

THE AMBASSADORS
Philippa Lindbergh, Massey at Ottawa on July 2nd.

A REPERTOIRE OF LETTUCE SALADS

No salad vegetable lends itself so accommodatingly to a variety of treatments as lettuce. And no dish seems so ignominious, after the first thrill of eating the tender green leaves from one's own garden has passed, as a watery, wilted lettuce salad, which is often served day after day with an insipid dressing of oil and vinegar.

Nothing can surpass a really well-made lettuce salad, but to achieve this there are several details that must be observed. Gather the lettuce early in the morning, wash it thoroughly, dry the leaves carefully, wrap in a square of clean cheesecloth and place on the ice until the moment of serving arrives; then dress it just before sending to the table.

Here is a whole repertoire of suggestions and recipes from which to choose:

Simple Dressings

A famous French chef says that cream dressing is particularly adapted to early-season lettuce. This dressing is made of three parts of very fresh and not very thick cream to one part of vinegar. He also recommends egg dressings prepared from crushed, hard-boiled yolks of eggs, mixed with oil, vinegar, salt and pepper—three parts of oil to one of vinegar. The whites of the eggs are cut into thin strips and added to the salad.

Mustard dressing is sometimes used with early lettuce. It is made of a small tablespoonful of mustard, mixed with a third of a pint of fresh thin cream, the juice of a fair-size lemon, salt and pepper.

Russian Dressing

To two rounding tablespoonfuls each of mayonnaise and whipped cream, add one hard-boiled egg finely chopped, two teaspoonfuls each of finely minced chives, parsley, pimientos and beets; one tablespoonful of powdered sugar, a half teaspoonful of salt, four tablespoonfuls of chili sauce and two of vinegar. Mix thoroughly and chill well before serving.

Lettuce With Fried Cheese

Dress crisp lettuce with French dressing and serve with fried cheese prepared as follows:

Beat the whites of two eggs to a stiff froth, stir in two ounces of grated sharp Canadian cheese, and season with salt and Cayenne pepper.

Shape into small balls, roll in flour, place in a frying basket and fry to a golden brown in deep fat.

California Lettuce Salad

Arrange hearts of lettuce on each salad plate and cover them with chopped pecorino cheese, using a little of the syrup. Add a few broken walnut meats and pour over all a French dressing highly seasoned with paprika. Garnish with salted whipped cream.

Lettuce Supreme

Cut hearts of lettuce in half, dress with French dressing to which a dash of garlic has been added, and serve with cheese balls prepared as follows: Mash a large cream cheese, moisten with cream until the desired consistency is obtained, season with finely chopped olives and a little anchovy or other fish paste, paprika and salt to taste. Put a couple of the cheese balls on each plate and serve with toasted water biscuits.

Spring Salad

Combine crisp lettuce leaves with sliced young spring onions, using the green tops, and thinly sliced radishes. Dress with a simple dressing of lemon juice, salt and pepper and serve with sandwiches of nut bread and sweet butter.

Boston Salad

Sprinkle large, perfect lettuce leaves with finely chopped pickled beets and serve with a dressing made from a small dessert spoonful of prepared English mustard, salt and pepper to taste, the juice of one lemon, and a third of a pint of whipped sweet cream. Mix the dry ingredients, add the lemon juice and beat the whipped cream into this mixture with an egg beater.

Lettuce Accessories

It is a good plan to have on hand—ready for emergency use—a number of salad accessories such as hard-boiled eggs, a jar of pickled beets, and peppers free from seeds, stuffed with cream cheese and put directly on the ice in a towel, so that they may be ready to slice and serve as a delightful accompaniment to lettuce.

During the season, when the garden yields a variety of vegetables, little rounds of cold boiled new potatoes, asparagus tips, Lima and fine green string beans, peas and cauliflower flowerets which have been left over from previous meals may be combined with a favorite dressing and the portions extended with a generous addition of lettuce.

No Wonder "Slim" Got Tired

Lindbergh was escorted to the place reserved for him, while the great crowd came to its feet with a roaring welcome that lasted for two months—Washington dispatch in the Houston Chronicle.

CANADIAN NATIONAL RAILWAYS

SPECIAL ISSUE OF JULY 15, 1927

PASS COLONEL CHARLES A. LINDBERGH

OVER ALL LINES IN CANADA

DURING LIFE

L. W. Hamilton
PRESIDENT

LINDY CAN RIDE FREE

Miss Edna Edwards, daughter of Gordon Edwards, M.P., Ottawa, presented Col. Lindbergh with a solid gold life-pass over all lines of the C.N.R. as he alighted from the "Spirit of St. Louis" at Ottawa.



