

# QUALITY FRESH PRODUCE

Dole or Del Monte Bananas



**56¢**  
Per lb.  
1.24/kg  
**BUY FRESH FOR LESS**

**4 DAY SALE!!!  
THURSDAY - SUNDAY**

Tender Fresh Asparagus



**\$3.99**  
Per lb.  
8.80/kg  
**BUY FRESH FOR LESS**

Sweet n' Juicy, Spanish or Moroccan Seedless Clementines



**\$3.99**  
Bag  
**BUY FRESH FOR LESS**

Fresh, Extra Large Organic Broccoli



**2/\$5.00**  
Bchs  
**BUY FRESH FOR LESS**

Tender Fresh, Extra Large Artichokes



**3/\$5.00**  
**BUY FRESH FOR LESS**

Super Sweet, Jumbo Pineapples



**\$3.99**  
Each  
**BUY FRESH FOR LESS**

Cored \$3.99

Ontario Fresh, Crisp n' Sweet Apples  
Mutsu, Macintosh or Jonagold



**\$1.49**  
Per lb.  
3.29/kg  
**BUY FRESH FOR LESS**

Fresh Organic Zucchini  
Random Weight Packed



**\$1.99**  
Per lb.  
4.39/kg  
**BUY FRESH FOR LESS**

"Great for Soups or Salads!", Ontario Fresh Leeks



**2/\$5.00**  
**BUY FRESH FOR LESS**

Italian Sweet n' Juicy Abate Pears



**\$1.99**  
Per lb.  
4.39/kg  
**BUY FRESH FOR LESS**

Fresh Pomegranates



**2/\$5.00**  
**BUY FRESH FOR LESS**

Tasty Hass Variety!, Extra Large Avocados



**3/\$5.00**  
**BUY FRESH FOR LESS**

From Ontario Greenhouses Mums  
4" Pot, Assorted Colours



**2/\$5.00**  
**SAVE \$3.00**

From Ontario Greenhouses Kalanchoes  
4" Pot, Assorted Colours



**2/\$5.00**  
**SAVE \$3.00**

From Ontario Greenhouses Cyclamen  
4" Pot, Assorted Colours



**3/\$10.00**  
**SAVE \$2.00**

# BIG GAME SPECIAL!!

Maple Leaf Prime Chicken Wings, Strips, Nuggets or Boneless Bites



**\$6.99**  
750-800g  
**SAVE UP TO \$6.00**

CELEBRATING  
1929-2016  
**87**  
YEARS



# The GARDEN BASKET FOOTBALL



## Fresh from our Garden

### Prices in effect Thursday, November 24th

Fresh Boneless Centre Cut Pork Loin Roasts



**\$2.99**  
Per lb.  
6.59/kg  
**1/2 PRICE**

100% Beef, Traditionally Raised Family Pack Lean Ground Beef



**\$4.99**  
Per lb.  
11.00/kg  
**SAVE \$4.00/LB**

• Antibiotic Free  
• Hormone Free  
• Vegetable Grain Fed

## ONE DAY SALE!!! SATURDAY NOV.26TH

Aged for 28 Days, Cut From Canada AA, AAA Beef  
Cap-Off Prime Rib  
Premium Oven Roasts  
Limit 2 Roasts



**\$7.77**  
Per lb.  
17.13/kg  
**1/2 PRICE**

## THE BUTCHER

Aged for 21 Days, Cut From Black Angus Beef  
Beef Leg Cutlets



**\$7.99**  
Per lb.  
17.61/kg  
**SAVE \$4.00/LB**

• Superior Flavour  
• Aged for maximum of 21 days for maximum tenderness  
• Consistent Quality  
• Carefully Selected

100% Chicken, Traditionally Raised Boneless Chicken Breast



**\$8.99**  
Per lb.  
19.82/kg  
**SAVE \$1.90/LB**

• Hormone Free  
• Antibiotic Free  
• Vegetable Grain Fed  
• Air Chilled

## FROM OUR DELICATESSEN

Delfresh Black Forest Ham



**\$1.29**  
Per 100g

Tour Eiffel Gourmet Pate



**\$2.69**  
150g  
**SAVE \$1.00**

Creamy Havarti Cheese



**\$1.99**  
Per 100g

Lilydale Kentucky Chicken



**\$1.99**  
Per 100g

Cooked Fresh Several Times Daily Breaded Chicken Breast Cutlets



**\$12.99**  
8 Pack  
**SAVE \$7.00**

## GOURMET