

## **DEBBIE REYNOLDS**

A dog enthusiast since childhood, Debbie Reynolds is the proud owner of the number one dog obedience school based in Markham. She is trained by her two Great Danes, Chevy and Batman. Debbie believes that "PAWS"itive reinforcement, communication and consistency is the formula for building a confident, wellmannered, socially-sound canine companion. "Life's Ruff" was started in 1997 to help pet owners establish a bond of friendship and trust with their dog. Debbie's school offers Puppy Socialization classes through Advanced training, Agility and Pet First Aid Courses. Private training is also available. Debbie is a member of the Canadian Association of Professional Pet Dog Trainers and continues her education by attending seminars, conferences, and workshops on canine behaviour and training. Life's Ruff instructors are dedicated, hard-working, solid in their training and are committed to continued education. Debbie has formulated an Instructor Criteria which must be met to ensure that students receive the best training available. To find out more call 416-568-3222.



**LISA COUSINS** 

Lisa Cousins, a Stouffville resident for over 20 years, is a natural health practitioner. With many years of experience, she is well versed in the art and science of natural healing. Lisa's treatments help many ailments such as allergies, sinus and ear problems, headaches, sciatic, arthritis and digestive and circulatory disorders.

Ear candling gently removes wax, yeast and pollutants from bronchials, sinuses and ears. Candling helps all sinus and ear problems, wax buildup, ear ringing, headaches, allergies, asthma and dizziness.

Reflexology stimulates organs and glands, clears blockages and flushes out toxins. This strengthens your immune system, increases energy and circulation and balances the whole system. Lisa is certified with the Reflexology Association of Canada.

Iridology is the ancient science of 'reading' the iris. It reveals our strengths, weak areas and organs and systems that aren't functioning properly.

For information and appointments on these and other therapies call Lisa at 905-640-1500.



There are many women of influence within our community.
Here's just a sampling of the names and faces behind some of our

MOST



## **CECELTA BRYNIAWSKY**

Wellness Consultant Cecelta Bryniawsky is a certified Electro-Dermal Screening Technician who operates her practice at 6333 Main St. in Stouffville.

Cecelta uses her professional skills to restore balance to the body with the help of herbals, homeopathic remedies, nutritional supplements, flower essences, and diet and nutritional counseling.

Electro-Dermal Screening is a nonevasive procedure that tests for the presence of pathogens such as parasites, viruses, bacteria, yeast, fungus and environmental pollutants. It can also determine food and environmental sensitivities.

"When you balance the wonder of nature with the precision of science, the results are extraordinary," says Cecelta, a five year Stouffville resident.

Electro-Dermal Screening is recommended both for those who suspect something may be wrong as well as for people looking to identify potential problems before they become an issue.

Cecelta obtained her licence four years ago from the College of Natural Sciences of Central Ohio. She is engaged in ongoing training and research with the College.

Please call Cecelta for an appointment at (905) 642-5626.



SUZE JOYCE, RNCP

Welcome to Healing Force Health Food Store conveniently located in downtown Stouffville. Healing Force offers a close to home solution for those interested in holistic health - a whole body approach of body, mind and spirit - to achieve optimum good health.

Owner, Suze Joyce, RNCP is a long time Stouffville resident and an honours graduate from the Canadian School of Natural Nutrition.

Feeling tired and run down or just wanting a healthy new lifestyle? Then why not visit Healing Force and have Suze do a personal assessment of your health and offer insightful information to give a vital, vibrant new you.

Healing Force carries vegetarian, wheat and dairy free, diabetic sugar free products; all containing nothing processed or refined.

Located at 6333 Main Street 905-642-8643 hours of operation are Tuesday - Friday 10am - 7pm, Saturday 9am - 5pm, Sunday 9am - 4pm.

The staff at Healing Force are waiting for your call and will be glad to serve you.

## SUCCESSFUL FEMALE BUSINESS LEADERS



PATTI-LYNN CARD

Over 10 years ago, Patti-Lynn Card and her family moved their successful flooring and drapery business from Claremont to Stouffville. Since then, their store, located at 5402 Main Street, has grown to offer customers a unique one-stop shopping experience for their entire interior decorating needs. Whether it's a complete flooring renovation, custom window treatment or advice on painting your favourite room, Patti-Lynn and her team of expert product consultants are there to assist you.

Over the summer, Patti-Lynn Interiors will be undergoing a major facelift. This will include an additional 4,800 square feet. Make sure you come by and check out their renovation specials and pick up a copy of the latest issue of their magazine, 'At Home with Patti-Lynn', packed with information and ideas for your home.

