

Transformed By Dance

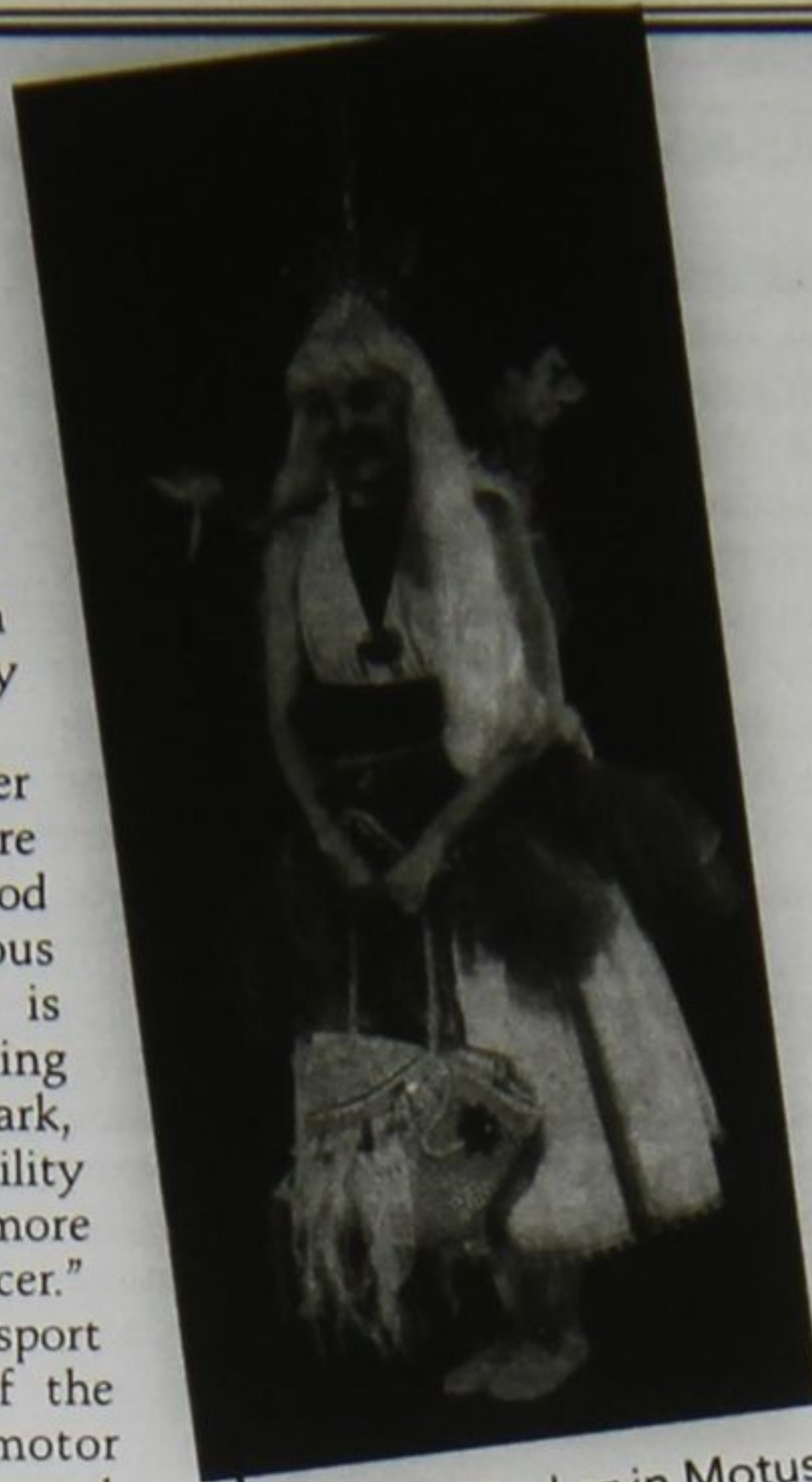
on Oct. 15, 16 and 17 at the Park, Motus O dance present the premiere of a series of short works which illuminate a variety of issues in our lives and our world. Director and performer Cynthia Croker co-created a piece with Judy Markham resident who has Parkinson's Disease for the work is based on the stories Judy has recorded since 1998, which encapsulate both her amazing ability to confront adversity with courage and humour. "Movement for granted, but when being robbed from her she's grateful to every bit," said Cynthia, "Judy several years ago at her was attracted to her *joie de vivre* and asked if she would like to do a film and we made a film for called *Impoverished Places*." The film has the power of that short piece, it conveys despair, hope, trust and astonishment. The five minute piece for *Perspectives* is in silhouette, with Cynthia and Judy's younger self and Judy

portraying the person she is now. "It's Judy dancing with herself, seen from the perspective of how people see her versus seeing her heart and spirit," Cynthia explained, adding that the result was something that went beyond anything either of them had originally envisioned. "It truly speaks of another realm of grace."