Deep Waterway

The romance river moves majestically through her domain of conquered wilderness. Unhurried, calm, like some slow-shifting sea—On her deep bosom only wild birds rest.

Valleys and mountains, fields of green and brown, Reel past reflected, here and there a town Or dusty road comes close for company.

Spring finds her waiting like a looking-glass To claim the pale-green Beauty for her own. To her when lonely Autumn sees her pass Bright gold and scarlet messengers are blown.

Unchanged and ever changeless, primal, free, Untouched by history or passing years,

How shall we sell her into slavery—To swell her waters with a nation's tears?

Keeping Cool With Cal.

While anxious to get started, the President has had little time over the week-end to give thought to the trip. Playing host to Col. Charles A. Lindbergh has proved a busy and engaging proposition for him.—New York Times.

Always? Not This Year

The figure 5852 is a mysterious one. For instance, add the following:
Year of your birth
Your age
Year of your marriage
Number of years married
Result 3,852
Always!—Durham (N.C.) paper.

Did He Spell It?

The swimmer was before Magistrate Lawrence T. Gresser, charged with driving an automobile at thirty-five miles an hour. Miss Ederle pleaded guilty, and Magistrate Gresser said: "I will suspend sentence for you because of your big feet."
Miss Ederle smiled, thanked the court and went out.—Baltimore Sun.

Brother's Blessing?

MOTHER'S PLACE, DAUGHTER'S PIES, POP ON ICE.
—Sign on a store in Hancock (Ind.), as copied by one of our volunteer scouts.

Peace in the Balkans

Belgrade Samouprava — The result of the general election in Bulgaria should have no effect on the orientation of our neighbor's foreign policy. We must hope that the action so fortunately undertaken during the last few months with the object of bringing the two countries together will be continued in the future and that the foreign policy of Sofia will be in accordance with Balkan solidarity. This does not mean, however, that the interests of the Bulgarian nation need be neglected. On the contrary, a wise policy should be able to do much towards the achievement of Balkan solidarity.

Virginian-Pilot: In their climb to fame, few, except aviators, find it only one flight up.



Sunday School Lesson

July 24—David and Goliath, 1 Sam. Chapter 17. Golden Text—The Lord is the strength of my life; of whom shall I be afraid?—Psalm 27:1.

ANALYSIS.

- I. THE PHILISTINE INVASION, 1-11.
- II. DAVID'S VISIT TO THE ISRAELITE ARMY, 12-30.
- III. THE FIGHT WITH GOLIATH, 31-58.

INTRODUCTION—A story is told in ch. 17 of David's introduction to Saul. It seems that, after the breaking off of friendly relations between him and Samuel, Saul was much disturbed in his mind. His former sense of the presence of God's spirit left him, and it is said, "an evil spirit from the Lord troubled him," 16:14. His servants sought "a cunning player on the harp," whose music might charm away the evil spirit and soothe his troubled mind. David was found and brought to the king, and played before him. "So Saul was refreshed, and was well, and the evil spirit departed from him."

The Philistines were a restless and ambitious people. At this time they seem to have determined upon the conquest of Israel, and they persisted in their attacks throughout the whole of the reign of Saul. Now, their army was assembled at Shocoh, on the southern side of the valley of Elah, about sixteen miles south-west of Jerusalem, and the Israelite army arrayed itself on the northern side of the same valley.

Goliath of Gath, the Philistine champion, is described as a very big man. Six cubits and a span would be about nine feet. The cubit was the length of the forearm, from the elbow to the tip of the middle finger, and the span was the distance covered by the outspread hand from thumb to little finger. The weight of his coat of mail, "five thousand shekels of brass," or bronze, is variously calculated as from 160 to 200 pounds. It was made of overlapping plates of metal and reached downward nearly to the knees. The word "target" should be translated "javelin," as in the Revised Version. The iron spear-head weighed twenty pounds or more.

It is remarkable that verses 12-31 and 55-58 are omitted from the Septuagint, the ancient Greek translation of the Old Testament. Without these verses the story is continuous and in entire harmony with that of ch. 16. David, as Saul's armor-bearer (16:21), accompanies him to the battle and offers to fight Goliath. The Septuagint may, quite possibly, have the story in its original form, and the omitted passages may have been added to the Hebrew text from some other ancient source. The editorial writer, who has put these stories about David in their present form, endeavors to explain in verse 15 how it is that David is both in attendance upon Saul and keeping his father's sheep. But this does not explain how it is that, in verses 55 to 58, he is represented as quite unknown to Saul and to Abner. With fuller knowledge

of all the facts, no doubt, these difficulties would be all cleared away.

