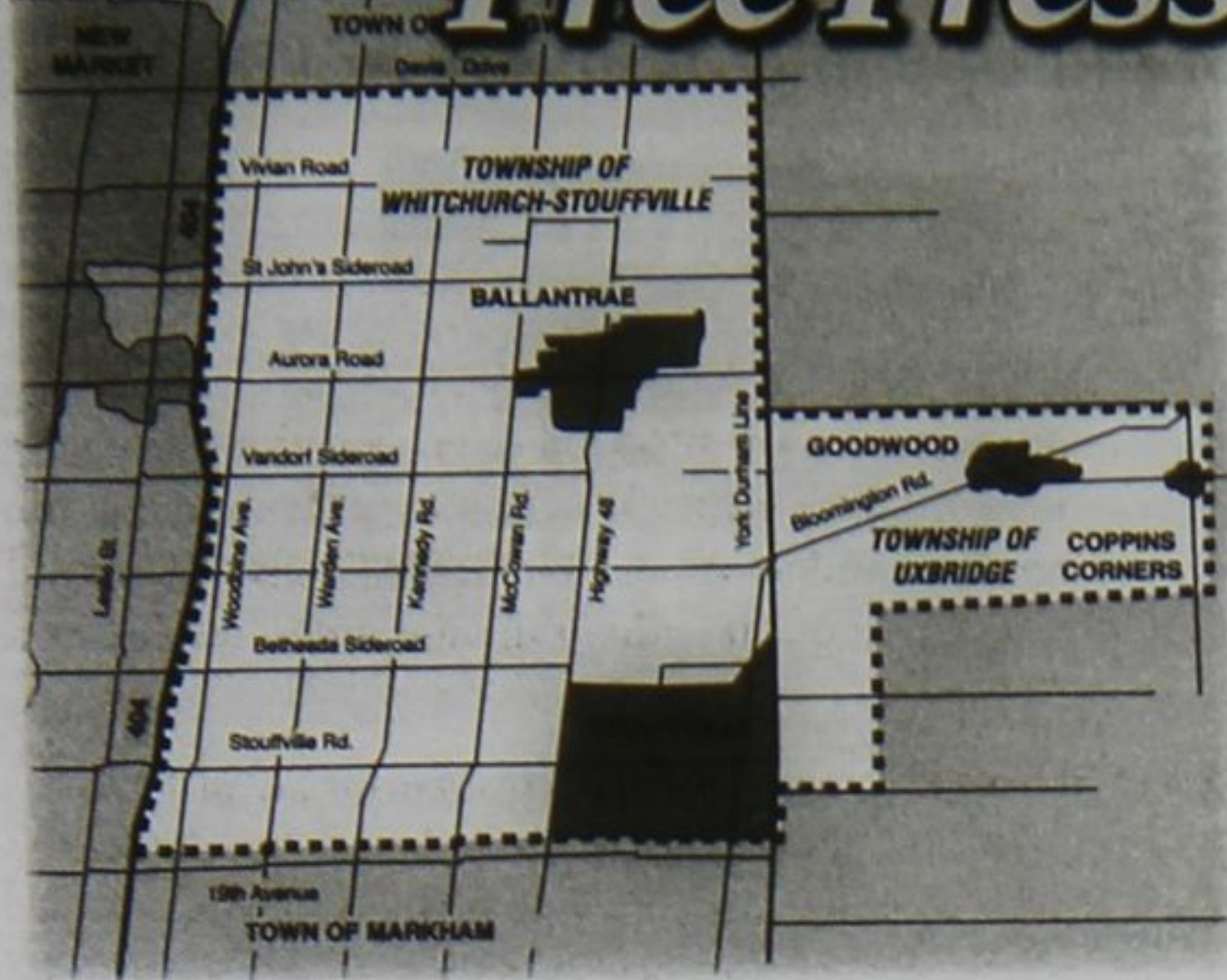


Whitchurch-Stouffville's Independent Community Owned Newspaper

Stouffville Free Press



The Stouffville Free Press is published monthly by the **Stouffville FREE PRESS Inc.** and delivered by Canada Post to each house in Whitchurch-Stouffville and Goodwood. The press run is 12,000

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UP AND COMING

The Stouffville Free Press welcomes community event listings from non-profit groups and organizations. Please send a brief synopsis of upcoming events by email to withwrinkles@hotmail.com or drop off at 6111 Main Street.

Free Opinion - From Famine To Feast

With the first season of performances under way at the Lebovic Centre for Arts and Entertainment-Nineteen on the Park, fans of theatre, dance, music, comedy and film no longer have to leave home to celebrate and enjoy the arts.

