

QUALITY FRESH PRODUCE

"Finally! New Crop Strawberries Have Arrived!"
Fresh n' Sweet Strawberries

\$4.99
1lb Tub
BUY FRESH FOR LESS



Jumbo, Super Sweet, Golden Ripe Pineapples

\$3.99
Each
BUY FRESH FOR LESS



Cored \$3.99

Sweet n' Juicy Seedless Clementines

\$3.99
Bag
BUY FRESH FOR LESS



Fresh Organic Apples
Golden Delicious, Granny Smith or Royal Gala

\$1.99
Per lb. 4.39/kg
BUY FRESH FOR LESS



ORGANIC

WOW!

Fresh, Crisp n' Tart Granny Smith Apples

\$1.49
Per lb. 3.29/kg
BUY FRESH FOR LESS



Fresh, Extra Large Organic Broccoli or Leeks

2/\$5.00
BUY FRESH FOR LESS



ORGANIC

MIX N' MATCH

California Fresh Pomegranates

2/\$5.00
BUY FRESH FOR LESS



Premium California Raw Almonds
Random Weight Packed

\$6.99
Per lb. 15.41/kg
BUY FRESH FOR LESS



Tender Fresh, Extra Large Artichokes

3/\$5.00
BUY FRESH FOR LESS



FROM OUR BULK FOOD DEPARTMENT

Dried Cranberries
Random Weight Packed

\$3.99
Per lb. 8.80/kg
SAVE \$2.00/LB



Fresh from Italy, Sweet Kiwi Fruit

\$3.99
2.2lb Tub
BUY FRESH FOR LESS



From Ontario Greenhouses Xmas Poinsettias
4" Pot

3/\$10.00
SAVE \$2.00



From Ontario Greenhouses Multicolour Amaryllis
6" Pot

\$6.99
Each
SAVE \$2.00



From Ontario Greenhouses Cyclamen
4" Pot, Assorted Colours

3/\$10.00
SAVE \$2.00



SUPER SPECIAL!!

100% Grass Fed, Hormone & Antibiotic Free
Lean Ground Beef
Sourced from Bushbeck Farms in Markdale, ON

\$6.88
Per lb. 15.17/kg

SAVE \$4.40/LB

OUR LOWEST PRICE OF THE YEAR!



CELEBRATING
1929-2016
87
YEARS



The **GARDEN BASKET** FOOD



Fresh from our Garden
Prices in effect Thursday, December 8th

100% Pork, Traditionally Raised
St. Louis Style Pork Ribs

\$3.99
Per lb. 8.80/kg

SAVE \$3.00/LB

ANTIBIOTIC FREE
• Antibiotic Free
• Hormone Free
• Vegetable Grain Fed



Aged for 28 Days, Cut From Canada AA, AAA Beef
Cap-Off Prime Rib Premium Oven Roasts
Limit 2 Roasts

\$7.99
Per lb. 17.61/kg

1/2 PRICE

AGED FOR 28 DAYS



THE BUTCHER

Aged for 21 Days, Cut From Black Angus Beef
Boneless Rump Oven Roasts

\$4.99
Per lb. 11.00/kg

SAVE \$3.00/LB

Black Angus Beef
• Superior Flavour
• Aged for maximum of 21 days for maximum tenderness
• Consistent Quality
• Carefully Selected



100% Chicken, Traditionally Raised
Whole Chickens

\$9.99
Each

SAVE \$1.50

• Hormone Free
• Antibiotic Free
• Vegetable Grain Fed
• Air Chilled



Aqua Star Sockeye Salmon
Fillets or Portions

\$10.99
454g

SAVE \$3.00



FROM OUR DELICATESSEN

Cedarvale Oven Roasted Chicken Breast

\$1.99
Per 100g



Ferrante Provolone or Mozzarella Cheese

\$1.99
Per 100g



Maple Leaf or Schneiders Bacon

\$3.99
375g



Delfresh Black Forest Ham

\$1.29
Per 100g



Cooked Fresh Several Times Daily
Oven Roasted Baby Pork Back Ribs
BBQ or Honey Garlic

\$7.99
Each

SAVE \$5.00

