ational MAY 12 - 18, 2003 JURSES' WEEK

Nursing profession a natural choice for local twins

Twins Kristin and Ashleigh Duggan, who grew up in Stouffville, have always enjoyed doing things together.

Now, following in the footsteps of their mother, Carolyn, the two young women are about to embark on nursing careers. "We both made the decision to become nurses independently and we both want to get into different areas," noted Ashleigh, who plans to specialize in labour and delivery. Kristin, on the other hand, is more

emergency department.

"Having a nursing degree has opened a lot of doors," said Kristin, who was drawn to the profession when her grandfather was ill in hospital and was not getting the care she felt he needed and deserved. "Watching what he went through was a defining moment for me."

During Ashleigh's first year of training, she recalls working with a patient who had suffered several strokes. interested in honing her skills in the OR and the Staff were having trouble persuading him to cooperate



FOOTCARE

Keep Healthy Feet as you grow older

Donna Shewfelt D.Ch CHIROPODIST

905-640-7703

Orthotics · Nail Surgery Foot Disorders • Footwear



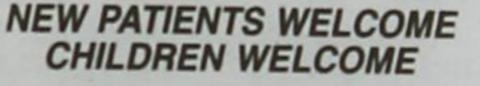
Family & Cosmetic Dentistry

• Endodontics, Periodontics & Prosthodontics

 Root Canal Procedures, Crowns, Dentures, Partials & Bridge Work

Electronic Insurance Submission

Dr. Therese Thomas, B. Sc., D.M.D.



5402 Main St., Suite #210, Stouffville Side Rd. & Hwy 48

(905) 640-1010 • 1-877-640-2525

while they changed his dressing. "One nurse said we might have to put him in restraints, but I told him if he didn't stop, I was going to sing to him."

When he continued to resist their efforts, she started on the opening bars of 'You Are My Sunshine'. "His arms relaxed and he started to sing it back to me, and that's when I knew I was doing what I loved."

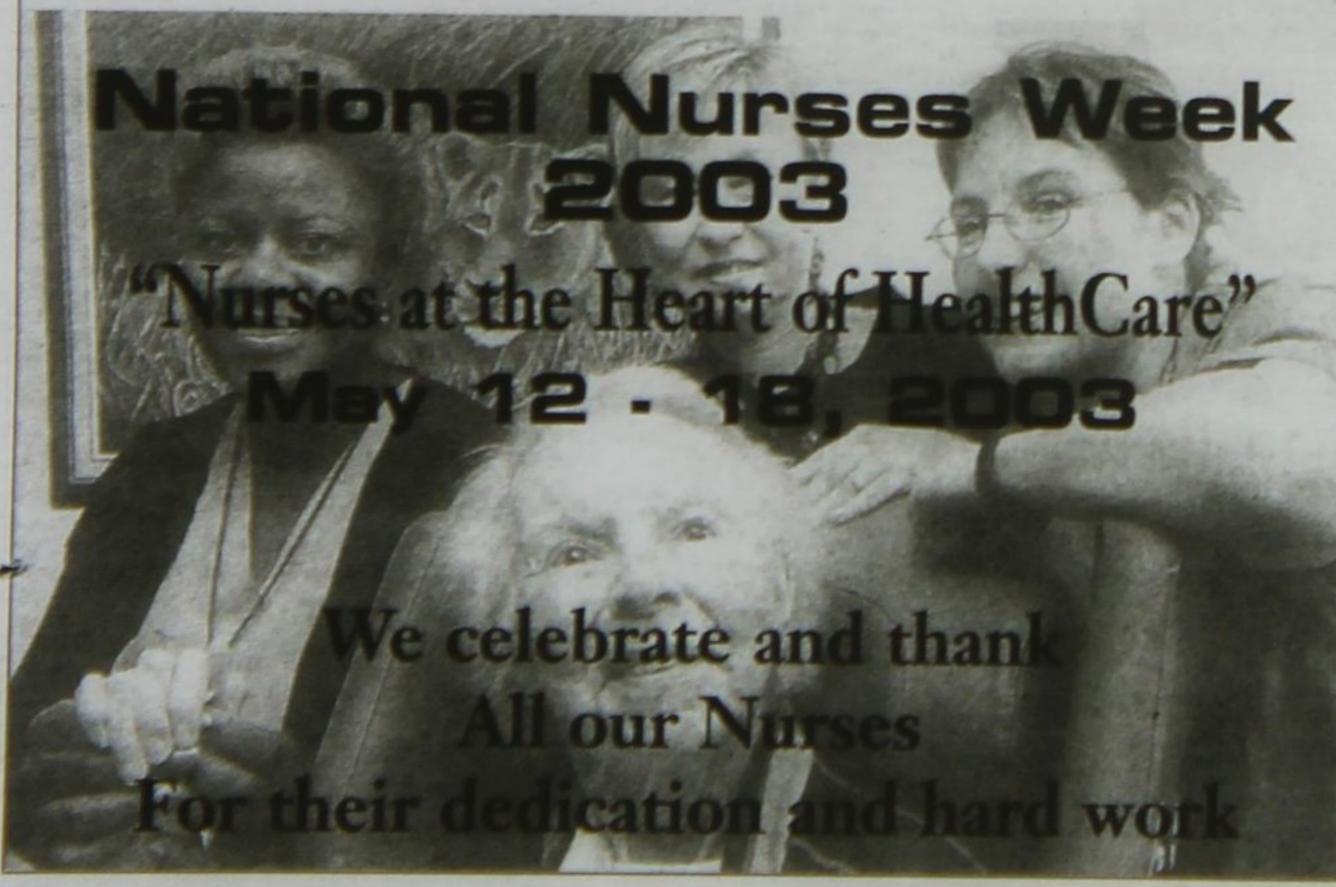
With many nurses approaching retirement, young graduates are much in demand in Canada and the United States. "We've had offers to go down to the States, but we have family and friends here and I'd like to stay and take a few more courses," said Ashleigh. "We have our whole lives ahead of us to travel."