The first time they danced together was incredible, said Judy. "We were really moved by the feeling that God had taken over. There was tremendous trust between us." Although she is quite nervous about the upcoming performance at Nineteen on the Park, she has great faith in Cynthia's ability to make it work. "We achieve more together. She is such a beautiful dancer."

Judy received a fetal tissue transplant in 1998. "Within a few weeks of the transplant, changes in my motor functioning were noticeable," she noted. "Being able to hold my head up, to walk, and to be calm had a profound impact on my day to day life."

Tickets for *Perspectives* are \$25 plus GST and are available now from the Nineteen on the Park Box office.



Cynthia Croker in Motus O's *A Christmas Carol*. Cynthia is performing in *Perspectives* at Nineteen on the Park Oct. 15, 16 and 17.

Supporting A Beautiful Partnership

On Oct. 16, the Stouffville Igoma Partnership's fifth annual fundraising dinner and auction at the church on 10th Line. The partnership was established in 2003 to raise funds for education in Igoma in Tanzania, where lack of access to clean water and high sickness and mortality rates. Proceeds from the dinner will be used for clinic operating costs, medication, mosquito nets, vocational training, secondary school tuition aid and clinic equipment. The Igoma Health Centre, which was built with the help of the partnership, provides for the 42,000 residents of Igoma. Basic medical services, patient beds, waiting room chairs and a new medical staff are among the items which have

already been purchased through SIP.

The gala is SIP's biggest fundraiser of the year and is vital to the continuing success of our partnership with Igoma. The evening includes dinner and a silent auction featuring many wonderful items. Additional contributions will be gratefully accepted.

Tickets are \$50 per person and \$400 for a table. Doors open for the silent auction at 5:30 p.m. and dinner is at 6 p.m. Tickets can be purchased from the Chamber of Commerce office at the train station or by calling 905-642-4227. For more details, or to make an auction donation, call Justin Kerswill at 905-640-3513.

You can also visit www.sipartnership.org to learn more about SIP or to find out about volunteering opportunities.

Think Pink

The Markham Stouffville unit of the Cancer Society invites local businesses and individuals to support the Pink Ribbon Campaign for breast cancer awareness. Business owners can participate by placing a coin box with pink ribbons, or employees can wear pink for a day,

or ordering brochures on women's health. Between Oct. 2 and 4, volunteers with pink ribbons will be on hand at local retailers, and residents can help by donating to the campaign and wearing a ribbon.

For more information call the Canadian Cancer Society at 905-294-5925 ext. 3844 or email lparkers@ontario.cancer.ca.

