

Stouffville Sun-Tribune

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THURSDAY, APRIL 14, 2016 ■ SERVING THE COMMUNITY OF WHITCHURCH-STOUFFVILLE ■ 40 PAGES/YORKREGION.COM

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COMING UP



Artist's work lives on
New Kinkadee Gallery home
to popular late painter's art
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TOWN COUNCIL

'Mayoral training'
Town releases 2015 expenses
for Altmann, councillors
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SPORTS

Picking an NHL team
Squads lining up to sign
Spirit grad/NCAA champion
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SONGS OF CARE

STAFF PHOTO/STEVE SOMERVILLE
Jason Wilson and the Perennials, Greg Mashinter, George Sawa and Suzanne Meyers Sawa perform during the final number at the Stouffville Cares Benefit Concert for refugee sponsorship Saturday at Nineteen on the Park. See story and additional photograph on page 13.

Long-term care wait times under fire

BY LISA QUEEN
lqueen@yrmg.com

Sarah breaks down in tears as she describes the four hours a day she spends changing diapers, cooking, cleaning, shopping and providing other care for her 80-year-old ailing mother as they wait for a long-term care bed to open up.
"Terrible, terrible. It's terrible for her, too,

because she knows it's too much for me and it's too much for her," said Sarah, who doesn't want her or her mother's names published because she fears it will affect her mom's treatment in the system.
Her mother, Mary, receives home care about 10 hours a week, but it is far from enough for someone suffering from a number of health problems, including severe osteoarthritis, heart

disease, incontinence and significant pain.
While the elderly York Region woman's mind remains alert, she now has anxiety and mood swings as she tries to cope with her deteriorating health and watching her daughter struggle to care for her.
Mary had been on a waiting list for a long-

See **THERE**, page 17.

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