreign substance present on our teeth at the gumline - PLAQUE. Essentially, plaque is a conglomeration of billions of bacteria of many different types. The presence of these bacteria and their metabolites causes the human body to respond defensively through the process of inflammation. This translates to the experience of red, swollen gums that bleed easily upon brushing and flossing. Fortunately, with the implementation of proper oral hygiene, this condition is treatable and reversible.

But what is periodontal disease (aka. Periodontitis)? Periodontitis is when the prolonged accumulation of plaque and tartar on the teeth and gumline takes a more destructive course. This accumulation causes the same inflammatory response, but to the structures below the gumline. Most importantly, it is the bone (that anchors the roots of your teeth) below the gumline that is negatively affected. The inflammatory process here causes for the loss of bone around the roots of your teeth. This condition when left in a chronic state for many years will ultimately result in enough bone loss to contribute to the premature loss of your teeth. Unfortunately, in contrast to the reversible gingivitis, periodontitis is irreversible, meaning that once you lose supporting bone, it's gone FOREVER.

Understanding the nature of periodontitis is the best way to prevent it in the first place. This is mainly achieved by not allowing plaque and tartar to accumulate. This is prevented by proper flossing, brushing and professional care. Be sure to especially focus on keeping your gumline clean. For specifics on brushing, be sure to ask your hygienist or dentist at your next appointment.

Taking care of your oral health...I'm Dr. James Kim



Park Drive Dental Centre  
12 Park Drive South (905) 640-6688  
Any questions or comments?  
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Our hostess will bring gifts and greetings, along with helpful community information.

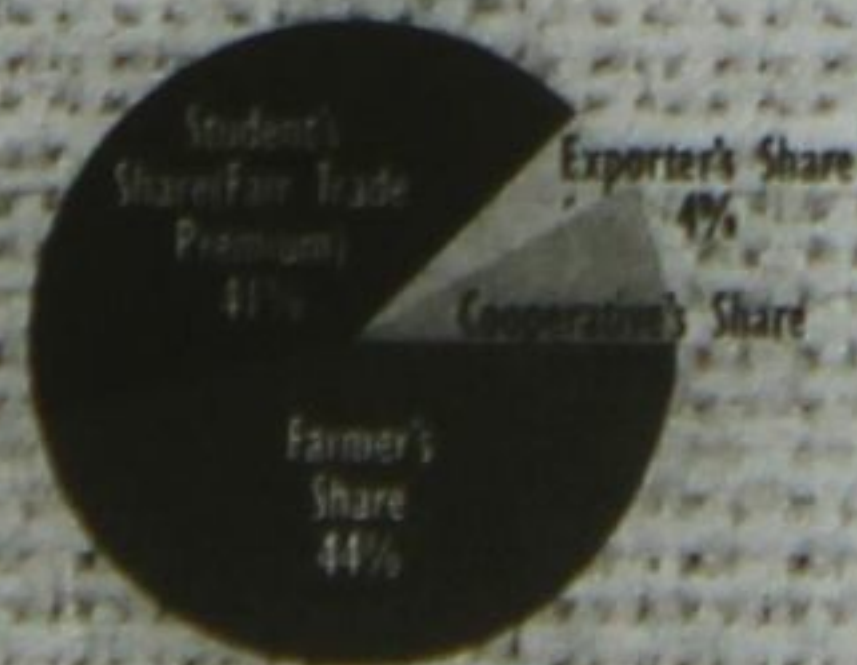


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