

# QUALITY FRESH PRODUCE

**4 DAY SALE!!! THURSDAY - SUNDAY**

Super Sweet  
Montana Red Cherries

**\$2.99**  
Per lb. 6.59/kg  
**BUY FRESH FOR LESS**



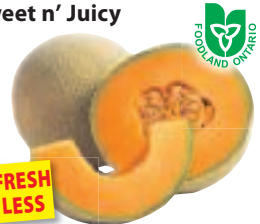
"Fresh From The Tropics!"  
Bananas

**57¢**  
Per lb. 1.26/kg  
**BUY FRESH FOR LESS**



Ontario Fresh Sweet n' Juicy  
Cantaloupes

**2/\$3.00**  
**BUY FRESH FOR LESS**



South African Fresh  
Seedless  
Cara Cara Oranges

**\$1.49**  
Per lb. 3.29/kg  
**BUY FRESH FOR LESS**



Sweet n' Juicy  
Premium Extra  
Large Peaches

**\$1.99**  
Per lb. 4.39/kg  
**BUY FRESH FOR LESS**



Tender Fresh, Andy Boy  
Rapini

**\$1.99**  
Bch  
**BUY FRESH FOR LESS**



Ontario Fresh  
Jumbo Size  
Cauliflower

**2/\$5.00**  
**BUY FRESH FOR LESS**



Exclusive to the Garden Basket  
Canadian  
Romaleaf Lettuce

**2/\$3.00**  
**BUY FRESH FOR LESS**



California Fresh  
Sweet n' Juicy  
Organic Plums  
Red, Yellow or Black

**\$2.99**  
Per lb. 6.59/kg  
**BUY FRESH FOR LESS**



Sweet  
Organic Seedless  
Red Grapes

**\$3.49**  
Per lb. 7.69/kg  
**BUY FRESH FOR LESS**



Sweet n' Juicy  
Jumbo Size  
Stringless Mangoes

**2/\$4.00**  
**BUY FRESH FOR LESS**



Ontario Fresh Cut  
Sunflowers

**\$5.99**  
Bch  
**BUY FRESH FOR LESS**



Organix  
Garden Soil  
30L Bag

**4/\$10.00**  
Bags  
**EASY CARRY BAG**



# SUPER SPECIAL!!

Beretta Farms,  
Certified Organic  
Frozen Strip Loin  
Grilling Steaks

**\$6.77**  
6-7oz Steaks  
**SAVE OVER \$5.00**



The  
**GARDEN BASKET**  
FOOD



CELEBRATING  
**86**  
YEARS

**Fresh from our Garden**

Prices in effect Thursday, July 23rd

Product of Australia,  
Frozen  
Lamb Loin  
Chops

**\$6.77**  
Per lb. 14.93/kg  
**SAVE \$5.00/LB**



100% Chicken,  
Traditionally Raised  
Family Pack  
Boneless  
Chicken Breast

**\$6.99**  
Per lb. 15.41/kg  
**SAVE \$3.00/LB**



- Hormone Free
- Antibiotic Free
- Vegetable Grain Fed
- Air Chilled

# THE BUTCHER

In Store Made  
Pork Sausages

- Preservative Free
- Gluten Free
- Nitrate Free
- No Water Added
- Made With Only Fresh Pork
- Made On The Premises

**\$4.99**  
Per lb. 11.00/kg  
**SAVE \$1.00/LB**



100% Lamb, Traditionally Raised  
Ground Lamb

- Hormone Free
- Antibiotic Free
- 100% Grass Fed

**\$4.99**  
Per lb. 11.00/kg  
**SAVE \$3.00/LB**



100% Pork, Traditionally Raised  
Lean Ground Pork

- Antibiotic Free
- Vegetable Grain Fed
- Hormone Free

**\$2.49**  
Per lb. 5.49/kg  
**LESS THAN 1/2 PRICE**



# FROM OUR DELICATESSEN

Galbani  
Fresh  
Mozzarella

**\$2.49**  
Each  
**1/2 PRICE**



Belle Marie  
Double Cream  
Brie

**\$4.99**  
300g



Natural Selections  
Baked  
Ham

**\$1.49**  
Per 100g



Schneiders  
Fat Free Chicken or  
Cedervale  
Smoked  
Turkey Breast

**\$1.99**  
Per 100g



In Store Made Several Times Daily  
Family Size  
Macaroni & Cheese

**\$11.99**  
Huge 5 Lb Tray  
**SAVE \$8.00**



# GOURMET