905-640-0640



DR. BARBARA FRACKOWIAK

Dr. Barbara Frackowiak and all the staff at her 6371 Main St. Orthodontic Office would like to warmly thank Stouffville and surrounding area residents for your ongoing, valued business and support!

Dr. Frackowiak and staff have been at their new location for just over one year now. They would like to remind us all that straight teeth not only look better, work better, and also make us feel better about ourselves - they also last longer! Also, sometimes treatment compromises can be worked out for those who would like to enhance their appearance without going through full treatment.

We look forward to many more years together.

Remember - Smile! Life is an Adventure!

6371 Main Street
(Beside the Post Office)
Stouffville
905-642-3642



**LORI GRAY** 

Lori Gray is a Mortgage Consultant with Mortgage Intelligence (A GMAC Company), residing in the Stouffville area. She is a member of the Canadian Institute for Mortgage Brokers and Lenders, has her Personal Financial Planning designation, and is an Associate of the Institute of Canadian Bankers. Personalized service and trusted advice is the key to the services Lori has been providing to her clients since 1987. Lori specializes in arranging financing for all of your real-estate needs such as: Residential Mortgages up to 100%, 2nd Mortgages up to 90%, Recreational and Investment Mortgages up to 85%, Commercial and Construction Financing and quick and easy mortgages for Self-employed & Commissioned sales.

Make Lori your first call, as she works for you not the Financial Institution. Call today for your free Mortgage Consultation at 416-727-7260 or visit her website at www.lorimortgages.com.



**JULIE TESTA** 

"Grapes in York Region? Believe it!"
Julie Testa owns and operates
Willow Springs Winery, the only
Estate winery in York Region. The II
acre, on site vineyard includes eight
different varieties of grapes. "I am
very excited to let everyone know we
are members of VQA (Vintners
Quality Alliance)," says Julie.

Browse Julie's revamped gift boutique where there is a great selection of gift baskets, wine related items, preserves and novelty items. "We also invite inquiries about fundraising opportunities at Willow Springs."

Willow Springs is the first stop on the Trendy Chic Tour. Your visit includes; Tour of the vineyard/barrel cellar; Tasting; Cheese and Crackers; Selection of fresh fruit: Gift Shop (Visa, Debit accepted). Willow Springs is wheelchair accessible and there is a washroom. Call Julie for details of this popular tour, which includes a complimentary gift for all Tour participants!

Willow Springs is located at 5572
Bethesda Rd. Call 905-642-WINE.
Email: www.willowspringswinery.ca



**DORIS FUSCO** 

Long time resident, Doris Fusco, owns and operates Giardino Organic Farm. Along with a gift shop featuring garden treasures, local artists work and garden tools of the trade, Doris offers unique workshops including living wreaths. lotions and potions, culinary and herbal talks. Once a month Giardino offers 'Food and Friends' events, where you can taste lots of gourmet/specialty food dishes, enjoy a free lecture and a fun. night out! Our next big event is The Harvest, September 6, 2003. Local chefs prepare loads of food featuring Organic Heirloom Vegetables, wine tasting and self survey, and a juice bar using only organic produce while

We have created Trendy Chic Tours.

Together with Willow Springs Winery and Stouffville's Baker Hill. Included are wine tastings and tour, a fun workshop and lunch. You get to visit each location and do a little browsing and shopping. All details for the above can be found at <a href="https://www.giardino.ca">www.giardino.ca</a>
Gather up your friends and call us to book your fun tour!

Giardino is located at 5780
Bloomington Road, Stouffville, just
west of the 9th line. Call 905-640-6022



TRACY BANKUTI

Stouffville's Baker Hill thanks you for your conintued business and support!

Tracy Bankuti, also co-chair of the Stouffville Tourism Committee, takes great pride in being a family run operation. Alongside her mother and partner, Norah Thompson, Tracy has been an active member of the community for over 4 years.

Tracy and Norah have developed Baker Hill into a chic and affordable haven, with all the charm of a downtown boutique.

We are now open 7 days! Drop in and see our Cast Iron Firepits/BBQs. UV Market Umbrellas (square and round), Mosquito Netting and much, much more.

Want to inquire about the Trendy Chic Tour for \$26.75 per person, then give me a call.

The coolest store on the planet willnever be the same! With an even wider selection of treasures, it is a must-see. Bet you just can't drive by!

13415 Hwy. 48 • 905-642-1067. www.stouffvillesbakerhill. com