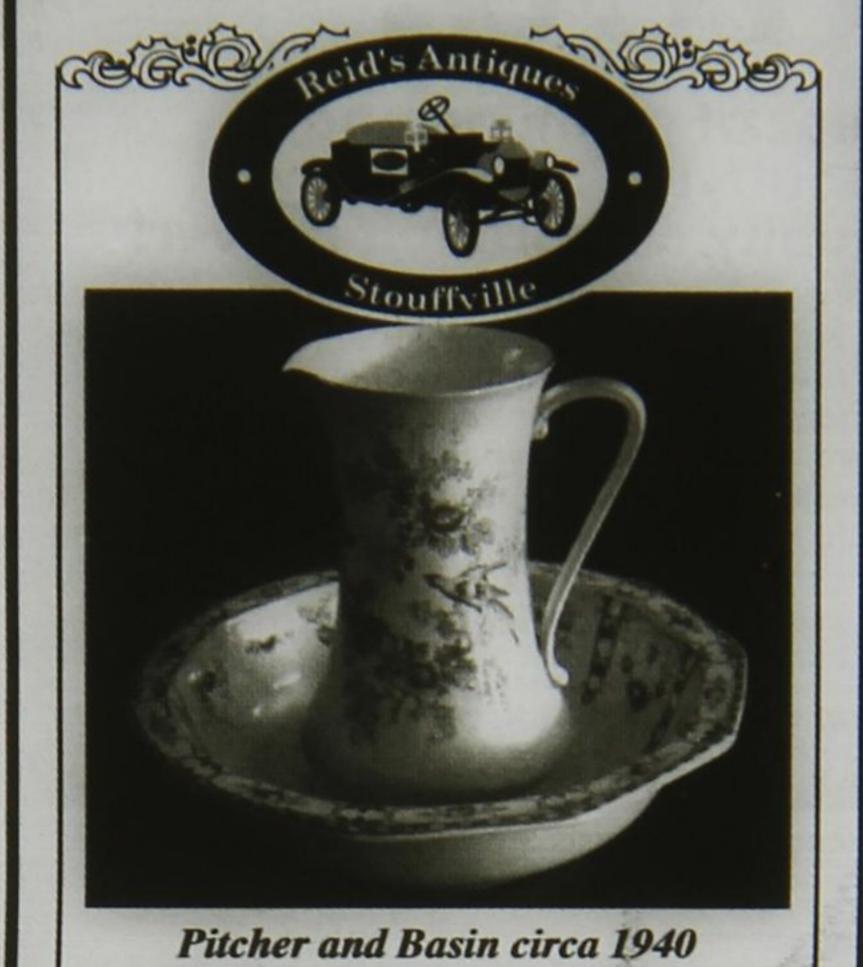
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## Stouffville Bullish On Sunderland Star

This has been a great year for Margaret Helms, a one-year-old English bulldog who lives in Sunderland with her father and mother, Rich and Dorothea Helms.

In June, she was shopping at the Stouffville Country Market when she was photographed and entered into a contest at the special Doggie Daze at the Market event. A few days later, her dad received a phone call informing him that Margaret had won in the Most Adorable Dog category and would receive a gift basket of dog items worth \$75. This honour comes hot on the heels of Margaret's first-place win in the Large Dog Category in the Doggie Fashion Show held at the 14th Annual Sunderland Maple Syrup Festival in April.

"We are delighted that the judges recognized how adorable Margaret is," Rich said. "We want to thank Stouffville Country Market for

their generosity."

"Yeah, the dog stuff is great," said Margaret,
"all except for the toothbrush. Whose idea was
that?"

The lovable 60-pound canine is named for the late British actress Margaret Rutherford, and looks remarkably like that film icon. It was pointed out to her parents recently that in profile, she also bears a striking resemblance to the late William Conrad of the television series Jake and the Fat Man.

After both contest wins, the paparazzi hounded Margaret, whose mother is local freelance writer Dorothea, a.k.a. The Writing Fairy. "Margaret also appears regularly on humorous greeting cards, which are in demand across North America," Dorothea said. "We're hoping that these brushes with celebrity won't go to her head."

## Al Humphrey Memorial Ride To Benefit Charity

Make-A-Wish and Stronach Cancer Centre 2009 recipients

The third annual Al Humphrey Memorial Ride takes place Aug. 2 from Al's Tack Shop on Vandorf Road.

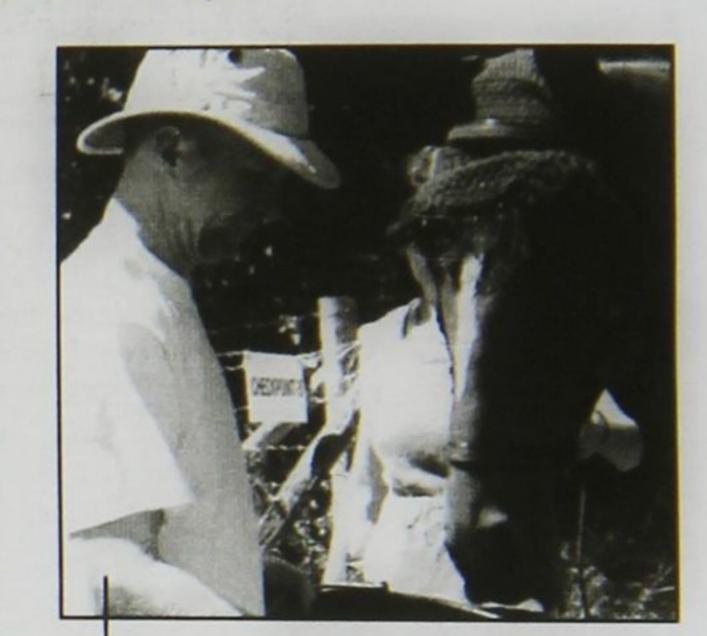
Proceeds from the 2009 event will be donated to the Stronach Regional Cancer Centre and the Toronto and Central Ontario branch of Make-A-Wish Canada. Activities include a 25 kilometre scenic trail ride through York Regional Forest, pot luck dinner, silent auction and a Saturday night camp fire.

The ride was established in memory of Allan Stewart Humphrey, founder of Al's Tack Shop in Stouffville, who died Feb. 2, 2006, and who raised thousands of dollars for many charitable and non-profit organizations during his lifetime. It offers a unique opportunity for horseback riders to contribute to

two very worthwhile causes, while enjoying a wonderful day out with fellow enthusiasts.

As a grassroots event, the success of the ride depends on support from ride sponsors, contributing sponsors, volunteers, horses and riders. All ride costs are covered by sponsors and entry fees, and all pledges go directly to the beneficiaries of the ride.

Last year's ride raised \$7,500 each for the Princess Margaret Hospital Foundation's Prostate Cancer Research and the Princess Margaret Hospital Foundation's Weekend to End Breast Cancer. Registrations for the 2009 ride will be accepted until July 31 and donations are welcome. For more information visit www. alhumphreymemorialride.com or call Norma Humphrey at 905-640-2011.



Horsing around at the Al Humphrey Memorial Ride. This year's event takes place Aug. 2 from Al's Tack Shop.

