

# CELEBRATING STOUFFVILLE'S SENIORS

## SILVER JUBILEE CLUB THE PLACE TO BE FOR 'FAB' SENIORS

By Carol Morin

Are you a senior? Bet you don't think so! Maybe you're a zoomer or a boomer! If so, the Silver Jubilee Club wants to talk to you!

The Club, located at 6297 Main St. Stouffville, right across from the CIBC, is open to Stouffville residents who are **Fifty-five And Better**—or in other words, F.A.B.-ulous! At \$5 per year, membership is a real bargain and is one of the best-kept secrets in Stouffville. The current membership is over 200 and climbing!

The Club offers bridge on Wednesday and Friday afternoons, with euchre and bid euchre available on Thursday afternoons. The Friday evening bid euchre crowd is quite a lively bunch. Line dancing has been recently introduced on Monday afternoons, and may expand to include a Tuesday morning class if demand continues. Mah jong is being considered for Thursday afternoons

and a Tan Jay fashion show is planned for the spring. The very-popular "Soup 'n' Sandwich" lunches are offered four or five times a year. The Christmas members' lunch—free to all members—is always a full-house event.

A Foot Clinic is available on the second and third Thursdays of each month, with a CHATS Wellness Program being offered on the first and third Mondays of each month. Savvy seniors watch for the bus trips organized by Audrey Gibson and Nelda Morley. The most recent trip to Port Hope was fantastic! The current trip to see the Rockettes is already in a waiting-list situation. Other trips are "in the works."

The early boomers are already 60 years young, and they're much more active, much more health conscious, than any previous generation. They're concerned about lifestyle, illness prevention, nutrition and fitness. They're

looking for activities such as badminton, billiards, bowling, dancing, pickle-ball, shuffleboard, table tennis, tai chi, woodworking and yoga. They are technically savvy and attend computer classes, digital photography classes, and language and painting classes. They realize the importance of keeping an aging population physically fit, mentally fit and socially fit.

With the evolution of Stouffville as a prime retirement destination, the Silver Jubilee Club will continue to be an active voice on the part of Stouffville seniors.

### Community Centre New Home For Seniors Group

As of Oct. 27, the Ballantrae seniors group moves to the Ballantrae Community Centre, Musselman's Lake Room.

Members meet every Tuesday, from noon until 4 p.m. for tea, games and conversation. "Many thanks to the Ballantrae Community Centre board of directors who have been so supportive of this initiative," said ward two councillor Phil Bannon.

"The Town of Stouffville, leisure services director Rob Raycroft and manager Bob Heickert deserve our thanks for their efforts and support throughout the process," said Mr. Bannon. "I would like to invite seniors in the community who are interested in meeting new friends and neighbours to come out and enjoy themselves. New members are welcome."



On Oct. 19, members of Stouffville's Richardson Lodge held a Tuxedo Service fundraiser at Boston Pizza in support of their upcoming 150th anniversary gala celebrations. Seen here are (left to right): Steve Fronske, Ken Prentice, Jim Rennie, Kelly Holden, Rob Reid and Wm. Sanders along with Boston Pizza staff.

Good until November 30<sup>th</sup>, 2009

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Kelli also offers a big 'Congratulations' to Jennifer Sider for "ACING" her first practical exam towards her CG title!

AS WE ARE ALREADY BOOKING UP FOR CHRISTMAS PLEASE BOOK NOW TO AVOID DISAPPOINTMENT.

905-640-8338  
6344 Main St., Stouffville