III. THE FIGHT WITH GOLIATH, 31-58.

Verse 34 should be rendered, as in Moffatt's translation, "Your servant used to keep sheep for his father, and when a lion or even a bear came and seized a sheep from the flock, I would be after him, I would strike him, and rescue it from his mouth." He had done this not only once but several, perhaps many, times. He now brings to this conflict both his shepherd's experience in defence of the flock and the courage of an assured faith that the cause is Jehovah's who is the Lord of hosts, the God of the armies of Israel," (v. 45).

The fact that "Saul armed David with his armor" proves that David was no mere stripling, but a full-grown man. He is not, however, accustomed to wearing armor, and he would have needed time to "prove" it, that is, to accustom himself to the wearing of it. He chooses rather to go with his shepherd's equipment, his staff, his shepherd's bag, or scrip, his sling, and "five smooth stones out of the brook." No wonder the giant, armed with sword and spear and shield, was angry and contemptuous when he saw the youth who thus came against him. David did not boast but put his trust in God. For, he said, "The Lord saveth not with sword and spear."

To the Philistine army the amazing result of the duel seemed a portent of the wrath of God, and they fled before the onset of the Israelites, even to the gates of the city of Ekron.

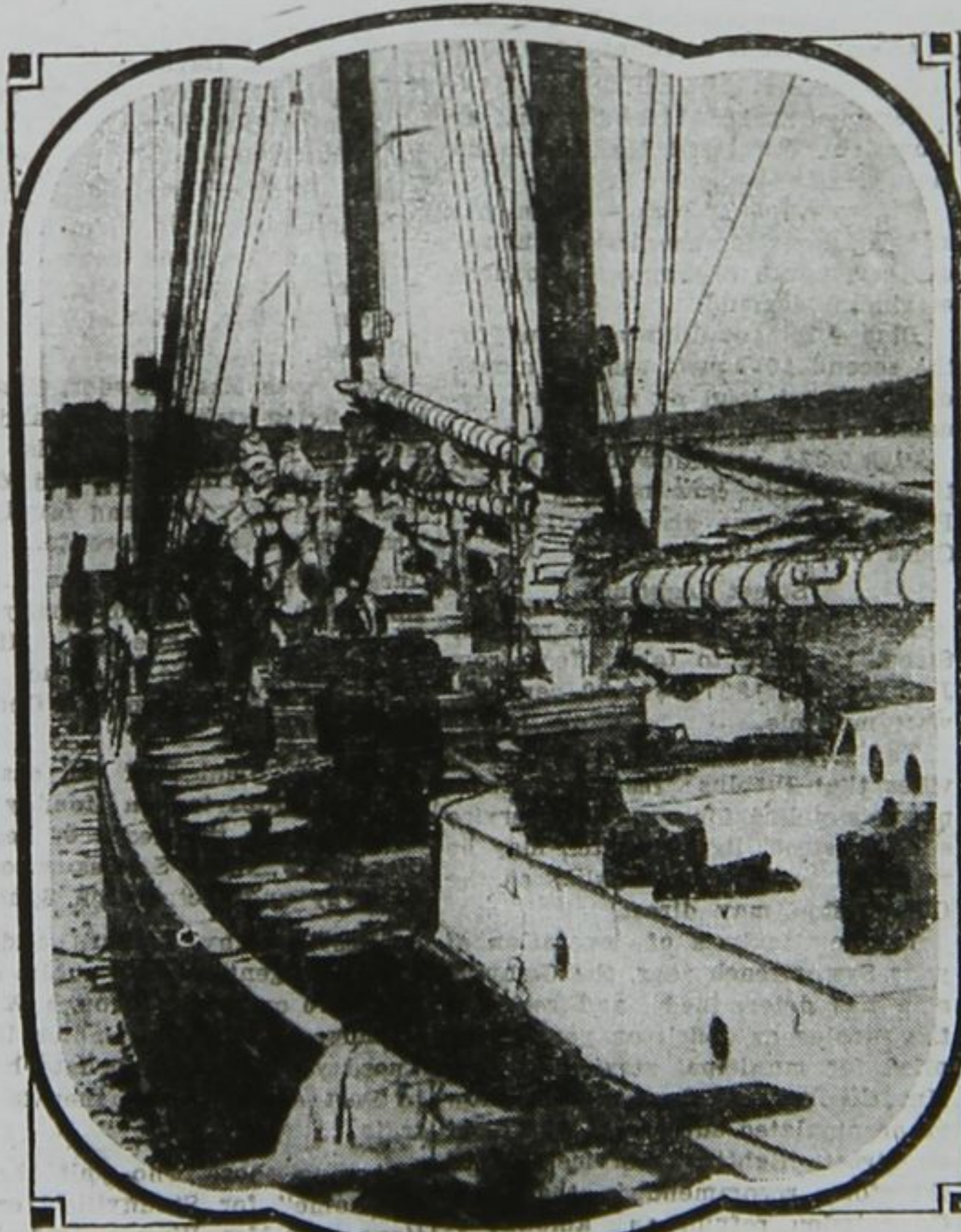
Abner, Saul's chief captain, was his cousin, son of his father's brother, ch. 14:50-51. He played a large part in the subsequent history. The puzzling features of the story in verses 55-58 have already been referred to. That there was at least one other account of the killing of Goliath is evident from the statement made in 2 Samuel 21:19.

