

REESOR-

Quality Baking & Foods

Pure Pork Sausage: Our pure

pork sausage is a traditional Ontario

farmer's sausage seasoned with only

salt and pepper. It has no fillers and is

leaner than many sausages. It is delicious

on the Bar-B-Q or baked in the oven. It is

great to have in the freezer for a delicious

Molasses Crinkle Cookies:

Although we think all of our made

from scratch, transfat free cookies

are delicious, the Crinkles are our

customer favourite. It's the ginger and of

course molasses that make it such a hit in

Hours:

Mon-Fri 9-5:30 p.m.

Sat. 9-5 p.m., Closed Sun.

905-640-2270

100 RINGWOOD DR.#21,

STOUFFVILLE

spring meal.

any lunch bag.

VOLUNTEERS HONOURED AT APPRECIATION SERVICE

Sixty-five guests representing 58 organizations attended the 18th annual Volunteer Appreciation Service, April 15 in St. James Presbyterian Church.

Rev. Kathryn Strachan, assisted by Mayor Wayne Emmerson and his wife Debra, greeted each guest personally following presentations of certificates and pens. Later, Mayor Emmerson addressed the congregation and visitors during a reception in Morris Hall.

The following were honoured:

Liz Lightfoot, Terry and Jane Neprily (Canadian

Cancer Society); David and Sharon Baxter (Music Mania); Anna Fretz and Marion Jensen (Heart & Stroke Foundation); Anthony Thompson (York-Durham Heritage Railway); Maureen Wood (Stouffville Horticultural Society); Wilf and Nelda Morley, (Silver Jubilee Club); Claire Reid and Margaret Tennant (Eastern Gate Residents' Council); Bonnie Borchardt and Margaret Jemmett (Parkview Home); Lindsey Alfermann and Marie Adzido (Bloomington Cove); Scott Schussler (Stouffville Kinsmen); Sandy Stronach (Stouffville Rotary); Steve Pickard (Stouffville Policing Centre); Cliff Dunkeld (Stouffville Lions); Glenda Dunkeld (Care and Share Thrift Shop); Pat Gott (Stouffville Lioness); Mackenzie Gott (Stouffville Youth Council); Laura Roessler and Elizabeth Fraser (Strawberry Festival Committee); Karen Bowman (Welcome Wagon); Kevin McWhinnie (Adult Skating Club); Margaret Curtis (Stouffville Lawn Bowling); June Doner (Whitchurch-Stouffville Minor Softball Association); Al Piette (Whitchurch-Stouffville Umpires' Association); Ann Grundy and Trevor Watson (Stouffville Recycling); Jim Thomas (Music Town, Ontario); Kathi Wood, (Culture, Arts and Heritage Association); Heidi Graham (Stouffville Toastmasters); Sharon Klassen (Bach to Blues); Lawrie Taylor and Paul Gardiner (Men of Note); Chaplain Don Shields and Millie Sherwood (Markham Stouffville Hospital); Jean O'Neill (Whitchurch-Stouffville Food Bank);

Eldred King (York Region Foodgrains Bank); Gayle Atkinson (Student Music Scholarship Committee); Joan Marshman (Stouffville Legion Ladies Auxiliary); Wanda Richards (Stouffville Explorers); Ron and Audrey Gibson; Harvey and Audrey Feasby (Meals on Wheels); Jim Hebert (The Gideon Society); Fred Robbins (York Region Runners Club); Margaret Paterson and Eileen Gayton (Ballantrae Tennis Club); Lorne and Marion Boadway (Parkview Choir);_ Elaine Osborne (Stouffville Girl Guides and Pathfinders); Joanne Iannuzzi (Stouffville Girl Guide Commissioner); Dale and Jennifer Parks (Stouffville Cubs); Harry (Whitchurch-Bowes Stouffville Elementary Secondary School Councils); Marcy Zarundy (Pathways for Children) Ken Prentice (Richardson Masonic Lodge); Rick Evans (Stouffville Amateur Hockey League); Glenys MacKay and Marjorie Carter (C.H.A.T.S.), Jim Lyons, president, Royal Canadian Legion and Jennifer Thunem, National Anthem soloist, Stouffville Spirit Hockey Club.

