

QUALITY FRESH PRODUCE

SUPER SPECIAL!!

Dole or Delmonte Bananas



56¢ Per lb. 1.24/kg **BUY FRESH FOR LESS**

Fresh n' Sweet, Organic Red Seedless Grapes



\$2.99 Per lb. 6.59/kg **1/2 PRICE** **ORGANIC**

Aged for 21 Days, Cut From Black Angus Beef Boneless Top Sirloin Grilling Medallions



\$7.77 Per lb. 17.13/kg **SAVE \$5.80/LB**

- Superior Flavour
- Aged for maximum of 21 days for maximum tenderness
- Consistent Quality
- Carefully Selected



Fresh Roasting Chestnuts



\$2.99 Per lb. 6.59/kg **BUY FRESH FOR LESS**

Fresh "Tasty Hass Variety!", Extra Large Avocados



3/\$5.00 **BUY FRESH FOR LESS**

CELEBRATING 1929-2016 87 YEARS

Fresh from our Garden
Prices in effect Thursday October 20, 2016

Crisp n' Sweet Honeycrisp Apple



\$2.99 Per lb. 6.59/kg **BUY FRESH FOR LESS**

Fresh Black Figs



\$9.99 Case **BUY FRESH FOR LESS** **WOW!** **WHILE QUANTITIES LAST!**

Aged for 21 Days, Cut From Black Angus Beef Boneless Rump Oven Roast



\$4.99 Per lb. 11.00/kg **SAVE \$3.00/LB** **AGED FOR 21 DAYS**

- Superior Flavour
- Aged for maximum of 21 days for maximum tenderness
- Consistent Quality
- Carefully Selected

100% Pork, Traditionally Raised Family Pack Boneless Centre Cut Loin Chops or Roast



\$4.49 Per lb. 9.90/kg **SAVE \$2.50/LB**

- Antibiotic Free
- Hormone Free
- Vegetable Grain

Sweet n' Juicy Seedless Oranges



\$3.99 3lb Bag **BUY FRESH FOR LESS**

Fresh, Extra Large Pomegranate



2/\$5.00 **BUY FRESH FOR LESS**

Fresh, Extra Large Organic Broccoli



2/\$5.00 **BUY FRESH FOR LESS** **ORGANIC**

Sweet n' Juicy Abate Pears



\$1.99 Per lb. 4.39/kg **BUY FRESH FOR LESS**

THE BUTCHER

Fresh n' Crisp Celery Stalks



2/\$3.00 **BUY FRESH FOR LESS**

Ontario Fresh, Sweet Carrots



69¢ Per lb. 1.52/kg **BUY FRESH FOR LESS** **ONTARIO**

Made Fresh Several Times Daily Black Angus Lean Ground Beef



\$4.99 Per lb. 11.00/kg **SAVE \$2.00/LB**

- Superior Flavour
- Aged for maximum of 21 days for maximum tenderness
- Consistent Quality
- Carefully Selected

Aged for 21 Days, Cut From Black Angus Beef Boneless Stewing Beef Cubes



\$5.99 Per lb. 13.21/kg **SAVE \$2.00/LB**

- Superior Flavour
- Aged for maximum of 21 days for maximum tenderness
- Consistent Quality
- Carefully Selected

Boston Fern Hangers 10" Pot Kimberly Ferns 3 Gal Pot



\$10.99 Each **SAVE \$5.00**

From Ontario Greenhouses Assorted Colours Mums 6" Pot Mums 4" Pot



\$5.99 Each **SAVE \$3.00** **\$2.99** Each **SAVE \$2.00**

Aqua Star, Frozen Sockeye Salmon Whole Fillets or Portions



\$9.99 454g Bag **SAVE \$4.00**

FROM OUR DELICATESSEN

Carvers Choice Bacon



\$2.99 500g **1/2 PRICE**

Schneiders Lifestyle Turkey or Smoked Turkey Breast



\$1.99 Per 100g

Canadian Oka Cheese



\$2.99 Per 100g

Canadian Brie L'Extra



\$2.99 Per 100g

GOURMET Cooked Fresh Several Times Daily Oven Roasted Chicken Wings Hot, Mild or Honey Garlic



39¢ Each **SAVE 42%** **Minimum Purchase of 12 Wings**