# because you asked...

51% of Metroland readers say environmental issues are very/extremely important to them



### **COMMUNITY**



## Tips to prepare for winter storm

Winter is here and with it comes an increased risk of a blizzard or ice storm. The following is a list of five major things you can do to prepare yourself and your family for winter storms.

- Winterize' your vehicle. Make sure to change to winter tires, check your antifreeze, keep extra windshield washer fluid and always keep an ice scraper or snow brush handy. It's always a good idea to check if your vehicle's heating is fully working, you don't want to be caught in subzero temperatures with a broken heating
- Own a good shovel or snowblower. It goes without saying that having a durable shovel or snowblower is absolutely critical to surviving a Canadian winter. Remember to stop shoveling if you feel any pain or risk
- Salt the ice. It's a good idea to keep a bag of salt to remove ice. Sprinkle the salt on top of the ice and let chemistry do the work for you. Make sure to keep salt away from your vehicle however, as it can cause rust.
- Maintain your home heating. Check your home heating system to make sure it's fully functional for the winter season. Properly seal your ducts and windows so no heat escapes the home. Clean your furnace and change your filter for optimal heating.
- Avoid frostbite. Frostbite is damage to the skin and tissues due to freezing and most often occurs at our nose, fingers and toes. You can prevent frostbite by limiting your time outdoors in cold, wet or windy weather, and dressing in several layers of warm clothing including gloves, a hat and warm socks.

Sources: CAA, City of Toronto, Mayo Clinic

- Joshua Rothkopf, **Time Out New York** 



- Melissa Anderson, The Village Voice

### **World AIDS Day Movie** December 1, 7-9 pm

The story of two coalitions -- ACT UP and TAG (Treatment Action Group) -- whose activism and innovation turned AIDS from a death sentence into a manageable condition.

FREE. Large Multipurpose Room.



Whitchurch-Stouffville Public Library

2 Park Drive

Whitchurch-Stouffville, Ontario L4A 4K1 | (905) 642-7323 http://www.wsplibrary.ca

metrolandmedia