Two volunteers were accorded special recognition – Anna Fretz, a volunteer with the Heart & Stroke Foundation for the past 30 years, and Terry Neprily, a cancer survivor, currently spearheading Stouffville's first Relay for Life, June 15 and 16 at Willowgrove.

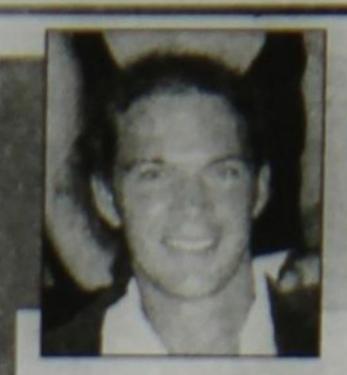
Passages of scripture were read by Bonnie Borchardt, chaplain at Wood Haven Seniors' Residence, Markham and a volunteer at Parkview Home. Special music was provided by soloist Jennifer Thunem.





www.stouffvillegaragedoors.com

Terry Neprily, flanked by Nancy Brouillard and Julie Bard of the Canadian Cancer Society, was among those honoured at the **Volunteer Appreciation** Service at St. James Presbyterian Church on April 15. Terry, who is chair of Stouffville's first ever Relay For Life on June 15, encourages everyone to make the community's inaugural event a huge success by calling a team member with your pledge or visiting relayforlife.ca and making a donation online.



From Where I'm Sitting

Ode to Pac Man

By Luke Anderson

My fondness for hanging out at a good coffee shop has deep roots. There used to be an establishment in town where Mickey Rats is now, beside the fire station.

I vividly remember myself as a little guy, walking there with my mom after swimming lessons at the outdoor pool in Memorial Park. I would play the Pac Man tabletop arcade game between savouring bites of a Hawaiian doughnut, being extra careful not to let any of the multi-coloured sprinkles fall off. Although it may seem strange, I now find the smell of stale cigarette smoke somewhat comforting as it reminds me of that doughnut shop and those lazy summer mornings as a kid.

These days there are a number of qualities good coffee shops offer which lure me in. Of course there is that addictive component to a coffee shop's product which typically renders most cravers in the palm of the bean juice industry's hands. A newly found quality of such a place which I particularly enjoy is the opportunity to read a newspaper – the newspaper having been one of my nemeses in the past. Oh the irony.

You see, these hands of mine and newspapers just don't get along. Leaving me alone with one is often somewhat futile. When the paper is placed on a table in front of me I can thoroughly enjoy reading the front page, but things start falling apart (literally) soon after that

To get a better understanding for those who are able-bodied, set up a newspaper in front of you on a table and try flipping pages without muscular control of your hands and only partial control of your arms. What you will likely find is the paper in a crumpled mess and yourself red in the face with frustration. I've tried the online alternative, a much more navigable and user-friendly interface for me, but it's just not the same, I want the smell of newsprint wafting up from the article that I'm reading between sips of my bean juice.

The turning point in my quest for a way to read the newspaper came one evening while reading the Free Press all alone in my apartment. I managed to flip my way through the first couple of pages using a somewhat sloppy technique which saw me saliva-ing up a finger and dragging it over the paper to help draw the page up and over.

I shake my head at the mere thought of it, but in typical Luke fashion and in my quest for efficiency I decided to remove a step from the process. Lurching forward with tongue extended I descended on the page I was trying to flip, made contact, rotated my head to draw it to the left and quickly realized that there was a problem.

Along with the limited muscular control of arms and hands is the limited control of my trunk muscles. Yep, I got the smell of newsprint all right, a mouthful of it in fact... smooth Luke, smooth. I'll leave the chomping to Pac Man.

My favourite coffee shops have this fantastic quality whereby they bring people together and position them in close proximity to one another whether they know each other or not. This intimacy is the key for me to enjoy more than just the front page of a newspaper. I slide into an empty spot between a couple of unsuspecting patrons and begin to work the page-flipping magic.

The establishment that I frequent most Saturday mornings has an assortment of different papers for customers and my request for assistance in retrieving one from the rack is usually accepted. From my experience most are more than willing to flip a page or two and share some small talk before getting on with their day.

In some cases small talk and light conversation has given way to epic debates, an easy trade-off compared to a mouthful of newspaper.