

# QUALITY FRESH PRODUCE

**3 DAY SALE!!! FRIDAY-SUNDAY**

**IT'S STRAWBERRY MANIA!!!**  
Fresh Sweet Strawberries

**\$2.99**  
1lb Tub  
**BUY FRESH FOR LESS**



**WOW!**

or Blueberries

**\$2.99**  
Pkg  
**BUY FRESH FOR LESS**



California Fresh Romaine Hearts

**2/\$5.00**  
**BUY FRESH FOR LESS**



"Fresh from the Island!"  
P.E.I. White Potatoes

**\$1.77**  
10lb Bag  
**BUY FRESH FOR LESS**



Fresh Organic Celery or Fennel (Anise)

**2/\$5.00**  
**BUY FRESH FOR LESS**



**MIX N' MATCH**

Ontario Fresh Seedless English Cucumbers

**2/\$3.00**  
**BUY FRESH FOR LESS**



Fresh Brussel Sprouts

**\$2.88**  
Per lb. 6.35/kg  
**BUY FRESH FOR LESS**



Fresh, Sweet Yams

**99¢**  
Per lb. 2.18/kg  
**BUY FRESH FOR LESS**



California Sweet Extra Large Seedless Oranges

**\$1.49**  
Per lb. 3.29/kg  
**BUY FRESH FOR LESS**



"Great for Soups!"  
Fresh, Bunched Leeks

**2/\$4.00**  
Bchs  
**BUY FRESH FOR LESS**



"Tasty Hass Variety!"  
Extra Large Size Avocados

**3/\$5.00**  
**BUY FRESH FOR LESS**



Fresh from Spain Blood Oranges

**\$4.99**  
6 Pack  
**BUY FRESH FOR LESS**



Fresh "Andy Boy" Rapini

**\$1.99**  
Bch  
**BUY FRESH FOR LESS**



Ontario Greenhouse Grown Tulips Assorted Colours

**\$3.99**  
6" Pot  
**SAVE \$2.00**



# SUPER SPECIAL!!

Beretta, Certified Organic, Frozen

Beef Leg Cutlets

**\$3.99**  
Pkg  
**LESS THAN 1/2 PRICE**

**CELEBRATING 86 YEARS**

100% Beef, Traditionally Raised Lean Ground Beef

**\$5.99**  
Per lb. 13.21/kg  
**SAVE \$3.00/LB**

Aged for 28 Days, Cut From Black Angus Beef Boneless Top Sirloin Grilling Medallions

**\$10.99**  
Per lb. 24.23/kg  
**SAVE \$5.00/LB**

**ORGANIC**



- Antibiotic Free
- Hormone Free
- Vegetable Grain Fed



- Superior Flavour
- Aged for maximum of 28 days for maximum tenderness
- Consistent Quality
- Carefully Selected



**The GARDEN BASKET FOOD**



**Fresh from our Garden**

**Prices in effect Thursday, February 18<sup>th</sup>, 2016**

100% Pork, Traditionally Raised Boneless Pork Sirloin Chops or Roasts

**\$3.99**  
Per lb. 8.80/kg  
**SAVE \$2.50/LB**



- Antibiotic Free
- Hormone Free
- Vegetable Grain Fed

# THE BUTCHER

100% Pork, Traditionally Raised Pork Leg Cutlets

**\$5.99**  
Per lb. 13.21/kg  
**SAVE \$3.00/LB**

Ocean Prime, 26/30 Extra Large Raw Easy Peel Shrimp

**\$8.99**  
454g Bag  
**SAVE \$5.00**



- Antibiotic Free
- Hormone Free
- Vegetable Grain Fed



# FROM OUR DELICATESSEN

Artisan Oven Roasted or Schneiders Fat Free Chicken Breast

**\$1.99**  
Per 100g



Balderson 2 Year Old Cheddar

**\$5.99**  
280g  
**SAVE \$3.00**



Black Forest Ham

**\$1.29**  
Per 100g



Product of Italy Igor Gorgonzola Cheese

**\$2.69**  
Per 100g



In Store Made Pulled Pork

**\$1.69**  
Per 100g  
**SAVE \$3.00/KG**

