



# ALL YOU CAN EAT BREAKFAST BUFFET

Coming Sunday, October 23rd\*

\*Sundays only

5917 MAIN ST., WHITCHURCH - STOUFFVILLE  
905-642-1344 • www.thelion.ca

**\$12.00 per adult**

**8:00 AM to 1:00 PM**



## EVENTS



◀ Steve Silverman will be back to showcase his photography Oct. 15 and 16 during the Newmarket Studio Tour and Art Show.

Brea Bartholet/Metroland

## Pick of the Week: Studio tour

Take a walk on the artsy side during the upcoming 8th annual Newmarket Studio Tour & Art Show, hosted by the Newmarket Group of Artists.

The popular event will back on Oct. 15 from 10 a.m. to 5 p.m. and Oct. 16 from 11 a.m. to 5 p.m. and will be showcased throughout 13 different locations on or near the town's historic Main Street.

The walkable tour will feature 35 artists and two collectives, displayed in various studios, homes, outdoor venues and town sites. This year's tour will include a wonderful variety of pieces from contemporary drawings, to jewelry, ceramics, photography, paintings and more. Visitors will also be able to enjoy

and purchase juried original art on display.

The entire weekend of art-based fun will be free of charge. Come out with your entire family to experience what Newmarket's artists have to offer and, with Christmas just around the corner, it's the perfect time to start checking gifts off of your list.

To learn more about the artists or for specific event details, visit [www.newmarket-groupofartists.org](http://www.newmarket-groupofartists.org).

— Brea Bartholet

Pick of the Week features York Region and area entertainment, cultural and community events. Send your ideas to [newsroom@yrmg.com](mailto:newsroom@yrmg.com).



By Sam Potter

**IF YOU suffer from low back pain and sciatica, you are one of over 10 million adults in Canada with this often crippling spinal condition.**

Shooting, stabbing and burning pains from the low back, sometimes with additional pain through the buttocks and down the legs are all symptoms of pinched nerves often called "sciatica".

In severe cases, it can lead to muscle wasting, numbness and constant tingling down to the tip of the toes. Left untreated, the intense pain can rapidly wear you down and drain the joy out of life.

### That is, until now...

Recent advances in the treatment of sciatica and lower back pain have led to the development and huge success of Advanced Biostructural Correction Technique.

The excellent results of chiropractic treatment have been published in major medical journals. With great success rates. Some back surgeons and medical doctors are recommending their patients try this treatment first before having back surgery.

In Stouffville, you can try Advanced Bio-Structural Correction Spinal Care at the Elite Care Chiropractic – the office of low back pain and sciatica relief Chiropractor Zunaïd Kagdi D.C.

Zunaïd and his team of fully trained spinal care specialists have helped over 1,000 patients find relief from their agonising back pain and sciatica.

According to Zunaïd, "We use a combination of ultra-advanced technology, for precisely diagnosing the cause of your

## Special STOUFFVILLE ON THURSDAY Reader Offer

# Amazing relief for back pain and sciatica

low back pain and sciatica; and a unique programme for reconstructing the damaged area causing the pain; this means long-term results for most people."

Because the treatment is non-surgical, safe and easy, most patients report an almost immediate relief from their pain.

Patient Sean M. from Richmond Hill says, "My back pain was unbearable but the worst thing was the searing burning pain I felt in my buttock and leg.

I couldn't work or do anything useful and the drugs my MD prescribed hardly did anything.

My wife insisted I respond to one of these ads, I thought it would be a total waste of time, but I'm so glad she kept on at me.

Thank god I called your number, I'm 95% better in just a couple of weeks."

**Your invitation for a comprehensive consultation and examination to pinpoint the cause of your low back pain and sciatica...**

Stouffville on Thursday has teamed up with the spine therapy Chiropractor at Elite Care Chiropractic, to help readers find relief from their persistent back and sciatic pain.

All you have to do to receive a thorough diagnostic examination with the advanced technology and a comprehensive easy to understand report on your state of health is call 905-554-8444.

**Mention this article (CODE: LOW5444) and Zunaïd will happily reduce his usual consultation fee of \$167 to just \$27. But hurry, due to obvious reasons – this is a time limited offer.**

My advice, don't suffer a moment longer...

Find out if Non-Surgical Advanced Biostructural Correction can help you, book a consultation with Zunaïd and his team now by calling 905-554-8444, they are waiting to take your call today.

**They actually treat the cause of your health problem, not just your symptoms.**

**That's why hundreds of grateful patients tell them "Chiropractic gave me back my life!"**

Over the years, they've treated thousands of patients with back problems and sciatica. The vast majority of them have enjoyed superior, lasting relief. In fact, many who've suffered and have tried other remedies have told them they gave them back their lives!

**Call them now and get a full and thorough examination to pinpoint the cause of your problem for just \$27, the normal cost of such an exam is \$167 so you will save \$140!**

Don't suffer from the pain and immobility any longer. Discover the natural treatment that can eliminate the cause of your problem and give you the safe, lasting relief you deserve.

**Call them now at 905-554-8444 and cut out or tear off this valuable article now and take it to your appointment. You'll be entitled to a comprehensive examination to diagnose the cause of your problem – and you'll be on your way to safe, lasting relief! Don't delay your important diagnosis and treatment another moment!**

You can even call on the weekend and leave a message on their answer machine to secure your spot as they promise to return all calls; and during the week they are very busy, so if they don't pick up straight away do leave a message.



### Sciatica Relief Chiropractor Dr. Zunaïd Kagdi D.C., says:

In 12 years of practice, I've never seen a treatment as effective as Non-Surgical Advanced Bio-Structural Correction for patients with sciatica or lower back pain

**For obvious reasons they can't help everyone at this reduced price, so please call soon to secure your special opportunity.**

Call 905-554-8444 NOW and leave a message if it's the weekend or the line is busy - they promise they will get back to you as soon as they can. So call now on 905-554-8444 and quote this special discount code: LOW5444

ADVERTORIAL