

# Students trick-or-treating for local food bank

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You might see some teenagers trick-or-treating on Halloween, but they're not looking for candy.

Local students from Stouffville District Secondary School are participating in a campaign called "WE Scare Hunger", part of the school's WE Charity club (formerly known as Free The Children).

On Halloween, students will visit homes and - instead of trick or treating for candy - will collect non-perishable food items from around the community to donate to the Whitchurch-Stouffville food bank.

"They (WE Charity) have campaigns like this that schools can do throughout the year to raise awareness, give back to the community, etc.," said Grade 12 student and club member Gabrielle Da Silva. "This is one we've done a few years now."

A group of 30 students will be assigned to different neighbourhoods, ensuring food items are collected from all around town. Those homes selected will be given a notice prior to Halloween so they can prepare donations.

Residents can also donate at SDSS. Once collected, the food items will be transported to the food bank with a vehicle supplied by Houston Ford.

SDSS students have participated in "WE Scare Hunger" for the last four years. Science teacher and staff advisor Martha Schissler has led the campaign since the beginning.

"It's one of the best clubs at the school," she said. "It's a great way to know the kids on a different level, outside of them being students."

The WE Charity club at SDSS has done other campaigns; last year the club raised \$15,000 for children's cancer.

For students like Da Silva, the club offers a chance to help their community while engaging their passions.

"I wanted to be human rights lawyer, so I'm very interested in the idea of helping people," Da Silva said. "This was the best way to become involved in the school. Having this opportunity is why I'm here."

Stouffville District Secondary School is at 801 Hoover Park Dr. Residents can donate non-perishable food items at the main office.

## H-SMOKED-HAM HOCKS

We'll have huge amount of our **Smoked Ham Hocks** for this weekend. Most folk use these to make soup, but my dad would simply boil them, remove the rind, cut the meat off the bone and enjoy them with buttered cabbage and mustard. The meat is sweet and succulent. The only time I've seen these on a menu outside of Germany, was in Ireland, out in the country, served with white beans. However you choose to have these, be sure you get them early enough because there will be a limited supply. **1/2 PRICE THIS WEEK** Reg. \$3.99/lb.

## A-LOCAL-APPLES

Whether you're looking for a crisp and sweet snack or planning on baking an apple crisp, we've got you covered, as we're featuring five different varieties of local apples on special. You'll be able to choose from **Courtlands, Jonagolds, Crispin, Spy, McIntosh** and my personal favourite for eating, **Ambrosia Apples**. Mix and match, **\$1.49/LB**

## P-FUYU-PERSIMMONS

We'll have succulent **Fuyu Persimmons** from California available on special this week. Unlike the Hachiya variety, which if you've ever eaten underripe, will know can be a mouthdrying experience, these can be eaten hard or soft, so you needn't worry. They are super sweet and offer a lovely jelly-like consistency when sliced. **99¢ EA Large size**

## H-FRESH-HADDOCK FILLETS

Although these come to us through our Jail Island folk, they are wild-caught on day-boats, and come boneless and skinless, ready to pan-fry or bake. Absolutely delicious fish. From the **Bay of Fundy. \$9.95/LB**

## C-PASS THE-CHEESE PLEASE!

This week Mariella went way outside the box to get a really special and exciting cheese, **Chevre Noir**. The Noir part is the black-waxed rind, and the Chevre is 2yrs old... so it's full flavour with tang! Your crackers will love you for bringing this home! **Reg. \$8.99/100g, and featured this week at 1/3 OFF**

## AISLE FOUR!

Our first item will be **Peanut Brittle**, an old-time baseball-watching treat! **...250g pkg, and featured this week at \$2.99 EA**

We'll have **Caramel Corn**... good for hockey games, as well **...180g bag, featured at as well \$2.99 EA**

Next up, we've got new crop **Wellesley's Apple Cider** in the big glass jug **...1.89l. Reg. \$8.99, and we'll be taking \$2.00 OFF**

And the last item will be **Boylan's Sparkling Cider** in the 4-pack format; **Reg. \$9.99, and we'll be taking here as well \$2.00 OFF**

## SHUBBARD SQUASH

You would be hard-pressed to find a more unsightly vegetable than these. This gigantic squash is bulbous and betumoured, resembling Shrek in appearance. That being said, they are (in my mind) the tastiest variety around, offering the richest squash flavour. We make it a little easier for you by taking these behemoths, slicing them into usable portions and removing the seeds. We'll be providing recipes for Chef Kulam's famous Hubbard Squash Soup as well, alongside other recipe ideas. Now **79¢/LB**

## WHAT'S THE BUZZ...

With the holidays around the corner, new stock is arriving daily. Michel Design foamers and soaps have arrived! Honey and Almond is the most popular scent, followed by Holiday Spruce with its fresh woodland scent. Our "Christmas in the Village" Calendar of events is now available online or in store. Register early!

