

QUALITY FRESH PRODUCE

Fresh n' Crisp Romaine Hearts



2/\$5.00
Bags of 3
BUY FRESH FOR LESS

Ontario Fresh Green Beans



\$1.99
Per lb. 4.39/kg
BUY FRESH FOR LESS

Ontario Fresh Sweet Red Peppers



\$2.99
Per lb. 6.59/kg
BUY FRESH FOR LESS

Sweet n' Juicy Large Seedless Watermelons



\$5.99
Each
BUY FRESH FOR LESS

Ontario Fresh Jumbo Size Cauliflower



2/\$5.00
BUY FRESH FOR LESS

Ontario Super Sweet Peaches n' Cream Corn



6/\$2.99
BUY FRESH FOR LESS
PICK YOUR OWN

Ontario Fresh Fancy or Grilling Yellow or Green Zucchini



99¢
Per lb. 2.18/kg
BUY FRESH FOR LESS

Ontario Fresh New White Potatoes



99¢
Per lb. 2.18/kg
BUY FRESH FOR LESS

Fresh Sweet Organic Red Delicious Apples



\$6.99
3lb Bag
BUY FRESH FOR LESS

Ontario Fresh, Sweet Baby Marrow



99¢
Per lb. 2.18/kg
BUY FRESH FOR LESS

Fresh Assorted Herbs



ONLY \$1.99
ALWAYS ON SPECIAL

Ontario Fresh Cut Sunflowers



\$5.99
Bch
BUY FRESH FOR LESS

GARDEN CENTRE

Organix Top Soil 25L Bag



6/\$10.00
Bags
EASY CARRY BAG!

SUPER SPECIAL!!

100% Fish, Wild Caught Fresh Canadian Sockeye Salmon Fillets



- Sustainable
- Never Farm Raised
- Caught In North American Waters

\$9.99
Per lb. 22.02/kg



SAVE \$8.00/LB

CELEBRATING 86 YEARS



The GARDEN BASKET FOOD



Fresh from our Garden

Prices in effect Thursday, July 30th

100% Pork, Traditionally Raised Family Pack Pork Back Rib



- Antibiotic Free
- Hormone Free
- Vegetable Grain Fed

\$5.99
Per lb. 13.21/kg

SAVE \$4.00/LB



Aged for 21 Days, Cut From Black Angus Beef Family Pack T-Bone Grilling Steaks



- Superior Flavour
- Aged for maximum of 21 days for maximum tenderness
- Consistent Quality
- Carefully Selected

\$9.99
Per lb. 22.02/kg

SAVE \$7.00/LB



THE BUTCHER

Fresh Boneless Chicken Thighs



\$4.99
Per lb. 11.00/kg

SAVE \$1.50/LB

100% Beef, Traditionally Raised Boneless Rump Oven Roasts



- Antibiotic Free
- Vegetable Grain Fed
- Hormone Free

\$6.99
Per lb. 15.41/kg

SAVE \$4.00/LB

100% Pork, Traditionally Raised Pork Leg Cutlets



- Antibiotic Free
- Vegetable Grain Fed
- Hormone Free

\$4.99
Per lb. 11.00/kg

SAVE \$3.00/LB

FROM OUR DELICATESSEN

Anco Havarti Cheese Regular, Jalapeno or Herbs



\$1.29
100g

Rea Cacciatore Sausage Hot or Mild



\$4.99
2 Pk

Schneiders Grill'em's Chicken Sausages



\$3.99
300g

SAVE \$2.00

Rea Hot Calabrese or Sopressata



\$2.49
100g

Saladland Cold Salads Potato, Macaroni or Coleslaw



\$1.99
500g Tub

SAVE 50¢

GOURMET