

Fall YOGA & PILATES

REGISTER NOW!

- Yoga + chair yoga
- Pilates mat, Reformer, Tower
- Total Barre
- Nutrition, personal training, therapy



Balanced Life Solutions

Classes begin
SEPTEMBER 8

Register Today!

**BALANCED
LIFE SOLUTIONS**

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**STOUFFVILLE'S NEWEST
AND MOST EXCITING
DANCE STUDIO!**

Where artistry and athleticism
make an **IMPACT!**

CLASSES OFFERED IN: Jazz, Ballet, Acro, Tap, Hip Hop, Lyrical, Contemporary, Musical Theatre, Pointe and Conditioning

10 Commercial St., Stouffville, ON L4A 1G8 ~ (905) 391-8095
Visit our website or email Sonia for more info:

SONIA DURANTE

Owner/Director

B.F.A (Honours Specialized Dance),

B.Ed, ADAPT, Acrobatics Arts, A.B.A.T.D., P.A.A., O.C.T.

www.impactdancecompany.ca ~ info@impactdancecompany.ca

**** LIMITED SPACES AVAILABLE ****
REGISTER TODAY TO RESERVE YOUR SPOT
FOR FALL CLASSES!



YORK ADULT SOCCER LEAGUE WINTER 2015/16

- Monday – Men's Open
- Tuesday – Men's 35+
- Thursday – Women's Open
- 23 regular season games + 1 playoff game
- Open Drop In on Thursdays and 45+ Drop In on Fridays

All inquiries to:
thomas.douma@townofws.ca
or 905-640-1910
ext: 2929

\$2,075
per team

THE STOUFFVILLE ULTIMATE CLUB IS ACCEPTING REGISTRATION FOR SUNDAY EVENING LEAGUE PLAY

Games begin October
17th to December 20th
between the hours of
6pm – 9pm

\$95
(tax in!)
per player

For information contact Thomas Douma
thomas.douma@townofws.ca
or 905-640-1910 ext. 2929

STOUFFVILLE SKATING CLUB

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can bring out their best



Canada's best learn-to-skate program
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