## WHAT'S COOKIN' AT THE DELI!

We'll start with our **Roasted Red Pepper and Tomato Soup**. This has that beauty taste of sweet roasted peppers, tomatoes, Yukon potatoes, chicken stock, celery, carrots - a pretty full ingredient panel I'm thinking! **\$6.95 EA Reg. \$8.95/900ml - and featured at**

Our second item will be our **Spicy Bean Salad**, with romano and kidney beans, rice and barley, sweet corn, chopped onions, and parsley, all dressed in a spicier vinaigrette. **Reg. \$1.49/100g, and featured this week at 1/2 PRICE**

We'll follow this with **Kulam's Vindaloo Chicken**. We start with our boneless chicken breasts, sweet onions, garlic, tamarind, fresh tumeric, ginger, chili paste and raw sugar. If you want an authentic dish, this is from Kulam's hometown (almost). Available in 4x5 foils. **Featured this week at \$7.95 EA**

Next item will be **Blackened Salmon**, our Atlantic salmon done with Cajun spice. It's fully cooked, so you'll just need to warm this. **Featured at this week \$3.99/100g**

I hope that you got a taste of Sous Vide last weekend from my buddy Basil - it's great food that's so easy to work with. The item of choice this week will be our **Grilled Prime Tenderloin with a Green Peppercorn Sauce** - Featured at **\$6.99/100g** - incidentally, Basil will be back in about 3-4 weeks (once he recovers his voice), with a further installment of Sous Vide dishes.

- and lastly, our Salad Dressing promo will be our **Asiago Caesar Dressing**, **featured at \$3.99/250ml JAR**

## D-WHAT'S FOR DINNER?

There will be two items from the freezer this week, **Leek and Potato Soup** and our **Beef Stroganoff**. The soup is 900ml size and serves 3 or 4 (2 of me!) and the stroganoff is in the 8x5 foil, and will serve 3 or 4. Think pappardelle with the stroganoff! **Reg. \$8.95 and \$22.95, and both will be featured at 25% OFF THIS WEEK**



## L-WHAT'S FOR LUNCH?

Last year around this time we featured a **Grilled Cheese Sandwich with extra old cheddar, smoked bacon and tomato** on a sliced sourdough bread and we received overwhelming positive feedback on it. Nobody raved about it more than Dale Spooner, our long, long, long time customer who alongside his wife have been driving all the way to the store from their house in the Beaches at least once a week since before I was born (Thomas here!). He's reminded me once a month about it since, so I figured it's overdue that I make them. **\$4.99 EA** They will be

and since a grilled cheese isn't a grilled cheese without Tomato Soup, we'll have our Cream of Tomato Basil Soup **\$1** available with it for only

Sunday Brunch will begin with our **Roasted Red Pepper and Tomato Soup**, followed by either **Beef Stew, Chicken Cacciatore or Fusilli with Ham and Spinach**, with either rice or mashed, tea or coffee and a mini dessert, if you have room! All for **\$11.95 ea**. Served from noon till 2.

## S-STRONGBOW SAUSAGE

These were actually one of my bright ideas (which are few and far between), which we tried out last year to critical acclaim. We take coarsely ground pork, finely diced apples, nutmeg and various other spices, and use dry Strongbow for the requisite (and delicious) moisture. **Reg. \$6.99/lb. 25% OFF**

## B-WHAT'S BAKING THIS WEEK?

Let's start with **HALLOWEEN CAKES** - vanilla ones with three layers of sponge, white icing and decorated all scary. There will be 2 sizes, **Reg. \$14.95 and \$22.95 ea.**

**CHOCOLATE-ORANGE CAKES** - This is one of Doreen's recipes from our old store, with swirls of dark chocolate cake mixed with fresh orange, then glazed with chocolate ganache and shavings - and scary stuff, too! **Reg. \$12.95 ea.**

**MINI PUMPKIN CHEESECAKES**, with a graham crust base, cheesecake with lots of pumpkin, topped with spiced whipped cream. **Reg. \$3.99 ea.**

Our last item will be our very big **M&M COOKIES**. These are a handful, even for big kids! **Reg. \$2.99 ea.**

**All these items will be on sale this week at 25% OFF**

Also - you will find **HALLOWEEN PAINTED COOKIES AND CUPCAKES** overflowing with scariness!

## P-SOME PIZZAZZZZZA, ANYONE?

Our special pizza will feature **Chicken Breast Strips with Rapini, Roasted Peppers and Asiago**. These will be available either baked or ready-to-bake. 12" size **\$10.95 EA**

Royal Canadian Legion  
Branch 459  
Ladies Auxillary

**Remembrance BAZAAR**

150 Mostar Street,  
Stouffville  
Saturday,  
November 5  
10am - 3pm

Tea Bake Sale Jewellery

Knitwear, home décor,  
book sale, raffles  
**Plus much more!**

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