Not of This Generation

"Hailed as a representative of modern youth, Colonel Lindbergh is actually a living challenge and rebuke to our bumptious and over-praised younger generation," declares an editorial in the July issue of "Patches." "Lindbergh," continues the editorial, "has captivated a world which was beginning to find the pretentiousness of modern youth rather a bore. The young Colonel's total abstinence extends far beyond liquor. He does not smoke; he does not swear; he does not gamble; he does not dance; he does not seek diversion in anything more frivolous than flying. In a word this idol of a delirious populace is a model of all the copy-book virtues, a pattern of those unfashionable attributes which our cynical young people disdain as Victorianism."

Exchange With Germany

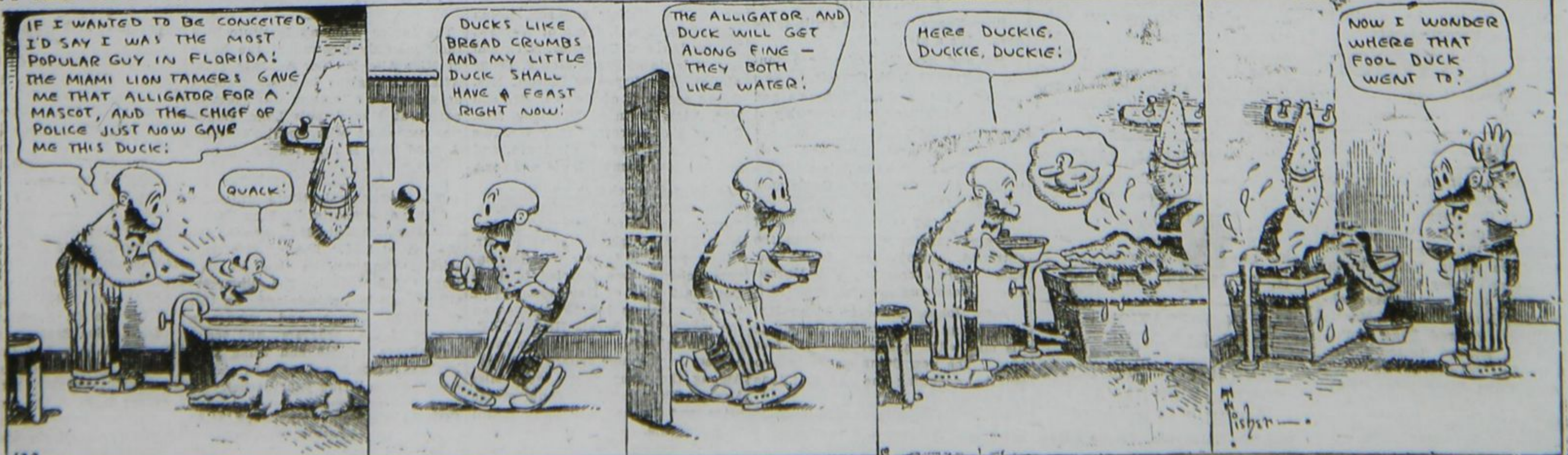
Springfield Republican: Three women are among the 20 American winners of fellowships in German universities who were chosen from 166 applications. The universities provide tuition, board and lodging and in return fellowships are provided in this country for German students. This educational hospitality, managed by the German-American student exchange, should do much to promote mutual goodwill and understanding.



MACMILLAN OFF FOR THE ARCTIC

The loaded deck of the schooner Radio when it was being stocked to take Commander Donald B. MacMillan and ten scientists on their five-year expedition into the Arctic.

MUTT AND JEFF—By Bud Fisher.



Augugator Not Only Likes Water, But it Also Likes Tender Ducks