# BUSINESS SHOWCASE

# ALTERNATIVE HEALTHCARE



Have you considered holistic therapies in your life! For 10 years, Holistic Practitioner Pamela Beach, provides Bowen therapy, behavioural therapy, therapeutic touch, reiki, emotional freedom therapy, reflexology, and advanced foot care services. Gentle and non-invasive, these alternative choices fit into anyone's life.

Bowen Therapy is a new modality originating from Australia. It works on the basis of neuromuscular repatterning. Clients find that just a few sessions can make a real difference.

Client feedback - "The relaxation and the benefits last longer than a massage."

Do your problem feet need attention? Pamela specializes in advanced foot care for corns, callouses, and ingrown nails.

Isn't now a good time to give yourself a winter tune-up!



# 200

### Pamela Beach C.P.R.T.

- Bowen Therapy 
   Reflexology
- Reiki Advanced Foot Care
- Emotional Freedom Therapy
  Other treatments also available

6050 Concession 2 • RR3 Stouffville
3 miles north of Bloomington Rd. between
Durham York 30 & Concession #3

905-852-6440





#### APPLIANCES



APPLIANCES & TELEVISIONS

5758 MAIN STREET, STOUFFVILLE

TEL: 905-640-3622

Graydon Card has owned and operated Card's TV & Appliances for 35 years. During this time Card's has established a reputation for handling brand name appliances coupled with excellent service and competitive pricing.

Located at 5758 Main Street – in Stouffville's west end, the store offers easy access with lots of parking.

Card's would be pleased to quote on any of your appliance requirements. They offer a free 3 year 100% warranty and also free delivery and would be pleased to arrange any installation.

With our continuing 35<sup>th</sup> Anniversary celebrations, this ao may be used as a coupon worth \$35.00 off any appliance, TV, water softener, or vacuum. Offer good until April 1, 2003:



## Books



Readers drive from across the GTA to experience Book Connection at 6601 Main St., Stouffville because of our vast selection of books suitable for all ages. We carry the hottest titles all at discounted prices.

As featured on the front page of York Region newspaper, we carry the latest 'craze' of toys, including the popular Yu-Gi-Oh Cards and Beyblades and mini remote control cards. We also offer exciting gift ideas.

Attention teachers — we will hold on-site book fairs at your school.

Call today to book!

We welcome everyone to come by or visit us at stouffvillebookconnection.com.

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#### CARPETS



Patti-Lynn Interiors
5402 Main St.
Stouffville, Ont.
905-640-0640

Patti-Lynn Interiors wants to bring your vision home. Whether it's a complete flooring renovation, custom window treatments or advice on painting your favourite room, Patti Lynn's vast array of quality brand name products allows you to choose the looks and materials you desire at any budget.

And in the spring there will be even more selection as Patti-Lynn expands its 8500 sq. ft. showroom to 11,000 sq. ft. Watch for great sales as Patti-Lynn makes room for new product lines.

Patti Lynn Interiors has been a family run business for 17 years. Patti-Lynn, husband Richard and their sons Jeff, Chris and Tim team up with a great support staff dedicated to completing projects that will stand the test of time.

"We do it right," Patti-Lynn explains, "so that quality work is there for our sons to inherit."

