

PEPPERTREE KLASSICS

Dressing Women from HEAD to TOE for over 12 years

Karen Piper, owner of Peppertree Klassics, loves the fashion business and wants to have her clientele looking amazing. Karen and her Fashion Team work hand in hand and have

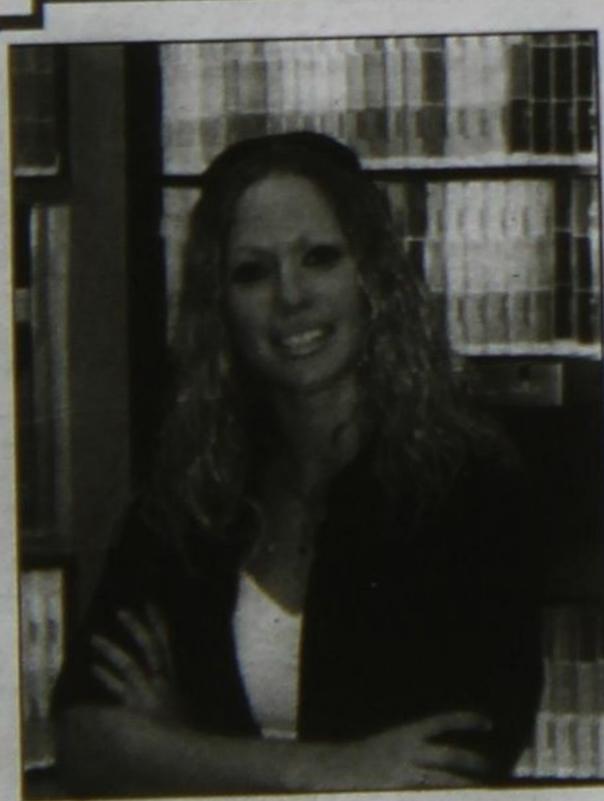
plenty of knowledge of new fashion trends and styles. "This season," says Karen, "is fabulous, as colours are Bold and Beautiful and chocolate brown stars as the new black in wonderful fabrics and textures for a fun fall look". Peppertree receives new merchandise daily and at this boutique you will find great fashion finds for Fall 2006, starting with a fun vest, a stunning skirt, romantic blouses and this season's must-have jackets. Complete your look with fabulous footwear from great shoes to fun boots.

Peppertree has been the winner of the Best Women's Store in Markham for seven years and is also the recipient of The Retail Excellence Judy Award for all of Ontario. If you have never been to this unique boutique you are truly missing a Wonderful Shopping Experience. Open seven days a Week and Holidays. This store is brimming with fashions for all ages at affordable prices from size 2 to 16...See you there!



137 Main St N Markham Ont. • 905-294-3882 www.peppertree.ca for more info.

You can email info@peppertree.ca to find out about in store promotions...



A home is as individual as the person living in it.

Making the right choices can be a challenge and a difficult task. Take the uncertainty away and make redecorating and designing a stress free and pleasurable experience by calling Armstrong Creative Concepts.

Ashley Armstrong, the creative and talented owner, has been advising clients for three years as the in-home colour and decorating consultant for Inside Out Decorating-your Benjaminin Moore signature store located at 6296 Main Street in Stouffville.

A graduate of Humber College's Interior Design program, Ashley provides each client with an interior envi-

ronment reflecting their personal lifestyle. Whether you prefer modern, contemporary, traditional, country or eclectic style, Armstrong Creative Concepts

will provide a living space just right for you. Following a consultation, Ashley will consider your information and ideas and create a file which can include floor plans, furniture layouts, colour selections, coordinating fabrics, window treatment concepts or images to inspire

your desired designer look.

Armstrong Creative Concepts will be at Inside Out Decorating Fall In-Store Consultation Night along with colour experts on October 11 from 6:30 - 9:00pm. Ashley will be booking free 15 minute appointments, just call 905-642-5883. Enter and win one of two complete consultations from Ashley herself.

> Book your consultation by calling 416-671-3249 or e-mail asharmstrong676@hotmail.com or drop by Inside Out Decorating and visit her.



NATUROPATHIC MEDICINE

A Valid Alternative To Regular Health Care.

In this "Oprah" era of self-empowerment Canadians are taking a more active role in their healthcare. We are at a time when a doctor's diagnosis is increasingly seen as 'just one opinion'. Patients are asking what else can be done as health trends show many are seeking out more natural forms of health care. Naturopathic medicine has become widely accepted by the general public as a valid alternative and compliment to regular health care. Naturopathic Doctors are educat-

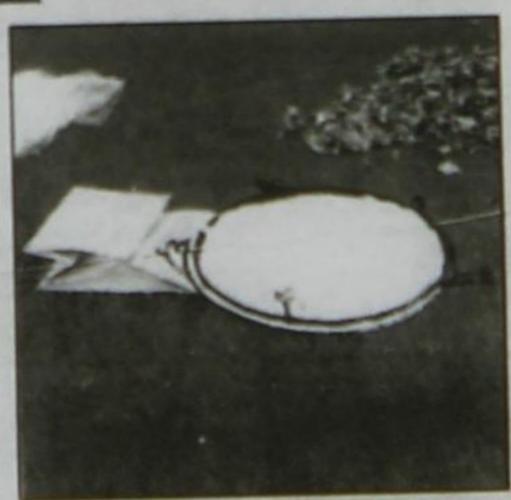
ed in all of the same basic sciences and diagnostic measures as a medical doctor. In addition, they have also studied the most effective and well-researched natural treatments. The primary goal of Naturopathy is to address the cause of the illness, rather than simply treat or suppress symptoms. Naturopathic prescriptions combine safe and effective natural therapies with the most current advances in modern medicine to provide the highest quality health care solutions for many health concerns ranging from pediatric to geriatric. It can help assist with diabetes, headaches, menopause, skin disorders, high cholesterol, digestive complaints, ADHD, allergies, PMS, pain, infertility, stress, fatigue and much more.

The Stouffville Clinic specializes in IV therapy, Hormone Testing, Food Allergy screening and Heavy Metal testing. You can meet Dr. Brandy Rowley ND. on October 16th, 7:30 pm, at the LeBovic Centre where she will be holding a free seminar on "Heavy Metal Toxicity".

If you would like to book an appointment or have any questions please feel free to call Dr. Brandy Rowley ND. at (647) 297-9322.



Stouffville Clinic of Naturopathic Medicine 37 Sandiford Drive, Suite 105



First came the wheel

Now comes the best thing to happen to homeowners since a tree shed its first leaf. Local resident Donna Metcalf was tired of the tedious and back breaking fall yard cleanup process. Knowing there had to be a better solution than all the products claiming to be a rake's best friend, Donna took matters into her own hands and created the revolutionary new product "Snag-N-Bag."

While many profess to get the job done let's face it, collapsed gizmos and products claiming to make yard work a breeze can add to the workload and not ease it.

The Snag-N-Bag is truly amazing and a must for anyone with a yard and trees, and it really works! The compact circular industrial nylon bag attaches to your leaf bags or any bags at all by a simple clip-on attachment. That's it, all done!

Now grab that rake or use your leaf blower and direct to the large circle. Easy so far. Now lift the light weight hoop and the debris will fall into the attached bag. Snag-N-Bag can also be used as a self contained

Seniors rejoice, adults of all ages jump for joy and do your back a favor and get a Snag-N-Bag today! Priced to sell at \$24.95, the multi-use Snag-N-Bag is available by calling

905-642-4665 or www.snag-n-bag-com. Call today before another leaf falls.



