



There are many women of influence within our community. Here's just a sampling of the names and faces behind some of our MOST



KAREN PIPER

Nine years ago PEPPERTREE CLASSICS opened its doors to women in Markham. Ever since, the shop located at 137 Main St. N. Markham has also been attracting clients from Stouffville and elsewhere.

For owner Karen Piper, Peppertree has been a dream come true after 10 years employed with the Royal Bank. "Customers love the atmosphere, friendly staff and great fashions at affordable prices," Karen says.

The store was expanded four years ago to accommodate shoes and boots. "What a great addition, as now we can dress women from HEAD to TOE."

Peppertree is very involved in the community, supporting local fund raisers and presenting Fashion Shows for different organizations. Behind the scenes Karen works with suppliers at the OFE Market, and does in-store Private Parties and Fashion Consulting. She is the store's buyer, and creates Peppertree's fun marketing strategies. "I am very busy, but I LOVE what I do to assist people with their fashion needs."

Call 905-294-3882 or drop by. Peppertree is open 7 days a week, and Holidays.



SHERRI CAVALIER

Sherri Cavalier has been involved in the horse industry, in many capacities, for the last twenty-five years. In the early eighties Sherri owned a boarding stable and riding school. Now in 2003 Warden Equestrian School is Sherri's new riding school business offering lesson packages all year long to riders wanting to progress from novice to the advanced stages of Hunt Seat Equitation and Show Jumping or pleasure riding.

One student has said, "I look forward to my time at the stable. There is an opportunity for me to achieve my riding goals and to develop and improve my riding skills".

The summer riding camps at Warden Equestrian School combine basic horsemanship skill development with recreational sport activities and arts and crafts projects. Campers will be in an environment of cooperation and respect.

Please feel free to contact Sherri at 905-888-5340, or visit the website at www.wardenequestrianschool.ca



PAMELA BEACH

Pamela Beach cares very deeply about people and that is what brought her into Complementary Health Care. She is a Certified Reflexology Instructor and Practitioner with the Ontario College of Reflexology. She also teaches for the Ontario Therapeutic Touch Network of Ontario.

"I have vast experience in clinical settings but much prefer the home clinic setting and country atmosphere to facilitate my clients' well being," says Pamela, who also facilitates talks and lectures to groups. Bowen Therapy and Foot Care are new additions to her practice.

"Being a trained Behavioral Therapist has enriched my practice. I work with everyone, from children to seniors, to help conquer pain or past trauma by using body, mind word reframing, relaxation techniques and guided imagery to empower clients to be a part of their healing process."

Pamela works with many modalities to help clients with knee or shoulder replacement, back surgery, asthma, migraines, Piriformis Syndrome, sciatica, burns, stress, anxiety, neck problems and much more.

For more information call Pamela Beach C.P.R.T. at 905-852-6440.



LOIS IRWIN

Lois Irwin offers her clients the experience that comes with 14 years as a real estate agent.

The 17 year Stouffville area resident has spent the past 10 years with May Real Estate here in town, and has worked in the sales office with 3 of the Fairgate subdivisions. "This has given me a good perspective of the quality of homes that are in Stouffville," says Lois.

Lois has seen many changes in the Stouffville area market. "We have gone from small town status with zero growth to a community on the edge of significant growth. We have seen home prices soar, plummet, then soar again in the past 10 years."

Lois has the background to help steer her clients through the rough spots to achieve their ultimate goal in the sale and purchase of their properties. "My goal is to give reliable discrete, professional real estate service."

You can call Lois on her cell phone at 416-697-0463



VILLE PAPAS

Ville Papas believes in offering a good product at a good price.

Ville and her partner-husband George started Stouffville Fine Furniture in the town's West End in 1993, then expanded into their current 10,000 square foot downtown location last summer.

Ville and George were named Whitchurch-Stouffville Chamber of Commerce "Business Entrepreneur of the Year" for 2003.

"We offer middle to higher end product at a good price," says Ville. "And we don't use any gimmicks that end up adding to the price."

Stouffville Fine Furniture carries a large Simmons Mattress Gallery, along with an extensive DECOR-REST furniture line.

Ville says the move to the larger downtown site shows her commitment to the town and that the people of Stouffville have been quick to show their approval. "Our customers have been very supportive. Stouffville grows and we are growing along with it."

Stouffville Fine Furniture is located at 6327 Main St. in downtown Stouffville. Phone Ville at 905-642-6774.

SUCCESSFUL FEMALE BUSINESS LEADERS



LUBNA JAFFER

The Progressive Montessori Academy, at the corner of Stouffer and Main, is owned and operated by Lubna Jaffer and has been in operation since January of this year. The school instructs children between the ages of 2 and 6 years in Math, Language, Geography, History, Science, Biology, French, Sign Language and Computers using the Montessori philosophy.