Securing cultural funding is always an uphill struggle. Sadly the arts are often regarded as elitist and unnecessary, particularly in recessionary times, while their potential for attracting people to the community and making it a more desirable place to live, tends to be overlooked. Arts funding is a long-term investment, which brings in more property tax dollars, more visitors and as a result, more potential consumers of local services.

A case in point is the Latcham Gallery, a public facility which has showcased beautiful, challenging and thought-provoking art for the past

30 years. Not only has it introduced some of Canada's finest up-and-coming artists to the community, but it has also resulted in a much livelier local visual arts scene.

That fact was evident the weekend of the ninth annual Studio Tour and Sale, which attracted hundreds of residents and out-of-towners, who were treated to a diverse selection of works from stained glass and pottery to jewellery and paintings in a wide variety of media. Art has the ability to captivate young and old, connoisseur and amateur alike. In the words of Stella Adler, "Life beats down and crushes the soul and art reminds you that you have one."

For the fifth year in a row, Whitchurch-Stouffville has been named one of Ontario's Top Ten Investment Towns by the Real Estate Investment Network. The community was selected

for its strong housing market, new job creation and commitment to economic success.

From being predominantly a bedroom community, from which many residents commuted to jobs in the Greater Toronto Area, Stouffville is now generating local employment by attracting a variety of key players including knowledge-based industries, environmental and agricultural industries, and the not-for-profit sector. Kudos to the town for attracting these businesses and providing new job opportunities for residents.

And for those who still travel to jobs in the city, expanded GO Transit service offers an increasingly viable and more relaxing option for harried commuters. All we need to complete the picture is a crosswalk on Main St. at the GO station.

Free Laughs - Losing It

The cardiologist's diet: If it tastes good, spit it out.
Anon

If nature had intended our skeletons to be visible it would have put them on the outside of our bodies.
Elmer Rice

I never worry about diets. The only carrots that interest me are the number you get in a diamond.
Mae West

If I had been around when Rubens was painting, I would have been revered as a fabulous model. Kate Moss? Well, she would have been the paintbrush.
Dawn French

No diet will remove all the fat from your body because the brain is entirely fat. Without a brain, you might look good, but all you could do is run for public office.
George Bernard Shaw

The first thing you lose on a diet is your sense of humour.
Anon

She looked as if she had been poured into her clothes and had forgotten to say 'when.'
P.G. Wodehouse

So I think it is very nice for ladies to be lithe and lissome/But not so much that you cut yourself if you happen to embrace or kiss 'em.
Ogden Nash

I yearn to be like one of those women you see photographed on yoga pamphlets, on the tip of a jetty: Dazzling white Lycra; lotus position; face and palms upturned to the sun, who look so serene and unpolluted that, I suspect, should you cut them they will bleed Evian.
Deborah Ross

My dream was to have wedding reception in a marquee, not to be wearing a marquee.
Mandy Ruffles, UK slimmer of the year, 2001

My only encounter with exercise is when I once jogged to the ashtray.
Will Self

The only exercise I take is walking behind the coffins of friends who took exercise.
Peter O'Toole

Exercise is the yuppie version of bulimia.
Barbara Ehrenreich

Floating in his pool, he was just the reverse of an iceberg - 90 per cent of him was visible.
Peter Ustinov

American consumers have no problem with carcinogens, but they will not purchase any product, including floor wax, that has fat in it.
Dave Barry

The journey of a thousand pounds begins with a single burger.
Chris O'Brien

Let me put it this way. According to my girth, I should be a 90 foot redwood.
Erma Bombeck

Free Thoughts

I'd reprimand you for that hat, Smithers, if you hadn't saved my bacon in '43.

Glad you remembered!



Readers Write - A Unique, Caring Community

To Kinjal Dagli-Shah:
I read your article in September's Stouffville Free Press, and as many readers have indicated, it is a very welcome addition to the newspaper. I am certain many readers - both new and established Canadians - will enjoy reading your articles.

Although my family has been in Canada for just over 30 years, my wife and I have been in Stouffville for almost three years. Stouffville is

unlike any town I have visited in Ontario. It is not just a place to live or to raise a family - it is just as much about friendly neighbours and businesses, a hands-on and responsible local government, and caring community.

So welcome to Stouffville, Kinjal. You're always among friends here.
Vimesh Panchal
Stouffville

Ghost Railway A Halloween Treat

York-Durham Heritage Railway is hosting a Halloween trip between Stouffville and Uxbridge Oct. 31.

Children 12 and under who come dress up for the occasion, accompanied by an adult, will travel free of charge (maximum two children per adult). Halloween activities will be offered on the specially decorated train and all children will receive a loot bag.

Round trip trains depart from Uxbridge at 10 a.m. and 2 p.m. and from Stouffville at noon. No reservations are required.

For more information visit www.ydhr.on.ca or call 905-852-3696.



Spooky passengers haunt the Halloween train.