

New hospice offers choice for terminally ill patients

LISA QUEEN

lqueen@yrmg.com

Without residential hospice beds, terminally ill patients are forced to choose between dying in hospital or at home.

While people want to die in the comfort of their home surrounded by loved ones, they often choose spending their final days in hospital for fear of being a burden on their families.

That is why a new regional residential hospice being built in Newmarket is so crucial, says Dr. Cindy So, the regional clinical lead of palliative care for the Central Local Health Integration Network (LHIN) palliative care network.

"Palliative care focuses on quality of life and ensuring that patients are provided with comfort, with quality

care and with dignity at the end of life," she said.

"Currently, in York Region we only have three residential hospice beds and while our friends at (Richmond Hill's) Hill House Hospice are doing incredible work, the demand for palliative care and hospice care continues to grow."

While there are some great palliative community supports available, they are often not enough, said So, a palliative care doctor at Southlake Regional Health Centre.

"I see time and time again that patients and families in desperation come to the emergency room and, sadly, they die on a stretcher in the ER. That is simply not appropriate nor is it dignified," she said.

"To me, hospice represents the best of both worlds. It provides a warm, familiar, homelike environment while

still providing the 24-hour professional care. The inter-professional team are not only experts in pain and symptom management, but they work together to meet the emotional, the spiritual and the psychological needs of patients and families when they truly are most vulnerable."

An official groundbreaking was held Nov. 18 for the centre, already under construction on Grace St. beside the hospital and its long-term care home.

The centre, which will serve the whole region, will be named the Margaret Bahen Hospice for York Region in recognition of one of Southlake's most generous supporters, foundation president Neila Poscente said.

Bahen and her family have supported many programs at Southlake, including the

regional cancer program's Bahen Chant Radiation Treatment Centre and the John and Margaret Bahen Rehabilitation Program.

The Bahen family and the community have raised \$4 million toward the hospice, a \$12 million project, which will be 100 per cent funded through foundation's "love lives here" campaign.

It is exciting to see the hospice, which has been in the works since 2010, taking shape for its completion in late 2017, Southlake president Dr. Dave Williams said.

"Our community has rallied together to help us build this residential hospice," he said.

"Through the philanthropy we have from our remarkable community, we will be able to provide an environment where we can provide comprehensive end-of-life



Steve Somerville/Metroland

Southlake President and CEO, Dr. Dave Williams and Southlake Foundation President and CEO Neila Poscente show off an artist's rendering of the new hospice, currently under construction (behind).

care with compassion, with empathy, with dignity and with respect."

The hospice represents residents' desire for quality and compassionate health care close to home, said Bren-

da Urbanski, a board member of the Central LHIN, which funds and plans local health care.

For more information or to make a donation, visit southlakefoundation.ca.

Classifieds LocalWork.ca

Monday to Friday 8:30am to 5pm · Toll Free Phone 1-800-263-6480 · Toll Free Fax 1-866-299-1499 · Email classifieds@metroland.com · For delivery questions, please contact 1-855-853-5613

WANT TO GET PAID TO FIND WORK?

If you are:

- unemployed • aged 15-29
- not in school or training

then the Youth Job Connection Program can help you!

Coming to Stouffville
34 Church Street

2 Week Program Starting
Nov 28, 2016

Contact Job Skills to register **NOW!**

- 1-866-470-5947
- JobSkills.org/Youth
- Youth@JobSkills.org

This Employment Ontario initiative is funded in part by the Government of Canada.

Metroland Media
Richmond Hill Liberal

INDEPENDENT CONTRACTED CARRIER WANTED

Metroland Media is accepting applicants to deliver newspapers and flyers to homes within the Richmond Hill area. This entails working closely with a District Representative to deliver variable routes door to door, weekly on Thursdays. All applicants must have a valid drivers license and reliable vehicle.

