



On The Run

Cars For A Cause

By Robin Steckley

If you were out running Saturday morning along Main Street you would have noticed around 900 cars parked on NovaPharm's lawn. And while I'm glad you were out getting your morning exercise, I'm going to digress from fitness just this once.

Muscle cars, street rods and antique automobiles are part of summer in Southern Ontario, and on any given weekend you can drive your beloved car to an event where you will meet up with like-minded auto enthusiasts. Motorfest, one of the biggest car shows in Ontario, is an example. And every car has a story, including the 1929 Chevrolet sedan with coke trailer owned by John White of Stouffville.

John and his wife Diane bought their car in 1996. Owning an antique street rod was not even in their plans until a friend asked them to drive his 1934 Ford Coupe to a show in Columbus Ohio. They were hooked and spent months looking for their own street rod, which is the body of an antique car on a new drive train.

The car features a V8 automatic transmission, power steering, boxed frame, AM/FM stereo and air conditioning, and the couple restored the interior to complement the bright colours and design of the exterior. They now attend shows throughout Southern Ontario and as far away as Oklahoma and Prince Edward Island. "Motorfest is one of my favourite shows and it's mainly because I can help young men and women while enjoying the day," said John

As John said, this show gives car enthusiasts a way to take a hobby they love and help others at the same time. Motorfest raised over \$11,000 for Teen Challenge this year.

Teen Challenge is a faith-based residential drug and alcohol rehabilitation centre and Motorfest allows

car enthusiasts to invest in the lives of young men and women who suffer from drug and alcohol addictions. It does this by giving these car enthusiasts the opportunity to talk with Teen Challenge, learn about their work and to make a donation.

EastRidge Church sponsors the show, which is put on entirely by volunteers. NovaPharm donates the use of their property and the town provides picnic tables and washrooms. John White's appreciation of Motorfest and being able to give back through a hobby he enjoys was echoed many times throughout the day as I spoke to car owners.

Finally, I have caught the old car bug myself. I know you'll find this hard to believe if you know my husband, but it's not a Corvette I'm dreaming of.

As a teenager I had a 1972 blue MGB that had chrome bumpers and a top you took off manually and put in the trunk. And yes, even back then it was in need of restoration work. I don't remember anything about the motor or the engine, but I do remember the fun my friends and I had driving in my car.

As I admired a restored 1970 MGB roadster and chatted with owner Eric Meikle of Oshawa, I began wondering if perhaps we could find a 1972 MGB in need of restoration. I just have to convince my husband that a European car can share a garage with a Corvette.

This month's column may not be about fitness but any hobby that gets us out enjoying life, community and giving to others is a winner in my eyes.



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Readers Write - A Great Community

To Kinjal Dagli-Shah:
I just wanted to send you a little note thanking you for reminding me how fortunate we are to live in a community such as Stouffville. My wife and I have lived here for three years now along with the three years that I have opened up my insurance agency.
I wish you the best of luck here.
Jon St. Denis
Stouffville

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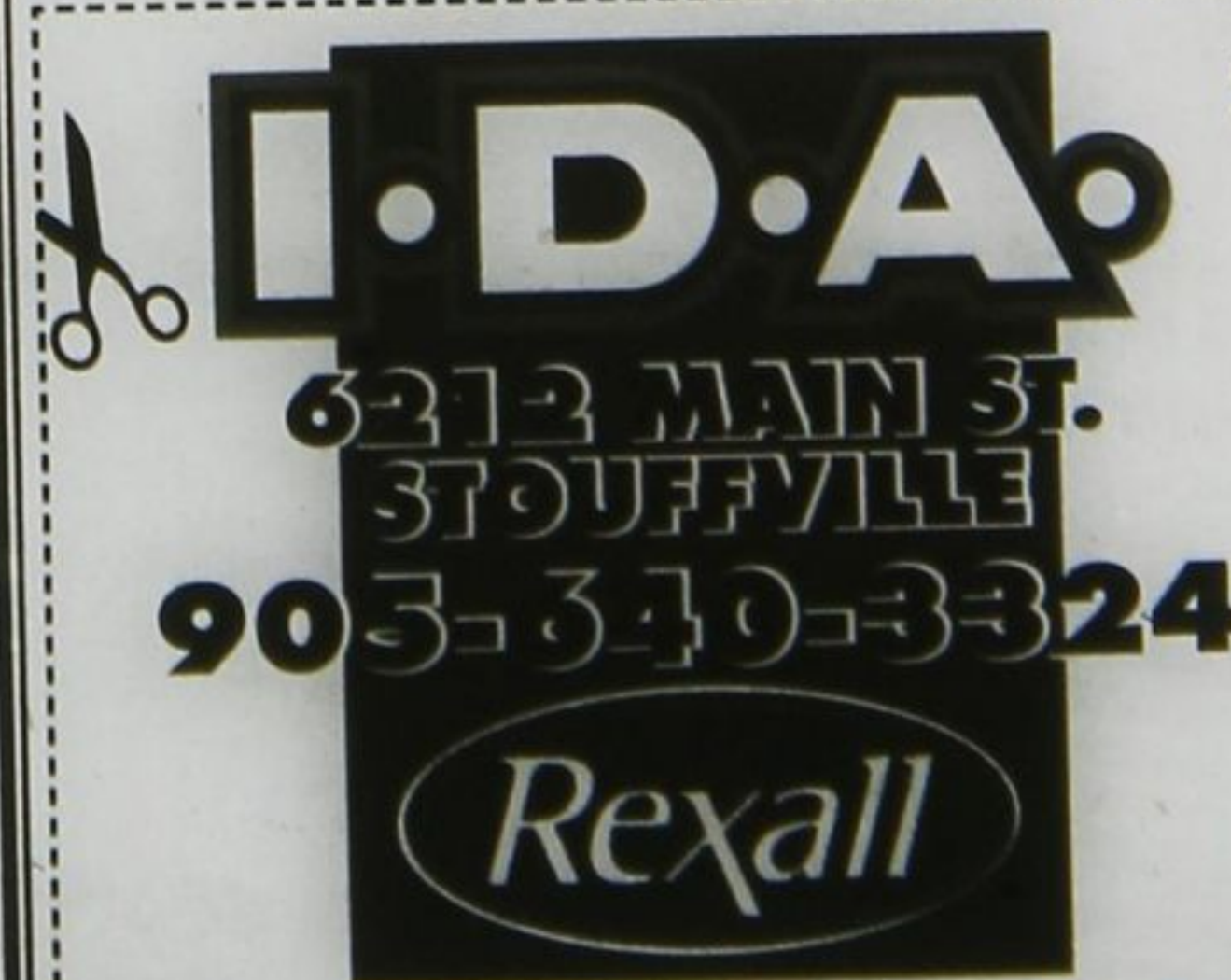
Owner/pharmacist Rob Croxall and his knowledgeable, professional staff pride themselves on the personal service they offer each and every customer. Throughout the store you will find excellent products that offer value for your dollar. We offer free delivery of all store products from Monday to Friday on a twice daily basis.

