

Seniors gear up for regional Summer Games

Whitchurch-Stouffville is among the municipalities in York Region hosting the Seniors' Summer Games from May 26 to June 13, 2003.

These annual games are offered to people 55 years and over by the York Region Ontario Senior Games Association. The goal of the association is

to promote a healthy and active lifestyle, as well as offering fun, fellowship and friendly competition for the amateur senior athlete.

This year's activities range from card games to physical competition such as golf, walking and swimming. Separate registrations are available for the opening

ceremonies to kick off the games, and the gala closing banquet when medals are presented to winners. A nominal fee is charged for each of the events entered.

Seniors are encouraged to register early to compete in as many activities as their time and energy will allow. Printed schedules and registration forms for the

games are available from the Recreation Department, Silver Jubilee Club and Whitchurch-Stouffville Library. Registration deadline is May 9, 2003.

Residents can get more details by visiting www.cybersenior2000.com/yorkregion or by calling Stacey Stevens at 905-640-1910 ext. 288.

bridal wishes

Enjoying the Pre-Wedding Celebrations

Over the centuries couples have married for power, for wealth, to honour an arrangement made at their birth and - most commonly, for love. Whatever the reason for a marriage, one element has remained constant: Weddings have always inspired celebrations.

Today there are parties that celebrate every step to the altar - engagement parties, bridal showers, bachelor and bachelorette dinners, rehearsal dinners, luncheons and brunches.

Depending on your family and circle of friends, the revelry can last for months. In the nineteenth century, weddings were often celebrated for at least a week, especially if they took place in the countryside, with guests travelling many miles to attend. Multiple parties were to attend. Multiple parties were appropriate then, and they still are today.

Much of that spirit is returning today. Once more, family and friends often trek long dis-

tances to share in the event, inspiring more couples to turn the wedding day into a wedding weekend or week. In the months before the wedding, your friends and relatives will want to celebrate by honouring you with dinners and parties. Certainly, you should enjoy all the attention, but try not to have too many activities scheduled very close to the wedding date, since you will likely need time to attend to last-minute details.

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