And although they are sometimes asked why they

didn't consider careers as doctors or specialists, they feel that nursing has allowed them to develop the special rapport with their patients which is very important to both of them. "I like to help people and make a difference, and nurses really get to know the people they take care of, as well as their families," said Kristin.



381 Church Street P.O. Box 1800 Markham, Ontario L3P 7P3



Stouffville I.D.A. Pharmacy COMPLETE You've Got PRESCRIPTION

AND DELIVERY SERVICE AVAILABLE A Friend At

905-640-3324 6212 Main St., Stouffville

Est. 1989 HOME RELIEF Health Services Inc.

Private Homes • Nursing Homes • Hospitals Quality Service • Professionalism * Compassion

• RN • RPN • PSW • HCA (24 Hour Service 7 Days A Week)

FREE ASSESSMENT AVAILABLE

905-472-0709

www.homerelief.on.ca

OHIHCPA

STOUFFVILLE PARENT CHILD RESOURCE CENTRE

St.James Presbyterian Church 6432 Main St. Stouffville

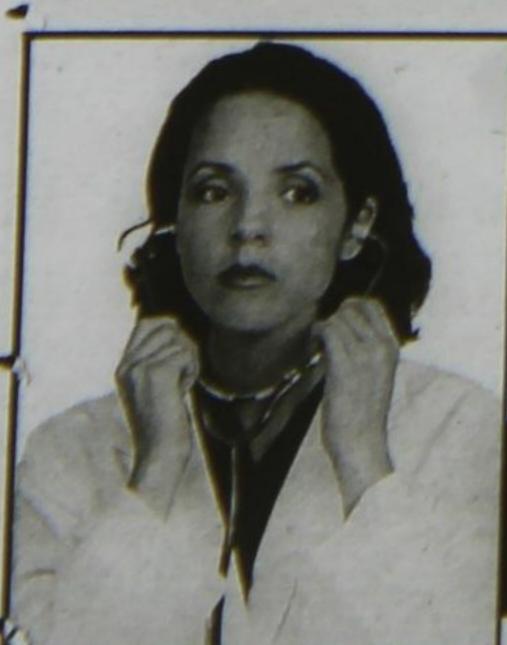


Weekly Playgroups Toys • Crafts Songs . Snacks Storytime Caregiver Support/ Registry

905 471-1620



A Program of Pathways Family Resource Centres



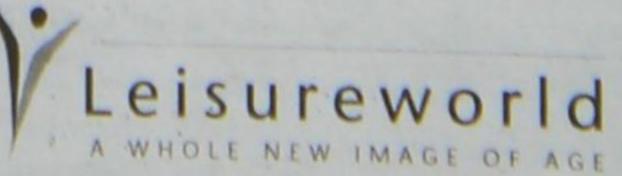
www.leisureworld.ca Great careers in long-term healthcare come from the heart!

Is making a difference what draws you to healthcare? Do you have a deep rooted compassion for the elderly and long-term care? With 19 locations throughout Ontario, we believe that a positive and empowering work environment is what our residents most benefit from and what draws the high calibre of healthcare professionals to us. Great careers, comprehensive training and state-of-the-art facilities are only the beginning. We also offer:

• flexible shifts • competitive salaries & benefits • career advancement • mentorship & bursary programs • eldercare, childcare & educational support If you want to learn more about wby many of the brightest, best and most compassionate bealthcare experts join our organization, we invite you to talk to us! Come make a difference!

RNs | RPNs | PSWs | OTs

Human Resources, Leisureworld Inc. 8500 Warden Ave., Markham, ON L6G 1A5 Tel: (905) 415-7630 Fax: (905) 477-5083 e-mail: hr@leisureworld.ca



Toronto • Scarborough • Richmond Hill • Vaughan • North Bay • Barrie • Brantford • Elmira • North York • Etobicoke • Creemore • Gravenhurst • Brampton