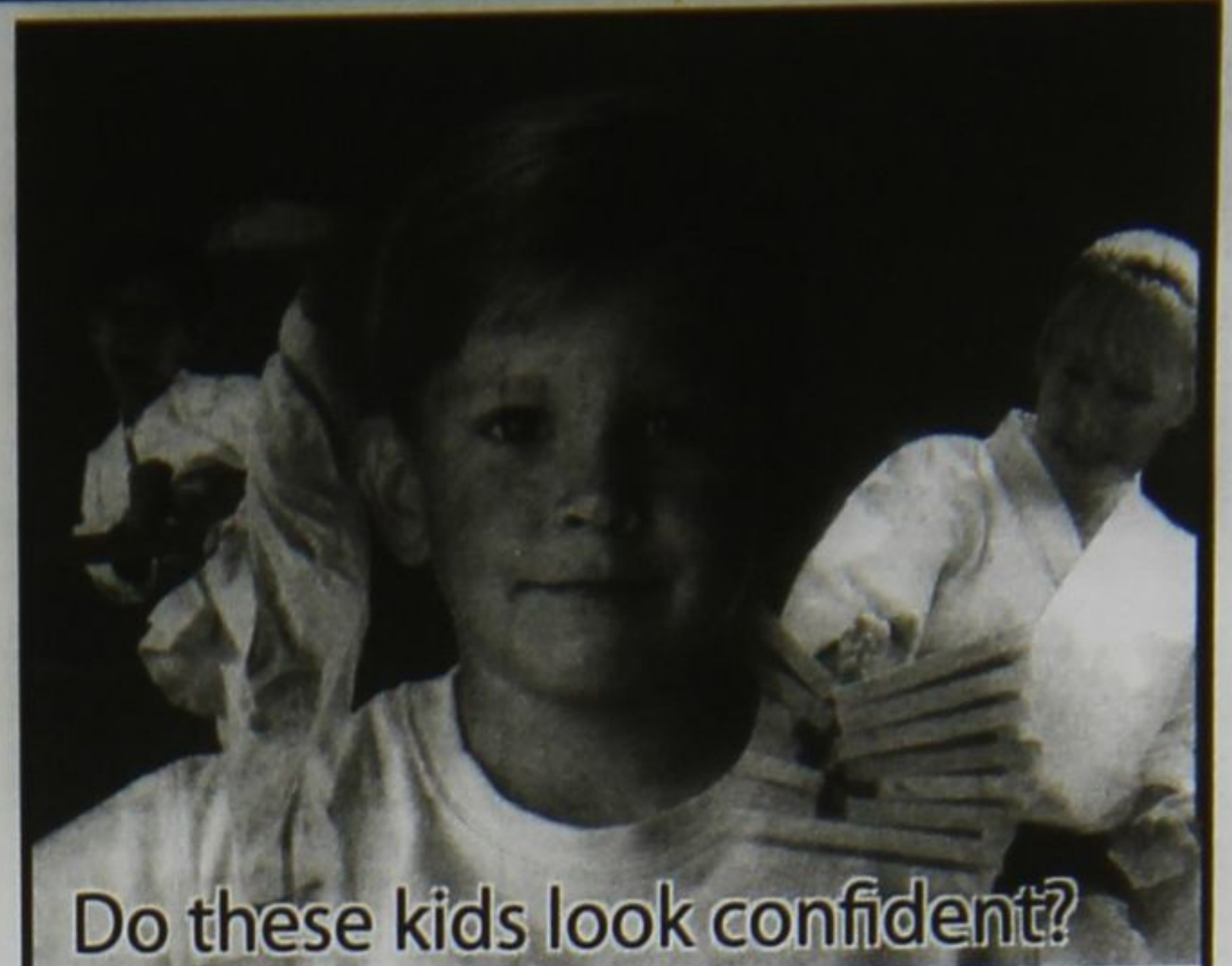


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GOOD EAT

CHINESE RESTAURANT



**The Good Eat Difference - Fresh, Quality
Food Cooked the Healthy Way**

For over 40 years the number one call for the best quality Chinese Food in Stouffville has been the same - 905-640-6565. That's the phone number of the Good Eat Chinese Restaurant. Raymond Luo, the current owner of this cosy Downtown Stouffville eatery, is maintaining the restaurant's long established tradition of excellence in Chinese Food. "We use only the best quality chicken breast, beef, pork and shrimp," says Raymond, who is trained in the art of Chinese cuisine. "We support local farms by buying fresh vegetables from them."

Raymond upgraded his Chinese Food preparation skills by taking fusion cooking training last year. Fusion cooking results in

the best tasting food by using fresh food and high quality vegetable oil to produce food that is healthier with less grease. "That means less cholesterol, and we use no MSG so our food is natural." The Good Eat Restaurant also specializes in catering to parties. The Stouffville Legion, Eastern Gate seniors group, and several area churches have all shown their confidence by having Raymond cater their events.

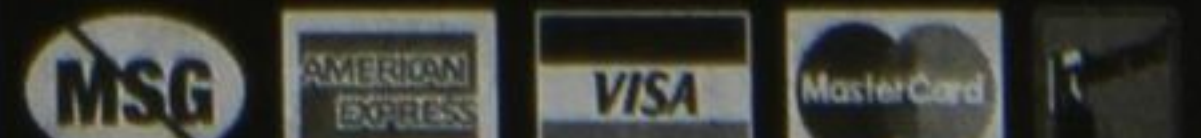
Good Eat Restaurant's manageress Surina Yiu says she is seeing more and more new faces in the restaurant as Stouffville continues to grow. "Stouffville is still a very friendly town to live and do business in," she says.

Raymond and Surina would like to express their gratitude to all their patrons who support the restaurant. "Thank you Stouffville for voting the Good Eat Chinese Restaurant the number one Chinese Food restaurant in Town."

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