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Ironically, many of us unwittingly sabotage our skin in our endless efforts to improve it. There is a tremendous gap in skincare education and the average person doesn't know how to analyze their own skin or how to choose the appropriate treatments and products to enhance it. At Advanced Skin Rejuvenation, your complimentary consultation and skin analysis will provide you with the knowledge you need to make informed choices regarding your skin. Come and receive expert advice. This customized one-on-one exchange will enable you to choose from a range of facial and skincare services, or change your home care routine to promote the healthy and cosmetic changes you are seeking.

Advanced Skin Rejuvenation can provide professional, premium treatments at a fraction of the cost for a number of reasons; we keep the operation small, and great things come in small packages!! You will enter a spa-like, cozy, professional environment with charm and state of the art medical esthetic equipment to provide a range of treatments addressing issues such as; anti-aging, pigmentation problems, rosacea & broken capillaries, acne, scarring, skin tags and more. Pamper facials are also a client favorite.

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Advanced Skin Rejuvenation is located in the Medical Building at 34 Civic Ave. 3rd floor in Downtown Stouffville. Call 647-286-3912.

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Dr. Barbara Frackowiak
D.D.S., Cert. Ortho.
Specialist in Orthodontics



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Professional, Knowledgeable Orthodontics in a Friendly Main Street Setting

"It's a relaxed atmosphere." That's the claim made by Dr. Barbara Frackowiak, who has been looking after the orthodontic needs of Stouffville residents in a knowledgeable, professional and friendly manner since 1990. Dr. Frackowiak's patients are mainly aged 10-14. But she has treated people as young as five right through their 70's. According to Dr. Frackowiak, orthodontics is, in a nutshell, "moving teeth and controlling facial skeletal growth for optimum health, function and aesthetics."

Her chairside manner is refreshingly friendly and relaxed. "We are non-threatening," she says. "There are no needles, no freezing." In such a low-stress environment, patients have nothing to be afraid of. "I always say, it is like going to the hairdresser," she notes.

Once installed, Dr. Frackowiak insists, wearing braces, appliances or elastics "is like doing homework! It is something you need to do to get a good result - and that is a positive experience."

Dr. Frackowiak encourages parents to bring in their children by the age of eight for a check up. A small correction during the early stages of dental development can help to minimize future treatment. "And remember," she says, "braces have changed a lot recently. Besides traditional braces, there are clear (ceramic) or gold braces, braces on the inside surfaces of the teeth, and invisible aligners."

Dr. Frackowiak's office is located at 6371 Main St. in Downtown Stouffville. Call 905-642-3642 for an appointment. She also has offices at 120 Toronto St. in Uxbridge (call 905-852-6477), and 7 Cassels Rd. W. in Brooklin (call 905-655-1911 or toll free 866-582-4032)

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