The Montessori approach develops the whole child, enhancing concentration (parents of any teenager will tell you how important this is!), self esteem, confidence and independence while also developing logical and critical thinking. It opens up the world for the child, and as the school's motto says, it empowers the child to take control of his/her own destiny.

The school is offering two summer camps and will be conducting open houses through the summer. For more information or to arrange a visit, please call 905-642-8417. PMA would also like to invite the children of Stouffville to stop by its table at the Strawberry Festival for free face painting. Check out the school's website at <http://members.rogers.com/the.pma/>.



SUE GIRRAD

Sue Girard is co-owner of Stouffville's Joint Venture Fitness and Physiotherapy.

Her qualification as a Registered Physiotherapist contributes to the total Joint Venture package. "We offer a variety of services," says Sue. "Fitness memberships, physiotherapy, massage therapy, nutritional counseling and ongoing weight management programs."

When treating physiotherapy patients, Sue believes in going beyond the symptoms to get to the root of the problem. "We look at old injuries, or conditions like arthritis or weight problems. Then we meet their specific needs."

Sue treats a variety of orthopedic conditions such as sports injuries, back and neck pain, total joint replacement, or injuries resulting from auto accidents or the work place.

"Joint Venture is a good fit when a person is done with their physiotherapy and needs a safe workout environment."

Sue invites you to take advantage of Joint Venture's Three Month Membership Summer Fitness Special for only \$99 (\$69 for seniors and students.) Joint Venture is located at 6212 Main St. Call 905-642-7004 for an appointment.



KAREN WIDEMAN

Karen Wideman has moved up Main St. Karen, a Registered Massage Therapist, relocated her practice from Hairbreak to Joint Venture Fitness & Physiotherapy last March.

The shift has proved beneficial for everyone as Karen joins the Joint Venture team of health care professionals. "At Joint Venture we can refer directly to each other, as well as for fitness," says Karen.

Karen treats a variety of conditions including tension, work stress, tension headaches, back tension, whiplash, migraines and circulatory problems. "I have special training in pregnancy massage and infant massage," she says.

She can also help people with sports injuries, fibromyalgia, osteo and rheumatoid arthritis, rotator cuff injuries and TMJ problems.

"My aim is to help people regain their health in a natural way," says Karen.

The cost of Karen's services are covered by most extended health care programs.

Call Karen for an appointment on her pager at 416-541-4189.



AMANDA DAY

Anyone who walks into The Enchanted Spa, which opened on March 1, 2003, is guaranteed to walk out smiling. The Spa is owned and operated by Amanda Day.

The Spa uses all natural products and emphasizes sanitary practices. With affordable pricing, the Spa is aimed towards the average working person who is looking for a calm relaxing experience after a tough week. "Why break the bank just to spoil yourself?" Amanda explains, "I like to take my time with each customer to make them feel special and enjoy their time."

With new services, such as the vanilla fudge or the orange cream manicure and pedicure, the Spa keeps getting busier and busier. Perhaps the most popular service is the new Paraffin treatment, which uses cloth strips dipped in a hot paraffin wax and then wrapped around the treated area.

The Enchanted Spa is located at 6362 Main Street, Stouffville. 905-642-7445. Hours are Tues. to Thurs. 9 till 6, Fri. 9 till 8 and Sat. 10 till 4.



LINDA LEVESQUE

Linda made a career move in 1990 where she could marry her love of people with her love of numbers. Linda became an investment advisor.

Linda is currently employed with Dundee Securities Corporation. As a Certified Financial Planner, Linda provides written financial plans and on going coaching, to help keep her clients on track with their financial goals. Linda listens first, asks questions second and develops a plan based on clients needs. Linda also shows clients how to maximize their cash flow by minimizing taxes and restructure debts.

Linda has called Stouffville home since 1997. Linda is very community minded and will be participating in the 60 km. walk for Breast Cancer Research for Princess Margaret Hospital in September. Linda has expanded her practise and is now taking on new clients.

If you would like to contact her, you can e-mail her at llevsque@dundeesecurities.com or call 1-800-322-4030, to make a donation or to book an appointment for a complimentary portfolio review.



SARA MARSALA

Tempest in a Teapot owner Sara Marsala thanks Stouffville for the wonderful response to her new gift shop and tea room on Main Street.

"There has been tremendous encouragement from the community," says Sara. For her, the decision to start the business stems from a love of baking, entertaining and being surrounded by beautiful things. All these are combined at "Tempest in a Teapot" where there are fresh scones, wonderful desserts, a light lunch menu, and of course, a great selection of teas. The décor is calming with its painted tea quotes, cedar arbour and classical music. The gift selection is varied and ever changing.

The tea room, with its fine china teacups, lovingly collected by the owner over the last five years, has become a popular spot for lunch. "We are sometimes filled to capacity, so reservations are recommended," advises Sara.

Tempest in a Teapot is at 6308 Main Street. Open Tues. to Sat., 10:00am to 5:00pm, Sun. from 12:00 noon to 5:00pm. For reservations, call 905-640-8787.