

QUALITY FRESH PRODUCE

California Sweet Seedless Oranges

\$2.99
3lb Bag

BUY FRESH FOR LESS



Dole or Del Monte Bananas

57¢
Per lb 1.26/kg

BUY FRESH FOR LESS



Fresh n' Juicy Ruby Red Grapefruit

\$2.99
Bag

BUY FRESH FOR LESS



"Tasty Hass Variety!" Extra Large Size Avocados

3/\$5.00

BUY FRESH FOR LESS



Tree Ripened Italian Abate Pears

\$1.49
Per lb 3.29/kg

BUY FRESH FOR LESS



"Fresh From The Island!" P.E.I. Baking Potatoes

99¢
Per lb 2.18/kg

BUY FRESH FOR LESS



Fresh Cold Pressed, Great Tasting 100% Pure Pomegranate Juice

\$12.99
1L

1/2 PRICE

WOW!



Fresh "Andy Boy" Rapini or Anise (Fennel)

\$2.99
Bunch

BUY FRESH FOR LESS



Sweet n' Juicy Mangoes

3/\$5.00

BUY FRESH FOR LESS



Fresh Organic Spaghetti Squash

99¢
Per lb 2.18/kg

BUY FRESH FOR LESS

ORGANIC

WOW!



IN OUR BULK FOOD DEPARTMENT

White Quinoa Grain (Random Weight Packed)

\$5.99
Per lb 13.21/kg

SAVE \$4.00/LB



Fresh Okra (Random Weight Packed)

\$2.99
Per lb 6.59/kg

BUY FRESH FOR LESS



Potted Tulips, Daffodils or Hyacinths 6" Fancy Pot Cover

2/\$10.00
Pots

BUY FRESH FOR LESS

MIX N' MATCH



SUPER SPECIAL!!

New Zealand, Frozen Seasoned Lamb Loin Chops

WOW!

\$9.99
Huge 1kg Bag

1/2 PRICE



The GARDEN BASKET FOODS

CELEBRATING 86 YEARS

Fresh from our Garden
Prices in effect Saturday, January 2nd

Aged for 21 Days, Cut From Black Angus Beef Boneless Rump Oven Roasts



- Superior Flavour
- Aged for maximum of 21 days for maximum tenderness
- Consistent Quality
- Carefully Selected

AGED FOR 21 DAYS

\$4.99
Per lb 11.00/kg

SAVE \$3.00/LB



100% Pork, Traditionally Raised Boneless Centre Cut Pork Loin Roasts or Chops



- Antibiotic Free
- Hormone Free
- Vegetable Grain Fed

\$3.99
Per lb 8.80/kg

LESS THAN 1/2 PRICE



THE BUTCHER

100% Beef, Traditionally Raised Beef Leg Cutlets



- Antibiotic Free
- Hormone Free
- Vegetable Grain Fed

\$8.99
Per lb 19.82/kg

SAVE \$4.00/LB



100% Pork, Traditionally Raised Pork Cutlets



- Antibiotic Free
- Hormone Free
- Vegetable Grain Fed

\$5.99
Per lb 13.21/kg

SAVE \$3.00/LB



Yorkshire Valley Organic Chicken Nuggets



\$7.99
454g

SAVE \$2.00



FROM OUR DELICATESSEN

Schneiders Old Fashion Ham

\$1.49
Per 100g



Cappola Hot Capocollo

\$1.49
Per 100g



Schneiders Oktoberfest Grill'ems

\$2.49
375g



Deli Gourmet Oven Roasted Turkey

\$2.19
Per 100g



Sunflower Kitchen Fresh Vegan Soups

\$5.99
956ml

SAVE \$1.00



GOURMET