Please call or email Fanny
416-774-2379
fcheong@yrmg.com
175 Gordon Baker Rd.
Toronto, ON M2H 0A2

Optometric Assistant / Optician

Full Time. Seeking a motivated, personable, reliable and detail oriented person to join our team!
Duties includes dispensing, pretesting and lab work.

Apply to:
eyes@stouffvilleoptometry.com

Live-In Caregiver

Child care. Supervise and care for multi-aged group of children. Perform light housekeeping and cleaning duties. \$11.40 hourly for 40 hours per week. Markham area.

Send resume to:
yfamily.caregiver@gmail.com

AMONG FRIENDS BEFORE AND AFTER SCHOOL CHILDCARE
is looking for:

- Registered Early Childhood Educators
- Child care quality control staff
- OCT Certified Teachers
- Primary/ Junior Division
- Child & Youth Workers

Part time split shift Monday - Friday.
Please email resume to:
amongfriendsdaycarecentres@hotmail.com

Exp'd. Pizza Maker ~FT
up to \$20/hr cash paid daily and

Counter Help/Cashiers
PT ~ weekends \$12/hr
Required in **Stouffville** area (counter help must have pleasant telephone manor. Students welcome to apply.)
Call Anthony **btwn 8am-11am:**
@ 416-419-6862

STAKEOUT Dining Room & Lounge
in Stouffville, is looking for
BARTENDERS, WAIT STAFF (with experience)
HOSTESS & DISHWASHER
Apply in person:
5402 Main St., Stouffville
or call **905-642-5557**
email:**rogervieira007@gmail.com**

Snowplow Driver/Shovellers
PICK-UP TRUCK SNOW PLOW OPERATOR
Full time Valid driver's license. Minimum 3 years experience. Own transportation to shop or site
SHOVELLERS \$20.00/hr.
Bonus **END OF SEASON PERFORMANCE BONUS (To be discussed)**
Call **905-955-1309**

WAREHOUSE PERSON

A Stable Aurora based company is seeking a Warehouse Person with opportunity for growth within the company. We are a small company, where you will be required to perform a variety of tasks, and must have good communication skills.

Applicants should possess the following:

- High School education or equivalent
- Warehouse experience would be an asset.
- Basic computer skills are necessary
- Forklift Trained would be an asset
- Some heavy lifting required occasionally

Please email your resumes to
gord@cfaindustries.com

BolandHowe LLP is a busy litigation firm specializing in personal injury, disability and fatal accident claims. We have an immediate opening for a:

Full-time
Controller/ Bookkeeper/ Office Manager

Self starter with 10+ years experience in general accounting duties including: financial reporting, working with complete GL, invoicing, payables, receivables, bank reconciliation, payroll, government remittances, T-4's. A Bachelor's degree in accounting or business administration, or equivalent business experience is required. Experience working with PC law an asset.

Please submit resume with references:
efarrell@bolandhowe.com
or fax to: **905 841-7128**

Busy North Stouffville office is looking for a **Full-Time ASSISTANT**

- Multitasker
- Assist two project managers
- Excellent communication skills both oral and written
- CRM experience would be an asset
- Phone work including collection calls
- Excel a must
- Salary commensurate with experience.

Email **kim@gwabiz.com**

LocalWork.ca
YOUR BEST SOURCE FOR LOCAL JOBS

HLF (Diversified) Inc.
is looking for
General Labourers
for busy season packaging line.
Please send resume to
cindy@hlficemelter.com

Unionville Mushrooms Farm
5395 19th Ave., Markham
requires
MUSHROOM PICKERS
PART TIME
Call: 416-409-7585
- Ask for Tim -

CAR LOT PERSON
Part Time. Evenings and Saturdays. Must have valid driver's license and clean abstract and be able to work with minimum supervision
Email resume to:
drobitaille@newmarkethonda.com
or **fleet@newmarkethonda.com**

NEWMARKET Honda

like us on Facebook
metrolandmedia