It is our goal to provide personalized attention to your individual health needs and concerns. We are able to provide compliance blister packaging of prescription medicines and natural supplements, enabling all our customers to maintain their independence in managing their own medication.

We have a certified clinical nutritionist on staff who is available by appointment to address your specific nutritional requirements for optimal health. Our natural product selection is the most complete in the Stouffville area and features high quality and professional lines.

We also have a gift shop where you will find a broad range of giftware including seasonal items, jewellery, home décor items, bath and body products, candles, picture frames, books, Webkinz and baby gifts.

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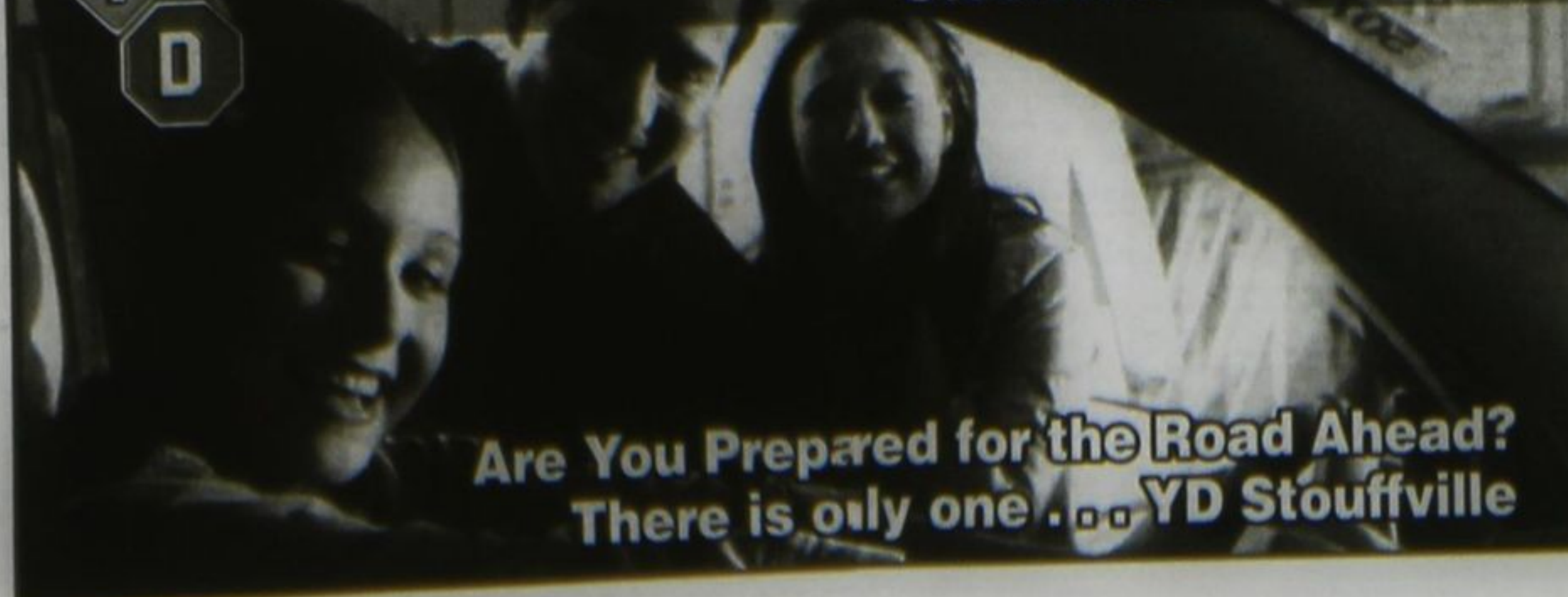


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