

THE HEARTY ARTICHOKE

Integrity, Passion and Tenacity describe The Hearty Artichoke's reasons to get to the "Heart of the Matter". Symptoms are just symptoms ~ we get to the root of your health concern. "Ya But" has been with Suze since she was a little girl and never left her. Finding that puzzle piece is very important.

New and exciting changes are on their way. We will be offering monthly packages and free delivery within Stouffville to seniors plus a 10% discount for those over 60 on all supplements.

905.642.8643

6280 Main St., Stouffville

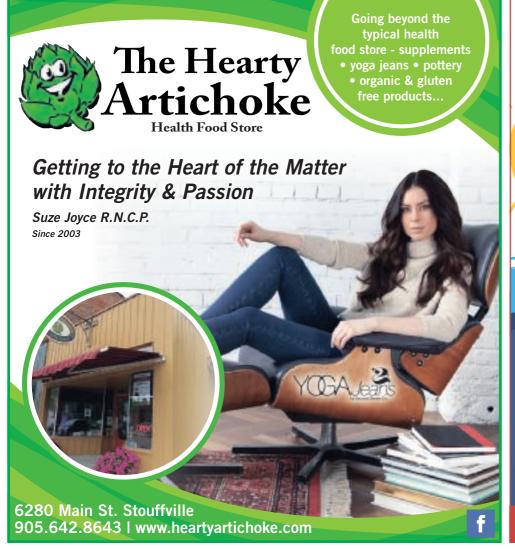
www.heartyartichoke.com

RINGWOOD HEATING AND AIR CONDITIONING

Hometown quality service

Ringwood Heating and Air Conditioning is a locally owned and operated HVAC company. We have been servicing customers in Stouffville, Markham and York egion for 25 years. We provide service, installation and maintenance of all gas and air conditioning equipment for your home and business. Our technicians are fully licensed and insured with the TSSA and WSIB. Our company carries full liability insurance. The company has built an excellent reputation, by providing honest and reliable service. We do not knock on doors to sell our products or use "high pressure" sales tactics. Our owner is the salesman, lead technician and does all final job inspections. That ensures our customers receive personal attention. We look forward to providing you with a free estimate.

Ringwood Heating and Air Conditioning Steve Ringwood-Owner Office: 905-472-6515 Cell: 416-988-2794 RingwoodHVAC@gmail.com





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