Fall YOGA & PILATES

REGISTER NOW!

- Yoga + chair yoga
- · Pilates mat, Reformer, Tower
- · Total Barre
- · Nutrition, personal training, therapy



Classes begin **SEPTEMBER 8**

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YORK ADULT SOCCER LEAGUE WINTER 2015/16

- Monday Men's Open
- Tuesday Men's 35+
- Thursday Women's Open
- 23 regular season games + 1 playoff game
- Open Drop In on Thursdays and 45+ Drop In on Fridays

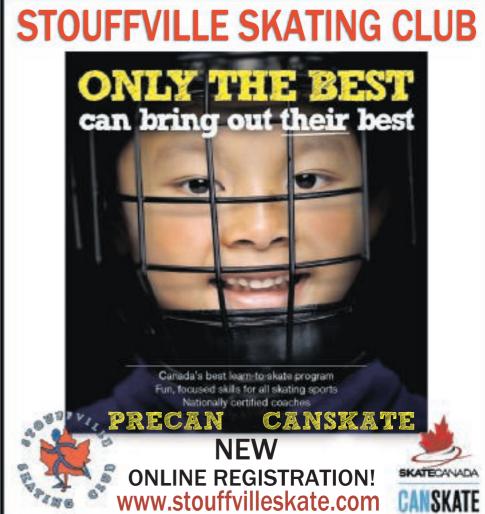
All inquiries to: thomas.douma@townofws.ca or 905-640-1910 ext: 2929

THE STOUFFVILLE **ULTIMATE CLUB** IS ACCEPTING REGISTRATION FOR **SUNDAY EVENING LEAGUE PLAY**

Games begin October 17th to December 20th between the hours of 6pm - 9pm

(tax in!) per player

For information contact Thomas Douma thomas.douma@townofws.ca or 905-640-1910 ext. 2929



Clippers Arena 120Weldon Ave, Stouffville 905 642-8651